





GSCY Storm Parent Committee Leadership Meeting Minutes

May 16, 2023 at 7:30 PM Zoom Teleconference

Member	Position	Term	Present	Excused
Lauren Barnicle	Chair	22-24	X	
Melissa Thompson	Vice-Chair	22-24	X	
Kim Lamont	Finance Liaison	22-24		X
Myra Supetran	Secretary	22-24	X	
Kate Russo	YMCA Liaison		X	
Mary Korey	Head Coach		X	
Marissa Jadrosich-Forget	Competition	22-24		Χ
Chris Kay	Volunteers	23-24		X
Rich Ruffer	Equipment	22-24	X	
Agnes Doucette	Fundraising	22-24		X
Meryl Bender	Apparel	22-23		X
Jennifer DeMaio	Special Events/Social	23-24	X	
Mirian Rocks	Hospitality	22-24	X	
Mona Pan	Travel	22-24	X	

Minutes:

Time	Topic	Presenter
7:30 pm	Meeting called to order. Roll call conducted.	Lauren Barnicle
7:30 pm	 Review of meeting minutes Motion made by Lauren to approve April meeting minutes; motion to approve April meeting minutes seconded by Rich; motion approved by all 	Myra Supetran
7:35 pm	 YMCA Report Shared operational highlights from Bridgewater, Somerville, Plainfield and Somerset Hills; see attached 	Kate Russo







Time	Topic	Presenter
7:40 pm	 Head Coach Report Had 13/O banquet to celebrate team accomplishments LC training at JAC going really well Summer schedule finalized and communicated Planning to begin for Y championship meets NJ LSC Chair has stepped down; Bergen Barracudas head coach Nicky Cicalo-DeCaro stepped in as new General Chair Phillips 66 meet in Indianapolis coming up; USA swimming will select 4 world teams based on the results of the meet: World Championships, to be held in Fukuoka, Japan (June 14-30, 2023) Jr. World Championships, to be held in Netanya, Israel (September 4-9, 2023) Pan American Games, to be held in Santiago, Chile (October 21-25, 2023) U23 European Championships, to be held in Dublin, Ireland (August 11-13, 2023) GSCY swimmers could qualify to be selected for the first 3 world teams; world teams good precursor for Olympic teams Two GSCY swimmers selected to Diversity Select Camp (R. Iturbe-Cosano and T. Castro) enjoyed experience; Myra to reach out to get quotes for a future newsletter feature 	Mary Korey
7:45 pm	Vice Chair Report • No updates	Melissa Thompson
7:50 pm	 Finance Report Balance as of March 31st is \$109,533.73 Full report is attached Consider using t-shirt vendor for more meets in the future; good source of funds for the team 	Lauren Barnicle
7:55 pm	Committee Report	Various
	CompetitionLC Cup - accepted all entries, meet is full	Lauren Barnicle







Time	Topic	Presenter
	 Planning on doing a possible short course meet on the same weekend as Summer Sizzle (13/O meet at SHY) Father's Day meet is national team fundraiser (12/U) Gold championship meet will be hosted by GSCY at the end of season 	
	 Apparel Orders went in through CBH store Waiting for updates for timing of delivery 	Lauren Barnicle
	Sponsorship & Fundraising • No updates	
	 Volunteers LC point requirement will be 2 points per family Opportunities to earn points outside of meets (i.e., for practice group parent volunteers) being considered Families who made extra points (as a result of changes to SC volunteering policy) were notified that they will be exempt from LC volunteering Will split volunteering by sessions for LC meets Will also change points awards for certain jobs 	Lauren Barnicle
	 Equipment Set up ready for Father's Day meet Studying Swiss timing system for LC Cup Will start to use new computer for Father's Day meet 	Rich Ruffer
	 Special Events Lisa did a fantastic job at banquet; Jen trained on planning for future activities Securing dates and placing holds for future banquet locations; May 5, 2024 - planned 11/O banquet at the Bridgewater Marriott (4-8pm) 	Jen DeMaio
	 Requesting to include buying drinks as a volunteer job Competition Committee to provide Mirian with information regarding session times for planning Will have two helpers from short course continue to support long course meets 	Mirian Rocks







Time	Topic	Presenter
	 Room block reservations open for YMCA Nationals; rooms still available 	Mona Pan
8:25 pm	New Business • No updates	Various
8:30 pm	Upcoming MeetingTuesday, June 20th at 7:30pm	Lauren Barnicle

Attachment #1: Finance Report Balance as of March 31, 2023

Fundraising Ending Balance	\$ 10,933.28
National Team Fundraising Ending Balance	\$ 1,041.50
Total Fundraising	\$ 11,974.78
Meet Fee Meeting Balance	\$ 97,558.95
Adjusted Cash Balance	\$ 109,533.73

Budget Category	2022 - 2023 Budget	202	2-2023 Actuals	YTE	vs Budget	Sep-22	Oct-22	Nov-22	Dec-22	J	an-23	Feb-23	Mar-23
Beginning Balance		\$	142,045.05										
HOSTED MEETS INCOME													
Champions Classic (Raritan Bay)	\$ 5,768	\$	7,784	\$	2,016					\$	659	\$ 7,125	
Candy Cane Classic (SHY)	\$ 5,175	\$	1,466	\$	(3,709)				\$ 1,46	6			
New Years Splash (JAC)	\$ 22,625	\$	22,277	\$	(348)					\$	1,701	\$ 20,576	
Miles of Miles (SHY)	\$ 5,105	\$	322	\$	(4,783)							\$ 322	
8U Championships (Madison)	\$ -	\$	15,027	\$	15,027							\$ 15,027	
March Madness (JAC)	\$ 19,225	\$	-	\$	(19,225)								
Long Course Cup (Princeton)	\$ 28,510	\$	-	\$	(28,510)								
July Independence Meet (Rutgers)	\$ 43,505	\$	-	\$	(43,505)								
Penalties/Fines	\$ -	\$	12,950	\$	12,950							\$ 12,950	
Fundraisers	\$ -	\$	455	\$	455							\$ 455	
Donation from Masters Swim Team	\$ -	\$	250	\$	250					\$	250		
Refund from Jolyn	\$ -	\$	150	\$	150					\$	150		
Image Glass Productions	\$ -	\$	100	\$	100					\$	100		
National Team Fundraising	\$ -	\$	1,041	\$	1,041								\$ 1,04
Cash Receipts	\$ -	\$	15,568	\$	15,568		\$ 1,872	\$ 7,711					\$ 5,98
Team Unify	\$ -	\$	137,288	\$	137,288	1,123	\$ 22,536	\$ 16,959	\$ 26,99	2 \$	2,053	\$ 37,019	\$ 30,60
Transfer Balance	\$ -												

Attachment #2: YMCA Operational Highlights
Operational highlights from Bridgewater/Somerville, Plainfield and Somerset Hills

0402 AQUATICS - DUKE MUNZER, ROCKY SCANNIELLO, DAVID VARGO

STAFFING UPDATES:

• Lifeguard Applicants: 2 new guards have started, 8 applicants in process

• Swim Instr. 2 new instructors started for Spring Session

PROGRAM UPDATES:

- 84% capacity Spring Session (270/321 spots filled for PS, SA, Teen, Teen Adaptive, Swim Starters, Adult Programs). Added several classes, continuing to work on waitlist
- FAST Clinic: 37 Registered Participants
- GSCY Masters at SHY T/Th 9am: 22 participants
- Private Lessons: exceeded budget for another consecutive month. Another instructor took on lessons for early PM weekdays to accommodate waitlist. Another instructor returning, in onboarding process
- New Program Continuing: Adapted Teen Swim Clinic. Began 3/31/23. Currently 6 participants
- American Red Cross Lifeguard Training: April class had 9 participants

COMMUNITY PARTNERSHIPS

- Montgomery Academy: Mondays (18 swimmers divided into 3 groups, each swimming 3 weeks)/
 4-6 on Fridays
- Partnered with Basking Ridge Fire Company to offer pool space to approximately 15 Fire Fighters to complete requirement for Swift Water Training on 4/22/23
- YSL Training Course offered in HY to certify current swim instructors (SHY had 4 attend)

0403 SPORTS – KENDRA DE ZUTTER, TATE HIPSHER

STAFFING UPDATES:

- Kevin Pinto has come on as a new sports instructor

PROGRAM UPDATES:

- Started second Adult Basketball League
- Table Tennis classes have started classes at capacity
- Now offering chess classes to the community

0404 WELLNESS - LISA PENSABENE, TOM NISZCZAK, CHRIS HOUTERMAN

STAFFING UPDATES:

- 1. Jennine McCue-Barre Instructor -rehire
- 2. Emily Heine Spin instructor
- 3. Joseph Barraco Pilates Instructor -rehire
- 4. Tad Carter Spin Instructor
- 5. Malcolm Rowley- Personal Trainer- rehire
- 6. Ryan Turner floor staff
- 7. Stino Cafone- Floor Staff
- 8. Jack Rhead Summer Floor staff

PROGRAM UPDATES:

1. Les Mills New Launch April 1st - full class

- 2. Memory Café program 4 participants & their caregivers with 4 volunteers on Wednesday, February 22nd
- 3. Healthy Aging 7 week workshop L&L over 20 participants in each class.
- 4. Youth Strength & conditioning 2 participants are completing the class.
- 5. LiveStrong finished their session 6 participants
- 6. Health coaching informational 20 participants. Enrolled 2 new health coaching clients
- 7. Installation of the EGYM Hub 4/26.
- 8. Personal training had a consistent month, \$10,500, on par with reaching/surpassing budget goals, added 4 new PT clients and 2 new FitCommit sold.

COMMUNTY PARTNERSHIPS:

- 1. Christine Arnold teaches classes at the **VNA** United Health Adult Day Care Center.
- 2. Carol Sze is teaching a 6 week Trauma Conscious Yoga at the VA, starting 4/25.

VOLUNTEER UPDATES:

1. 4 volunteers signed up for Memory Cafe

0406 CHILD CARE - SALLY ROSER

STAFFING UPDATES:

• Looking forward to welcoming home our seasonal college students to staff!

PROGRAM UPDATE

Parent Teacher Conferences are over and the staff did an amazing job in conducting them.
 Shout out to Kylie, Tara and Marion for a super job!! ©

COMMUNTY PARTNERSHIP:

- Rotary of Somerset Hills as made a \$3,000 donation to the Campaign in addition to confirming that they will provide the plants and the "green thumb" in the planting of the SHY Giving Garden.
- Potential Partnership with the Diversity Coalition of Morris County. On April 18th, YMCA Board member Lisa Wax, Mr. Frank and Shahrzad Taghdissi visited the EEC. They presented traditional Persian food, coloring page and a book about culture and language. Shahrzad made a delicious snack of turkey patty, potato sticks and vegetables. The kids loved it! Looking forward to working with this group again!







0407 FACILITIES - ANTHONY ALU

Facility Management:

Responded to building emergencies, staff work orders, preventative maintenance work orders, member requests and project & vendor management.

Notable mentions:

After-Hours in Woman's LR

Camera System Upgrade completed

Chandor Shutdown completed

Blood Drive Set Up

Parking Lots striped

Properties mulched

Server room renovation -in progress

Childcare -"Orders to Correct" by licensing -compliant

Annual Hartford Steam Boiler inspections -compliant

Swapped Hailey & John's offices; renovated John's old office

Moved John out of new office; moved around desks & furniture for temporary Admin office

Replaced damaged baby changing station in Family LR

Set up geese deterrent in anticipation of Camp

Volunteer Update:

Ridge High School CBAP Program; 6 students, 78 total hours.

Ridge High School Vocational Studies Program; 12 students, 171 total hours.

0408 Membership - Beth Bolen / Ashley Devivio / Mandee Bolen

STAFFING UPDATES:

• The membership staff reviewed our safety policies and procedures at our meeting on Saturday, April 1st. We took turns practicing how to properly call codes, and how to lead members to the designated evacuation sites around the facility.

PROGRAM UPDATES

- 145 new members in April, 27 new memberships over budget!
- Family Fun Night 19 Families signed up, with family swim being the big win.
- Lunch Bunch had drop-ins before and after the Senior Lunch and Learn program in the Teen Center.

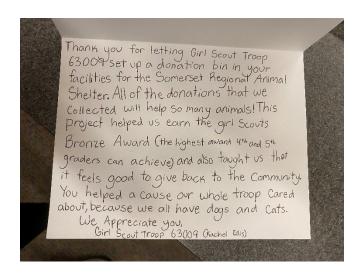






COMMUNITY PARTNERSHIPS:

• We had a donation bin from the Girl Scouts for all kinds of pet supplies that will be going to Somerset Regional Animal Shelter, getting items such as pet food, toys, and pet carriers.



0410 ARTS & HUMANITIES - KENDRA DE ZUTTER

STAFFING UPDATES:

- N/A - all is status quo ☺

PROGRAM UPDATES:

Dance Team attended their second competition of the season! The brought home numerous top ten placements and judges award. Shout out to Harper Kamrow for her first place in her solo "Photograph, our Trio "Determinate" (Danna Gonzalez, Harper Kamrow, Violets Ramirez) for their first place win, our Jr Team for their 3rd place in "Omigod You Guys" and lastly our whole team production for their first place in "Villains"



0412 SCHOOL AGE CHILD CARE - JULIA VAN LIEW

STAFFING UPDATES:

• We just hired Mary O'Halloran who has been an amazing addition to our program! She brings so much energy and knowledge to our schools and has been super helpful.

PROGRAM UPDATES:

 We are winding down the year with spring break being over and only about a month of school left. The schools have given back snow days meaning we have 3 more kids day outs! The kids have been going outside almost everyday with this nice weather and they are so excited for summer!



VOLUNTEER UPDATES:

• Homework Helpers are going great! The volunteers come in at quiet time to help the students with homework or any studying they must do for the week! The children really appreciate the extra help they are getting for homework. Sadly, this is their last week but hopefully we have the same turnout next year!

0413 SPECIAL NEEDS - KENDRA DE ZUTTER

STAFFING UPDATES:

- N/A − all is status quo ©

PROGRAM UPDATES:

- Hosted our final SIM of the season in April



Bridgewater & Somerville April 2023 Monthly Highlights

On April 1st we host three other YMCA Gymnastics teams at Somerville for a very successful meet many of our gymnasts placed highly in their age groups.



On April 5th, AARP and Bruce Goodman hosted a Y Always Learning Educational Workshop focused on Medicare 101 Lunch was provided with 6 people in attendance at the Somerville Y and 5 on Zoom.







MEMBERSHIP UPDATES FOR April 2023

MEBERSHIP LEADS- Heather Scapp, Alison Francz, Ruth Ann Wisniski and Ela Poplawski

3 Interviews conducted to fill part time LOD/MSR positions.

1 potential candidates with 1 new hire onboarding.

Welcoming Krystal Van Orden to Somerville/Bridgewater Staff.

MEMBERSHIP/PROGRAM UPDATES

Program Registration 4/10

Program registration for Spring 1 opened on 4/10/23. Many swim classes full with waiting lists, additional classes added to accommodate.

Annual Campaign

Membership team worked together to promote our annual campaign by reaching out to current and past members.

5 Days of Action

YMCA Staff and members took the pledge to protect children from sexual abuse.



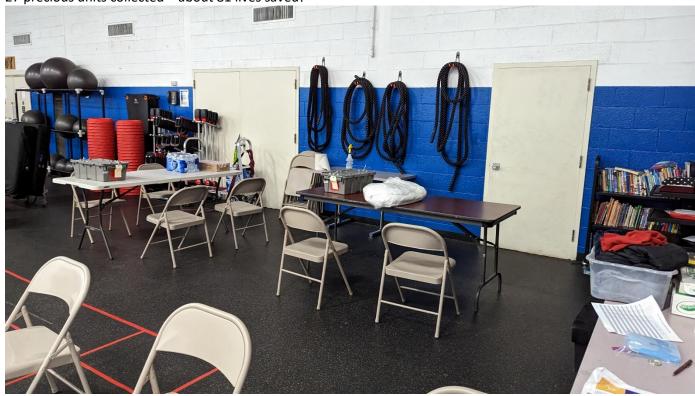
COMMUNITY PARTNERSHIPS



Hosted Blood Drive 4/12

With the following results: 30 presented 4 deferred 1 power red

27 precious units collected = about 81 lives saved!







Prom Clothing Drive for Plainfield YMCA

Dresses, shoes and additional Prom attire was collected to donate to the Plainfield Area Prom.



Wellness and Sports - Analice Aquino

STAFFING UPDATES:

New Floor Staff:

- Hernan Burgos

Personal Trainer: five staff successfully completed their personal training certifications

- Marcelo Espinosa
- Jo Andersen
- Ed Burgos
- Ryan Pope
- Mark Sclafani

PROGRAM UPDATES:

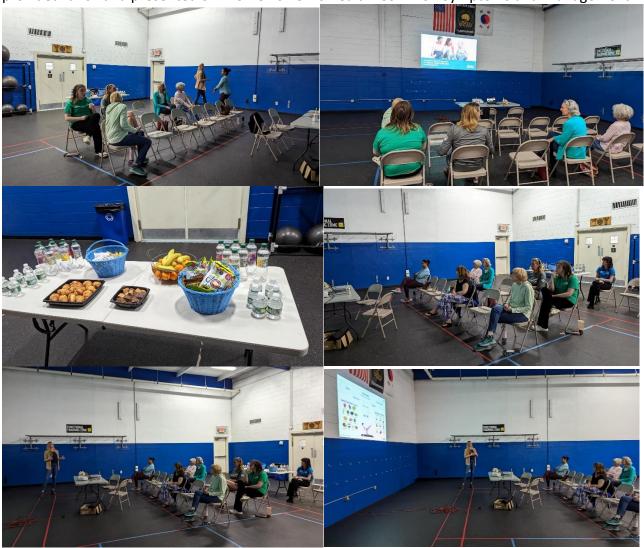
- New Archery Class on Bridgewater
- New NETA Personal Trainer Certified

We had 10 people participating on the 2-day workshop class 8 YMCA Staff and 2 from the community



COMMUNTY PARTNERSHIPS:

BYSY Partnered with Doctor of Physical Therapy, Lauren Cordiero Calado from Kessler Rehab, who provided lunch and presented on Women's Pelvic Health: Common Symptoms and Management.



• Supported and shared information at the Visions and Pathways, nonprofit Organization, Annual 5k Run and Walk Event - there were 200 participants and members of the community came by to say hello. Taylor Rehe, one of our staff members, participated in the race and won first place for females.



Young Moo Taekwondo Studio - Taekwondo Competition held at SY YMCA



BYSY AQUATICS-DUKE MUNZER, BEHNOOSH SHABESTARI, DAVE VARGO

STAFFING UPDATES:

• Lifeguard Applicants: 5 new lifeguard applications

• Swim Instr. Applicants: 1 new instr. Applications, 1 new instructor (existing staff) starting

for Spring Session

PROGRAM UPDATES:

• SY: 80% capacity (148/184 spots filled for PS, SA, Swim Starters, Adult Programs)

- BY: 81% capacity (73/90 spots filled for SA 1-6, Teen Classes)
 - o Added Tue/Thu offerings for classes this session
- FAST Clinic: 13 registered participants
- GSCY Masters at BY/HY/SHY T/Th: 100 Registered Participants (up 3 from 4/23)
- Returning water exercise instructor offering additional classes on varying weekday AM at SY
- Lifeguards Certified for April 2023: 5 (1 interviewed)

COMMUNITY PARTNERSHIPS

- BRHS Special Needs Class resumed swimming in BY (1x per month)
- Continued partnership with RWJ for Water Exercise Classes
- Beginning process to again work with Branchburg Twp to offer lessons at Silver Saddle Community Pool and recertify lifeguards (potentially 5 lifeguards)

Childcare: Alyssa Preziosi- Youth Development Director

Staffing Updates

Kristen Horoho is still onboarding for Kids Corner but is in the final stretch. Bridgewater summer camp is hiring three more staff and Somerville summer camp has one counselor spot left to fill.

Program/Membership Highlights

I have seen success in our Lego Workshops and are finding new ways to grow our Family Paint and Sip. I am currently working on starting up our Achievers program and am excited to continue to grow our youth development programs.

We have seen a continued growth in our SACC program even with the school year coming to an end, we currently have 23 youth registered. We have received a lot of positive feedback from SACC parents and have seen an increase of enrollment through recommendations of our current SACC families.



Above is pictures from our Water Egg Hunt which was a success. All available registrations filled within the first hour of me sending out an Engage. We held 5 sessions with a total of 140 registrations and 118 people on the wait list even after adding the additional 5th session.









Above is pictures from Earth Day, Gina Stravic representing the Somerville Environmental Commission came to distribute trees along with planted trees at the park across the street with SACC. She took them through the steps of digging the holes, planting the trees, and watering them. She also talked to them about the benefits that trees have on the environment.



We also make sure to incorporate the importance and values of our community and giving back into our child care programs. This month we brought in food to donate to our Little Free Panty and asked the youth to help stock the pantry. This allowed the youth to give back and help members of our community.





We put a focus on implanting more STEAM and creative activities to do during aftercare. The youth participated in various activities that included paintinh pet rocks and creating colorful volcanoes.

Community Partnerships

Somerville PD- It has been a great success to watch our youth creative positive and fun memories with our local police department. We are happy that they continue to join us in after care on the first Friday of each month to continue building those positive relationships.

RVCC: Have currently been working with college students on setting them up with Service Learning Projects which they have now completed. We have one group of nursing students who are creating a kids yoga manual and another student who volunteered hours with SACC and lesson planning with Alex and I.

Operations Highlights

Facilities

Staff Leads: Luis Vaello.

Somerville:

Completed projects -

- Repaired automatic toilet flush valve in ladies locker room.
- Repaired ladies locker steam room.
- Preventative maintenance.
- Cleaned window mount A/C filters and coils.
- Cleaned split units filters and coils.
- Cleaned and polished all the stainless steel in the pool area.
- Roof drains cleaning.
- Repaired pool area roof leaks.
- Replaced HVAC roof tops filters.
- Repaired men's locker sauna bench.
- Drained pool (repaired expansion joint, acid wash, repaired plaster and rust stains).
- Replaced all water fountain filters in the wellness area.
- Repaired pool deck hi-bay light fixture.
- Replaced light bulbs in the ladies sauna.
- Repaired picnic table.
- Replaced shower cartridge in the girls locker room.
- Turned heat off in the building.

Financial Update:

MTD expenses: (MIP not updated) to a budget of (\$51,578)

Net the same as above

YTD Expense: (\$MIP not updated) to a budget of (\$641,199)

YTD net same as above

Bridgewater:

Completed projects -

- Repaired sauna heater.
- Replaced Pool-Pak filters.
- Preventative maintenance.
- Replaced pool heat exchanger actuator.
- Cleaning BioOx units.
- Replaced pool heater circulating pump.
- Replaced chlorine tubing.
- Added clarifier to the pool.
- Shocked pool.
- Stainless steel pool cleaning.
- Repaired men's locker wall fan.
- Replaced filters in lockers room heaters.
- Pool deck weekly cleaning.
- Serviced boiler.
- Replaced flush valve in men's bathroom.
- Repaired light fixture in ladies locker room.
- Replaced window lock in pool area.

Staffing updates – No updates

Financial Update:

MTD expenses: (\$ MIP not updated) to a budget of (\$39,580) Net the same as above

YTD Expense: (\$ MIP not updated) to a budget of (\$472,706)

YTD net same as above

0812 SACC – Leonardo Gonzalez / Dave Leveille

STAFFING UPDATES:

NA

PROGRAM UPDATES:

- SACC Total registered, 67. Cedarbrook (7), Cook (45), Emerson (13), Evergreen (5). Currently at 80% of goal.
- Camp Registrants, 16. Camper Weeks YTD, 93. Currently at 52% capacity.
- We hosted an Open House at Emerson School on 3/27.
- The Department of Agriculture summer lunch program will provide breakfast & lunch for Y campers.
- Camp Open House events were held at Cedarbrook on 4/4, QCA on 4/6, and Cook on 4/16.
- First Tee Golf will provide their services for the Camp program this year.
- Y Achievers Marketing material finalized and program set in Daxko to start registration. We continue to contact counselors, teachers, guest speakers, and colleges for their input and support. We have already secured commitments from several colleges to participate in our program.

COMMUNITY & VOLUNTEER PARTNERSHIPS:

- Food Giveaway Event 105 bags were distributed on April 13th and 121 bags were given on April 27th. In April, we served 1,177 families.
- Togetherhood Food Packing Event on April 22nd We partnered with Star Fish Pantry and packed 600 bags of food that will be distributed to the elementary schools in the district. 40 volunteers helped in filling 600 bags. This included Y Staff, Plainfield Y board members, MALIK Fraternity, high school students of Wardlaw+Hartridge School & St. Joseph High School, and members of the Scotch Plains Methodist Church Youth Group. Each school will receive 66 bags.
- Rotary Club of Plainfield Attended meetings and provided information to members on Y programs and initiatives.
- Prom Wear Donation Partnered with Plainfield High School to donate prom wear to Plainfield High School students.
- Student Showcase event Partnered with PHS to promote Camp programs and upcoming Open House events.



Cook School Open House



Queen City Open House



Togetherhood Food Packing Project









Togetherhood Food Packing Project



STEM Program



Casanova Pizzeria Donor





Food Packing Distribution – Cook School











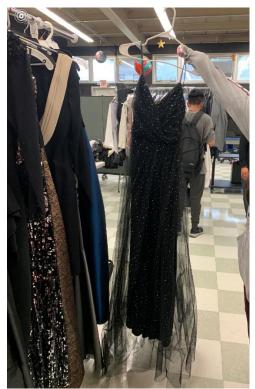
Cook Families Receiving Food Bags













Prom Wear Donation

2023 SC National Champions – Women (1st); Men (2nd); Overall 1st





