

Coed Soccer

2026 FALL SOCCER STARTS THE WEEK OF AUGUST 4TH!

Age Groups

- 5U: Ages 4 and 5
- 7U: Ages 6 and 7
- 9U: Ages 8 and 9
- 11U: Ages 10 and 11
- 14U: Ages 12, 13, and 14

Note: It is OK for your child to play in the age group above his or her actual age. If you would like your child to play up, please include that request in the comment section of the registration form.

Soccer Development Format

We continue to use the soccer development system and format suggested by USA Soccer.

- **5U:** 5v5 | Size 3 Ball | Short Field
- **7U:** 5v5 | Size 3 Ball | Short Field
- **9U:** 7v7 | Size 4 Ball | Modified Field
- **11U:** 9v9 | Size 4 Ball | Modified Field
- **14U:** 9v9 or 11v11 | Size 5 Ball | Modified Field

Season Information

- Start Date: Week of August 4th
- End Date: Approximately October 10th (before Fall Break if possible)

Practice Schedule

- Tuesday: TAB Players / Non-Oaks Players — 6:15–7:30 PM
- Thursday: The Oaks Players — 6:15–7:30 PM

Soccer Games

Games are mainly played on Saturdays, although some games may be played on your normal practice night.

During the tournament portion of the season, games may be scheduled Monday–Thursday and Saturdays. We make every attempt to schedule as many tournament games as possible on normal practice nights.

We look forward to a fun and exciting season focused on player development, teamwork, sportsmanship, and learning the game of soccer!

Coed Basketball League/Girls Basketball

Divisions will include:

- 1st/2nd Grade
- 3rd/4th Grade
- 5th/6th Grade

Games will be played 5-on-5.

The 1st/2nd Grade division will play on an elementary-size full court with goals lowered to approximately 9 feet. The 3rd/4th and 5th/6th Grade divisions will play on a full-size court with regulation-height goals.

This league will focus on teaching basketball fundamentals, including dribbling, passing, shooting, defense, and teamwork. Coaches and players will also emphasize good sportsmanship, respect, and working together as a team throughout the season.