

	Monday, Oct. 27	Tuesday, Oct. 28	Wednesday, Oct. 29	Thursday, Oct. 30	Friday, Oct. 31
	Crunchmania Grahams, Craisins, Fruit	Cereal, Applesauce, Fruit	Banana Bread, Craisins, Fruit	Cereal OR Hot Item, Mandarin Oranges, Fruit	Mini Cinnis, Craisins, Fruit
Choice #1	Spaghetti & Meatballs, Roasted Brussel Sprouts, Romaine Lettuce, Fruit	Loaded Nachos, Refried Beans, Corn, Salsa, Fruit	Chicken Nuggets, Fries, Broccoli, Fruit	French Toast & Sausage, Hash Brown Rounds, Melon, Grapes, Fruit	Cheese Pizza, Fries, Baby Carrots, Fruit
Choice #2	Pizza Bagel	Pizza Bagel	Pizza Bagel	Pizza Bagel	Pepperoni Pizza
Choice #3					Chicken Nuggets
• Milk choices may include Skim White, Low Fat White or Fat Free Chocolate. • A PB&J sandwich offered daily, complete with graham crackers and cheese. • A meal includes a minimum of 3 of 5 offered components in an appropriately sized portion and must include ½ cup of a fruit or vegetable. Contact your Resident Director, Daniel Stripp at dstripp@avifoodsystems.com for questions or comments. <u>Grades Pre-8th</u> Breakfast: Served 7:30am to 7:50am Lunch: \$3.10 Extra Milk: \$.75					