

# Powder Brow Tattoo

## △ Health Conditions and Contraindications

*\*Before booking an appointment with me, please note the below policy in place:*

*For New Client Powder Brow Appointments: Booking deposits apply to total service cost and are non-refundable. Rescheduling with less than 72 hours prior to an appointment will forfeit deposits and require another deposit should you wish to rebook. Please be certain that the date/time you book will work for your schedule as these are 3 hour time slots.*

Not everyone is an ideal candidate for cosmetic tattooing. All conditions below will require an answer on the consent forms that are filled out at your appointment. **If you have some of these conditions, it does not mean that we cannot do the procedure-it just means that we have to know your health background to ensure the safest and best results for you.**

**If you have any of these conditions, please discuss with me prior to booking your appointment:**

- IF YOU HAVE PRIOR TATTOO OR MICROBLADING, REACH OUT TO ME BEFORE SCHEDULING TO ENSURE I CAN WORK OVER YOUR CURRENT BROWS
- I WILL NEED TO KNOW ANY ALLERGIES THAT YOU HAVE AND ANY CURRENT MEDICATIONS
- **ANY AUTO-IMMUNE DISORDER or TYPE 1 DIABETES- Can affect the healing of injuries or wounds and MUST have a doctor's note per Ohio law. If you do not come prepared with this, we can not do the procedure and your deposit will be forfeited.**
- PREGNANT OR NURSING (must be 3 months since pregnancy or nursing)
- ACCUTANE WITHIN THE LAST YEAR
- BOTOX, FILLERS, OR LASER TREATMENTS WITHIN 4 WEEKS OF YOUR APPOINTMENT (wait at least 2-3 weeks your after brows are healed as well)
- CURRENTLY USING SUN SENSITIZING MEDS/CREAMS (discontinue 4 weeks prior)
- CURRENTLY USING PRODUCTS WITH ACTIVE INGREDIENTS: Retinoids, Vitamin A, Hyaluronic Acid, Glycolic AHAs, Salicylic BHAs, Niacinamides. Etc. (discontinue 4 weeks prior)
- CHEMOTHERAPY/RADIATION PATIENTS (must be at least 12 months since)
- UNCONTROLLED HIGH BLOOD PRESSURE (**requires doctor's note**)
- TRANSMITTABLE BLOOD CONDITIONS/HEPATITIS/HIV
- ACNE/PSORIASIS/ECZEMA/PRIOR SHINGLES ANYWHERE ON THE FACE
- EXTREMELY TANNED OR SUN DAMAGED SKIN (if so, wait until fall/winter)

*THE CONDITIONS BELOW ARE UP TO THE DETERMINATION OF YOU AND YOUR DOCTOR. IF DISCUSSING WITH YOUR DOCTOR, PLEASE MAKE THEM AWARE THAT THIS IS A COSMETIC TATTOO. THESE CONDITIONS CAN AFFECT BLEEDING, HEALING, ETC. SO IT IS VERY IMPORTANT TO CONSULT WITH YOUR DOCTOR IF YOU HAVE ANY OF THESE CONDITIONS.*

- TAKING BLOOD THINNERS (may need to adjust in the weeks leading up to appointment)
- HEAVY SMOKER-Depletes the skin of oxygen and may affect healing and retention.
- HEART CONDITIONS/PACEMAKER
- TRICHOTILLOMANIA-we do not want you picking at any scabbing while healing
- MENOPAUSE/HOT FLASHES
- PLATELET DISORDER
- HISTORY OF KELOID SCARRING
- HEMOPHILIAC/BLEED EASILY
- EPILEPSY/SEIZURES

## △ Skin Prep/Pre-Care (Follow before each session)

- Follow the Skin Prep/Pre-Care prior to each session-Initial, 6 week touchup, and any annual touchups
- Book your appointment at least 2 weeks before any important event to allow time for healing.
- Be sure that you have reviewed the health conditions and contraindications above prior to each session.
- Come to your appointment with your brow makeup as you usually wear it so I have an idea of the shape you like and how you are used to seeing your brows on a daily basis.
- Do not come to your appointment with a sunburn or extreme suntan.
- 24 hours before your appointment, please be sure to avoid the following as they can increase your risk of bleeding: Blood Thinners (doctor approval), Coffee, Caffeine, Alcohol, Ibuprofen or other pain relievers (Tylenol is fine)
- Make sure you have showered and washed your hair prior to your appointment as you will not be able to get your brows wet for 24 hours after your appointment.
- 1 week before your appointment, you may wax or tweeze your brows like normal if you choose. I will clean them up at your appointment if I need to but I try to retain most, if not all of your natural brow hair in the design.
- 4 weeks before your appointment you must discontinue use of products containing active ingredients (in the forehead and brow area) such as Retinoids, Vitamin A, Hyaluronic Acid, Glycolic AHAs, Salicylic BHAs, Niacinamides. Etc.
- 4 weeks before your appointment, please stop any electrolysis, laser treatments, chemical peels, Botox, fillers, or any other injections.
- 8 weeks before your appointment discontinue any brow growth serum and it is not recommended for use on brows after procedure.

*IT IS CRUCIAL THAT YOU UNDERSTAND AND FOLLOW THESE INSTRUCTIONS FOR PROPER HEALING. I RETAIN THE RIGHT TO REFUSE SERVICE TO ANYONE WHO HAS NOT FOLLOWED THESE INSTRUCTIONS, OR IF ISSUES ARE PRESENT THAT I WAS NOT AWARE OF.*

## △ After-Care (Powder Brows)

You will be given an after-care bag with these detailed instructions, along with products, at your appointment.

Consult a physician if you have ANY signs of infection which can include: redness (aside from the first few hours after your appointment), foul smell, green or yellow discharge, and/or fever. Please follow my aftercare instructions for 10-14 days for maximum pigment retention.

- For best healed results, please follow the aftercare instructions as I have outlined them.
- **DO NOT TOUCH YOUR BROWS AT ALL FOR 24 HOURS!** The only exception, IF NEEDED, is to press and blot your brows with a clean tissue to remove any lymph fluid. Treat them carefully. This is an open wound!
- After 24 hours, begin to wash just your brows with the cleanser I provide you with as follows: Wash your hands. Shake up cleanser. Use a TINY bit of cleanser and COLD water OUTSIDE OF SHOWER. Wash gently with circular motions. No scrubbing. Rinse thoroughly with cold water. Pat dry with clean paper towel or tissue.
- Once dry, apply a thin layer of the aftercare ointment. You only need a rice grain amount-spread evenly with clean fingertip or cotton swab and let dry. Don't suffocate them-just moisturize.
- Repeat this 2 step process morning and night for 10-14 days. You will have enough product to last both the initial and touch up appointments if you use it correctly so please save the remaining for your touchup.
- **NO GETTING THEM WET** other than the steps above. This includes hot steam shower, heavy sweating, sauna, swimming, etc. Use caution when showering, washing your hair, and especially when washing your face.
- **NO** direct sunlight or tanning for at least 2 weeks.
- **NO** makeup, lotion, facewash, serums, shampoo, etc. can touch them for 2 weeks. You can wear makeup, just keep it

away from your brows while healing! After that, avoid products on or near the brows that could lighten the pigment such as Retinoids, Vitamin A, Hyaluronic Acid, Glycolic AHAs, Salicylic BHAs, Niacinamides. Etc.

- **NO** itching or picking at scabs; try to avoid sleeping on your face (if possible)
- If you work out regularly, 4-7 days per week, your eyebrows will fade quickly due to the production of salt/sweat so please take a break from exercise for at least 2 weeks following any procedure.
- The sun and heat can also cause your brows to heal improperly. Once the 2 weeks have passed, always be sure to wear SPF over your brows, and a hat can provide added protection as well.
- If you get frequent facials, specifically chemical peels, be sure to ask the service provider to avoid the brows.
- Smoking can cause the pigment to fade prematurely or shift tone over time.
- Brow growth serums are not recommended for use on brows once you have had a permanent makeup procedure on your brows.
- Some clients heal quicker than others. We do not have control over the healing process or how your skin will retain pigment. Our skin also changes as we age. This is an enhancement to your brows-it does not mean they will be 100% no maintenance.
- There is **NO** guarantee to your final outcome. Each client will have different results as each client's skin is different. Your skin's natural exfoliation, your skincare routine, and your lifestyle play a significant role in the longevity of your brows. Touchup needs will vary by client. If aftercare instructions are followed diligently, your new brows should last approximately 12 to 36 months before you will need a touchup.