



Gospel to life and life to the Gospel

The Secular Franciscan order is like other religious orders in that its members are bound by profession and adherence to the Rule of the Order.

One of the most essential principles, is Article 4 which exhorts secular Franciscans to 'Go from Gospel to life and life to the Gospel.'

The Bible is not a dry intellectual exercise to be examined by scholars. Instead through reflective daily reading, Franciscans actively seek to put the teachings of Jesus into practical action living the Gospel in everyday life. For example, after reading about Jesus washing the feet of his disciples, a Franciscan might respond by carrying out a similarly humble act perhaps at work or within their family life.

Similarly the Gospels can help us make sense of our daily experiences We can ask: How did Jesus handle this?

So Article 4 becomes a living loop to move away from Sunday only routines and helps our faith to become a lived part of the messy, difficult yet beautiful realities that are our lives.