
Monthly Newsletter

October 2026



Welcome

Welcome to Caraton Commons in Green Bay, where compassionate, assisted living and memory care come together in a warm, welcoming community. Our dedicated team is available 24 hours a day, 7 days a week, providing personalized care and peace of mind for both residents and their families.

At Caraton Commons, we believe every resident deserves to live with dignity, comfort, and independence. Our individualized care plans are designed to meet each person's unique needs while encouraging them to remain as active and engaged as possible.

Residents enjoy comfortable accommodations, delicious home-style meals, enriching daily activities, and meaningful opportunities to build friendships. Whether participating in a favorite hobby, attending an event, or simply relaxing with neighbors, there's always something to look forward to.

Our specialized memory care program provides a safe, supportive environment for those living with Alzheimer's disease or other forms of dementia. With compassionate caregivers and thoughtfully designed programming, we focus on enhancing quality of life while promoting comfort and familiarity.

At Caraton Commons, we're more than just a care community—we're a family. We invite you to discover the warmth, compassion, and exceptional care that make our community a place residents are proud to call home. We would love the opportunity to welcome you for a visit and show you everything Caraton Commons has to offer. Come experience the difference that personalized care, dedicated staff, and a vibrant community can make.

Resident & Employee of the Month

Aaron

Aaron's favorite meal is a comforting plate of spaghetti and meatballs, topped with Parmesan and paired with garlic bread. When it comes to music, you can often find him enjoying Garth Brooks' "Friends in Low Places."

If Aaron could have any superpower, he would choose the ability to fly like a bird and just keep on flying! Of all four seasons, winter is his favorite. He enjoys all of the seasons in Wisconsin, but winter comes first because when you're cold, you can always put on more clothes!

Aaron was born in Green Bay but grew up in Florida with his mother, Sue.

His father's name is Terry, and he has two sisters and two brothers. One of Aaron's fondest childhood memories is spending time with his family at the Eagles restaurant, where they would enjoy lunch and walk around looking at old-time pictures. While living in Florida, his family would also get together once a month for lunch, where they would listen to music and watch others around them.

When asked what advice he would give, Aaron shared, "Don't worry about tomorrow. Worry about today, and take one day at a time."

One of Aaron's favorite things about Caraton Commons is happy hour and the live music. He enjoys the opportunity to listen to music, spend time with others, and enjoy the fun atmosphere!

Bethany

Bethany has been part of our team for two years, and what she enjoys most about her work is making a difference in the lives of her residents and their families.

Bethany grew up in Oconto, Wisconsin, and is the youngest of three children. She has two older brothers and is the only girl. She is also a proud aunt to four beautiful nieces and nephews! Outside of work, Bethany has lots of reptiles and a puppy who is like her child. She also has a special passion for rescuing reptiles and providing them with proper care and a loving home.

Bethany was inspired to pursue healthcare because her mom and dad have worked in healthcare and as first responders throughout her life. In her free time, she enjoys fishing and hunting.

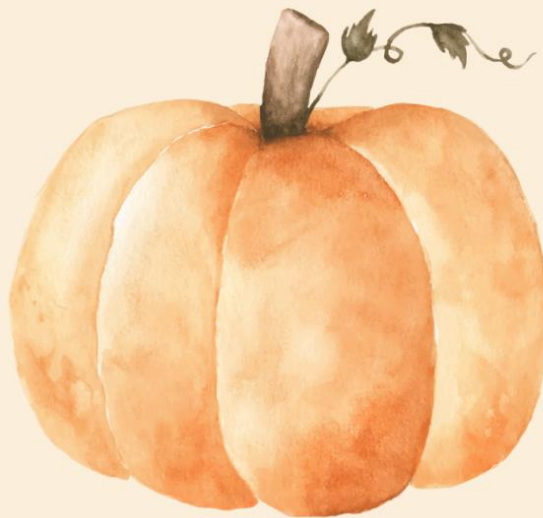
Her advice to her coworkers is to "take everything with a grain of salt" and remember why we do what we do and the difference we make. In 10 years, Bethany sees herself working as a traveling CNA and having a family of her own.

We are so grateful for Bethany and all the compassion and dedication she brings to our residents and their families!



Resident Birthdays

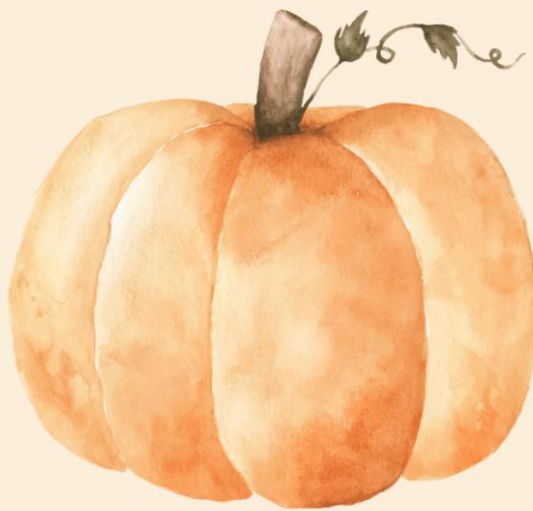
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Employee Birthdays

29TH



Chance

National Days

October 1st

**PUMPKIN SPICE/
HOMEMADE COOKIES
DAY**

October 2nd

**SMARTIES
DAY**

October 5th

**APPLE
BETTY DAY**

October 7th

**FRAPPE/
CHOCOLATE COVERED
PRETZEL DAY**

October 8th

**FLUFFERNUTTER
DAY**

October 14th

**DESSERT
DAY**

October 15th

**CHEESE CURD
DAY**

October 16th

**SPORTS
DAY**

October 20th

**WRITING
DAY**

October 21st

**APPLE
DAY**

October 22nd

**TAVERN STYLE
PIZZA DAY**

October 26th

**PUMPKIN
DAY**

October 27th

**AMERICAN BEER
DAY**

October 28th

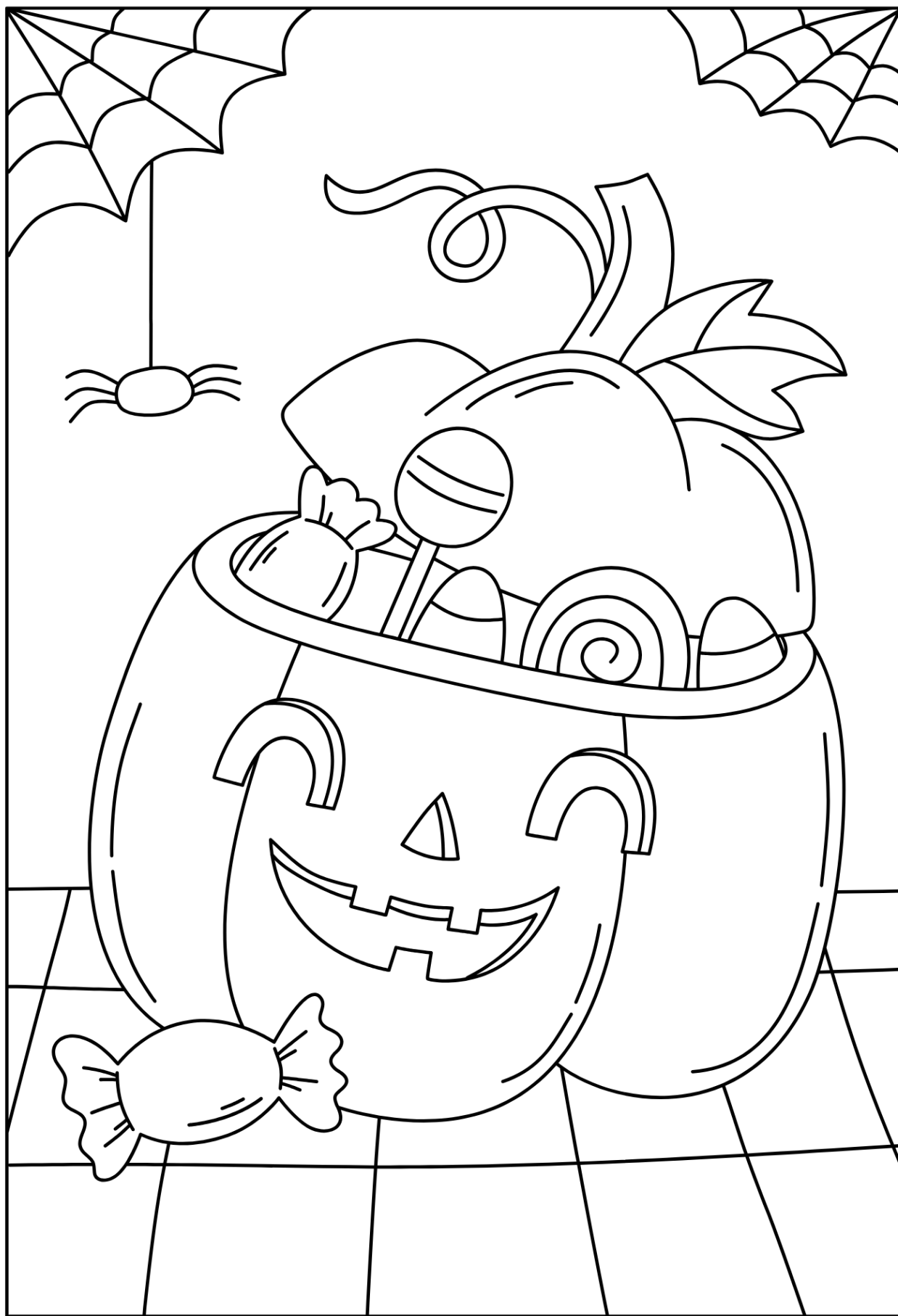
**CHOCOLATE
DAY**

October 30th

**CANDY CORN
DAY**

October 31st

HALLOWEEN





Thank you for reading!

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