

WINTER
2026

QUARTERLY

NWSLTR

NASHUA CENTER HAPPENINGS FROM DECEMBER TO FEBRUARY !



NEW YEAR, NEW REPS

STARTING THE YEAR STRONG AND STAYING ACTIVE AT THE GYM.

Looking Ahead:

Our Strategic Plan

Celebrating the Season:

With Old and New Traditions

Our Remarkable Person

Meet Craig

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 **Nashua**
CENTER
Where Independence Grows...

FROM OUR EXECUTIVE DIRECTOR

Dear friends,

This winter has certainly reminded us what it means to live and work in New Hampshire. With snow in full force and plenty of cold days, it's been a season that could have slowed things down—but at Nashua Center, it didn't.

Across our programs, there has been a steady rhythm of activity. From everyday routines to new experiences, it's been a full season—one that reflects the energy, commitment, and engagement of the individuals we serve and the staff who support them.

As we look ahead, we're ready to welcome spring and everything that comes with it—longer days, new opportunities, and time spent out in the community.

We're also looking forward to one of our favorite nights of the year, *Taste of the Towns* on May 7. It's always a great opportunity to come together, and we hope you'll join us.

Thank you for being part of the work we do every day.

Warmly,



Emily K. Manire
Executive Director



MISSION

Nashua Center is committed to providing the highest quality of specialized care and support to each individual served while promoting growth in independence.



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Looking Ahead: Our Strategic Plan

Over the past several months, our Board of Directors and leadership team have been focused on what's next for Nashua Center—and how we continue to grow in ways that best support the individuals and families we serve. We're excited to share that our strategic plan for the next three years has been finalized.

This isn't just a plan—it's a forward-looking commitment to where we're headed. Grounded in our mission and shaped by the individuals and families we serve, it reflects a clear and intentional vision for the future.

At its core, the plan focuses on strengthening our programs, supporting and investing in our staff, and building meaningful community partnerships that expand what's possible. It challenges us to think ahead, stay responsive, and continue evolving to meet the needs of those we serve in meaningful and practical ways.

Most importantly, it positions us to keep moving forward—creating more opportunities for independence, dignity, and choice.

There's strong momentum behind this work, and we're looking forward to what's ahead.

If you'd like to take a closer look at where we're headed, we invite you to explore the full strategic plan on our website.

[Strategic Plan 2026 -2029](#)

Be Part of What's Next: Join Our Board of Directors

Nashua Center is looking ahead—and we're inviting new voices to help shape what's ahead.

We're currently seeking individuals to join our Board of Directors and play a meaningful role in guiding the future of our organization. It's an opportunity to stay connected to the community while supporting work that creates greater independence, dignity, and choice for those we serve.

If you've been thinking about getting more involved—or know someone who would be a great fit—we'd love to connect.

[Learn more](#) on our website or reach out to start the conversation.

EMPOWER CHANGE, TRANSFORM LIVES

We invite you to be part of our work in building a more inclusive and supportive community. Your generosity helps sustain the programs and services that empower individuals to grow, thrive, and live with greater independence.

Make a gift today—and take a meaningful step toward lasting impact, brighter futures, and real change.

Visit [NASHUACENTER.ORG](https://www.nashuacenter.org) to make a lasting gift.



SCAN TO DONATE

Celebrating the Season: With Old and New Traditions

The holiday season at Nashua Center gave us a chance to slow down a bit and spend time together.

We started the season with something new—Cookies and Cocoa with Santa for our TCP families. It was a great morning for our youngest clients and their families to come in, enjoy some treats, and take part in something simple and festive. Santa stopped by, which made it even more special. We're hoping this becomes a tradition our little ones can look forward to each year.

Our annual holiday party brought everyone together in a different way. There was plenty of conversation, laughter, and just time to enjoy being in the same space. We enjoyed a meal made by staff—lots of desserts included.

We also added a few fun traditions, including an ugly sweater contest and a lively White Elephant gift exchange, which brought out some friendly competition and a lot of laughs.

Thanks to the support of our community, each client received a gift as part of the celebration.

It was a great reminder of how much these moments matter—and how much they add to the experience of the people we serve.

the

*Magic of the
Holidays!*



#Winter Highlights: Snowy Days Didn't Slow Us Down

It was a true New Hampshire winter—plenty of snow, cold days, and every reason to slow down—but that didn't stop us at Nashua Center. Across our programs, we stayed active, engaged, and made the most of the season.

Planning for Taste of the Towns

While winter was in full swing, so was planning for *Taste of the Towns*. There's a lot that goes into the event, and we're grateful for our board, community partners, and staff who are helping bring it all together. It's truly a team effort, and the momentum is building.

Game Day Energy

Super Bowl brought out a lot of Patriots fans, which made things a little more exciting around here. We'll leave the outcome alone—but the lead-up definitely kept things interesting.

Sweet Treats & Valentine's Crafts

Valentine's Day gave us a chance to mix things up with crafts and baking. There were plenty of sweet treats, but more importantly, it was time spent together doing something hands-on and creative.

A New Set of Wheels

We also welcomed a new van to our fleet, bringing us to 19 vehicles. It's a big addition and helps us continue getting out into the community and where we need to be.

Cooking Up Something Cozy

With all the snow, the kitchen stayed busy. Cooking and baking became part of the routine—trying new recipes, building skills, and enjoying what we made together.

All Things Green

St. Patrick's Day brought a little extra energy—lots of green, themed crafts, and treats to match. It's always nice to have something fun to look forward to during the winter stretch.

Finding Our Pace

Yoga and mindfulness have also become a regular part of our routine this winter. It's been a chance to slow things down a bit—through simple movement, stretching, and breathing exercises. Whether it's building flexibility, focusing attention, or just taking a break from the day, these sessions offer something for everyone and have quickly become something many look forward to.

Watercolor in Action

Our LIFE-OP clients have been hard at work in watercolor classes, creating pieces that will be featured in our *Taste of the Towns* auction on May 7th. There's a lot of talent behind these paintings, and each one tells its own story. Be sure to attend, see them in person, and place a bid on your favorite.

Sing It Out

Music therapy has been a highlight this winter. There's a lot of singing, a lot of talent, and plenty of energy in the room. Every session brings something different—whether it's familiar songs, trying something new, or just getting into the moment. It's a fun, interactive part of the week that keeps everyone involved and always leaves the Center a little more lively.

Taking the Stage

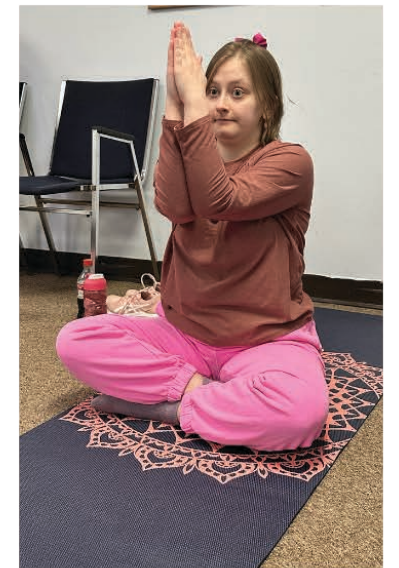
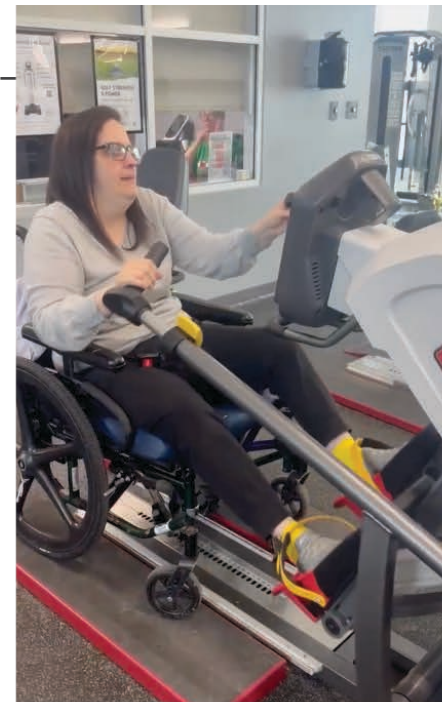
Our LIFE-OP clients had the opportunity to be the opening act for the Nashua Community Music School's annual recital as part of their music therapy work. It was a great moment to

showcase their talent and be part of a larger community event—an experience that made everyone proud.

Staying Active

The cold didn't slow us down—we kept up with regular gym visits, staying active, building strength, and keeping fitness part of the routine.

Even with the snow and colder days, it's been a full and active winter at Nashua Center. From everyday routines to special moments, there's been a lot happening across our programs. It's that mix of activity, engagement, and shared experiences that keeps things moving forward and continues to shape the experience for those we serve.



WINTER VIBES



Support That Moves Us Forward: Strengthening Our Programs and Technology

We're grateful for the recent support from our community and local foundations, helping us continue to strengthen our programs and invest in the tools we rely on every day.

We received a generous \$1,250 donation from the American Legion Riders Chapter 3, who recently held a fundraiser and shared a portion of the proceeds with us. Their support means a great deal to our organization.

We were also awarded two grants focused on technology upgrades. The Madelaine G. von Weber Fund provided \$5,940, and the Samuel P. Hunt Foundation awarded \$9,432—both supporting the purchase of laptops, docking stations, and related equipment.

Together, these grants allowed us to replace outdated laptops that were no longer supported by updates. In total, we were able to bring in 13 new laptops, improving reliability and day-to-day functionality for our team.

These investments may seem behind the scenes, but they play an important role in how we operate—supporting communication, documentation, and the overall delivery of services.

We're thankful for the partners who continue to support this work and help ensure we have the resources needed to move forward.



I'm here to help, reach out anytime for a quote.



Paul Ralston
30 Main St.
Unit 4
Londonderry, NH 03053
(603) 328-3353
Paul.Ralston@ComparisonInsurance.com
Comparisoninsurance.com/paul-ralston



Local agents. **Expert advice.**

Small contributions. Mighty outcomes.

Right now, when you get a quote on auto and home insurance, we'll donate \$10 to Nashua Center for each quote.¹

Offer valid May 01, 2026 to May 31, 2026.



\$10 will be donated for each quote.

No purchase of a policy is necessary. Only one donation will be made per household. Program not available in AK, MA, PA, SD, WI. ME merchant gift card only. Certain discounts apply to specific coverages only. To the extent permitted by law, applicants are individually underwritten; not all applicants may qualify. ©2026 Comparison Insurance Agency, A Liberty Mutual Company. Learn more about our privacy policy at comparisoninsurance.com/privacy-policy. ANP1756090-06 CW 2025/11

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Don't Miss Taste of the Towns: Tickets Still Available

Taste of the Towns is just around the corner on May 7th, and it's shaping up to be a great night. This event brings together local restaurants, community partners, and supporters for an evening of tastings, conversation, and community—all in support of Nashua Center.

Tickets are still available, but they're going quickly. If you've been thinking about joining us, now is the time to secure your spot.

We're also excited to share a special guest appearance by Adrian Pradhan, who will be joining us for a short musical performance during the evening—an added moment to take in something a little different.

And back by popular demand, our own IT Support Specialist, Rich Smiddy, will once again be providing music throughout the tastings, helping set the tone for the night.

It's a night that brings everything together—great food, a strong community, and support for the work we do every day.

We hope to see you there.

SCAN TO RESERVE YOUR SEAT OR VISIT US [ONLINE](#)



Live AUCTION PREVIEW

SNEAK PEEK AT SOME OF THE **INCREDIBLE ITEMS UP FOR BID!**



COSTA RICA PRIVATE HOME STAY

Paradise awaits.



PASTA MAKING NIGHT WITH THE LEADERSHIP TEAM

A night to remember.



RED SOX TICKETS AURA CLUB EXPERIENCE

Great seats. Unforgettable game.



CELTICS TICKETS + VINTAGE WINDBREAKER

A winning combination.

BID BIG. MAKE MEMORIES. MAKE AN IMPACT.

Faces of Nashua Center:



JULIE MOELLER



KAREN VEILLETTE



JORDAN BRASSIL

Each month, Nashua Center recognizes team members who go above and beyond in their roles. These service awards highlight the everyday work that often happens behind the scenes—support that is consistent, thoughtful, and centered on the individuals we serve.

In December, we recognized Julie Moeller for her strong advocacy and dedication to the individual she supports. Julie goes the extra mile to ensure her client stays active and engaged, from planning outings and social opportunities to maintaining strong communication with the care team. Her attention to detail and the trusting relationship she’s built over time reflect the care and pride she brings to her work.

In January, Karen Veillette was recognized for her long-standing commitment to Day Services. With 11 years at Nashua Center and a steady relationship with her client, Karen provides the structure and encouragement that help build routine, independence, and confidence. Her ability to balance warmth with accountability makes a meaningful difference each day.

In February, we recognized Jordan Brassil for her dedication and attentiveness in supporting individuals with complex medical needs. Jordan consistently prioritizes health, safety, and dignity, while taking the time to understand each person she supports. Her professionalism and steady presence are valued by both her colleagues and the individuals in her care.

We’re grateful for Julie, Karen, and Jordan, and proud to recognize the impact they make every day.

“THESE SERVICE AWARD RECIPIENTS REPRESENT THE VERY BEST OF NASHUA CENTER.”



Meet Craig:

Each quarter, we take a moment to recognize someone who stands out in our community—someone whose growth, presence, and impact reflect what Nashua Center is all about. Our Remarkable Person recognition is about more than milestones; it’s about the everyday moments, the progress that builds over time, and the unique qualities that make each person who they are.

We’re proud to recognize Craig Rogers as our Remarkable Person.

Craig has been part of Nashua Center for nearly 14 years, and his story really goes back to the beginning of LIFE-OP. He was our very first student—part of the original vision that came

together with his family, Nashua Center, and Nashua Community College. What started there has grown into a program that now supports more than 25 participants each year. Craig helped show what that could look like from day one.

But what really stands out about Craig is who he is.

He’s someone who likes routine and does well with structure—it’s where you see him at his best. He’s focused, thoughtful, and has a natural curiosity, especially when it comes to computers. He’s quick with technology and enjoys figuring things out, which is something staff always notice.

Over the past few years, he’s been working with Spelling to Communicate (S2C), and it’s been a meaningful part of his growth. It’s a method where he points to letters to spell out what he wants to say, and it’s opened up new ways for him to connect with people. You can see how much that matters to him—he’s engaged, he’s trying, and he wants to keep building on it. His goal is to get to a point where he can type independently on a keyboard and have the computer talk for him and he’s putting in the work to get there.

He’s also made meaningful strides in his independence. While he’s not part of our residential program, he lives independently with support from a provider—something that reflects both his progress and his determination. He’s built a routine that works for him and continues to grow within it, which is something to be proud of.

He also really values staying active. Whether it’s working out, hiking, or just being outside, that’s something he enjoys and sticks with. There’s a consistency to him that carries across everything he does.

Craig has strong relationships with the people around him. He enjoys spending time with staff and is comfortable in those connections—it’s easy, familiar, and part of his routine. Outside of Nashua Center, his family is a big part of his life. He’s close with his parents and siblings, and weekends are often spent together. He looks forward to vacations, especially trips to the beach.

He has his favorites, too—soccer is a big one, and we’re sure he’ll be following the World Cup this year. And when it comes to food, Five Guys is always a favorite choice.

Craig isn’t someone who seeks attention, but over time, he’s made a real impact—both in his own life and in helping shape opportunities for others who came after him. That’s what makes this recognition so meaningful.



Where Independence Grows...

18 Simon Street
Nashua, NH 03060

Ph: (603)883-6163 | Fax: (603)881-7198 | www.NashuaCenter.org

Our Annual **Partner for Impact** program brings together corporate partners who make our work possible. We're grateful for their continued support and shared commitment to inclusion. Join us in building stronger futures—together.

Contact us to learn more: NashuaCenter.org/corporate-partnership

PARTNER FOR IMPACT

The logo for Howden consists of the word "HOWDEN" in a bold, dark green, sans-serif font, set against a light green rectangular background.

The logo for Cross Net Inc. features the words "CROSS NET" in white, bold, sans-serif font, with "INC." in a smaller font below "NET". A red curved line arches over the text.

The logo for Eastern Bank includes a blue circular icon with a white globe-like pattern to the left of the words "Eastern Bank" in a blue serif font. Below this, "CAMBRIDGE TRUST" is written in a red serif font, with "A DIVISION OF EASTERN BANK" in a smaller red font underneath.

The logo for Eversource Energy features the word "EVERSOURCE" in a bold, black, sans-serif font, with a green and blue circular icon between "EVER" and "SOURCE". Below it, the word "ENERGY" is written in a smaller, black, sans-serif font.

The logo for Millyard Bank features a stylized red "m" with horizontal lines below it, followed by the words "millyard bank" in a bold, red, sans-serif font. Below the name, the tagline "powering your success" is written in a smaller, black, sans-serif font.

Thank you FOR MAKING AN IMPACT