

Autumn Menu Week 3 (Week beginning 26th of October 2026)

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Breakfast	<u>Weetabix, Special Flakes & Milk</u> (Gluten)	<u>Weetabix, Special Flakes & Milk</u> (Gluten)	<u>Weetabix, Special Flakes & Milk</u> (Gluten)	<u>Weetabix, Special Flakes & Milk</u> (Gluten)	<u>Weetabix, Special Flakes & Milk</u> (Gluten)
Snack	Fruits Apple, Banana, Pear, Orange	Fruits Apple, Banana, Pear, Orange	Fruits Apple, Banana, Pear, Orange	Fruits Apple, Banana, Pear, Orange	Fruits Apple, Banana, Pear, Orange
Lunch	Chicken Tikka Masala (SO2)	Italian bean stew (SO2)	Fruity lamb Moroccan stew (SO2)	Veggie hotpot (SO2)	Squash & chickpea curry (SO2, milk)
Special Diet Lunch	Veggie Malaysian Curry (SO2)	Italian bean stew (SO2)	Cowgirl Millie's Sweet potato chili (SO2)	Veggie hotpot (SO2)	Squash & chickpea curry (SO2)
Side Dish	Quinoa	Couscous	Quinoa	Peas	Couscous
Dessert	Baked oats (Gluten)	Braised apples (Gluten)	Apple crumble	Watermelon slices	Poached peaches
Afternoon Tea	Chana Masala (SO2, milk)	Beef Bolognese pasta (SO2)	Homemade Baked Beans with Jacket Potatoes (SO2)	Toni's tomato pasta (SO2, milk)	Cajun Salmon (SO2)
Special Diet Tea	Chana Masala (SO2)	Red pepper with gf penne (SO2)	Homemade Baked Beans with Jacket Potatoes (SO2)	Toni's tomato pasta (SO2)	Mushroom barley risotto (SO2)

(SO2) --Sulphur Dioxide

SPECIAL DIET LUNCH/TEA - VEGETARIANS, VEGANS AND CHILDREN WITH SPECIAL DIET REQUIREMENT