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## Consent Form for Non-Surgical Brazilian Butt Lift (BBL) Using Hyaluronic Acid Filler

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### PATIENT INFORMATION:

Full Name: \_\_\_\_\_ Date of Service: \_\_\_\_\_

Phone or Email: \_\_\_\_\_

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### PROCEDURE EXPLANATION

#### NON-SURGICAL BBL OVERVIEW:

A non-surgical Brazilian Butt Lift (BBL) is a cosmetic procedure that uses hyaluronic acid fillers to enhance the shape and volume of the buttocks. The filler is injected into targeted areas to achieve a fuller, more contoured appearance.

#### HOW HYALURONIC ACID FILLERS WORK:

Hyaluronic acid is a naturally occurring substance in the body that retains moisture and adds volume. When injected into the buttocks, it provides an immediate lifting and shaping effect.

#### EXPECTED OUTCOMES:

Patients can expect a noticeable increase in volume and an improved contour of the buttocks. The results are temporary and can last several months, depending on the type of filler used and individual factors.

#### RISKS AND COMPLICATIONS

- Allergic Reactions: Rare but possible; symptoms may include itching, redness, swelling, or difficulty breathing.
- Infection: As with any injection, there is a risk of infection.
- Asymmetry: Uneven results may occur, requiring additional treatment.
- Lumps or Bumps: Formation of nodules or uneven texture in the treated area.
- Pain or Discomfort: Temporary discomfort or tenderness at the injection sites.
- Swelling and Bruising: Common and usually resolves within a few days.
- Necrosis: Rare risk of tissue death if the filler obstructs blood vessels.

#### PRE-PROCEDURE INSTRUCTIONS

1. Medical History: Disclose any allergies, medical conditions, or medications you are taking.
2. Avoid Blood Thinners: Stop taking aspirin, ibuprofen, vitamin E, fish oil, and other blood-thinning substances 1 week before the procedure.
3. Avoid Alcohol and Smoking: Refrain from consuming alcohol and smoking for at least 48 hours before the procedure.
4. Avoid Other Treatments: Do not undergo any other cosmetic treatments (e.g., waxing, laser treatments) on the buttocks area for at least a week before the procedure.
5. Shower: Bathe and thoroughly cleanse the treatment area on the day of the procedure.
6. Comfortable Clothing: Wear loose, comfortable clothing to the appointment.

**POST-PROCEDURE INSTRUCTIONS**

1. Avoid Pressure: Do not sit directly on your buttocks for extended periods for at least 48 hours. Use a donut cushion if necessary.
2. Avoid Physical Activity: Refrain from strenuous exercise and activities that may put pressure on the treated area for at least one week.
3. Hydration: Drink plenty of water to help the filler integrate into the tissue.
4. Cold Compress: Apply cold compresses to reduce swelling and discomfort.
5. Avoid Hot Baths and Saunas: Avoid exposure to high heat, including hot baths and saunas, for at least 48 hours.
6. Monitor for Complications: Watch for signs of infection, such as increased redness, swelling, pain, or discharge, and contact us immediately if these occur.
7. Follow-Up: Schedule a follow-up appointment within two weeks to assess the results and determine if further treatment is needed.

**CONSENT TREATMENT**

I, \_\_\_\_\_, understand the nature, risks, and benefits of the non-surgical Brazilian Butt Lift procedure using hyaluronic acid fillers. I have disclosed all relevant medical history and understand the potential complications. I consent to the treatment, recognizing that results vary and that multiple sessions may be required for optimal results. I have had the opportunity to ask questions, and all my questions have been answered to my satisfaction.

**PATIENT INFORMATION:**

Patient Signature: \_\_\_\_\_ Date of Service: \_\_\_\_\_

Practitioner Signature: \_\_\_\_\_ Date of Service: \_\_\_\_\_