

LiFT® Tattoo Removal

Saline removal is a procedure that uses a saline solution to lift permanent makeup pigment or tattoo ink out of the skin. It can be used to lighten and lift bad or unwanted pigmented areas.

The Li-FT® Saline Removal Solution is a non-chemical, non-acid, high salt based, fruit seed extract saline tattoo removal solution that is so effective it can lighten a tattoo or permanent makeup procedure to the point it is no longer visible. It was formulated in an FDA approved USA Lab by the team of female Chemists at Li Pigments. More information on the technique can be found [HERE](#).

Please be aware, as with any tattoo removal procedure, this is not a one session fix. There is no way to predict how many sessions will be needed but generally clients see improvements in just a few sessions. Number of sessions can depend upon several factors:

Tattoo size, nature, thickness and type of the skin, ink quality, ink quantity, ink depth inside the skin, age of tattoo or microblading, skin type, etc.

△ Health Conditions and Contraindications

Not everyone is an ideal candidate for tattoo removal. All conditions below will require an answer on the consent forms that are filled out at your appointment. **If you have some of these conditions, it does not mean that we cannot do the procedure-it just means that we have to know your health background to ensure the safest and best results for you.**

If you have any of these conditions, please discuss with me prior to booking your removal session:

- I WILL NEED TO KNOW ANY ALLERGIES THAT YOU HAVE
- PRIOR LASER / SALINE / OR ACID REMOVAL OF THE BROWS (will need to wait 8 weeks from last session)
- ANY AUTO-IMMUNE DISORDER or TYPE 1 DIABETES- Can affect the healing of injuries or wounds and must have a doctor's note per Ohio law.
- PREGNANT OR NURSING (must be 3 months since pregnancy or nursing)
- ACCUTANE WITHIN THE LAST YEAR
- BOTOX, FILLERS, OR LASER TREATMENTS ON THE FACE WITHIN 4 WEEKS OF YOUR APPOINTMENT (wait at least 3 weeks after as well)
- UNCONTROLLED HIGH BLOOD PRESSURE (requires doctor's note)
- CHEMOTHERAPY/RADIATION PATIENTS (must be at least 12 months since)
- TRANSMITTABLE BLOOD CONDITIONS/HEPATITIS/HIV
- ACNE/PSORIASIS/ECZEMA/PRIOR SHINGLES ANYWHERE ON THE FACE
- PACEMAKER/HEART CONDITION
- HISTORY OF KELOID SCARRING
- EPILEPSY/SEIZURES
- HEMOPHILIAC / BLEED EASILY / PLATELET DISORDER
- TAKING BLOOD THINNERS

△ Skin Prep/Pre-Care

- Follow the Skin Prep/Pre-Care prior to each session.
- Book your appointment at least 2 weeks before any important event to allow time for healing.
- Be sure that you have reviewed the health conditions and contraindications above prior to your sessions.
- Do not come to your appointment with a sunburn or extreme suntan and do not wear makeup.

- 4 weeks before your appointment, please stop any electrolysis, laser treatments, chemical peels, Botox, fillers, or any other injections.
- 4 weeks before your appointment you must discontinue use of products with active ingredients such as Retinoids, Vitamin A, Hyaluronic Acid, Glycolic AHAs, Salicylic BHAs, Niacinamides. Etc.
- 24 hours before your appointment, please be sure to avoid the following as they can increase your risk of bleeding: Blood Thinners (doctor approval), Coffee, Caffeine, Alcohol, Ibuprofen or Aspirin (Tylenol is fine)

△ After-Care

It is critical to follow all aftercare instructions to prevent complications, scarring and to achieve optimum results. Please follow the below instructions until scabbing is complete, approximately 7-14 days. Consult a physician if you have ANY signs of infection which can include: redness (aside from the first few hours after your appointment), foul smell, green or yellow discharge, and/or fever. Please read carefully and follow the aftercare as outlined.

1. **KEEP AREA CLEAN** and open to the air. Do not cover with a Band-Aid or anything else, leave open to air. Air/oxygen provides better and faster healing.
2. **CLEANSE THE AREA** 4x a day with the **Saline provided**. Dampen a paper towel or cotton round with Saline and blot the area 4x daily. Make sure you wash your hands directly before cleansing the area.
3. **DO NOT SOAK** the treated area in water. You can shower as normal but keep the area out of the shower spray the best you can and do not let the area stay wet for more than a few minutes. It is best to keep it dry but if you do get it wet, gently pat dry.
4. **NO SWIMMING, SAUNAS, HOT TUBS, TANNING, OR HEAVY EXERCISE. NO EXCEPTIONS.**
5. **DO NOT DISRUPT THE SCABBING PROCESS** (i.e., no picking, scratching, etc.) All scabbing needs to fall off naturally. If you force or pick a scab off you will disrupt the process and possibly cause scarring. It is critical to keep the scabs on as long as possible to achieve optimum results.
6. **TREAT AREA WITH TLC. DO NOT DO ANYTHING AT ALL THAT COULD CAUSE ISSUES OR PROBLEMS TO THE TREATED AREA.**
7. **ONCE ALL SCABBING HAS NATURALLY FALLEN OFF**, apply one drop of **Vitamin E Oil provided** 3 to 4 times throughout the day for a minimum of 4 weeks, or until next lightening session. **DO NOT** start applying the Vitamin E Oil **UNTIL** all scabbing has naturally and completely fallen off. It is our goal to keep the area as dry as possible until all scabs have naturally fallen off.

❖ It is important to the process and integrity of the skin that 8 full weeks of healing take place before another lightening session can be done. No exceptions

❖ Lightening unwanted pigment can be a long process and patience is required. This is true whether you are choosing a saline lightening product or laser. Please be patient and give the process a fair chance to work.

❖ Expect visible and wanted results in 2 to 5 sessions. How many sessions needed will depend on how saturated the pigment is, how deep it was implanted, the location, the skin type and how much needs to be lightened for the desired result. In many cases of tattoo brows, only a percentage of the pigment needs to be lightened and then we can continue the correction process by color correcting or color shifting. In those cases where we have pigment misplaced or in an unwanted area, color correcting will not be an option and lightening as much of the pigment as possible will be our ultimate goal.

❖ Results cannot be foreseen, predicted or guaranteed.

❖ If you have any questions or concerns at all during the healing process please contact me immediately.