

BAR SNACKS / SIDES

Triple Cooked Chips	VE GF	£4.50
Garlic Bread	VE	£3.50
Garlic Bread with Cheese	V	£4.00
Onion Rings	V	£4.00
House Salad	VE GF	£3.95
Coleslaw	V GF	£3.00
Sweet Potato Fries	V GF	£4.50

TOASTED CIABATTAS

Served between 12 noon and 3pm.

All served with fries and coleslaw.

The Bear Club £9.45

Marinated Chicken thigh with crispy smoked streaky bacon, fried egg, lettuce and a slice of beef tomato, served with homemade sauce in toasted ciabatta.

BLT £9.45

Bacon, lettuce and tomato in a toasted ciabatta.

Fish Finger £9.45

Buttered haddock with homemade tartar sauce and mushy peas in a toasted ciabatta.

Red Pepper and Carrot Humus VE £8.50

Roasted red pepper and a carrot humus in a roasted ciabatta.

GF *All sandwiches available on gluten free bread.*

SALADS

Ey Up Me Duck GF £10.95

A fresh salad with marinated crispy duck, served with a pomegranate and honey lemon dressing.

Hail Caesar GF £9.95

Classic chicken Caesar salad served with homemade croutons and soft-boiled egg and a Caesar salad dressing.

Avo Good Salad VE GF £9.95

A delicious combination of avocado and corn salad served with a blackberry dressing.

Nachos V GF £5.95

Topped with grated cheddar, fresh chillies, guacamole, tomato salsa and sour cream.

Marinated Chicken Skewers GF £5.95

With grilled lemon, chive and garlic mayo.

CHILDREN'S MEALS ALL £6.95

Chicken Tenders

Served with fries and beans or peas.

Fish Fingers

Served with chips and beans or peas.

Sausage and Mash GF

Served with beans or peas.

The Cub Burger

Served with fries and beans or peas.

Pasta La Vista Baby! VE

Pasta, served with garlic bread.

CHILDREN'S DESSERTS

Homemade GF £5.00

Chocolate Brownie

Served with ice cream

Ice Cream GF

Choose from vanilla, chocolate or strawberry.

1 scoop £2.00

2 scoops £2.75

3 scoops £3.50

VE Vegan V Vegetarian GF Gluten Free

GF *Gluten Free Option*

All our meals are freshly prepared in house. Please allow for a wait during busy periods. Most of our dishes can be made gluten free or to suit other allergies, please notify us of any intolerances or allergies upon ordering. Our meals are freshly produced in a kitchen where gluten, nuts and other allergens may be present.

STARTERS

Fresh Homemade Soup CF £4.95

Served with bread and butter.

The Big Cheese V CF £9.95

Perfect to share. Tyme and garlic oven baked Camembert, served with toasted sourdough bread.

Golden Balls V £6.95

Tomato and mozzarella arancini, served with a homemade cayenne pepper mayo.

The Drunken Tiger £6.95

Crispy tiger prawns with a lime and tequila mayo.

'Not just for Christmas' Terrine CF £5.95

Our own recipe ham hock & chicken terrine glazed in port jelly with cranberry compote, served with toasted sourdough.

Squids'in £6.95

Deep fried calamari in homemade cider batter, these calamari rings are deliciously served with a homemade tartar sauce.

DAILY SPECIALS

Pasta dish of the Day £11.95

Pie of the Day £13.95

Served with mash potato or chips, vegetables and gravy. The pie filling and pastry style changes daily.

Curry of the Day £13.95

Homemade medium spiced curry, served with basmati rice, naan bread, poppadom, and mango chutney.

DESSERTS ALL £6.95

*Thanks for pudding up with me... now for dessert!
All served with ice cream, cream or custard*

Homemade Chocolate Brownie CF

Homemade Fruit Crumble

Cheese Board £8.95

Daily Dessert Specials

Each day our chef prepares fresh homemade desserts. Please see dessert board.

MAINS

Oh What a Catch £14.95

Freshly battered white fish served with chips, lemon wedge, homemade tartar sauce and mushy peas.

Show us ya Sausage! CF £11.95

Locally sourced sausages with a creamy mash and caramelized onion.

The Bear Burger CF £14.95

Our own recipe homemade beef burger, served in a toasted bun with homemade burger sauce, cheese, lettuce and a slice of tomato served with, chips and coleslaw.

You're the Apple of my Rib-Eye CF £18.95

Marinated rib eye steak cooked to your liking served with chips, peas, grilled tomato and mushrooms and a homemade gravy.

They Found a Pulse! VE £12.95

Delicious lentil burger served in a toasted vegan bun with homemade burger sauce served with chips and vegan coleslaw.

Alotto-Risotto CF £12.95

Creamy chicken and spinach risotto with parmesan and rocket.

So-Fish-Ticated CF £15.95

Pan fried sea bass fillet, served with garlic rosemary new potatoes, tomatoes and salsa.

Reet Good Beef Lasagne £13.95

Beef lasagne, served with a side salad and garlic bread.

V-Edgy Lasagne V £12.95

Vegetable Lasagne, served with a side salad and garlic bread.

Bangin' BBQ Ribs CF £13.95

Slow cooked BBQ pork ribs with homemade coleslaw and chips.

Auber-Genius CF V £12.95

Grilled aubergine crammed full of roasted vegetables, goat's cheese and grilled asparagus.