



Dear Parents,

Attached you will find the snack calendar for the month of September for your child's class. Please note the following important information found on the snack calendar:

1. At the top center, it tells you how many children to plan for in the class.
2. In RED under the month and year, it tells you if there is an allergen in your child's classroom to try to avoid.
3. In the top right corner, it tells you information about Show N Tell for the month. Show N Tell will begin in October. You will see the item to bring for show and tell noted on Thursdays starting in October.
4. Special Events and Birthdays will be noted on the specific dates they fall.

Please plan to provide 2 items. When selecting items to bring please plan to select a fruit/vegetable/dairy and then a cracker/misc item from the list found on the back of this list. Keep this list for reference all school year. Providing two items gives each child a chance to find something they will enjoy. Remember that all items need to be in unopened packages.

If you have any questions, please don't hesitate to ask!

Brightest Blessings,

The Teachers of Christ Memorial Christian Preschool

Please select one snack item from each column for your child's snack day. If you have another idea you would like to bring, we love new ideas, please just check with your child's teacher before your snack day.

List 1: Fruits/Vegetables/Dairy

- Strawberries
- Oranges
- Apples
- Grapes
- Bananas
- Pears
- Berries
- Raisins
- Dried Fruit
- Applesauce
- String Cheese
- Cheese Cubes/Slices
- Yogurt
- Hummus for Dipping Vegetables
- Baby Carrots
- Celery
- Cucumbers
- Cherry Tomatoes
- Sweet Peppers
- Snap Peas

List 2: Crackers-Like Items

- * Goldfish
- * Pretzels
- * Cheez its
- * Graham Crackers
- * Teddy Grahams
- * Snack Mixes
- * Wheat Thins
- * Triscuits
- * Pita Chips
- * Club Crackers
- * Popcorn
- * Pirate Booty
- * Veggie Straws
- * Ritz Crackers
- * Cereal Bars
- * Granola Bars
- * Muffins

Your child will be assigned snack close to their birthday if it is during the school year. You are welcome to send in a small celebration snack for this day. Please remember this item needs to be store bought and a small individual portion.