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BALLOON SINUPLASTY

PATIENT FREQUENTLY ASKED QUESTIONS:

Before Treatment:

Q: Can I eat before the procedure?

A: Patients should not eat food or drink liquids six hours before their FinESS treatment. Water is okay to drink up to two hours before the treatment.

Q: Can I take medicines in the day of the procedure?

A: Yes, with sips of water.

Q: Can I take Aspirin, Coumadin, Ibuprofen, etc?

A: Patients should discuss any discontinuation of medicine with their doctor. If patient's primary physician approves, plan to discontinue medicines using the following guidelines:

- Aspirin – one week prior to treatment
- Warfarin –(Coumadin) – three days prior to treatment
- NSAIDS – three days prior to treatment

After Treatment:

Q: When can I eat food?

A: Patients can resume their normal diet immediately after FinESS treatment

Q: When can I brush my teeth?

A: Patients can brush their teeth immediately after treatment.

Q: What happens if I sneeze?

A: Patients should not blow their nose for one week after treatment. Sneeze through your mouth.

Q: When can I exercise or be physical?

A: Patients should refrain from physical exertion for 24 hours after treatment.

Q: When can I fly, scuba dive, skydive, or parachute?

A: Patients should not fly, scuba dive, skydive, or parachute for 2 weeks, to ensure all swelling secondary to surgery is gone.

Q: When can I take aspirin or other medications?

A: Patients should discuss all medications with their primary doctor. If possible, try not to take Aspirin for one week after treatment. If there is no bleeding after 24 hours, patient's doctor may consider resuming blood-thinning medications.