

BLU INNOVATION AESTHETICS

Platelet-Rich Plasma (PRP) Treatment

Comprehensive Informed Consent

MEDICAL TREATMENT DISCLOSURE

Platelet-Rich Plasma (PRP) is a medical regenerative procedure performed under clinical supervision. PRP is not a cosmetic spa service. It involves venipuncture, blood processing, and injection into targeted tissue.

A comprehensive medical history review is required prior to treatment. Laboratory testing may be required to determine candidacy and ensure safety.

Blu Innovation Aesthetics reserves the right to delay or deny treatment if laboratory findings or medical history indicate increased risk.

Procedure Overview

PRP is an autologous treatment in which your blood is drawn, processed in a centrifuge to isolate concentrated platelets, and injected into specific areas to stimulate tissue repair and collagen production.

PRP promotes:

- Collagen and elastin stimulation
 - Tissue remodeling
 - Follicular activation (for hair restoration)
 - Scar softening
 - Improved skin texture and tone
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Areas That May Be Treated

PRP may be used in the following areas, depending on medical evaluation:

- Scalp (hair thinning, alopecia, shedding)
- Full Face
- Under-Eye
- Neck
- Décolleté / Chest
- Stretch Marks (abdomen, thighs, breasts)
- Acne Scars
- Surgical or traumatic scars
- Jawline
- Hands
- Abdomen (texture support)
- Combined with microneedling

Treatment area(s): _____

Medical Clearance & Laboratory Requirements

Because PRP relies on platelet concentration and systemic healing capacity, laboratory testing may be required, including but not limited to:

- CBC (platelet count, anemia screening)
- Ferritin / iron studies (for hair treatments)
- Thyroid panel
- Vitamin D
- Inflammatory markers
- Additional labs as clinically indicated

Treatment will not proceed if:

- Platelet levels are inadequate
- Active systemic illness is present
- Uncontrolled metabolic conditions exist

- Laboratory values indicate elevated risk
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Expected Course

- Initial results may appear in 4–6 weeks
- 2–4 treatments may be recommended
- Hair restoration may require ongoing sessions
- Maintenance may be advised annually

Results vary. No guarantees are made.

Contraindications

PRP may not be appropriate for individuals with:

- Active cancer or current chemotherapy
- Active infection or systemic illness
- Platelet or clotting disorders
- Severe autoimmune disease
- Uncontrolled diabetes
- Severe anemia
- Current anticoagulant therapy
- Active skin infection in treatment area
- Pregnancy or breastfeeding

Medical clearance may be required from your treating physician in certain cases.

Risks & Possible Complications

Risks include:

- Pain, bruising, swelling

- Bleeding
 - Infection
 - Temporary inflammation
 - Headache (scalp)
 - Prolonged under-eye swelling
 - Nerve irritation
 - Minimal or no improvement
 - Rare allergic reaction to processing agents
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Area-Specific Considerations

Scalp PRP

Temporary tenderness and shedding may occur prior to regrowth.

Under-Eye PRP

Swelling may persist for several days. Results are gradual and subtle.

Stretch Mark / Scar PRP

Multiple sessions required. Texture improves; complete removal is not expected.

Chest / Neck PRP

Redness and sensitivity may occur for several days.

Alternatives

Alternatives include:

- No treatment
- Neurotoxins
- Dermal fillers

- Biostimulators
- Laser or energy-based devices
- Chemical peels
- Surgical intervention

Financial Responsibility

PRP is an elective medical procedure and is not covered by insurance.

Full payment is required at time of service.

All treatments are non-refundable.

Acknowledgment

I understand that:

- PRP is a medical procedure
- Laboratory testing may be required prior to approval
- Treatment may be delayed or declined based on clinical findings
- Results vary and are not guaranteed
- Multiple sessions may be required

I voluntarily consent to PRP treatment in the area(s) selected above.

Patient Name:

Patient Signature: _____

Date: _____

Provider Signature: _____

Date: _____