

Autumn Menu Week 1 (Week beginning 8th December 2025)

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast	<u>Weetabix, Special Flakes & Milk</u> (Gluten)	<u>Weetabix, Special Flakes & Milk</u> (Gluten)	<u>Weetabix, Special Flakes & Milk</u> (Gluten)	<u>Weetabix, Special Flakes & Milk</u> (Gluten)	<u>Weetabix, Special Flakes & Milk</u> (Gluten)
Snack	Fruits Apple, Banana, Pear, Orange	Fruits Apple, Banana, Pear, Orange	Fruits Apple, Banana, Pear, Orange	Fruits Apple, Banana, Pear, Orange	Fruits Apple, Banana, Pear, Orange
Lunch	Chana Masala (SO2)	Coco mango chicken curry (SO2)	Fruity lamb Moroccan stew (SO2)	BBQ bean chilli with caramelised onion gravy (SO2)	Swish fish pie (SO2, milk)
Special Diet Lunch	Cowgirl Millie's sweet potato Chilli (SO2)	Butternut and apricot cous cous (SO2)	Red pepper and sweet potato tagine (SO2)	BBQ bean chilli with caramelised onion gravy (SO2)	Farmers veggie's stewed veggies (SO2)
Side Dish	Peas	Couscous	Rice	Peas	Rice
Dessert	Braised apples with raisins	Yoghurt (milk)	Poached pears	Watermelon slices	Pear crumble
Afternoon Tea	Mascarpone pasta (SO2, milk)	Squash and chickpea curry (SO2)	Corn mac n cheese (SO2, milk)	Cheesy Beef Bolognese pasta (SO2, milk)	Italian bean stew (SO2)
Special Diet Tea	G f pasta & red pepper and butternut squash (SO2)	Squash and chickpea curry (SO2)	Sweet potato dhal (SO2)	Veggie roast (SO2)	Italian bean stew (SO2)

Sulphur Dioxide (SO2)

SPECIAL DIET LUNCH/TEA - VEGETARIANS, VEGANS AND CHILDREN WITH SPECIAL DIET REQUIREMENT