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FCA SPORTS

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&

BASEBALL



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FCA SPORTS

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FROM FCA SPORTS DIRECTOR

Dear FCA Force Family,

The performance expectations of sports has grown more demanding for not just professional and collegiate athletes, but also for our youth. While the youth club sports market has created some great opportunities, it has also been a part of the attack on identity. This often results in an epidemic of anxiety, which depresses and creates feelings of inadequacy.



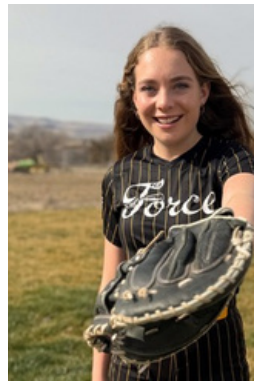
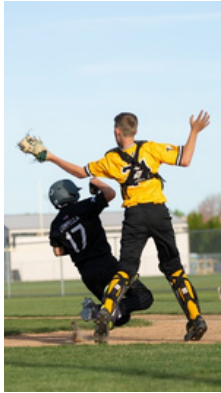
The only lasting solution is a relationship with Jesus Christ. This gives coaches and athletes a true identity that allows them to battle the lies of the world, tapping into the only real source of hope, freedom, and confidence.

There also needs to be an affordable way for athletes to be developed well and for families to stay healthy. This is why we initiated and continue to develop a faith based club sports program. FCA invites Christian head coaches into E3. We engage relationally, equip with God's Word, and empower these coaches to develop the next generation of leaders through Biblical teaching in a sports environment. These teams then step into a competitive environment, exhibiting Christ-like attitude and even inviting opposing teams to pray after the competition.

To share what God is doing, our staff has developed this printed Sports Program. There are some feature stories of coaches, athletes, and families with ads from many generous sponsors. I pray that this program gives you a better glimpse into the ministry while encouraging you in your faith.

What an honor to see what the Lord is doing in and through FCA Sports. Although there are ways we can continue to improve, I truly believe this program is one of a kind. I pray the Holy Spirit will powerfully lead our coaches, athletes, and families to impact their environment, their family, friends, coworkers, and neighbors.

With thanks,
Sean Rooney



WHAT IS THE IMPACT OF FCA?

FCASPORTSIDAHO.ORG



SCAN HERE >





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MINISTRY



WHAT IS FCA?

MINISTRY



Fellowship of Christian Athletes unites two passions - faith and athletics - to impact the world for Jesus Christ.

The mission has been pursued for over 60 years, hiring staff who are fully aligned with our Vision and Mission. These staff members are dedicated to FCA's values in ministering "to and through the coach" for the greatest influence of Jesus Christ.

THE VISION:
To see the world transformed by Jesus Christ through the influence of coaches and athletes.

THE MISSION:
To lead every coach and athlete into a growing relationship with Jesus Christ and His church.



Watch this video to learn more about FCA's history.

OUR VALUES

Our relationships will demonstrate steadfast commitment to Jesus Christ and His Word through Integrity, Serving, Teamwork and Excellence.

INTEGRITY

(PROVERBS 11:3)

WE WILL DEMONSTRATE CHRIST-LIKE WHOLENESS, PRIVATELY AND PUBLICLY.

SERVING

(JOHN 13:1-17)

WE WILL MODEL JESUS' EXAMPLE OF SERVING.

TEAMWORK

(PHILIPPIANS 2:1-4)

WE WILL EXPRESS OUR UNITY IN CHRIST IN ALL OUR RELATIONSHIPS.

EXCELLENCE

(COLOSSIANS 3:23-24)

WE WILL HONOR AND GLORIFY GOD IN ALL WE DO.



ABOUT OUR SPORTS CLUBS



Pray with opposing teams, pray with umpires. Read the Word together. Grow as a community. Change sports culture TOGETHER.

FCA Sports Idaho is the official baseball and softball club program for Fellowship of Christian Athletes (FCA) in Idaho.

We serve hundreds of baseball and softball club families in Treasure Valley, while also providing camps and clinics to the greater community and more!

Are there other clubs?

Yes! FCA in Idaho also offers archery and wrestling clubs. We are also looking to expand our club program with clay shooting, soccer, volleyball and FCA Leagues in the upcoming seasons.

How can someone get involved with FCA Sports?

If you or someone you know are interested in coaching or playing for FCA, be sure to visit our website and fill out a coach or player interest form.

If you are already a part of our club program, we are always looking for parent and team volunteers to help with fundraising and events.





THE POWER OF YES

STORY HIGHLIGHT

Published on November 05, 2025

by Sarah Freymuth and featured on www.fca.org

Content Warning: The following content contains sensitive topics, including mental health and self-harm. Reader discretion is advised.

Bryce Wallingford was a kind and quiet sophomore at Nampa High School in Nampa, Idaho, who played baseball and grew up in a Christian home. When he attended the FCA Pacific Northwest Multi-Sport Camp in the summer of 2021, his faith journey took off.

His Huddle Leader, FCA Baseball Representative Ryan Dearing, took him under his wing that week and poured God's love into him.

“

“Knowing that I have nothing to fear. Only judgment I need is from God Himself. Being myself and living for God's glory is my driving factor now.”

-Bryce, Camper

Ryan was also a baseball coach in the area, and the two formed a bond that week that rolled into the rest of the year. That bond would make a substantial difference.

THE YES THAT MADE ALL THE DIFFERENCE

Bryce was always friendly and social, but in his sophomore year of high school, he began to withdraw from others. Difficult life circumstances swirled him in a vortex of depression and anxiety, and he began to distance himself from God.

Ryan's care and influence struck a chord in Bryce, even as he slipped further into his depression. They stayed in touch over the year, often meeting at the batting cage during the winter, where Bryce would work on his swing and share his personal struggles.

The next summer, Bryce asked if Ryan would be a baseball Huddle Leader at camp again. Ryan explained that he couldn't because the camp needed help with motocross, and he was stepping in.

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Bryce was already on the fence about attending that year; something in him wanted to go, but he was not planning to: “I began thinking maybe it would be better if I weren’t here,” Bryce said. “I didn’t want to be alive anymore. I went to counseling and was talking to people and have medication, but it still felt like something was missing.”

Meanwhile, Ryan couldn’t shake the baseball group from his mind and reached out to his advisor, FCA Sports Director Sean Rooney. Two days before camp, Sean put him back in baseball.

Bryce texted Ryan again the day before camp to ask once more, if Ryan would be a baseball Huddle Leader. Ryan’s one-word response came a day later - Yes.

Just before the text, standing alone in a parking lot, Bryce was at his wits’ end. “I hadn’t heard from him for a day and just decided I can’t take it anymore; I’m done. I had lost all hope.”

Then, his phone buzzed. When Ryan’s text came, relief rushed in: “One word was all it took, all I needed,” he said. “I just needed to know if he was going to be there. I really felt that was God’s way of saving me. It hit me that God’s not done, and He had a plan for me and has something greater planned for my life When I got that text from Ryan, I burst into tears, and I knew that I was saved.”

**TO READ MORE ABOUT
BRYCE’S JOURNEY,
GO TO FCA.ORG**





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2026 MINISTRY THEME



WHAT ARE YOU TRYING TO PROVE?

We're all trying to prove something: our spot on the team; being captain material; being accepted by our peers; earning success and accolades; even love. But we don't have to keep striving to prove our worth; God has proven everything for us through His Son Jesus Christ. Discover a love and hope that doesn't depend on what you do, but on what Jesus has already done for you!



CONNECT -

I'm connected to the God who loves me.



CULTIVATE -

Prioritizing time with Jesus cultivates His fruit in my life.



CHOOSE -

As I choose to love like Jesus, His love is proven through me.



COMMIT -

When life gets hard, I will commit to Jesus to see me through.

WWW.PROVEN.ORG

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STORY HIGHLIGHT

My whole journey with FCA has impacted me. Ever since coming to FCA, my self-confidence has improved a lot. I have also grown in softball and in my confidence level. My coaches and teammates are both so supportive and positive, and their belief in me is the reason my confidence has grown so much.

I love my coaches. They are so helpful. They brought out the leader in me and they hold everyone accountable.

-Caityln Trueblood

SOFTBALL PLAYER

**CAITLYN TRUEBLOOD
16U GRAGG**

**FCA
Force**



***My favorite Bible verse is Philippians 4:13:
"I can do all things through Christ who strengthens me."***

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STORY HIGHLIGHT

I developed in the hitting aspect of baseball when my coaches introduced new drills to help me gain more power and better contact.

My favorite parts of playing for FCA are involving God in everything we do, and praying at home plate after the end of the games.

It was cool that umpires would pray with us at home plate after games.

-Kellen Schaefer



BASEBALL PLAYER



KELLEN SCHAEFER 14U

"I am not ashamed of the gospel, because it is the power of God that brings salvation to everyone who believes." - Romans 1:16 (Favorite verse)

RESOURCES

Coaches and Volunteers

360 Coach

About 360 Coach

Reach your maximum potential as a coach! You're more than just a coach to these athletes; you're also a leader, guide, and mentor. Learn how you can influence your athletes for God's kingdom. (More info at 360coach.fca.org)

Course

Just 1 ½ hours of content will help you better understand you "why" and "how" of coaching.

Bible Study

Learn a biblical approach to coaching the heart, mind and body.

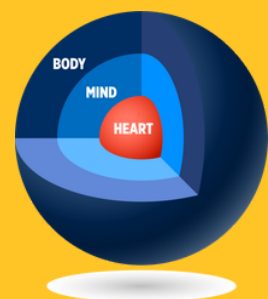
Journal

Use this companion piece to reflect, rethink, and reform yourself as a coach for Christ.



“ I wish been introduced to 360 Coach twelve years ago!!! Game-changing and life-changing.”

-16U Softball Head Coach



E3 Training

Begin your discipleship journey (Matthew 28:19) with the E3 Discipleship Training! This is the game plan that FCA created for coaches and athletes who want to start making disciples. (Learn more fca.org/e3).

Engage

Connect with others wherever they are in the spiritual journey.

Equip

Share Christ-centered training, tools, and ongoing support.

Empower

Now it's their turn to help others experience salvation in Jesus, grow in their faith, and share Him with others!



The Core

Making the decision to be a disciple of Jesus Christ is a major life-changing moment. However, the journey that follows isn't always easy.

The CORE is a devotional with 8 lessons to help you grow in your relationship with Christ and His Church. It will help you engage with Scripture, equip you on the basics of faith, and empower you to help others grow in their own journey (see details at thecore.foc.org).



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Athletes and Families

Bible Plans

The easiest way to grow in your faith is to utilize the YouVersion Bible Plans. Scan the QR code to find one that works for you!



The Four

The Gospel explained in 4 simple truths. Learn what we believe and why! (Go to thefour.fca.org).

GOD LOVES YOU.
SIN SEPARATE YOU.
JESUS RESCUES YOU.
WILL YOU TRUST JESUS?



THE FOUR

FCA Huddles

Huddles are a small group bible study or devotion. This is a place of open discussion and conversation about God's Word; commentary, and things going on in our lives. Huddles can happen in a variety of environments, and all are welcome to join!

Team

Huddles often happen during practices with a team. As a part of FCA Force, these are already a part of our program!

Multi-Sport

A huddle across different sports. This may even happen in your own home if you have kids in multiple sports. Often times, they are led on campus or through student athlete leaders.

Coaches

FCA Force coaches have their own huddles lead the FCA staff. However. Huddles can still happen with coaches outside of FCA and a part of a variety of sports.

“

Being a part of the FCA community has been great for the sports side of it, but more for life. It's been a blessing for me and my family during this tough season.

-FCA Coach



FCA SPORTS

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