



## Myth Busting Autism

With Dr Jo Grace from The Sensory Projects  
[www.TheSensoryProjects.co.uk](http://www.TheSensoryProjects.co.uk)



The Sensory Projects



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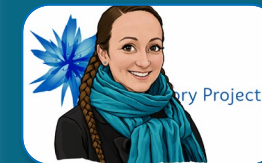
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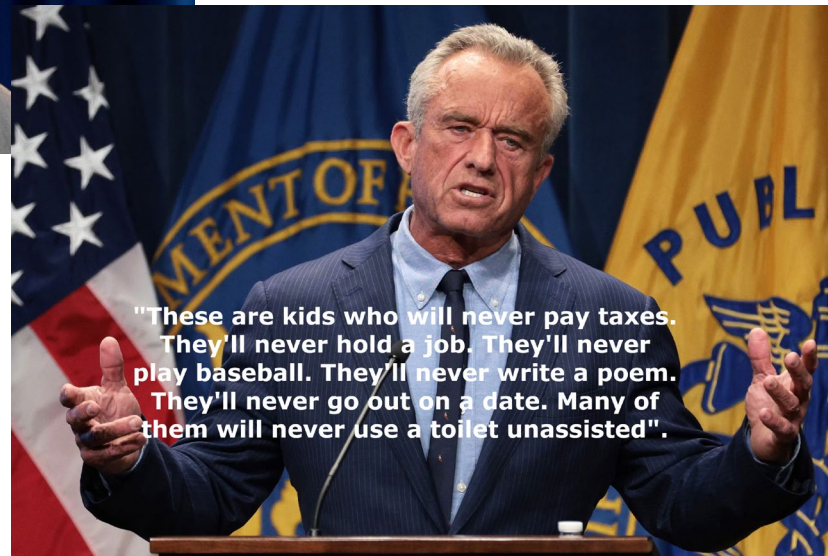


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Massive combined inoculations to small children is the cause for big increase in autism....

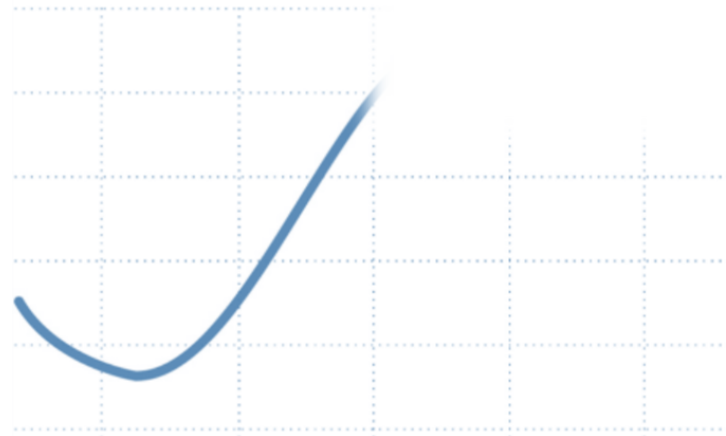
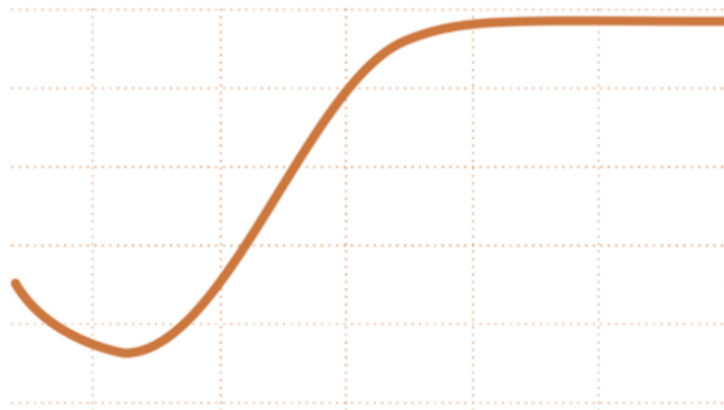
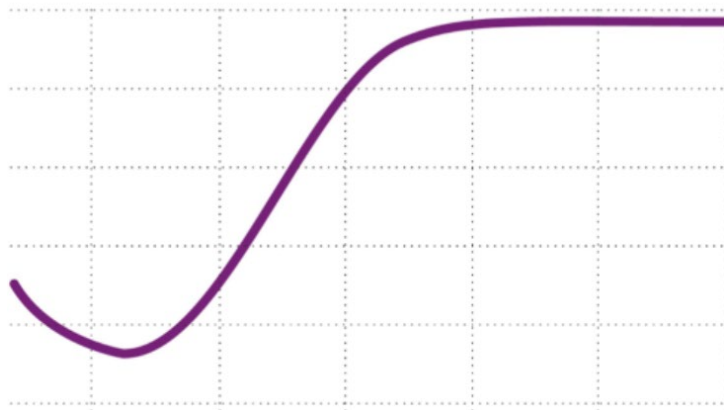


### What is it?

- A terrible disease
- A lifetime of suffering
- An absence of emotion

### What is causing it?

- Vaccines
- Paracetamol
- Circumcision!
- Snowflakes
- Woke folk





Introducing me:

Consultant/ Researcher/ Author/ Teacher

Parent/ Foster Carer/ Friend/ Daughter

Experience/ Eavesdropper/ Geek

Books:

Listed at:

[www.TheSensoryProjects.co.uk/books](http://www.TheSensoryProjects.co.uk/books)

Book Chapters, Magazine articles, Journal Articles:

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- Epigenetic
- 100+/- old genes
- Survival value
- Capacity in context



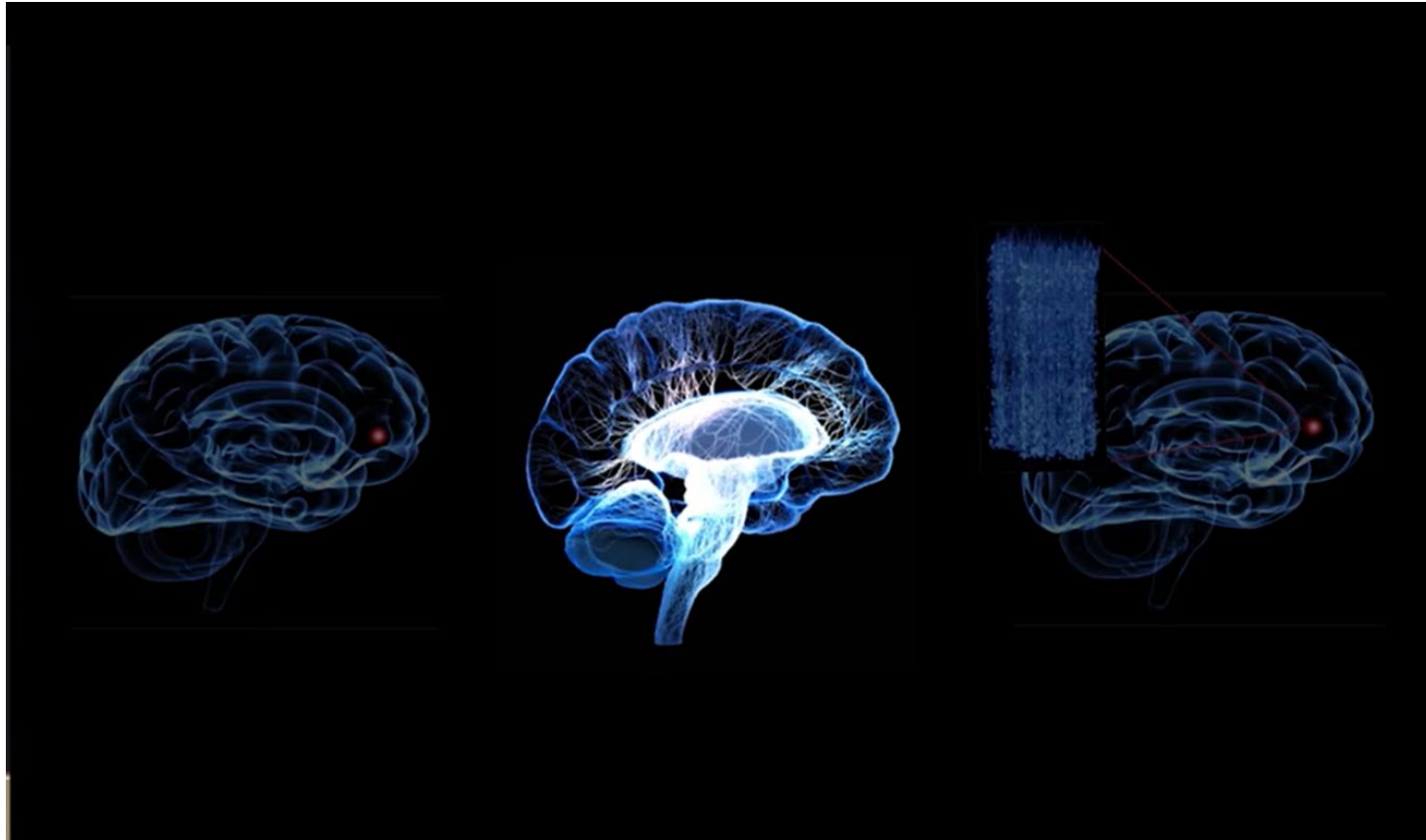
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- Different wiring patterns
- Uniquely unique
- Tartan or....

Scan to access

# 50

strategies  
for supporting  
Autistic people



Neurodiversity is a term coined by to parallel biodiversity, in recognition of the benefits of different neurotypes to the population.

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- Spectrum
- Binary
- Bias

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LISTEN...  
*Is what is observed  
being understood as*  
***Behaviour***  
*or*  
***Being?***

TO OUR NEUROKIN,  
*you are  
respected.  
loved.  
valued.  
embraced.*  
*You are enough.*





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Research informed practical insights presented with humility and humour

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Sharing information and insight, connecting online with families and individuals.



/thesensoryprojects.co.uk/

## More?



The Sensory Projects

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The Sensory Projects' Online College  
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Online study focused on profound disability and neurodivergence

sensorystory@gmail.com

Develop your sensory



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Research

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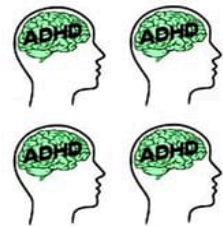
# NEURODIVERGENT v NEURODIVERSE



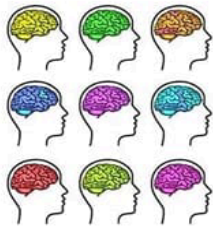
Each of these people is **NEURODIVERGENT**  
(There are lots of ways to be neurodivergent)



This person is **NEUROTYPICAL**



These people are **NEURODIVERGENT**  
but the group itself is **NOT NEURODIVERSE**



This is a **NEURODIVERSE GROUP**



This person is **MULTIPLY NEURODIVERGENT**  
They are **NOT NEURODIVERSE**

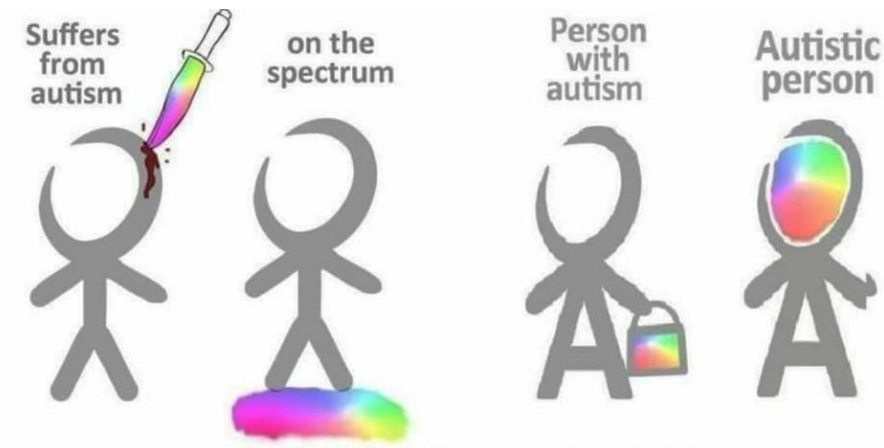
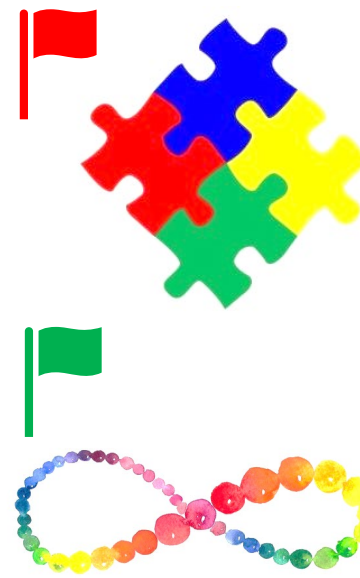
Only a group can be **NEURODIVERSE**

An individual can not.

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## Why it's hard to switch tasks (Let's call it Tendril Theory)

|                                                        |  |                                                   |  |
|--------------------------------------------------------|--|---------------------------------------------------|--|
| When I'm focused on something                          |  | My mind sends out a million tendrils of thought   |  |
| Expands into all of the thoughts & feelings            |  | When I need to switch tasks                       |  |
| I must retract all of the tendrils of my mind          |  | This takes some time                              |  |
| Eventually I can shift to the new task                 |  | But when I am interrupted or must switch abruptly |  |
| It feels like all of the tendrils are being ripped out |  | That's why I don't react well                     |  |
| Please just give me time                               |  | To switch tasks when I'm ready                    |  |



Neurology is not an accessory  
[www.identityfirstautistic.org](http://www.identityfirstautistic.org)

### Neurodiversity 101: Wrong coloured balls!

**Do-IT>**

You can picture someone's challenges like different coloured and different sized balls in a bucket:

Number of balls indicates the severity of the challenge in that area. Some are easier to see!

Have to meet a certain level to 'count' and get a diagnosis for challenges or meet the criteria for services

Different colours indicate different types of challenge, e.g. reading, attention, social, motor, home life, behaviours

This system works well for people with a single colour ball = one area of challenge

Fails people with multiple needs or less well identified needs who *don't quite* meet a criteria = greater support needs

Dyslexia Here are some reading strategies!

Your behaviour is disrupting class - perhaps taking you out of the class is the answer?

Are we failing those with cumulative adversity that impact longer term on their lives?