

The Bowlo

BUNDABERG

Restaurant Open

11.30am to 2.00pm Tuesday to Sunday | 5.30pm to 8.30pm Tuesday to Sunday

Seafood Country of Origin Key

Australian **A** Mixed **M** Imported **I**

Dietary Requirements and Requests

Gluten Free **GF** Dairy Free **DF** Vegetarian **V**

For gluten free, vegetarian, plant-based and dairy free dietary requirements and requests, please see our friendly service and chef teams. We will prepare a special meal for you.

LIGHTS & BREADS

Garlic Bread 8.0
Add Gluten Free **GF** 1.0
Add Cheese 2.5
Add Bacon 3.5

Southern-Fried Chicken Tenders 14.9
Served with Frank's buffalo sauce and kewpie mayonnaise dipping sauce.

Sambal King Prawns **A** **DF GF** 17.9
Fried in a chili sambal sauce on a bed of steamed jasmine rice and charred lime.

Soup of the Day **GF** AVAILABLE 7.9
Served with a warm dinner roll and butter.

KIDS

For kids 12 years and under.

Chicken Nuggets 14.5
Served with chips and salad.

Whiting Bites **A** 16.5
Served with chips and salad.

Beef Cheeseburger **GF** AVAILABLE 15.9
Served with chips.

Banger & Mash **GF** AVAILABLE 10.9
Thick pork sausage served with creamy mashed potato and gravy.

SALADS

Caesar 14.9
Fresh cos lettuce, grilled bacon and parmesan cheese, finished with a soft poached egg, crispy garlic croutons and chef's own Caesar dressing.

Add Chicken 6.5

Add Prawns **A** 16.5

Warm Asian Beef & Crispy Noodle 18.9
Served with avocado, cherry tomatoes, roast peanuts and a sweet soy dressing.

PIZZAS

Add **GF** base 5.0

Smokey BBQ Meat Lovers **GF** AVAILABLE 23.9
Charred beef, chicken, bacon, pepperoni, pulled pork and mozzarella mix on a smoky barbecue base.

Grilled BBQ Chicken **GF** AVAILABLE 22.9
Grilled herbed chicken breast and chorizo on a smoky barbecue base, drizzled with roast garlic aioli.

Garden Lovers **V** 20.9
Roast pumpkin, mushroom, olives, capsicum, cherry tomatoes, baby spinach and mozzarella mix on a rich tomato base.

BURGERS

Add **GF** bun 3.0

Steak Sandwich **GF** AVAILABLE 25.9
Charred rib fillet and crispy bacon, served with lettuce, tomato, caramelised onion and house-made tomato relish, then finished with smoky barbecue sauce on cheesy thick Vienna toast. Served with a side of chips.

Chicken, Bacon & Avo **GF** AVAILABLE 22.9
Crumbed chicken breast, bacon, avocado, tomato, lettuce, sweet chili sauce and sour cream on a cheesy milk bun with a side of chips.

Char-Grilled Beef & Bacon **GF** AVAILABLE 23.9
Served with onion rings, American cheese, tomato, lettuce, pickles and a smoky barbecue sauce on a toasted milk bun and side of chips.

PASTAS

Creamy Fettuccini Carbonara **V** AVAILABLE 17.9
Smoky butcher's bacon, egg and cracked black pepper in a creamy parmesan sauce.

Add Chicken 6.5

Add Prawns **A** 16.5

Add Mushroom **V** 4.9

King Prawn Fettuccini **A** 27.9
Served with fresh tomato, chili, olive oil, fresh basil and shaved parmesan.

169B George St, Bundaberg West Qld 4670 | P: 07 4151 4217

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Mains & Grill

300g Rump MSA 100 Day Grain-fed
from Biggenden Meats **DF GF AVAILABLE 29.9**
Served with chips, salad and choice of sauce.

250g Eye Fillet MSA Minimum
120 Day Grain-fed **DF GF AVAILABLE 47.9**
Served with chips, salad and choice of sauce.

Roast of the Day

Large	DF GF AVAILABLE 21.9
Small	DF GF AVAILABLE 16.9

Served with roast vegetables, steamed vegetables and a rich gravy.

Local Ginger Beer-Glazed
Pork Belly **GF AVAILABLE 32.9**
Topped with chili, ginger half shell scallops.
Served on a fresh Asian style slaw with crunchy noodles and roast peanuts.

Australian Reef Fish **A DF GF AVAILABLE 27.9**
Choice of crumbed, battered or grilled.
Served with chips, salad, tartare and lemon.

Queensland Whiting **A 19.9**
Crumbed in-house and served with chips and salad.

Seafood Basket **M 35.9**
Local crumbed king prawns, Australian battered snapper, salt and pepper calamari, chips, salad, tartare and lemon.

Chicken Parmigiana

Large	29.9
Small	22.9

Crumbed chicken breast topped with rich tomato sauce, smoked leg ham and mozzarella. Served with chips and salad.

Chicken Schnitzel

Large	22.9
Small	15.9

House-crumbed chicken breast, served with chips and salad.

Bangers & Mash **GF AVAILABLE 15.9**
Thick pork sausages served on creamy mashed potato and peas, finished with rich gravy.

SIDES & TOPPERS

Creamy Garlic Prawns A	GF 17.9
Salt & Pepper Calamari I	6.0
Onion Rings	11.9
Chips	Small 6.0
	Large 10.0
Wedges	Small 6.0
	Large 10.0
Sweet Potato Wedges	Small 12.0
	Large 17.0
Mashed Potato	GF 6.0
Side Salad	GF V 6.0
Roast & Steamed Vegetables	GF V 8.0
Sauce	GF V 3.0

Gravy, smoky barbecue, mushroom, pepper, Diane or garlic.

SANDWICHES & WRAPS

Sandwich or Wrap – toasted or fresh **GF AVAILABLE**

One meat with two toppings	9.5
One meat with three toppings	10.5
One meat with the works	12.5
Add Chips	3.5
Add Another Meat	2.0
Add Another Topping	1.0

Meats	Toppings	Spreads
Grilled chicken	Tasty cheese	House-made
Leg ham	Avocado	tomato chutney
Roast of the day	Tomato	Mustard pickles
	Lettuce	Mayonnaise
	Cucumber	Aioli
	Grated carrot	Ranch
	Beetroot	
	Baby spinach	
	Fresh onion	
	Pineapple	

HOT & COLD BEVERAGES

Coffee	Cup	Mug
Flat White	5.0	5.5
Latte	5.0	5.5
Cappuccino	5.0	5.5
Long Black	5.0	5.2
Espresso	4.8	
Chai Latte	5.0	5.5
Dirty Chai Latte	5.5	6.0
Mocha	5.5	6.0
Affogato	6.0	
Vienna	5.0	5.5
Hot Chocolate	5.0	5.5
Tea	Cup 3.7	Mug 4.0
Regular, English Breakfast, Earl Grey, Lemon & Ginger, Peppermint, Green or Chamomile		
	Pot for 1 4.2	Pot for 2 5.3
Syrups - Caramel, Vanilla or Hazelnut		0.7
Milk - Soy, Lactose Free, Oat or Almond		0.8
Milkshake	Small 6.5	Large 7.5
Chocolate, Vanilla, Strawberry		

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