Transition to Adulthood Planner

For a young person with Prader-Willi syndrome, planning should begin well before age 18 to avoid disruption to care, treatment, education and benefits.

This planer is designed to ensure that transition into adulthood is as smooth as possible, while enabling you to continue supporting with health, welfare, finances and decision-making where appropriate.

- ✓ **Use this checklist to tick off one job at a time**
- ✓ **Click on each heading to find in-depth information on our website about each topic**

Age 14-15:

☐ **Start talking:** Start discussing hopes, aspirations and what adulthood might look like. Discuss and record your child's hopes, wishes and aspirations for their future.

☐ **Begin a transition folder** containing NHS letters, benefits information, EHCP, Diagnosis reports, Medication list, Social Care information, clinical contacts, National Insurance number

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Age 16:

☐ **Social Care:** Request a transition assessment

☐ **Appointee ship**: Apply to become DWP Appointee for benefits

☐ **PIP/ADP application:** Start filling in PIP/ADP form

☐ **GP: Update consent** to manage health and care appointments

☐ **NHS APP:** Ask GP to link profiles and add proxy access

☐ **Mental Capacity**: read about mental capacity and decision making in PWS

☐ **EHCP:** Include preparation for adulthood in review

Age 17:

☐ **Lasting Powers of Attorney (LPA):** Start drafting forms (if applicable)

Or

☐ **Court of Protection Deputyship** Start application process (if applicable)

☐ **Benefits:** Review changes to Universal Credit, Child Benefit, Council Tax, Carer's allowance and any other benefits you receive

☐ **Bank Accounts:** Read about arranging bank accounts for people with PWS and plan your approach

☐ **Health Referrals:** Ensure referrals to adult care teams are underway from all clinicians

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Age 18:

Review every area:

☐ LPA completed

☐ Benefits arranged

☐ Appointee ship confirmed

☐ GP updated

☐ Adult specialists arranged

☐ Adult Social Care assessment completed

☐ EHCP transition complete

☐ Financial arrangements in place
