





TACOS & NACHOS

· Club Sandwich with ham, cheese and egg

• Fish

BLT

- Chicken
- · Ground Beef
- Tofu

BURRITOS

Served with coconut black beans and rice a choice of ground provision chips, OR salad

- Chicken
- Fish
- Tofu and Mushrooms

MEALS

APPETIZERS

- Soup of the day
- Garden Salad
- Cheesy Garlic Bread
- Flavoured wings- Choice of Honey BBQ, Garlic Parmesan or Honey Mustard

ENTREES

- Chicken Alfredo
- Local Lunch of the day

PIZZA (10 IN ONLY)

- Pumpkin & Mushroom
- Pepperoni
- Cheese

