Find out more by visiting our website

www.health.qld.gov.au/oralhealth

Queensland Government

HAPPY TEETH Resource Kit

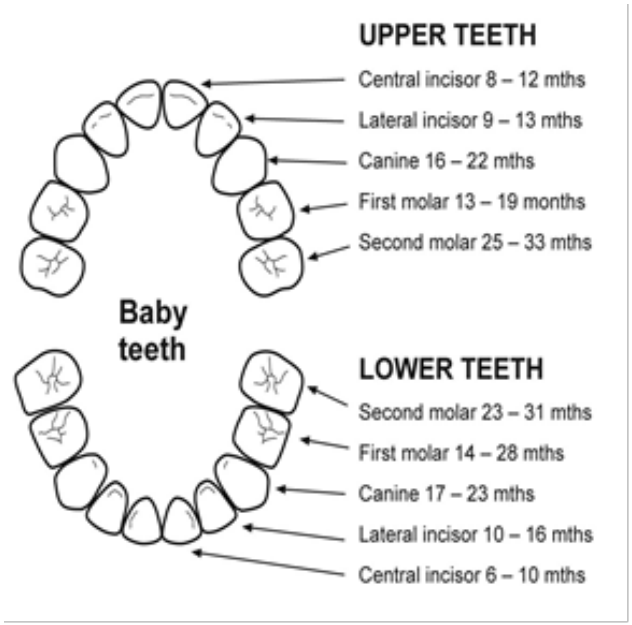
TEETHING



Baby teeth allow children to eat, speak and smile

- Baby teeth first appear at about six months, but this varies between children.
- Children usually have all their baby teeth by 3 years of age.

This is the usual timing of when baby teeth appear:



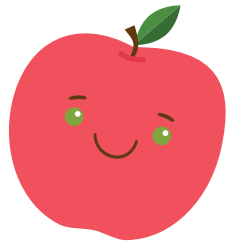
Did you know some baby teeth are in the mouth until children are 12?



Tips to manage teething

Teething may cause discomfort but does not usually cause high fevers. If your child has a fever and/or is ill, seek medical attention.

Mild teething discomfort may be eased by:



- Chewing on chilled teething rings.
- Chewing on crusts of bread, chilled fruits or vegetables (e.g. cucumber, carrot, apple) or sugar and salt free rusks.
- A parent/carer gently rubbing the gums with a clean finger.

Clean teeth as soon as they appear with a small, soft toothbrush. At 18 months, add low fluoride toothpaste to the routine.

