

What is Bright Life Health & Wellness?

Advancing Full-Body Wellness Through Research

Bright Life is a health research program studying predictive and whole-body wellness, with a mission of advancing preventive, long-term health outcomes.

What does that mean?

Bright Life gathers behavioral and preventive insights through questionnaires submitted by our employees, called Wellness Associates.

What does Bright Life do?

- Conducts research based on behavioral and preventive wellness.
- Studies how people experience health in everyday life through surveys, questionnaires, and wellness activities.
- Identifies wellness trends that improve future health programs.

Advantages of Becoming an Employee

- Contribute to meaningful wellness research.
- Eligible to take part in the employee benefit program.
- Help shape healthier futures for individuals and organizations.

100%

W-2 Employment
for Wellness Associates

4

Benefit Types Available:
Medical, Dental, Vision, Life

1

Secure Portal
The Employee Wellness Hub