

Celebrating 40 years



AFFILIATED GROUPS

NCA (NORTHERN
CALIFORNIA ARTS, INC.)

WASH (WATERCOLOR
ARTISTS OF SACRAMENTO
HORIZONS)

GALLERY HOURS
TUESDAY - FRIDAY,
11AM-3PM
SATURDAY - 11AM-
5PM

5330-B GIBBONS DRIVE
CARMICHAEL, CA 95608
NONPROFIT ORG. 501 (C) 3

(916) 971-3713
WWW.SACFINEARTS.ORG
INFO@SACFINEARTS.ORG

Our Mission is to
encourage the creation
and presentation of
original visual arts, to
support the cultural life of
the community, and to
encourage all artists to
fulfill their potential.

ANNOUNCING OUR FIRST SMALL ART WITH A BIG HEART MARKET PLACE

MARKETPLACE REQUIREMENTS FOR SELLING SMALL ORIGINAL WORKS OF ART

1. Participate using online sign-up and payment.
2. Fill out a W-9 form (provided by Sac Arts).
3. Sign a waiver to hold Sac Arts harmless for damages or loss. Fill out an inventory sheet (provided by Sac Arts). Keep a copy for your records.
4. Bring the **W-9, signed waiver, and inventory sheet** with you to receiving and set-up.

DEADLINE for sign-up is November 12th at midnight or until all spaces are filled.

- **SIGN-UP** for the Marketplace at sacfinearts.org/call-to-artists.
- **You will receive email confirmation from Sac Arts of a reserved Marketplace space number and the required forms to complete.**
- **SPACE LIMITED.**

SET-UP DATE and TIME FOR RECEIVING IS November 13, 2026 1-4 PM. There is no opportunity for early or late set up. Artists must be available to pick up their items at the end of the sale. There will be no opportunity for storage.



CONGRATULATIONS KAREN BURNS!

With this entry into **The American Artists Professional League** Karen Burns has been awarded Signature Status, having had 5 paintings in Grand National Exhibitions in New York City. Her work will be at the upcoming 98th Grand National Exhibition at the Salmagundi Club in New York City November 17th through December 4th, 2026. This award Signature Member Status is an elite tier reserved for accomplished artists who have met vigorous exhibition and achievement criteria. Out of 700 entries, Karen's painting scored in the top 100.

2026 BOARD MEMBERS & STAFF

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GALLERY ATTENDENT

SOPHIA FIELD
GALLERY ATTENDENT

THE ART OF... SEEING RED *Mikki Bako Sorensen*

We see color when short, medium and long wavelengths of light reflect off an object, enter the eye hitting our cone cells, and are interpreted by the brain as color. Most simply put, cone cells sensing short wavelengths of light see blue, medium wavelengths see green and long wavelengths see red. So when we are looking at an object that has absorbed the short and medium wavelengths while reflecting the long wavelengths ... we are seeing red.

Speaking of 'seeing red', most of us understand this phrase to mean being angry and red is often used to depict anger and pain. There is continuing scientific research into how much of our reaction to colors - and use of varying colors to depict differing emotions - is culturally based versus having some biological/physiological basis.

In the *Jonauskaite article cited below, it was found that, "humans seem to systematically and reliably associate colours with emotions, such as yellow with joy, black with sadness, light colours with positive and dark colours with negative emotions." Saturation of a color also creates variation in emotional responses, such that a deeply saturated color is perceived as more intense emotion, while lower saturations result in less intense responses.

Published in 2025, this article identified 132 relevant peer-reviewed articles published in English between 1895 and 2022. These articles covered a total of 42,266 participants from 64 different countries. The studies covered by this article looked at physiological impacts (i.e. arousal, calmness, fear) from seeing colors, as well as the subjects statement regarding their perceptions of the emotions associated with various colors (i.e. joy, anger, happiness). While there is ongoing study of the full extent of the relationship of color to human emotions, whatever this relationship is, it does present the artist with intriguing possibilities for visual communication.

*Jonauskaite D, Mohr C. Do we feel colours? A systematic review of 128 years of psychological research linking colours and emotions. *Psychon Bull Rev.* 2025 Aug;32(4):1457-1486. doi: 10.3758/s13423-024-02615-z. Epub 2025 Jan 13. PMID: 39806242; PMCID: PMC12325498.

Artist Mark Rothko was famous for his approach to color. He painted hundreds of canvases and thousands of works on paper. He used custom mixes of pigments using thin translucent layers over a dense base coats seeking to achieve shifting infinite tonal variation. He used red to evoke varied feelings from warm energy to deep tragedy.

THE ART OF... SEEING RED (CONT.)

Mark Rothko **Four Darks in Red** **1958**

According to information from the Whitney Museum of American Art: this famous piece “exemplifies Mark Rothko’s darker palette of the late 1950s, when he increasingly used red, maroon, and saturated black paints. Four dark rectangular areas of different proportions dominate the composition, simultaneously emerging from and receding into a luminous red ground.



Rothko’s method of layering many coats of paint, along with the special reflective qualities of his color mixtures, gives his paintings an inimitable depth and incandescence. When this nearly ten-foot wide canvas is seen close up (as the artist intended), the viewer is engulfed in an atmosphere of color and intense visual sensations. The weightiest dark color is at the top of the canvas while a softer roseate glow emanates from below, creating a reversal of visual gravity. Rothko believed that such abstract perceptual forces had the ability to summon what he called “the basic emotions—tragedy, ecstasy, and doom.”

Another way of ‘seeing red’ is the use of a red filter when viewing a painting or a scene as a handy way of reminding an artist of the underlying value relationships. The red filter removes most color except varying tones and shades of red. This removes the distraction of the various colors and allows the artist to focus on the values ... the lights and darks. This can act as a quick check when plein air painting, for example, when trying to determine the value relationships across the different colors in a landscape.

One must be careful, however, because the red filter acts on red objects by making them appear lighter than they actually are and white objects appear darker - so it is not a perfect mechanism for determining value. It is merely a handy quick check.

Similarly, artists often take photos which are then viewed in grey scale to cut across the distraction of varying hues to get to checking value differences. However, like a red filter, this is not a perfect tool as photography itself loses middle distance and the changes values of observed objects.

THE ART OF... SEEING RED (CONT.)

Recently, my art mentor, Anne Marie Campbell and I joined the Sac Arts group that took a bus to view the Monet and Venice exhibit at the De Young. Ann Marie brought us red-lensed glasses to view the Monet paintings. Most of the water-focused paintings appeared to be of mid-range values without a lot of variance and yet the works still felt structural. When we looked at the paintings with our red glasses, we found that there actually was more value variation in value than we'd first thought and the placement of the darks and lights were compositionally well thought out. 'Seeing red' helped us to better appreciate these works of Monet.

I am particularly challenged when trying to see value differences across different colors and, as Ann Marie frequently reminds me, a good work of art will stand on its values alone. So using a red filter, or as we did wearing plastic red glasses (that also were something of a fashion statement) helped us to better 'see red'.

As a newbie artist, in classes with Carol Hawkins, I was overwhelmed with so much new information. We used acrylic paints and I had to learn about: brushes, palette knives, use of water, different substrates, application of paint and colors of paints. When I bought my Golden paints I had to learn so many names of colors: Ultramarine, Cerulean, Raw Sienna, Burnt Sienna, Hooker's Green and Yellow Ochre. And choosing among them felt impossible. I was muddling along and had finally managed to learn the differences between the three Cadmium Reds - Dark, Medium and Light, when Carol came over to look at what I was doing and suggested I might get a better result with a Grumbacher Red. I was aghast!! Not only did I have to learn all the names of the different colors and differing hues of the same colors made by Golden, but by another company named Grumbacher and who knew how many other makers of acrylic paints existed??

As I eventually learned over years of making art, there are quite a few different makers of acrylic, oil and watercolor paints, as well as colored pencils and pastels, inks and markers. The variety is now one of my favorite things about making art ... I love shopping for new colors! My recent foray into using the new medium of colored pencils gave me hours of joy pouring over lists of colors made by DerWent, Faber Castell, Prismacolor and Caran d'Ache and even different lines of pencils within a given brand! I was no longer feeling overwhelmed by all the colors, I was in my happy place among the beautiful colors.

But that fateful day in Carol's class, when she suggested I use the Grumbacher Red, I wasn't happy, I was beyond dismayed ... you might even say, I was 'seeing red.'

Sponsored by the United British Sports Car Club

Second Saturday Plein Air Event

Saturday Sept. 12, 4-7 PM

Free to participate



WELCOME SHERIDAN GREENE TO SAC ARTS CENTER STAFF



Sheridan graduated from Sacramento City College in 2022 with an associate's degree in Accounting and from UC Davis in 2026 with a bachelor's degree in Fine Art. In their free time Sheridan enjoys film photography, oil painting, and drawing using colored pencil and oil pastels. They are a bookkeeper at Sac Fine Arts.

Check out their art in The Art of the Automobile.

WELCOME PATRICIA THOMPSON, WASH LIAISON, TO THE SAC ARTS BOARD OF DIRECTORS



I am a native Californian born after WW2 into a Military family with my father stationed in San Diego. I graduated from San Diego State University with a BA and Masters in Public Administration. After a 35 year career as a City Manager in California and Nevada, I retired in Napa, California. The vistas of the wine growing region and the deserts of the Southwest were ever on my mind, and so I became interested in painting. I took watercolor lessons for a few years from Kerry Van Dyke who taught small classes in McKinley Park.

I have done most of my work "in studio" painting landscapes, flowers, hummingbirds, and a Vintage Trailer or two from photographs. After my teacher moved away, I joined WASH. I have been a member for approximately 3 years. I enjoy taking classes and attending demonstrations. Mostly, I enjoy seeing the wonderful paintings by the membership in the various Shows. I have encouraged both of my adult daughters to experiment in watercolor painting as their work schedules allow. Dabbling in art made our trip together two years ago to Paris very memorable and educational.

I am the first to admit that I am not an accomplished painter, but I continue to improve. I was happy to offer my assistance to BJ Taylor, our WASH President, in her search for a Liaison with the Sac Fine Arts Board. Still learning the names and places that I need to be.

ARE YOU STUCK FOR INSPIRATION ? *Sally Durante*

Sometimes I have no problem coming up with an idea to paints other times I hit a brick wall, so what do you do when you have no inspiration and nothing seems to inspire that creative spark that we need?

Here's a few ideas to get motivated and inspired:

I'll sit down and start either reading a book or looking at Art books or magazines and also I'll go through old photos and photos on my phone . My phone is loaded with all sorts of snapshots that I took because I was inspired by what I was looking at it - so many ideas start popping from viewing these images. These might've been people in a park or a beautiful bird flying in the sky or the ocean because of a recent visit , a cute pet and so forth.

And once I've gone through so many pictures I'll finally see one and it says loud and clear to "paint me!"

I've talked to other Artists and they're inspired by a deadline of a show, especially if the show has a theme because it challenges them to come up with something creative and because of the date deadline!

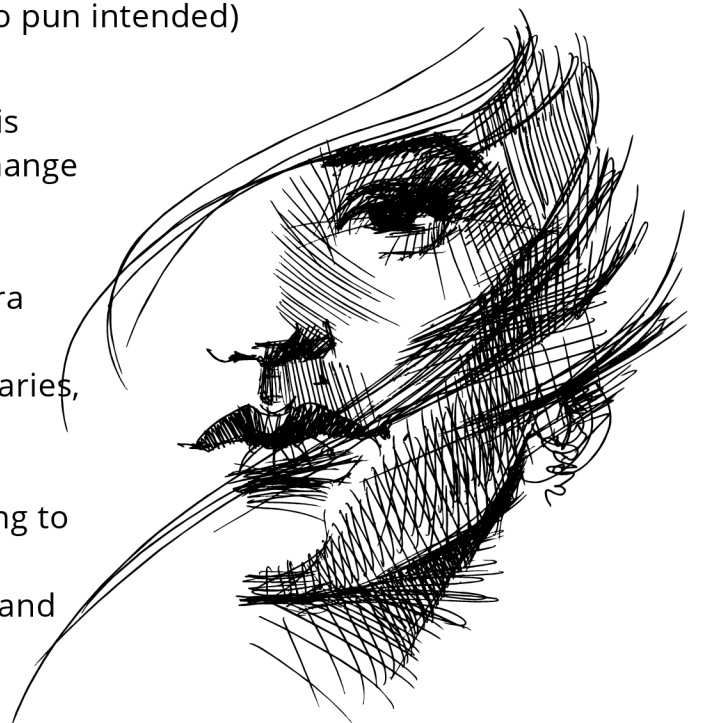
Sometimes the inspiration IS the deadline because it forces us to concentrate on the art work so it is completed by the final filing date!!

Deadlines work well because they create an urgency pressure knowing it must be completed by a certain date.

An example everyone can relate to is the Holiday season. The deadline is the holiday and it requires organization and "to do" lists so it can all be accomplished in time for the celebration! There are no " extensions ."

If push comes to shove and I'm still drawing a blank (no pun intended)

1. I'll copy a master painting! I learn so much from this exercise!! I'll use a different medium and maybe change a few little things
2. I'll search the web for art competitions
3. Start painting on a different canvas , such as, a terra cotta pot, a gourd, sea shell, cards, etc!!
4. Be creative and make a gift for weddings, anniversaries, births, etc.
5. Sketch in my journal and write ideas
6. Go for a walk with the intention of seeing something to later recreate in an art piece.
7. Put on music and get inspired from the memories and melodies
8. Doodle
9. Start a theme series of paintings



ARE YOU STUCK FOR INSPIRATION ? (CONT.)

Sally Durante

When in Taos all I wanted to paint were the clay red hills, the cactus and flowers and all of the things that do grow in the desert. The colors are so different from where we live here than in Hawaii -- the ocean, the fish, the flowers, the people, the festivals -- it was very inspiring and easy to get started on a painting or have an inspiration for a series from the trip to inspire me. When I attend our NCA meetings and an artist is demonstrating, like everyone else in the room I find that I want to go buy whatever they were using. When I talk to many artists we laugh about that because we have so many art supplies, but heck, you gotta try what you just saw. at least once I was inspired by the jelly roll presentation, another time with an acrylic demonstration using thick mediums to add texture to the paintings. Also an oil demonstration where the artist had a limited palette, and another time, most recently, alcohol inks on tile. boy did that look fun and I want to do those as well. I guess when you have a creative spirit, you need to create. You need it as much as you do water and food. It is what makes you excited about everything around you. The Art community as well is so supportive, and when sharing stories with like-minded creatives, we find we all hit the same blocks. We all have the joy of one painting or sculpture or creation coming very easy from the beginning to the end, when the process just flowered. Other times we struggle. I've learned if I'm struggling with a painting to put it away to look at later. Sometimes it will be years later, when I finally have a solution for that particular canvas. When I do it, it's a joy to finally complete it. One exercise that I try to do each year is write three lists: one to open up in six weeks, one to open up in six months, and one to open up at the end of the year. I put a date on an envelope and create a list for each of what I'd like to accomplish, which I'd like to try for the first time, and what I'd like to do that I've never done before -- things that seem impossible, and it's amazing how many times that will happen even though I thought it would be impossible. Things start to fall into place. I don't know if it's the energy of the subconscious that helps me get to that point or putting it out there into the universe.

I hope these little ideas help you to get motivated and whatever you do- keep creating!

The earth without art is just:

..... "Eh".....!

See you at sac Center!!!!



ACHIEVING LUMINOSITY & DEPTH TRANSPARENT ACRYLIC LAYERING TECHNIQUES WITH WAYNE JIANG

September 19-20, 2026 10 am - 4 pm

Level: All

Medium: Acrylic

Register at SacFineArts.org/workshops

MEMBER ANNOUNCEMENTS

Members can visit the Member Announcements section at SacFineArts.org to post about upcoming shows, classes, workshops, and events at or outside of Sac Arts.

Announcements will also be shared in our Bimonthly newsletter. We love sharing our members' work and achievements.

EXCITING NEWS FOR NCA

NCA members Kate Blue, Paul Dessau, Katherine Knightsby and possibly other members, were juried into the Stockton Art League open juried show at the Haggen Museum in Stockton CA

This year, the exhibition received over 950 artwork entries from across the United States, and the juror, Francesca Wilmott, Curator at the Crocker Art Museum, selected 106 works to be showcased.

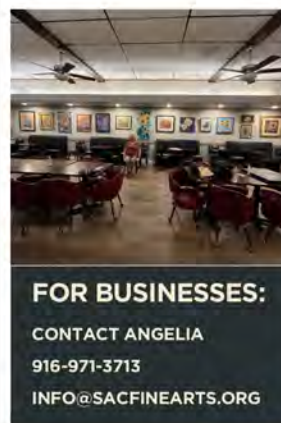
Exhibition Dates: Sept 5 – October 20, 2026.
Awards and Artists Reception: Thursday, September 17, 2026, 6:00 - 8:00pm.

<http://www.hagginmuseum.org>

Victory Park – Stockton
1201 N. Pershing Ave
Stockton, CA 95203
(209) 940-6300



RHONDA EGAN WAS FEATURED IN THE ARDEN PARK LOCAL



FOR BUSINESSES:

CONTACT ANGELIA
916-971-3713
INFO@SACFINEARTS.ORG



FOR ARTISTS

Find out more about the application process at
sacfinearts.org/call-to-artists

CALL FOR ARTISTS AND BUSINESSES

CREATIVE COMMUNITY SPACES

Sacramento Fine Arts Center is expanding its Creative Community Spaces Program. Our art center partners with local businesses to display rotating art shows by Sacramento based artists. Each show last 3-6 months based on the need of the business.

In 2027, Sac Arts will expand the number of businesses it serves. The installation process is completely free. If your business is interested in participating or would like more information, please contact us.



Platinum Members

Jeanne Reilly
Jo Kopp
Mary Hargrave
Mikki Bako Sorensen
Richard Ashby
Zachary Mandell

Business Members

Alice Horst
Diana J Holt
Georgina Gilmore
Michelle Ramirez
Ron Byrne
Stella Canfield

Gold Members

Barbara Marshall
Bruce Hancock
Byron Trip
Marleen Merchant
Michele Mowrey
Paula Cameto
Sally Bostley
Sheila Jacobs
Vanessa Bondon

Lifetime Members

Jan Miskulin
Margaret Pollan
Skip Lee
David Peterson
Joan McMurray
Sally Durante
Bobbie Lou Hunt
Sandra Torguson

Follow Us on Social Media!



facebook.com/sacfineartscenter

instagram.com/sacfineartscenter



NorCal Resist

Volunteers Needed!

Community Meal Food Recovery



- Collect produce donations from farmers at the market
- Transport produce to the NorCal office for storage
- Make friends with other volunteers and get to know your community!



Every Sunday at Carmichael Park Farmers Market

Meet in the parking lot near the market entrance at 1:30

www.norcalresist.com

communitymeal@norcalresist.org



Northern California Arts INC

Artists Supporting Artists Since 1939

Sept-October 2026 Newsletter

NCA 2026

BOARD OF DIRECTORS:

President: Ed Reus
Secretary: Barbara Marshall
Treasurer: Elise Reilly
1st VP: Janice Hironaka
2nd VP: Andrea Higginbotham
NCA Liaison: Sally Durante
Web Master: Shannon Garrison
Newsletter Editor: Ashleigh Anderson
Bold Ex Chair: Gregory Smith
Bold Ex Co-Chair: Paul Dessau
Artist Standing Chair: Paul Dessau
Artist of the Month Chair: Paul Dessau
Membership Show Chair: David Peterson
Incoming Membership Show: Barbara Schnieder
Aspiring Artists Chair: Vianne De Santiago
Historian: Diana Holt
Membership Chair: Susan Giles
Hospitality: Evelyn Adams
Courtesy: Bobbie Lou Hunt
Raffle Chair: Kathi Bristow
Member at Large: Phyllis Brady

WELCOME TO OUR NEW MEMBERS!

Stella Canfield
Joan Hall

NCA CONTACT INFO



info@norcalarts.org



916-971-3713

Upcoming Events

Ars Gratia Artis

Sac Fine Arts Center

Show Dates: Aug 11th - Sept 5th

Drawing and Reception: Sept. 6, 2:00pm

Art of the Automobile

Sac Fine Arts Center

Show Dates: Sept 8th - Oct 3rd

Reception: Sept 12, 5:00-7:00pm

Second Saturday Plein Air Event

Sac Fine Arts Center

Saturday Sept 12, 4:00pm - 7:00pm

Free to Participate

Sac Open Studios

Greater Sacramento Area

Weekend 1: Sept 12-13, 10:am - 5pm

Weekend 2: Sept 19 - 20, 10am - 5pm

Bold Expressions

Sac Fine Arts Center

Show Dates: Oct 5th - 30th

Reception: Oct 10th, 5:30-8:00pm

CA State Fair Demonstrations

Not Enough Words To Say Thank You!

By Sally Durante

Northern California Arts, Inc (NCA) provided the Live art demonstrations at the 2026 California State Fair in the Fine Arts and Photography building #7.

Huge crowds would adjourn after watching a live stage performance, or riding the rides or any outdoor activities to see the beautiful works of Art in the show and enjoy the comfort of a cool air conditioned experience. This gave the demonstration artists great exposure as people watched them create!

It was the perfect place for the public to discover the hidden treasure of our great organization, NCA! Most of the public Comments included the following amazments :

- * NCA is 87 years old
- * We have a permanent meeting location
- * We meet monthly on 2nd Wednesday from 7-9pm
- * And provide a demo artist at each meeting
- * We are located in Carmichael at the Sac Arts Center on Gibbons Dr
- * We Sponsor (2027) four art show annually
- * We are 100% volunteer run 501 non-profit



- * We are artists supporting artists everyone and every medium are welcomed
- * Members boost : " I finally found my people (or my tribe or my family)!!"
- * Our affordable members rate is \$25/year
- * And that we have a mutual admiration and support with the Sac Art Center
- * And much more!!!!



The most delightful thing that happened at each day's demonstration was the true excitement and joy displayed by the participating artists. Also, the public was entertained , enchanted, educated and loved every minute.

To each of the artists from NCA who signed up and showed up for the 17 days of the fair you are wonderful- a treasure for our organization and we are so proud of you too! It's a beautiful thing when a plan comes together and you made it happen .



Many of you said you are looking forward to participating again next year and that is wonderful to hear directly from you and we will work together again. Next year we'll start signing up even sooner AND we are preparing an orientation presentation and orientation package to be distributed to everyone interested in demonstrating . With photos to "see the big picture!", from arrival to set-up and clean-up. Good information for what to prepare for and expect and bring for their demo! So get those calendars ready!

Also we hear the 2027 CalExpo dates are being moved to September - keep this in mind to be a participating artist!

And once again I must say Thank You to each 2026 NCA Artist who made time to represent their club and to share their skills by obligating to the CalExpo Fine Art Demonstration Event!

There are not enough words to say "thank you " enough!
See you next year at the fair!!!

Contact Sally Durante at 916-202-6367 for any questions about participating in the State Fair next year.

Calls to Artists

Hard copies of upcoming show information are available at the Sac Arts Center

Bold Expressions is October 5 - 31, 2026

THEME: "Freedom lies in being bold."

Robert Frost Juror is Helen Plenert.

[Click HERE to view the prospectus.](#)

[Click HERE to enter via Entrythingy.](#)

ENTRY DEADLINE:

September 5, 2026, 12 midnight



Northern California Arts, Inc. Presents the 71st Open International Juried Art Exhibit, open to fine artists everywhere. The quality and the variety of works entered have been phenomenal in the past years exhibiting the show.

BEST OF SHOW: \$1,000



Small Art with a Big Heart is November 14, 2026

Sign up to sell your small artworks or prints:
\$20 fee for three-foot wide table, **\$30** fee for
four-foot wide table.

DEADLINE for sign-up is November 12th at
midnight or until all spaces are filled.

SET-UP DATE and **TIME FOR RECEIVING IS**
November 13, 2026 1-4 PM.

[Click HERE to learn more about this opportunity.](#)

GUEST PRESENTERS

SEPTEMBER GUEST: RAINA MONTGOMERY



Raina Montgomery will demonstrate glass fusion.

With three decades of teaching experience, Raina Montgomery has dedicated her career to making art accessible to everyone from elementary school children to adults. Raina earned her degree in Art Studio and Education from CSUS and has mastered an impressive spectrum of mediums, including drawing, watercolor, alcohol ink, woodworking, and ceramics. Her journey into the world of glass fusion began under the unique guidance of her aunt, a professional glass artist.

Through years of mentorship and hands-on experimentation, Raina developed a distinctive approach to the craft. She combines her extensive background in traditional art education with her specialized knowledge of glass fusion to deliver dynamic, engaging colorful creations.

OCTOBER GUEST: HELEN PLENERT

Helen Plenert is the judge for Bold Expressions 2026. She will talk about why she chose her best of show and other winners during the meeting.

Helen creates works to uplift the viewer using local scenes that are sometimes overlooked in our everyday journeys. Her love for California and all its beauty runs deep. Helen explores places she's been or seen along the many state highways. Using her simple tools of paper, ink and watercolors, Helen paints from natural scenes and has created a series that reflects the world she lives in and loves. She also has a love of people and has a series she calls "People I've met" where she has created portraits of locals and celebrities



You can learn more about Helen and her work on her website:

<https://helenplenert.com/>

★ NCA Member News ★

CONGRATS TO MEMBER **KAREN BURNS ON HER UPCOMING SOLO SHOW!**



*Tarnish,
Rust & Rivets*

Solo Show
at Arthouse
on R
Sacramento, CA

Opening
September 12th

KarenBurnsFineArt.com

Runs from Sept 12th - Oct 5th



"Kitchen Chaos"
24"x24"
Oil on Linen

*"Vintage Faucet
Handles"*
24"x24"
Oil on Linen



CONGRATS TO ANDREA MORRIS AND LINDA BALL!



**Black & White Show 2026
Award of Excellence**



**Black & White Show 2026
Second Place**

MEMBER NEWS CONTINUED

✦ NCA Members did well in The Art of Essence which runs through Oct. 23rd at Rancho Cordova City Hall, 2729 Prospect Park Drive, Rancho Cordova. City Hall's open hours are 8am to 5pm, Monday through Friday. ✦

Thank you to Rick Sloan for the photographs



First Place

Skip Lee, "Construction Site"



Youth First Place

Axel Scott-Kirby



Honorable Mention

Elaine Schaefer-Hudson

Elijah Reno won second place in the youth division, and **Ezekiel Reno** won third place.



Member News Cont.



Congratulations to **Sally Durante!**



Sally has two exciting exhibitions coming up this November. You can view her work in the Sac Arts Foyer all month long, and her Angel paintings will be proudly displayed at the Carmichael Presbyterian Church.

Member **Allegra Reno** and 52 other regional artists are participating in the El Dorado Hills Fine Art Festival!

4TH Annual
El Dorado Hills
FINE ART FESTIVAL

50+ Artists
Ceramics
Glass
Jewelry
Painting
Photography
Sculpture
Textiles
Wood

October 10, 2026
10am ■ 5pm
El Dorado Hills Library
7455 Silva Valley Parkway, El Dorado Hills, California

Admission FREE

Live Jazz Music
Kids Art Activities

Live Painting Demonstrations at DOCO!

NCA Newsletter Editor **Ashleigh Anderson** and fellow artist **Rod Larson-Swenson** were selected from the Sac Open Studios lineup to perform live outdoor painting demonstrations at the DOCO West Plaza. Organizers requested that Ashleigh paint a 24x36 Tower Bridge piece, inspired by her previous Folsom Bridge painting.



When: Saturday, Sept. 12, 9am to 4pm, and Sunday, Sept. 13, 9am to 2pm. Ashleigh will paint on one day and Rod will paint on the other.

Where: DOCO West Plaza, 405 K Street, Downtown Sacramento

Giveaway: Ashleigh is donating an original piece for a special giveaway.

Saturday or Sunday? Check landscapesbyashleigh.com for Ashleigh's finalized schedule and artwork.

ANNOUNCEMENTS

In Memoriam: Tom Thompson

Northern California Arts, Inc. is deeply saddened to announce the passing of Tom Thompson at the age of 94.

Tom was a cornerstone of our organization and a steadfast advocate for the arts, having dedicated his time to serve as NCA President for two terms. He was known by many as a tremendous supporter of our creative community.



His dedication and advocacy also extended into the broader local community. Thanks to Tom's hard work and persistence, the La Sierra school property was preserved and prevented from being entirely developed into housing.

A celebration of life honoring Tom will be announced at a later date. We extend our heartfelt condolences to his loved ones and remain forever grateful for the lasting impact he made on NCA and our neighborhood.

✦ Jingle Bells , Jingle Bells , Jingle All the Way - Heh! ✦

Mark your calendars for the Sacramento Arts Centers 2026 **"All Club HOLIDAY PARTY"** - **Wednesday Dec. 9, 2026** with your host NCA!

The annual fun time get-together of all the artists clubs and groups of Sac Arts sure kicks off the holiday spirit!!



Holiday Party 2025: Hosted by WASH

Would you like to help? We are "making a list and checking it twice"- with party preparation tasks, many can be done from home. **Please see the sign up sheet at September Member meeting! Ho- ho- ho !**



LOCAL NEWS



AROUND TOWN

* **Sac Open Studios Preview Exhibition**

Kick off the annual studio tour at Verge Center for the Arts. This preview show features artworks from participating artists to help you find favorites and plan your route before the open studio weekends begin.

September 10 to October 11, 2026

Reception: Thursday, September 10, 6PM to 9PM

[Click HERE for more info](#)

* **Sac Open Studios**

Sac Open Studios is a self-guided artist studio tour which spans all of Sacramento County

WKND 1: September 12th & 13th, 2026
WKND 2: September 19th & 20th, 2026

[Click HERE for the studio guide](#)

* **Beauty and the Beast Exhibition**

This captivating exhibition at the Atrium Gallery inside the El Dorado Hills Town Center explores the duality and harmony of the human and animal worlds through figurative works.

September 21 to November 15

Reception: Sat, Sept 26, 5PM to 7PM

[Click HERE for more info](#)

Last Chance - Call for Art: Ornament Project

The You Are Here Foundation needs local artists to create five flat wood ornaments for their December E Street Gallery show. Blank ornaments are provided if needed. Include your contact info on the back for a great free marketing opportunity!

Registration Deadline: September 1

Drop-off Deadline: October 30

Email gabe.sanford@gmail.com immediately to register.

Click [HERE](#) to view learning opportunities available at the Sacramento Fine Arts Center.



Meet and experience the exceptional art of 40 award winning artists at 10 different studios in the Sierra Foothills.

<https://www.paastudiotor.com/>

Message from your Newsletter Editor: I want to hear from you!

- Have you been accepted in a show?
- Where are you showing your work?
- Are you teaching a class or a workshop?
- How can the NCA help you learn and grow?

The newsletter is published once every two months, I want to include your ART news. Send me a text or an email, or find me at a general meeting.



Text: 916-768-1742 Email: landscapesbyashleigh@gmail.com



PRESIDENT'S MESSAGE

Welcome to fall! Well, late summer here in California. I was just thinking of my trips back East to upstate New York to see all the fall colors and the beautiful landscapes I painted in my head. I was homesick...

Back to California news, the weather will soon be changing here as we move into fall. Hopefully some good days to get out and do some plein aire painting. I am planning a trip for the month of September, joining a group to paint in the highlands of Scotland, and then heading to the Midwest to celebrate my class reunion. I will see you all in October. **Chris Knopp** will be sitting in for the September meeting.

We have filled 3 open Board positions. **Mason Westberg** is our new Webmaster. He has already updated our site with the galleries from the last two shows. Make sure you let me know if you see things to update or need to be added. **Patricia (Pat) Thompson** has stepped up into the SFAC Liaison position. Please welcome them and thank them for stepping up. We also have **Victoria Harris** in training to take over the Treasurer's position in January.

I am working on some changes to how we will be handling our shows going forward. I should have the details for the October meeting. I am hoping to save our shows going forward. Thanks to those of you that participated in the planning call.

BJ Taylor

PS: I want to thank **Kristi Warren** for all her work making sure the Open Show was such a success. We will miss Kristi on the Board and hope she continues to enter her beautiful paintings as we move on. Everyone had a great time at Second Saturday in July! Thanks again... BJ

UPCOMING MEETING NOTICE

Come join WASH on September 14th at 1:30 p.m. to watch Susan Jochheim's demonstration. Check the calendar on the WASH website to join on ZOOM...just click the link!

Susan Jochheim began her art career after retirement about 10 years ago and has been painting professionally for about 4 years. As president of multiple art societies in the Bay Area, Susan's work is currently showing at Portola Art Gallery in the Allied Arts Guild of Menlo Park. Susan has achieved Signature Member Status in Watercolor West (WW) and Society of West-Coast Artists (SWA). She prides herself on painting her five grandchildren. Susan is based in Los Gatos, CA.

With no formal background in art, Susan reached out to a well-known instructor and took some classes. She loves to experiment and try new techniques. One of her favorite ways to express herself is through vivid color in an exaggerated style. Her work often starts with a photo that she abstracts and manipulates until she's satisfied. She finds this process fascinating, as she never knows what the final image will be. Susan's focus is on vibrant color, texture, fun and whimsy to create something that is surprising to a viewer. Susan loves to work large in both representational and abstract watercolor. She enjoys experimenting with different types of materials and media. Currently, she hosts a monthly session called "Paintbrush Pals" for the Santa Clara Valley Watercolor Society (SCVWS) members.

Join the SFAC to view Susan Jochheim's watercolor demonstration. Watch in person or over Zoom on September 14th at 1:30 p.m. Visit her website at <https://susanjochheim.com/>

YOUR 2026 BOARD

President	BJ Taylor	Show Chair	Help Wanted!
Secretary	Teresa Edwards	Workshop Chairs	Steve Stein
Treasurer	Cordi Sogge	Newsletter Editor	Help Wanted!
Program Co-Chairs	Alyssa Gorman, Rose White	Webmaster	Mason Westberg
Membership Chair	Nola Smith	Media Coordinator	Help Wanted!
Scholarship Co-Chairs	BJ Taylor, David Kalbach, Tom Adams, Chris Knopp	SFAC Liaison	Pat Thompson

Newsletter Editor needed!

I have discovered that turning something that I *love* into a *job* destroys the *fun* of doing what I *love*. (Gee, imagine that!)

So, if you have the time and the laptop, this is pretty easy, really (although sometimes filling a few pages with newsy news does take some stalking). The newsletter is created in Microsoft Word, since they're no longer supporting Publisher. Not sure how it'd be on a Mac, but seriously, it's not that bad! Please consider taking the job!! I'll be available for any help. Ronnie

2027 WORKSHOP SEASON – STEVE STEIN, WORKSHOP CHAIR

2027 Workshops



Anselm Yew
February 6 – 7



Small studies as a strategy for beginning larger paintings
<https://washsfac.org/anselm-yew-2027-workshop/>



Ted Nuttall
March 6 – 8



Finding the story of human behavior in portraits
<https://washsfac.org/ted-nuttall-2027-workshop/>



**Jean-Francois
Arnaud**
April 10 - 12



Painting the Light, Not the Details
<https://washsfac.org/jean-francois-arnaud-2027-workshop/>



**Michael
Jasiewicz**
October 9 – 11



Creating Poetic Landscapes
<https://washsfac.org/michal-jasiewicz-2027-workshop/>

We received the following email from **Cambria Center for the Arts**, and are sharing the information with all our members:

From: Lily Null <lily.null@cambriacenterforthearts.org>

Subject: Cambria Center for the Arts Promotion

Hello!

My name is Lily Null, and I am the Arts Education Marketing Intern for the Cambria Center for the Arts. We engage the community through the inspiration, creation, performance and enjoyment of all art forms. In our space in the lovely town of Cambria (a mix of pines, the sea and quaint village life), the arts are approachable and available to everyone, regardless of background, experience, or age. We have a gallery, workshops, live theater and music events, and an annual film festival. You can find out more about our non-profit organization here: <https://cambriaarts.org/home>

We would be most appreciative if you would promote our workshops to your members or to the public who visit your site. Whether it be through your monthly newsletters, your calendar or your website.

We are currently undergoing an expansion in our summer and fall programs. Right now we have a workshop in October by Debbie Mueller we would like to promote, and we were wondering if your site or gallery could promote this with a flyer or banner with a link on your site?

Below is a short description of the October oil painting workshop.

Light-Filled Still Life Painting - A Simple Path

A workshop with Debbie Mueller - Oct 23-25, 2026



Come join Debbie Mueller for a 3 day still life workshop where she will break down the creation of a painting into simple steps that allow the painter to focus their decision making and efforts on one thing at a time leading to two successful pieces of art during the weekend.

The techniques taught during the workshop will be practiced using still life, but are completely appropriate and useful for any subject- landscape, portrait, interiors, etc. This is primarily an oil painting workshop.

Fee: \$375 Non-Members, \$350 Members -[https://cambriaarts.org/adult-program-classes/debbie-mueller-cca-2026\(1\).jpeg](https://cambriaarts.org/adult-program-classes/debbie-mueller-cca-2026(1).jpeg)

Here's another announcement to share with the WASH members!

From: Stella Canfield <Stella.Canfield@gmail.com>

Subject: Arts House West request for an ad in the newspaper

Arts House West is a new contemporary atelier in the beautiful Sierra Nevada foothills of Grass Valley, California, founded by artist and educator Stella Canfield. We bring internationally acclaimed artists to our intimate workshops, creating a welcoming place for artists of all levels to learn, paint and connect. Our mission is to revive the joy of creating art by hand and to make Grass Valley a destination for exceptional art education and cultural exchange. Join our exceptional workshops thought by internationally acclaimed artists. www.artshousewest.com

The California Watercolor Society is hosting Thomas W. Schaller and Michael Holter for the CWA's final workshops of 2026. Some details are included below, but visit their website for all the details!



Thomas W. Schaller
The Power of Design and Imagination

3-Day In-Person Workshop
September 28-30, 2026, 9 AM – 4 PM
Intermediate Skill Level



Michael Holter
Creating Texture in Watercolor
3-Day Virtual Zoom Workshop
November 5-7, 2026, 9 AM – 12 PM PST
Advanced Beginner to Advanced

MEMBER NEWS

Sandy Delehanty provided us with this wonderful adventure she took with her art:

I am going to sound like a tour guide here...but I want to share my recent art, history, and garden weekend in Southern California with my fellow WASH members.

My painting "Tranquility" was juried into the California Art Club's 115th Annual Gold Medal Show, which opened with an Artist Reception July 13th at the Hilbert Museum of Art in Orange, California. Since this is an important and historical show, I decided to fly to Southern California to attend the reception. I had another painting, "Rock of Ages," juried into the California Art Club Gallery, which is located in an historic adobe called the Old Mill in San Marino. When planning my trip, I checked the map to see where the Old Mill is and discovered it is just ten minutes from

Huntington Museum and Gardens, and both are right next door to Pasadena. So, I reserved a hotel in Pasadena and flew into nearby Hollywood Burbank Airport.

The Artist Reception of the California Art Club was lovely, and there must have been at least a hundred people in attendance. It is obvious that the California Art Club was begun by oil painters, as oil and acrylics on canvas made up the bulk of the 200-piece show. But I was thrilled to see that my painting was in good company, though, with watercolors by Thomas W. Schaller, Carolyn Lord and my friend, Brenda Swenson, among others. I think there were around a dozen watercolors in total hanging in the show. To view the exhibition online visit <https://californiaartclub.org/goldmedal>.

The show closes September 13, 2026.

On Sunday I took an Uber to 1120 Old Mill Road, San Marino, to see the California Art Club show. The mill is a well preserved 200-year-old adobe building in a lovely garden. Historic preservation was beautifully done and the exhibits telling the history of the mill were fascinating. The highlight of the building is the warm inviting gallery space where the California Art Club holds juried shows year-round. See the photo collage of the Old Mill and the show in the gallery space.

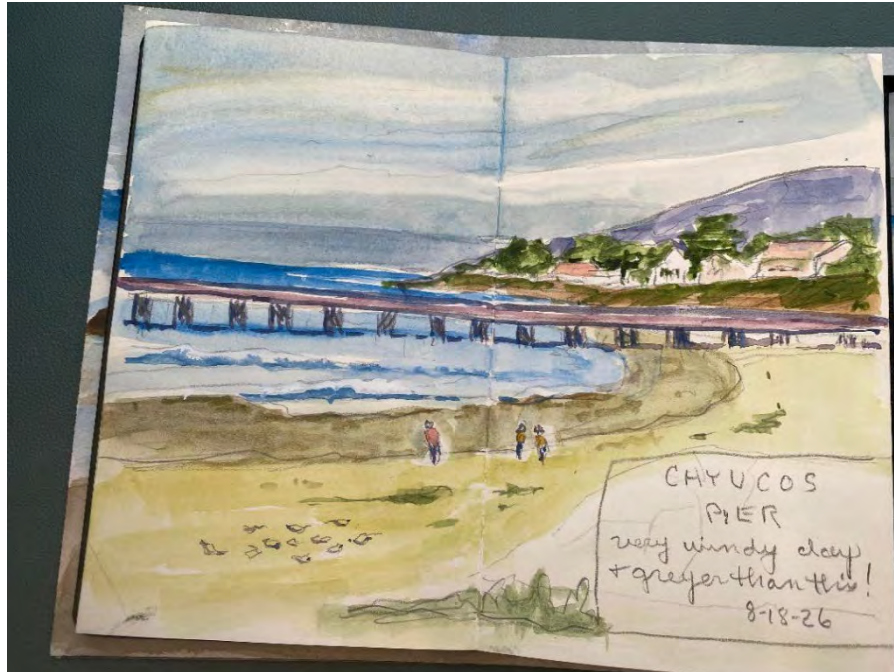
After visiting the gallery, I took a 10-minute Uber ride to the Huntington Gardens in time for lunch. I have never visited the Huntington, so I spent the rest of the day exploring the gardens and visiting the art museum that houses the American Art collection. My only regret was that I did not have time sit in the garden and sketch the lovely old adobe mill. Next time!



Virginia Dunstan provided this news: **Aziz Tokhi** will be showing his oil and watercolor paintings at the Unitarian Universalist Society of Sacramento (UUSS). The show begins September 1 and continues through October 13. The UUSS is located at 2425 Sierra Boulevard in Sacramento. The reception for the show is Thursday, September 17 at 5:30 p.m. Aziz is a member of Sacramento Fine Arts and their former Administrative Assistant. He has been in many WASH exhibits and won several awards. As the show is in a church, call 916-483-9283 to help determine a time to see the paintings; or visit after 11:30 on Sundays when the building is open to all. Aziz will also continue teaching watercolor classes at the UUSS site Mondays 10-12, after Labor Day. Contact vadunstan@aol.com to register.

Recently, **Toni Corbett** visited Cayucos, and provided us with her insight and thoughts about this California beachy town!

Drove down to Cayucos's for four days. Here's a little quick sketch I did while on my balcony:



The weather was between 68 and 70. The entire town is walkable - not only around town but along the beach. I can recommend Shoreline Inn to stay in and the Sea Shanty for breakfast and/or dinner. The Hidden Kitchen serves an entirely gluten-free breakfast and lunch. It was there that I had the most wonderful experience. I had forgotten my wallet and the little family behind me with whom I had been chatting told the server, “we’ve got that for her”. I was bowled over. I had never heard of this town. It is along Monterey Bay, and just a couple hours south of Santa Cruz.

EXHIBIT NEWS

Following are the award winners for the annual WASH Open Exhibition:

Best of Show: Steve Walters - Mercado De San Miguel

Awards of Excellence:

Susy Soulies - Still Life with Redstart

Kandi Thompson - Bubble Time

Jan Miskulin Founders Award: Ed Bostley - A 1932 Citroën AC 4G Camionette Pickup Truck

Dorothy Steed Award: Kathleen Thomas - The Gathering

Nancy Haley Founders Award: Billie Armstrong -
Lemon in Water

Images of Light Award: Kristi Warren - Cannas and
Bananas (shown at right)

Awards of Merit:

Lynn Slade - Winter Madrones
Helen Plenert - Trees in Yosemite
Tony Segale - Gift of the Naiads
Maura Madden Donovan - New World, Old
World - Egypt

Honorable Mention Awards:

David Peterson - Heritage Oak
Chris Knopp - Only in the Desert
Colleen Reynolds - Wild World
Elaine Schaefer Hudson - Moonlit Daffodils
Chris Hagans - Friendly Nook
Maria Porter - Roses
Barbara Kempe - Monet's Giverny
Susan Davis - Butterfly Girl
Steve Stein - Bartholomew Vinyard
Jan Atwood-Ramey - Peggy's Cove Batik



Congratulations to all award winners and to all who entered! As always, this was a phenomenal exhibit and all who entered should be so proud of their work!

Call to Artists:

Cordie Sogge is announcing a poster contest! This is for a nonprofit that she volunteers for called "Friends of Lakes Folsom and Natoma." The flyer is shown on the next page.



Folsom Lake State Recreation Area *Poster Contest*

Use your unique artistic talent to showcase and promote our amazing Folsom Lake State Recreation Area.

Juried entrees will be exhibited at The Gallery at 48 Natoma in Folsom.

Finalists will receive great Park-themed prizes! The winner will have their artwork turned into a poster and potentially other promotional items.

Sponsored by:



CONTEST OVERVIEW

- **Theme:** "Discover Folsom Lake State Recreation Area"
- **Submissions:** Create an original piece of art highlighting the natural beauty, wildlife, or recreational opportunities at Folsom Lake, Lake Natoma or anywhere in the park. One entry per person.
- **Eligibility:** Artists age 18 and over

TIMELINES

- **Submission Period:** July 15 – October 15
- **Exhibition Date:** November 10 – January 14

CONTEST GUIDELINES

- **Size:** Artwork should be either 11" x 17" (horizontal) or 11" x 14" (vertical).
- **Medium:** You can use paint, markers, colored pencils, pastels, or non-photo collages— whatever inspires you (just no photos, please).
- **Content Requirements:** All artwork must be original and created solely by the artist, without any AI enhancement. Artwork may be signed, but do not include other text or a title. Submissions will be evaluated by our committee to ensure they meet our suitability standards.
- **Presentation:** Canvas or framed art is acceptable; non-framed artwork should be at least the thickness of card stock.
- **Submission Format:** Complete the mandatory online submission form at <https://folfan.org/folfan-poster-contest>

For questions, please contact us at postercontest@folfan.org

SMALL ART WITH A BIG HEART MARKETPLACE



LOCATION: Sacramento Fine Arts Center

MARKETPLACE REQUIREMENTS FOR SELLING SMALL ORIGINAL WORKS OF ART

Participate using online sign-up and payment. \$20 fee for three-foot wide table, \$30 fee for four-foot-wide table.

DEADLINE for sign-up is midnight November 12, or until all spaces are filled.

Once you sign up online, you will receive an email confirmation from Sac Arts of a reserved Marketplace space number and the required forms to complete. Space is limited to the first 50 artists to sign up.

SET-UP DATE and TIME FOR RECEIVING IS November 13, 2026 1-4 p.m. There will be no opportunity for early or late set up. Check in with Marketplace Receiving to leave your Inventory List, W-9 and other forms necessary.

There is much more information regarding this opportunity and the forms you will be required to provide. Please review ALL requirements here: [Call to Artists: Small Art with a Big Heart Marketplace](#)

Follow us online at:

Website: <https://washsfac.org/>

Facebook: <https://www.facebook.com/WASH.WatercolorArtistsofSacramentoHorizons>

Instagram: @wash_sacramento