

Dr. Claudia Anagurthi

Clinical Psychologist, Ph.D., L.P.

WORK EXPERIENCE AND ASSISTANTSHIPS

Psychologist at University Pediatricians Children's Hospital of Michigan

Department of Neurology/ Neurodevelopmental and Psychological Assessment

03/2021 –current

Provides developmental and neuropsychological assessments to patients referred with concerns of CP, MS, TBI's, autism, GDD, and other developmental delays, behavior problems, and demyelinating diseases referred from psychiatry, neurology, and other clinics within DMC/ CHM

Psychologist at University Pediatricians Children's Hospital of Michigan

Department of Neurology & Pulmonology

03/2018 – 2021

Provides counseling services to patients with chronic lung disease, children with chronic neurological conditions, and neuropsychologic testing

Psychologist at Michigan Neurology Associates

02/2016 – current [34025 Harper, Clinton TWP, MI-48035]

Psychologist as a member of a multidisciplinary team of Neurologists, Neuropsychologists, nurses, OTs, PTs, and therapists. Primary responsibilities include psychotherapy, forming diagnostic impressions, pediatric & neuropsychological assessments, effective treatment planning, and making referrals, and assuring continuity of service is provided to the patient.

Psychologist at Michigan Pain Specialists & Michigan Neurology Associates

02/2016 – 05/2018 [34025 Harper, Clinton TWP, MI-48035]

Psychologist (in training) as a member of a multidisciplinary team of Neurologists, Neuropsychologists, nurses, and PM&R. Primary responsibilities included evaluations for pain pumps and other implanted pain management delivery systems, as well as evaluations in preparation for bariatric surgery. CBT and trauma management for individuals with chronic pain, head trauma, and complex trauma/ PTSD.

Teaching Assistant at Wayne State University

05/2015-05/2016 [Gullen Mall, Detroit, MI-48213]

Assistant teaching of several undergraduate and graduate courses that include preparing teaching materials, presentations, exam questions, and study materials. Recently taught parts of *Adult Learning* course for MA students in Health Ed.

Internship and Clinician at Gateway Detroit East MHCC

07/2011-05/2013 [11457 Shoemaker, Detroit, MI-48213]

Position at a Detroit Community Mental Health center, involved work with emergency intake patients, teamwork approach was essential to assist in assessment and development of treatment plans for patients presenting with trauma, loss, anxiety, depression, medication management, schizophrenia, and Obsessive-Compulsive Disorders. Independent use of multiple psychological and neuropsychological screening measures, report writing, and psychotherapy were part of daily activities. The 500 required hours were followed by part time position at the clinic.

Counseling Services at WSU Counselling Department

07/2010-05/2012 [441 Gullen Mall, Detroit, MI-48202]

During attainment of Master Degree opportunities to students were offered to take on clients under close supervision by teaching staff for provision of additional more practical experience to students who were willing to commit to gathering work experience aside from classes. I provided individual and couples counseling on weekly basis under these conditions for more than a year.

Research Assistantship at WSU Educational Psychology Department

01/2010-06/2013 [Dr. Somers, 42 W Warren Ave, Detroit, MI-48202]

Assisted in the design of new research studies, addition of appropriate literature reviews for present studies, reworking data analysis, and publication of such studies under individual supervision of Dr. Somers. Data sets are already present. This work primarily focused on adolescent sexual risk-taking, parenting issues, and factors of parental communication towards their teens. Dr. Somers allowed a high level of independence in the work with the data sets, and provided assistance as needed.

Summer program for Children with ADHD

05/2010– 09/2010, [495 E Scripps Rd, Lake Orion, MI-48360]

Responsible for design and implementation of individualized lesson plans and study strategies for children with ADHD, feedback was given to parents and suggestions for the implementation of more successful learning strategies, as well as specific cognitive exercises were made; in an effort to increase self-guided studying, completion of homework assignments, and an increase reading and math skills. Sometimes recommendations for social skills were made and role played.

Assistant Teacher at Art Studio for Physically/Mentally Impaired Individuals

03/2007 – 10/2008, “Paint-a-Miracle Foundation”, [400 Water Street, Suite LL4, Rochester, MI-48307]

Assisted in the execution and completion of art-projects in a non-profit institution, geared towards individuals who presented with Mental Retardation, Cerebral Palsy, Autism, Severe ADHD, Closed Head Trauma, MDD, and psychiatric/ neurological disorders

EDUCATION

Ph.D. at Wayne State University/ Detroit, MI

(Graduated 02/2017)

Ph.D. in Community, School, and Counseling Psychology
Multidisciplinary Degree issues by the Department of Education at WSU

M.A. at Wayne State University/ Detroit, MI

(Graduated 05/2012)

Masters of Psychology as Marriage and Family Psychologist

B.A. at Wayne State University/ Detroit, MI

(Graduated 12/2009)

Bachelors of Science and Fine Arts, dual major in Psychology & Fine Arts

Psychological Test and Measures Experience

IQ-Assessments & Achievement Scales: WPPSI-IV, WISC-V, Woodcock-Johnson III, WAIS, CTONI, UNIT, TOWRE-2, GORT-5, WRAT-4, CTOPP-2, QPS, Aimsweb, PAT, KTEA-2, most CBAs, WIAT-4, Mullen Scales

Functioning Status Assessments: VINLAND-II, ABAS-3, AFLS (Assessment of Functioning Living Skills), PCRI

Behavior Scales for Various Disorders: GARS-3, Conners CBRS & Conners-3, CDI-2, CBI, Achenbach, PIC-2, HTP, TAT, MMPI & MMPI-Adolescent, BASC-3, PDD-Scales, BDI, SASSI-3, STAI, CARS-II, ADOS-2, ADI-R

Memory & Neurological Screening Measures: Beery VMI, Bender Gestalt II, UNIT-2, WRAML-3, QNST-3, Benton Visual Perception Test, RBANS, NEPSY, D-KEFS, Token Test

TRAINING

DBT Training

(11/ 2024, Live Online Workshop, PESI)

24 CE training for Dialectical Behavior Therapy

OCD Training

(09/2023, Workshop, New York)

12 CE training for Assessment and Treatment of Oppositional Compulsive Disorder

ADOS-2 & ADI-R Training

(05/2019, UofM Sunfield Center, Ann Arbor, MI)

7-day training for the Assessment of Autism, Toddler Module and Module 1-4, as well as training in autism-specific developmental interviewing

Annual North American Cystic Fibrosis Conference

(08/2018, Convention Center, Denver, CO)

Mindfulness & Motivational Interviewing Course for patients with Cystic Fibrosis & CF treatment options and guidelines

EMDR- Certification Course

(06/2017, Oakland University, Auburn Hills)

Certification course as EMDR therapist, modality, model, and case conceptualization were thought over 5-day intensive training, case consultations are ongoing

Psychopharmacology Seminar

(02/2017, St. Johns, Livonia)

Review of common medications used in Neurology and Psychiatry, drug interactions, case conceptualizations, 1-day seminar

Intensive Trauma Treatment Course

(11/2016, online)

Seminar in psychological, ecological, and neurological basis of Trauma, presented by Dr. van der Kolk, 5-day online seminar

Art Therapy Workshop

(11/2016, online)

EMDR workshop

(11/2016, online)

CPT/ CBT Training

(09/2016, online over University of Atlanta & VA)

Pain Management Training

(05/2016, Training at St. John Providence, Livonia)

Understanding the WISC-V

(02/2016, Training from WSU Psychology Clinic)

Workshop revolving explaining changes in WISC-V

Infant Mental Health: Supporting Families with Infants, Toddlers, and Young Children

(10/2016, Merrill Palmer Skillman Institute & Wayne State University)

Understanding the DSM-V

(12/2015, Online Training from APA)

Workshop: "Acceptance and Commitment Therapy (ACT) for Patients with Chronic Pain"

(03/2014, Mainz/ Germany/ Johannes Gutenberg University)

Conference "Kinder in Brennpunkten"

(07/2013, Essen/ Germany)

Conference "Clinical Approaches to Trauma: From Dissociation to Integration."

(03/2012, Michigan Psychoanalytic Institute/ Farmington)

Workshop "A Developmental Perspective on Adolescent Mothers: Adolescents, Infants, and Relationships."

(10/2011, Merrill Palmer Skillman Institute & Wayne State University)

Workshop "Beginning Treatment: Understanding what the patient is trying to say."

(05/2011-07/2011, Michigan Psychoanalytic Institute, Farmington)

Workshop "Brief Therapy for Adolescents Caught in Difficult Divorces."

(02/2011, MAMFT in Lansing)

Workshop "Speech Language and Sensory-Motor Challenges"

(10/2010, Merrill Palmer Skillman Institute & Wayne State University)
Workshop “Early Indicators of Autism Spectrum Disorders”
(09/2010, Merrill Palmer Skillman Institute & Wayne State University)
Marriage and Family Therapist Convention
(10/2010, Lansing, MI)

PUBLICATIONS

Anagurthi, C., Ashley W. Cahill, A., W., & Somers, C. L. (2011). Individual and Family Correlates of Adolescents' Sexual Behavior: Multiethnic Findings. *Michigan Journal of Counseling Research, Theory & Practice*, 38(2), 4-16.

Tobey, J., Hillman. S. B., Anagurthi, C., & Somers, C. L. (2011). Demographic Differences in Adolescents' Sexual Behaviors, Sexual Attitudes, Parent Communication about Sex, and School Sex Education. *Electronic Journal of Human Sexuality*.

Somers, C. L., Tolia, S. Y., & Anagurthi, C. (2012). "Parent-Adolescent Relationships and Adolescent Sexual Behavior: Patterns by Adolescent Gender". *International Journal of Business and Social Science*, 3(7), 66-76.

Somers, C. L., & Anagurthi, C. (2014). Parents' attitudes about adolescents' premarital sexual activity: The role of inter-parent consistency/inconsistency in adolescents' sexual outcomes. *Health Education Journal*.

PUBLICATIONS UNDER REVIEW

Anagurthi, C., Alismail, F., Gregg, D. & Fahoome, G. (under Review). Parental Attitudes predicting Marital Satisfaction in an Asian Indian Immigrant Sample. *Journal of Immigrant and Refugee Studies*.

LANGUAGES


Fluent in English and German

COMPUTERS LITERACY

MSOffice Tools – Word, Excel, PowerPoint
IBM - SPSS

AFFILIATIONS

- Phi-Theta-Kappa
- APA member
- EMDIRA member
- NASP member



Claudia Anagurthi, Ph.D., LP, C-DBT