

NEWSLETTER



Sussex
Digital
In-Reach
Team

Supporting Care Providers in Sussex

Welcome to The Sussex Digital Team Newsletter. We hope you find the information here helpful as you explore and grow your digital journey within your care setting. QR codes and website links are available in this newsletter to enable you to access more information.

NEW MANDATORY QUESTIONS ON DSPT FOR 2025-26

The NHS Data Security and Protection Toolkit (DSPT) has been refreshed for 2025/26. While this year's update isn't as extensive as last year's major overhaul, it still brings important refinements—especially for Category 3 organisations, such as smaller digital health companies.



The latest edition of the Data Security and Protection Toolkit (DSPT) is now live.

It includes two additional mandatory questions which adult social care providers need to answer in order to reach Standards Met.

If you are completing or updating your DSPT, you will notice that there are now 45, not 43 questions that you must answer.

The new mandatory questions are:

4.3.1 Have all the administrators of your organisation's IT system(s) signed an agreement to hold them accountable to higher standards?

The people within your organisation who are IT system administrators may have access to more information than other staff. Therefore, they need to be held accountable in a formal way to higher standards of confidentiality than others.

7.1.1 You have an asset register detailing your organisation's hardware, software and data, which is kept up to date.

This is a list of the devices and computer software your organisation uses which has been reviewed in the last twelve months.

There are also some minor changes to the wording of other questions.

New DSPT Changes for 2025-26

The Digital Care Hub are holding a webinar on the DSPT changes on 1st October



Wednesday, 1 October
New DSPT Changes for 2025-26
By Digital Care Hub

BOOK NOW

Join us for a session where we will look at the new changes that will come into place for the new Data Security and Protection toolkit (DSPT) for the 2025-26 year.

We will run through any changes to questions, new questions, new wording and we will have time for Q&A.

For further information visit the DSPT pages on [**digitalcarehub.co.uk**](https://digitalcarehub.co.uk)



Following research that identified a gap in high-quality data protection and cyber security eLearning for the social care sector, Digital Care Hub developed two free courses specifically for care providers.

The first course, launched in December 2023, designed for all staff **eLearning - Staff**

The second, released in January 2025, tailored for Data Protection Leads **eLearning - Data Protection Leads**

To ensure our training continues to meet the needs of the sector, we're inviting all CQC-registered care providers to complete a short survey. Your feedback will help us shape our courses to ensure they are both relevant and useful. This survey should take no longer than 5-10 minutes to complete. All responses will be used anonymously.

Complete Survey Here!!



COMING SOON - NOVEMBER 2025!!

Your Free Cyber & Data Healthcheck



Keeping information safe is a legal, regulatory and contractual requirement. But are you confident that your data protection and cyber security arrangements and practices are up to scratch?

We're offering a **FREE Data Protection and Cyber Security Healthcheck** to help you verify that your organisation is not only meeting the requirements but also embedding these practices into your daily operations.

We are part of the government-funded Better Security, Better Care programme so you can be sure that our advice and support is up to date with current requirements.

What's in it for you?

- **In-Depth Assessment:** Our experts will review what policies and procedures you have in place, and what you're actually doing in practice.
- **Boost Security Confidence:** Get actionable insights to strengthen your data protection and cyber security measures.
- **Confidential report:** We will identify areas that can be improved and signpost you to support.
- **CQC Recognition:** The health check provides evidence that can be used to demonstrate proactive efforts in data security and working in partnership, which can support your CQC inspection and potentially help you achieve higher ratings, including "Outstanding."

Book your free Health check today before the rush!!

nada@sussexdigitalteam.co.uk



DSPT 1:1 SUPPORT SESSIONS

Did you know that we offer a completely FREE DSPT service to all CQC registered Care services?

Whether you are an individual establishment or a group chain, we can support you and your team with your Data Security Protection Toolkit (DSPT)

DSPT or Data Security and Protect Toolkit is an annual online self-assessment of your organisations data and cyber security arrangements.

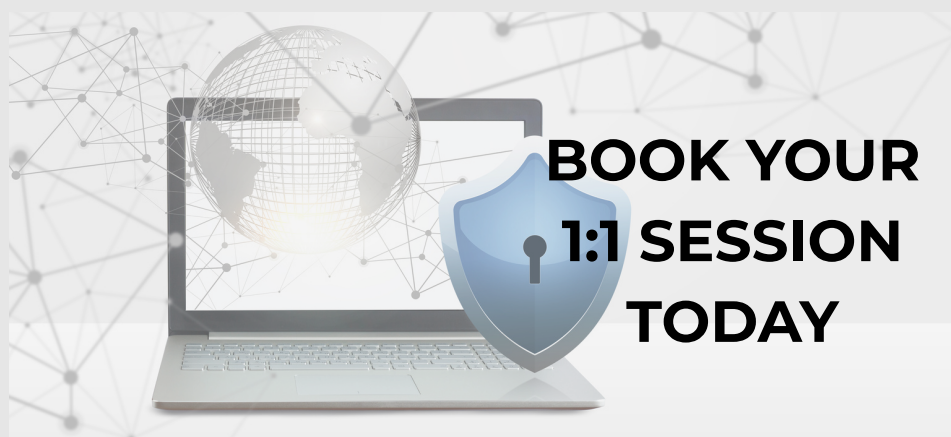
It demonstrates compliance with 10 data security standards and the Data Protection Law but completing your DSPT does a lot more than that.

It is your gateway to the future.

The DSPT opens up opportunities for your service to:

- Share information digitally across health and care networks
- Be part of projects that allow care services to directly access NHS patient information systems, for example, GP records and shared care records
- Save you and your staff time and therefore improve the quality of care for the people you support.

Central and local government bodies, local authority and CCG commissioners, the Care Quality Commission and the National Data Guardian recognise The Toolkit as the official tool to evaluate care providers' compliance with legal requirements, Data Security Standards and good practice.



IF YOU NEED TO REPUBLISH JOIN US ON

FRIDAY 24TH OCTOBER

INTERACTIVE WORKSHOP: REPUBLISH YOUR DSPT

REPUBLISH YOUR DSPT, AUDIT YOUR ANSWERS, ASK
QUESTIONS, AND ACCESS IN-DEPTH SUPPORT



ONLINE SAFETY FOUNDATIONS

**AN INTERACTIVE WORKSHOP GUIDING SOCIAL CARE PROFESSIONALS
THROUGH PRACTICAL CYBER SECURITY STEPS WITH HANDS-ON
DEMONSTRATION**



ONLINE SAFETY AND CYBERSECURITY ARE CRITICAL IN SAFEGUARDING INDIVIDUALS AND ORGANIZATIONS FROM A WIDE RANGE OF DIGITAL THREATS, INCLUDING FRAUD, IDENTITY THEFT, AND DATA BREACHES. THESE MEASURES ARE ESSENTIAL FOR PROTECTING PERSONAL INFORMATION, FINANCIAL ASSETS, AND DIGITAL INFRASTRUCTURE.

A STRONG FOUNDATION IN ONLINE SAFETY IS CRUCIAL FOR INDIVIDUALS TO NAVIGATE THE INTERNET RESPONSIBLY AND SECURELY. EQUALLY, ROBUST CYBERSECURITY FRAMEWORKS ARE IMPERATIVE FOR BUSINESSES AND GOVERNMENT ENTITIES TO PRESERVE OPERATIONAL INTEGRITY, UPHOLD CUSTOMER TRUST, AND ENSURE COMPLIANCE WITH REGULATORY STANDARDS.

• **JOIN US ON TUESDAY 7TH OCTOBER FOR OUR INTERACTIVE
WORKSHOP AND HANDS ON DEMONSTRATIONS** •

- During this session, we will provide detailed explanations and practical demonstrations on how to do the following:

- - Set up multi-factor authentication
 - Track and wipe content remotely from mobile devices
- - Encrypt your devices
 - Change passwords on networking components such as routers, switches, hubs, and firewalls
- - Set up private browsing
 - Assess and strengthen your passwords
- - Optimise your device performance
 - Back up data and conduct thorough testing to ensure its integrity.
- - Spot scams and phishing emails,
- Please have your devices ready to follow along as we guide you through each practical step. This is an interactive workshop, so
- you'll have the opportunity to apply what you learn in real time, ask questions if you get stuck, and ensure you leave with the
- confidence to implement these essential security measures.



COMMUNICATION AT WORK - ONEDRIVE

GETTING THE BEST OUT OF ONEDRIVE - ONE HOUR. INTERACTIVE WORKSHOP FOR SOCIAL CARE



Join us in this one-hour practical workshop is designed specifically for people working in social care, helping you use OneDrive with confidence to stay organised, share files securely, and work more efficiently.

WHAT YOU WILL LEARN:

- How to save and organise files in OneDrive
- Sharing documents securely with colleagues and partners
- Setting permissions and understanding who can see your files
- Accessing documents from anywhere (and on any device)
- Collaborating in real time on Word, Excel or PowerPoint files
- Tips for avoiding common mistakes (like losing track of versions)



DIGITAL OFFICE SKILLS - OUTLOOK

A HANDS-ON WORKSHOP FOR SOCIAL CARE STAFF TO LEARN PRACTICAL OUTLOOK SKILLS. BRING YOUR LAPTOP & WORK ALONG WITH THE TRAINER

Join us in This one-hour practical workshop is designed specifically for people working in social care, helping you build confidence and save time with Outlook.

👉 Please make sure you join the workshop with your **laptop** and that **Outlook is open and ready to use**. This is a practical, hands-on session.



WHAT YOU'LL LEARN:

- How to write and send clear, professional emails
- The difference between To, Cc and Bcc (and when to use them)
- Keeping your inbox organised with folders, flags and search tools
- Scheduling appointments and meetings in your calendar
- Adding attachments, agendas and notes to meetings
- Simple shortcuts and tricks to save you time every day



FREE EVENTS THIS MONTH

Don't forget to book onto our FREE online events this month. Use the QR codes to go straight to each booking page.

eventbrite



Friday, 17 October
Practical IT Skills Workshop
- IT Systems and Devices

A hands-on workshop
exploring essential IT skills
for cyber and data security to
safeguard your digital world.



Tuesday, 21 October
Getting to Grips with ROPA and
Information Asset Registers

Join us if you want to learn more
about your legal obligations as a
care provider under The General
Data Protection (GDPR).



Thursday, 23 October
Artificial Intelligence and
CQC AI Strategy

Exploring what AI and CQC's
early thinking could mean for
social care



Thursday, 30 October
Republish your DSPT in your
lunch hour

Republish your DSPT to
standards met in your lunch
hour.

Book!
Now!



Book!
Now!

OTHER UPCOMING EVENTS....



Wednesday 8th October

Evidencing CQC safe and effective staffing through workforce planning

A targeted seminar for CQC-regulated services, designed to support workforce planning and help meet key areas of CQC assessment focus effectively.



Tuesday, October 14

LAUNCH: Free Policy Builder Tool for Care - Build a BYOD Policy.

Launching the free BYOD Policy Builder! Join our webinar to create tailored policies, save time and boost security in care.



Thursday, October 23

Green Code, Clean Conscience: Tackling AI's Environmental Impact

Examine the environmental impact of AI technologies and how to mitigate them.

FLU AND COVID-19 SEASONAL VACCINATIONS

We are urging eligible residents to take up the offer of vaccinations as soon as they're able to ensure protection ahead of the peak winter virus season.

The flu vaccine is now being offered to children aged 2 to 3 years, all school-aged children from Reception to Year 11, and children with certain long-term health conditions.

Vaccinations for children will take place at their GP practice, in school, or at a local community clinic.

Pregnant women will be offered the flu vaccine at maternity appointments but can also choose to book at their GP practice or local pharmacy.

The NHS National Booking System is now open for all other eligible individuals to book their winter flu and Covid-19 vaccinations, with appointments starting from Wednesday 1 October.

This year, Covid-19 vaccinations are available to adults aged 75 and over, older adult care home residents, and people who are immunosuppressed.



OTHER UPCOMING EVENTS....**EAST SUSSEX CARE AWARDS 2025**

We're delighted to announce the return of our Annual Care Awards & Dinner, taking place on Thursday 13th November 2025 at the East Sussex National Hotel, Golf Resort & Spa. This special evening celebrates the dedication and impact of our amazing local care workforce, with 12 award categories including Care Newcomer of the Year, Care Leadership Award, and Outstanding Unpaid Contribution to Social Care.



Nominations are now CLOSED, with finalists announced in September.

We're thrilled to welcome renowned host Joe Fisher as our MC — bringing over 20 years of experience from events including the 2012 Olympics and London Marathon. Our special guest and other distinguished sector figures will be announced soon.

MIKE DERRICK, CHAIR OF EAST SUSSEX PARTNERS IN CARE, SAYS:

“LET’S MAKE IT A NIGHT TO REMEMBER AS WE CELEBRATE THE INCREDIBLE COMMITMENT OF OUR CARE COMMUNITY. HUGE THANKS TO OUR SPONSORS FOR MAKING IT POSSIBLE.”



FACEBOOK

Did you know that we have our very own Facebook page?

We post daily our FREE event links, relevant news and other exciting media.

Follow our page using this QR code to keep up to date.



We are almost at 200 followers and would really appreciate you taking these few steps to help us grow

- Follow our Facebook page
- Like our posts
- Share our posts
- Share our page with other Carers and Care Homes



FOLLOW US NOW AND SHARE OUR PAGE WITH OTHERS

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