



Healthy Start Breakfast

Choice of One Breakfast combination

Inclusive of Local Coffee, Local tea or cocoa tea, fresh juice, fruit bowl

Healthy Start Continental Breakfast- Choice of hot or cold cereal, 2 boiled eggs, bread basket with local bread and pastries, local jams, jellies and compound butter, yogurt

Grab & Go-

2 bakes with your choice of ONE(1) filling

- Saltfish Accra
- Vegetarian Accra
- Cheese paste
- Tuna fish

OR

Breakfast Quesadilla- Choice of one

- Egg & Cheese
- Vegetarian

Breakfast Bowl- Build your bowl

Base- *choice of one*- Roasted pumpkin, potato, ground provision

Vegetables- *choice of two*- Tomatoes, Cucumbers, Pickled red onions, beans

Proteins- *choice of one*- Eggs, Mushrooms, Bacon

Additional Add-ons

- Sauteed saltfish- US\$8/EC\$22
- Sauteed smoked fish- US\$12/EC\$32
- Shredded chicken- US\$5/ EC\$14

Breakfast plate- Eggs any style, sauteed sausages, baked beans, toast

Pancakes- 3 pancakes

Choice of one

- Plain
- Banana Oat
- Gluten Free Coconut

(Additional pancakes- US\$3/EC\$8)