



SOLENT PASTORAL AREA - UNITED IN CHRIST

THE CATHOLIC CHURCH

IN FAREHAM AND PORTCHESTER

16th and 17th Sundays of the Year C Jubilee Year of Hope 20th and 27th July '25

5 Ways to Keep Your Catholic Faith Alive While Travelling

Summer is here, and many Catholic families are hitting the road or flying across the globe for long-awaited vacations, road trips, or relaxing getaways. While summer can be a time to unplug from work and school routines, it doesn't have to mean unplugging from your Catholic faith. In fact, with a little intention, your vacation can become a Catholic pilgrimage, even if you're not heading to Rome or the Camino de Santiago.

Plan Your Travels Around Catholic Shrines or Holy Places

Still deciding on a place to travel this summer? Don't forget your faith as you schedule fun with family and friends. Or, if you already have your plans, a quick internet search can tell you whether a major Catholic pilgrimage location is near your travel spot. There are many sites in the UK and abroad. This doesn't mean you need to plan your entire vacation around this spot (although that would be great). There are beautiful Catholic shrines all over that you can dedicate a day, an afternoon, or even an hour to visit!

Do I have to go to Mass on Vacation? Making Time For Prayer & Sacraments

You may be on vacation, but your Sunday obligation is not! It is the Lord's Day - He rose from the dead. We offer worship and thanks to Him. You still need to go to Mass while on vacation. We often pause many things to go on vacation - work, community obligations, and family routines at home - and when schedules change, it's easy to put our prayer routines and spiritual lives on hold, too. But time away is also an excellent opportunity to revitalize your relationship with God. Look for chances to keep your prayer game strong, even on vacation. Try offering a Divine Mercy Chaplet while your flight takes off, taking a Rosary walk on the beach, or praying a Scripture passage that praises God for his magnificent creation while you enjoy the beautiful sights of a National Park. Don't forget to set reminders on your phone so you don't miss your morning offering, daily Rosary, or another day of the Ascension Press Bible in a Year! Find parishes, Masses, and Confession times near you!

Pack a Spiritual Book to Read

Got extra time during a layover, at the pool, or while the miles roll by your car window? Let St. Therese, St. Francis de Sales, or St. Augustine be your travel buddies! A few minutes with the writings of the saints or even a little bit of Scripture can anchor your soul for both the craziness and relaxation of travel. Ascension Press has an extensive collection of light theology and spiritual reading titles available both in print or e-book!

Visit Beautiful Catholic Churches Along Your Route

Road trip stretch break? Yes, please! With a little planning, you might be able to find a break spot that offers timeless, faith-filled beauty. Look for Catholic Churches that may be near your driving routes or tucked in the cities you are sightseeing. Even the most obscure areas of the UK have hidden gems that will have you snapping photos and might even make it onto your list of favourites! Offer three Hail Marys or some other prayers at each new church you visit. It's a great way to intercede for a special grace or intention!

Offer Up Your Inconveniences for Spiritual Good.

We've all heard it - one of the most popular Catholic catchphrases - "offer it up" is actually valuable wisdom. All sorts of challenges can pop up during trips, whether your flight is extremely delayed, your luggage is lost, or you are stuck in an extremely long line to taste the most famous barbecue in that town. But these irritations, big and small, can become a meritorious prayer for your neighbour's cancer diagnosis, a friend who lost their job, or the souls in Purgatory. Inconveniences become much easier to handle when we praise God through them, and these are excellent opportunities to grow in character and virtue.

Your Faith Should Be With You No Matter Where You Are

No matter where in the world your summer adventures take you, your Catholic Faith isn't something you leave at home - it's part of who you are. Whether you're standing in a centuries-old cathedral or hiking a quiet mountain trail, God is with you. Every trip, every moment, is an opportunity to encounter him. Let your faith travel with you - not just as something you practice, but as something you live, wherever you go!

www.AscensionPress.com

FR BENEDIKT TIMPE - APPOINTMENT

Fr Benedikt has been assisting Cn John after his accident, and we are delighted to announce that Bishop Philip has appointed him to our parish and the Solent Pastoral Area as Assistant Priest. Thank you, Fr Benedikt!

WARM WELCOME to Seminarian Sean Barnes who joined us on 15th July for his month's parish placement formation.

CHILDREN'S LITURGY - SACRED HEART 9AM MASS

Thank you to the wonderful Team. There will be no Liturgy of the Word with Children from 27th July to 31st Aug. It will start again on Sunday 7th September.

CELEBRATE FESTIVAL 'Witness to Hope'

A Catholic festival for all the family 6th - 20th August
at Worth Abbey, W. Sussex.: www.celebratetrust.org/festival

'RED BOX' THANK YOU AND APPEAL

Missio - Mill Hill Missionaries Sat 9th / Sun 10th Aug.

Welcome to **Fr Bernie Luna MHM** offering the five-yearly Red Box Appeal. Thank you to all parishioners who already give to the Pope's official charity for overseas mission and Britain's own missionary order, the Mill Hill Missionaries, through the Red Box.

A big thank you to John Vivian and his small team of 4 promoters for co-ordinating the Red Box appeal for our Parish that raised a total of £5,885.58 for 2024.

UNION OF CATHOLIC MOTHERS 'UCM' MEETING

Every other Monday, 7pm at Sacred Heart Hall

From 7pm for coffee/tea with the meeting starting at 7.30pm and closing at 9pm. All are very welcome.

For more info contact: lorne fry1954@hotmail.com

Please note: The group does not meet during August

CRAFT GROUP

Tuesdays from 1pm at Sacred Heart Church Hall

All are very welcome to come along. Ploughman's lunch available.

MEN'S GROUP

First Wednesdays, 7.30pm at St Philip Howard Hall

A confidential, prayer and fellowship group helping us to be the best husbands, fathers, brothers and sons we can be. Contact Tom at: tom_fairman@yahoo.com

LADIES' GROUP

Second Wednesdays, 7.30pm at St Philip Howard Hall

Join our Ladies' Group, getting to know each other, sharing our faith, and growing deeper in our relationship with the Lord. Every woman is so welcome - no age limit applies.

Contact Eloise at: eloise@olimcomms.com

CONVERSATION GROUP

Every other Thurs, 2pm - 3.30pm at Sacred Heart Hall
Next meeting : 24th July

Do you have APHASIA or communication difficulties after a stroke? Come and join our friendly group. Donation of £2. For info. contact Angela at: amnally65@gmail.com

SCRIPTURE GROUP. FEASTING ON THE WORD OF GOD

Friday mornings, 11.15am at Sacred Heart Hall

The aim is to spend time reading scripture and to then discuss it. We look forward to seeing you.
We finish on 25th July and back on 5th September.

PARISH BEREAVEMENT "BETHANY" GROUP

3rd Thursdays, 10am at Sacred Heart Hall

For anyone who has lost a loved one. A warm, welcoming and safe space to be ...

For more info email: sacredheart.bethany@gmail.com

ORDINATION ANNIVERSARY *Ad multos annos!*

To Dcn Larry celebrating his 6th Anniversary on Mon 21st July. Thank you for your wonderful ministry and hard work in the parish. AMDG!

WEDDING ANNIVERSARY *Congratulations!*

Golden Wedding. Sun 20th July 11am Mass

Ian and Carol Dean Golden - Wedding Blessing!

C.A. PILGRIMAGE TO LOURDES - YOUNG HELPERS

www.catholicassociation.co.uk 22nd - 29th August

Cake Sale - after Mass Sat 19th and Sun 20th July

Callum, Dawid and Michelle are going to Lourdes at the end of August as young helpers. Can we help raise funds for their £500 each fares, in their roles helping the sick.

Rolling: helping people to move from the Accueil or hotels to the services of this medically enhanced pilgrimage or to shops, cafes etc. Usually this involves pushing wheelchairs.

Accueil Care: assisting the Doctors and Nurses on shifts with the care of the guests on the wards. e.g. helping them to wash and dress, making beds, cleaning their rooms and bathrooms and providing companionship.

Other Accueil Duties: helping in the dining room (although not cooking) and the vital job of ensuring that there is a steady supply of tea and coffee.

Ceremonies: each day a team will be asked to help out in the various ceremonies during the Pilgrimage. Cn John is the Pilgrimage MC.

PRAYERS PLEASE... 'Holy Spirit, the comforter'

For **Andy Newman, Nicola Leonard** and **Sam Harper** that the Lord's healing spirit will restore them to wholeness and comfort them.

REST IN PEACE - Please pray for

Ronnie Gaoua RIP who recently passed.

Requiem Mass - Tues 22nd July 11am St Philip Howard Ch. It would be a blessing if as many parishioners as possible could come. Reception in the Hall then her Committal after. Also **Diane Cassidy RIP** (Sally Robins' mother) who died peacefully on Tuesday 1st July.

Also **Tom Turnbull RIP** (Clare Ryan's father) who died on Tues 15th July. Please remember his family in your prayers.

Also **Peter Aspin RIP** who died on Tuesday 15th July. Please remember his wife Carol in your prayers.

Also **Leigh Bushnell** (Tess' daughter) who died recently.

PEG 'PARISH ECOLOGY GROUP' SPEAKER MEETING

Fri 25th July, 7-9.30pm at SHH

A fundraising evening with a speaker from Tools for Self Reliance. The evening will be by ticket at £3.00 each which will be on sale after MASS. For more info please contact John Vivian: franciscansolent@outlook.com

FIRST EUCHARIST – Welcome

The sacrament of the Eucharist has been instituted by Christ, to be celebrated in memory of him. Through the Eucharist the Church re-presents His once and for all Sacrifice to the Father, and from the Eucharist the Church receives Christ's Body and Blood, to live strong in faith.

Sunday 13th July St PH Church 11am

V Jordan, H Holmes & E Jacobs-Mead

Sunday 20th July St PH Church 11am. I DeBoo

Sunday 27th July SH Church 9am. E Fairman

Sunday 27th July St PH Church 11am. J Augustus

A big thank you to the Team at St Margaret Mary's, Park Gate who have been preparing our children since January.

CONFESSIONS

St John Paul II reminded us, the frequent use of Confession is the safeguard of love and peace. Trust in this sacrament of healing. Let us not lose the sense of sin or we will rationalise all our selfishness and wrongness of heart.

Thursdays after 10am Mass. **Sat:** 5-6pm (1st Sat. 10-11am)

SVP MASS AND SACRAMENT OF THE SICK

Wed 6th August, 1.30pm at St Philip Howard Church

A special Mass with the Anointing of the Sick and celebratory Tea afterwards in the Hall.

A big thank you to our wonderful SVP Group who provide confidential and discreet support to many in need in our area. Would you like to join our team? Please contact the SVP on 07435 880 190 for more information.

OUR LADY OF KNOCK - TALK

Thurs 21st August, 3pm St Philip Howard Church

The wonders of Our Lady of Knock first hand from **Fr Tom Grufferty**. Afternoon tea, scones, jam & biscuits provided.

CHRISTIANS TOGETHER IN FAREHAM

"Bright Sparks" Holiday Club 28th July to 1st August

Registration www.farehamchristians.org.uk/holclubreg.php

MASS INTENTIONS If you would like to offer a Mass Intention we still have availability throughout 2025. Please contact the parish office.

Mass Times, Intentions and Locations, including Adoration & Confessions

16th SUNDAY ORD TIME Year C <i>Psalter Week 4</i>	Sat Vigil 19th	6:30pm	Sacred Heart	Joe Vivian RIP
	Sun 20th July	9am	Sacred Heart	Ossie Ellis RIP
		11am	St Philip Howard	Mabel Hundley RIP
		6pm	St Philip Howard	For the People of the Parish
	Feria	Mon 21st July	-	Sacred Heart
Funeral	Tues 22nd July	11am	St Philip Howard	Requiem - Ronnie Gaoua RIP
Adoration	<i>Holy Hour</i>	-	Sacred Heart	<i>Sorry, no Adoration</i>
St Bridget of Sweden	Wed 23rd July	10am	St Philip Howard	Ints. of Peter & Catherine Saul
Feria	Thur 24th July	10am	Sacred Heart	Mgr. Cn. John O'Toole RIP (PACT)
Reconciliation		...after	Sacred Heart	Confessions
Adoration	<i>Holy Hour</i>	7-8pm	Sacred Heart	Holy Hour for Vocations
St James	Fri 25th July	10am	Sacred Heart	Fr. Ray Blake RIP (PACT)
<i>Diaconate Ordination</i>	Sat 26th July	<i>11am</i>	<i>Cathedral</i>	Ints. of Dcn Emmanuel and Dcn Richard
Reconciliation		5-6pm	Sacred Heart	Confessions
17th SUNDAY ORD TIME Year C <i>Psalter Week 1</i>	Sat Vigil 26th	6:30pm	Sacred Heart	For the People of the Parish
	Sun 27th July	9am	Sacred Heart	Ints. of Nicola Leonard (Surgery)
		11am	St Philip Howard	Tom Turnbull RIP
		6pm	St Philip Howard	Peter Aspin RIP
	Feria	Mon 28th July	-	Sacred Heart
Ss Martha, Mary, Lazarus	Tues 29th July	10am	Sacred Heart	Fr. John Lawrence RIP (PACT)
Adoration	<i>Holy Hour</i>	'til Noon	Sacred Heart	Silent Adoration
Feria	Wed 30th July	1.30pm	St Philip Howard	In Thanksgiving
St Ignatius of Loyola	Thur 31st July	10am	Sacred Heart	Tom Turnbull RIP
Reconciliation		...after	Sacred Heart	Confessions
Adoration	<i>Holy Hour</i>	7-8pm	Sacred Heart	Holy Hour for Vocations
St Alphonsus Liguori	Fri 1st Aug	10am	Sacred Heart	<i>Still available...</i>
Confessions	Sat 2nd Aug	10-11am	Sacred Heart	<i>Still available...</i>
18th SUNDAY ORD TIME Year C <i>Psalter Week 2</i>	Sat Vigil 2nd	6:30pm	Sacred Heart	<i>Still available...</i>
	Sun 3rd Aug	9am	Sacred Heart	For the People of the Parish
		11am	St Philip Howard	<i>Still available...</i>
		6pm	St Philip Howard	Ints. of J & R Pettett

PORTSMOUTH VOCATIONS www.portsmouthvocations.org

Contact Canon John at 01329 318 869 or
email: vocations@portsmouthdiocese.org.uk

Please pray for much needed Vocations

*Lord Jesus Christ, Shepherd of souls
who called the apostles to be fishers of men,
raise up new apostles in your holy Church.
Teach them to serve you is to reign; to possess you is to
possess all things. Kindle in the young hearts of our sons
and daughters the fire of real zeal for souls.
Make them eager to spread your Kingdom on earth.
Grant them courage to follow you,
who are the Way, the Truth and the Life;
who live and reign for ever and ever. Amen.*

"Seeker Saturday" 18th October 11am - 3pm

Sacred Heart Hall and Church. *Pray, Decide & Don't Worry.*
Fellowship, Discussions, Mass, Lunch and Adoration.
For those with "that itch". Welcome!

RETRouvaille Catholic ministry - marriages in difficulty.

Do you feel alone? Frustrated, or have you just stopped
talking to each other? No group therapy or group work.
Tel: 07887 296 983 or email: info@retrouvaille.org.uk.

CAFOD SCHOOL VOLUNTEERS NEEDED

Training and all resources provided. Please contact Jo Lewry
jlewry@cafod.org.uk or phone 07710 094 447 for info .

CAFOD are hiring

We are looking for a Community Participation Coordinator
to work in the Diocese of Portsmouth.
Closing date 27 July 2025. See cafod.org.uk/work-with-us

THANK YOU FOR YOUR GENEROSITY

Second Collection - *Stella Maris*. £2,058 to date.

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WORLD DAY FOR GRANDPARENTS AND THE ELDERLY

Sunday 27th July

(closest to Ss Joachim & Anne, Grandparents of Jesus)

The Catholic Grandparents Association has been at the
forefront in campaigning for a greater recognition of
Grandparents for their role and vocation in passing on their
faith to the next generation. Pope Leo writes, "God teaches
us that, in his eyes, old age is a time of blessing and grace,
and that the elderly are, for him, the first witnesses of hope"

PARISH HEALTH AND SAFETY TEAM MEETING

Wed 30th July , 6pm at Sacred Heart Hall

If you have time to offer to support with the completion of
regular health & safety measures in our churches, please
join us at the meeting to find out more!

SUNDAY FUNDAY. Sunday 10th August. Free event!

11am – 1pm, Gateway Church, Fareham

Join us for a day of fun and celebration - Bouncy Castle, Soft
Play, Cake & Drinks, Face Painting. Hot Dogs. Welcome!

**COULD YOU SERVE THE CHURCH AS A TRUSTEE ON
THE DIOCESAN FINANCE COUNCIL?**

Bp Philip is seeking new Trustees to support the delivery of
our 10-year Mission Plan, *You Will be my Witnesses*.

We're looking for people who are passionate about the
Catholic Church and have significant professional
experience, who feel called to offer their time and skills in
service of the Church.

Closing date: Mon 1 September. For info. please contact:
Dcn. Tony Darlison - Secretary to Trustees
email: tdarlison@portsmouthdiocese.org.uk

PARISH FINANCE

Dona Plates Contactless giving made easy Gift Aid optional

Standing Orders Please contact the Parish Office for details.

BACS Transfer Our bank details if you need them are:

CDP Fareham Sacred Heart (Lloyds Bank)

Sort Code 30-93-04 Account 00877744

Cheques Payable to 'CDP Fareham Sacred Heart'

Gift Aid Tax payers are encouraged to contact in confidence at:
farehamgiftaid@portsmouthdiocese.org.uk

Parish Office:	41 Portland Street, Fareham. PO16 ONF Tel: 01329 318 869 Email: farehamportchester@portsmouthdiocese.org.uk www.catholicchurchfareham.org.uk
Parish Clergy:	Cn. John Cooke, Fr. Benedikt Timpe and Dcn Larry Murawski
Parish Administrator:	Mrs Pauline McNamara <i>Parish Office Opening Times:</i> Monday to Friday 09.30-12.30pm
Parish Finance:	farehamgiftaid@portsmouthdiocese.org.uk
Parish Safeguarding:	Stephanie Campbell 07414 685 955. Email: safeguarding.fare@portsmouthdiocese.org.uk
Diocesan Safeguarding:	Ruth Attfield Email: rattfield@portsmouthdiocese.org.uk
Parish SVP Group:	07435 880 190 - Call in confidence, any day between 8am - 6pm
Fareham:	Sacred Heart Church, Portland Street, Fareham, PO16 ONQ St. Philip Howard Church, Bishopsfield Road, Fareham, PO14 1ND
Wickham:	The Chapel of St. Thomas More, Park Place Pastoral Centre, Wickham, PO17 5HA
St Jude's Primary School	Headteacher: Mrs Sarah Wall. Email: admin@st-judes.info Tel: 01329 235 131 <i>Catholic Diocese of Portsmouth - Registered Charity Number 1199568</i>