



Angels on The Park

Procedure for Capoeira Sessions

Aim

Angels on The Park offers Capoeira sessions as part of our physical activity programme. Capoeira is a Brazilian movement art that combines music, rhythm, play and simple acrobatics in a fun and engaging way.

Capoeira will

- Introduce children to an enjoyable physical activity that supports coordination, strength, balance and confidence
- Encourage teamwork, turn-taking and listening skills
- Celebrate culture, music and creativity through movement

Method

1.Delivery

1.1. Sessions are led by a Capoeira instructor who has:

- A current DBS check
- Relevant insurance

1.1. Experience working with young children Sessions are run by Mini Athletics which is reputable company who run sports sessions for children in east London.

2. Safeguarding

2.1. The sessions take place in the main hall

2.2. The leader is not permitted into the children's bathrooms or Asters' changing area and is accompanied by the Manager or Administrator when traversing around the Nursery.

2.3. The leader will interact with children but not touch them in any way.

2.4. The leader will not manage children's behaviour

2.5. The leader is not counted on any adult to child ratio at any time for any reason

2.6. Minimum ratio requirement is maintained by staff at all times

2.7. Registers are taken to the session by Coordinators and children's leaving times are recorded in the usual way

2.8. Families must inform the setting of any medical condition, allergies or injuries that may affect participation.



Angels on The Park

Procedure for Capoeira Sessions

2.9. First aid will be administered by trained staff if necessary and will we will follow our usual medical procedures in the event of an emergency

3. Organisation of sessions

- 3.1. Practitioners are with children and encourage them to participate and enjoy the session
- 3.2. Children who do not want to participate can play in another part of the space, with adequate supervision, but staff must be vigilant of children being close to the hallway door

4. Children

- 4.1. Children can choose whether or not to participate in sessions
- 4.2. Children who don't wish to participate in the session can play in another part of the play space or, if children become distressed, can play in their base room if ratio levels permit.
- 4.3. Capoeira sessions are holistic learning opportunities for all children and Practitioners should observe, take photos and plan for children in these sessions as they do throughout the day

5. Costs

- 5.1. The cost of the session is included in the fees.
- 5.2. Families who receive funding can opt out. Please contact the Nursery Office for more information.

6. Families

- 6.1. Families are welcome to join the sessions with their child if their child does not attend on the day that the session usually takes place. This must be booked in advance with the Office.
- 6.2. Families are also welcomed to attend and be with their child during the session. This also must be booked with the Office.
- 6.3. Please remember that parents and carers become responsible for their child once they are with them

Policy has regard for:

Theme 1 – Unique Child

- Child development
- Health and safety
- Inclusive practice



Angels on The Park

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Theme 2 – Positive Relationships

- The relationship between staff and children
- The role of parents as partners

Theme 3 – Enabling Environments

- The physical environment
- Children at the centre
- Working with a range of professionals

Theme 4 – Learning and Development

Policy written: December 2025

Reviewed: August 2020