

Third Sunday in Lent

Holy Eucharist Rite II, Year A, Revised Common Lectionary
Sunday, March 8, 2026, 10:30 AM

At the sounding of the bell and the entry of the altar party, please stand as you are able.

PROCESSION

GREETINGS

OPENING HYMN 686 "Come, thou fount of every blessing" (*Nettleton*)



5151 Lake Howell Rd.
Winter Park, FL 32792
407-671-4211
www.strichards.org

*We are a church on a mission
to discover God's grace,
change our lives and change
the whole world.*

*St. Richard's is an inclusive,
open and affirming
congregation that welcomes
all people to participate fully
in the sacraments of the
church, no exceptions.*

MINISTERS SERVING TODAY

Preacher:

The Rev. Dr. A. Dale Truscott

Celebrant:

The Rev. Dr. A. Dale Truscott

Subdeacon: JoJo McHaney

Organist: Dr. Carl Maultsby

Cantor: Stephen O'Connell,

Reader: David Kellogg,

Warren Carlson

LEM: Kat Lisa

Crucifer: Warren Carlson

Flowers: Kin Xuxa

*The flowers on the altar are
donated for the Glory of God
and in memory of*

*Catherine "Ruth" Beard
Happy Heavenly Birthday,
Mom. You are so loved and so
missed every single day.*

*Dedicated by
Connie & Jim Russell*



1 Come, thou fount of ev - ery bless - ing, tune my
2 Here I find my great - est trea - sure; hith - er,
3 Oh, to grace how great a debt - or dai - ly



heart to sing thy grace! Streams of mer - cy nev - er
by thy help, I've come; and I hope, by thy good
I'm con - strained to be! Let thy good - ness, like a



ceas - ing, call for songs of loud - est praise.
plea - sure, safe - ly to ar - rive at home.
fet - ter, bind my wan - dering heart to thee:



Teach me some me - lo - dious son - net, sung by
Je - sus sought me when a stran - ger wan - dering
prone to wan - der, Lord, I feel it, prone to



flam - ing tongues a - bove. Praise the mount! Oh, fix me
from the fold of God; he, to res - cue me from
leave the God I love; here's my heart, oh, take and



on it, mount of God's un - chang - ing love.
dan - ger, in - ter - posed his pre - cious blood.
seal it, seal it for thy courts a - bove.

Words: Robert Robinson (1735-1790), alt. Music: *Nettleton*, melody from *A Repository of Sacred Music, Part II*, 1813;
harm. Gerre Hancock (b. 1934) Copyright ©1971 by Walton Music Corporation. International Copyright secured. All rights reserved. Used with permission.

A Penitential Order: Rite Two

OPENING ACCLAMATION

Celebrant Bless the Lord who forgives all our sins.
People His mercy endures for ever.

Celebrant If we say that we have no sin, we deceive ourselves, and the truth is not in us. But if we confess our sins, God, who is faithful and just, will forgive our sins and cleanse us from all unrighteousness. *1 John 1:8,9*

The People stand or kneel.

THE CONFESSION & ABSOLUTION

Celebrant Let us confess our sins against God and our neighbor.

All **Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.**

Celebrant Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.

All **Amen.**

KYRIE ELEISON "Lord, have mercy" (*Eucharist of the Soul*) LENA MCLIN *All sing.*

Lord, have mer - cy. Lord, have mer - cy. Lord, have mer - cy. **Fine**

Christ, have mer - cy. Christ, have mer - cy. Christ, have mer - cy. **D.C. al Fine**

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Please stand as you are able.

SALUTATION

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

COLLECT OF THE DAY

Celebrant Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.

People **Amen.**

The People sit.

THE WORD OF GOD

THE FIRST READING Exodus 17:1-7

Reader A reading from Exodus.

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the

people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

(Silence)

Reader The Word of the Lord.

People **Thanks be to God.**

PSALM 95 *Venite, exultemus*

First, the cantor sings the **Refrain**. The congregation repeats the **Refrain**. The cantor sings the Psalm verses. The congregation sings the **Refrain** where indicated.

Stephen O'Connell, cantor

Mode 2

Refrain

To-day if you would hear God's voice, hard - en not your hearts.

from Gradual Psalms for the RCL, ed. Bruce E. Ford, Church Publishing Incorporated

- 1 Come, let us sing to the Lord; *
let us shout for joy to the Rock of our salvation.
- 2 Let us come before his presence with thanksgiving *
and raise a loud shout to him with psalms. **(Refrain)**
- 3 For the Lord is a great God, *
and a great King above all gods.
- 4 In his hand are the caverns of the earth, *
and the heights of the hills are his also.
- 5 The sea is his, for he made it, *
and his hands have molded the dry land. **(Refrain)**
- 6 Come, let us bow down, and bend the knee, *
and kneel before the Lord our Maker.
- 7 For he is our God,
and we are the people of his pasture and the sheep of his hand. *
Oh, that today you would hearken to his voice! **(Refrain)**
- 8 Harden not your hearts,
as your forebears did in the wilderness, *
at Meribah, and on that day at Massah, when they tempted me.
- 9 They put me to the test, *
though they had seen my works. **(Refrain)**
- 10 Forty years long I detested that generation and said, *
"This people are wayward in their hearts;
they do not know my ways."
- 11 So I swore in my wrath, *
"They shall not enter into my rest." **(Refrain)**

THE EPISTLE READING Romans 5:1-11

Reader A reading from Romans.

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

(Silence)

Reader Hear what the Spirit is saying to God's people.

People **Thanks be to God.**

Please stand as you are able. All sing.

SEQUENCE HYMN 679 "Surely it is God who saves me" (Thomas Merton)



1 Sure - ly it is God — who saves me; trust - ing him, I shall not
2 Make his deeds — known to the peo - ples; tell out his ex - alt - ed



fear. For the Lord de - fends and shields me and his sav - ing
Name. Praise the Lord, who has done great things; all his works his



help is near. So re - joice as you draw wa - ter from sal -
might pro - claim. Zi - on, lift your voice in sing - ing; for with



va - tion's liv - ing spring; in the day of your de -
you has come to dwell, in your ve - ry midst, the



liv - erance thank the Lord, his mer - cies sing.
great and Ho - ly One of Is - ra - el.

Words: Carl P. Daw, Jr. (b. 1944); para. of *The First Song of Isaiah*. Copyright © 1982 by Hope Publishing Company, Carol Stream, IL 60188. All Rights Reserved. Used by permission. Music: *Thomas Merton*, Ray. W. Urwin (b. 1950). Copyright © 1984 Ray W. Urwin.

THE HOLY GOSPEL John 4:5-42

Gospeller The Holy Gospel of our Lord Jesus Christ according to John.
People **Glory to you, Lord Christ.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water."

Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you."

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him.

Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor."

Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we

believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

Gospeller The Gospel of the Lord.
People **Praise to you, Lord Christ.**

The People sit.

SERMON

Please stand as you are able.

NICENE CREED

All **We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.

For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The People stand or kneel.

PRAYERS OF THE PEOPLE

Leader God of love: hear the cry of those who yearn for love; fractured families, broken homes neglected, unwanted, alone.

People **hear our prayer.**

Leader God of justice: hear the cry of those who yearn for justice; persecuted and oppressed, exploited, ill-treated, broken. God of justice,

People **hear our prayer.**

Leader God of peace: hear the cry of those who yearn for peace; in battle zones and broken states, frightened, fearful, anxious. God of peace,

People **hear our prayer.**

Leader God of healing: hear the cry of those who yearn for healing; physical and spiritual hurting, weakened, depressed. God of healing,

People **hear our prayer.**

Leader God of mercy: hear the cry of those who yearn for mercy; convicted, in need of your Grace, contrite, humbled, bowed down, God of mercy,

People **hear our prayer.**

Leader God who hears: we pray for our own needs and the needs of others.

For the special needs and concerns of this congregation:
Karen, Carol, Emma H., Savanna, Linda K., Stuart, Kathy S., Seamone, and Priscilla.

For those unable to attend in-person worship:
Molly, Faith, Hazel, Ruth, Val, Bill, Tom, Sandra, Tom, Serena, and Ruth.

And for those whom we name before you now either aloud or in silence.

People **hear our prayer.**

Celebrant May you know the peace of God, the love of God, the justice of God, the healing and mercy of God this day and all day.

All **Amen.**

PEACE

Celebrant The peace of the Lord be always with you.

People **And also with you.**

The Ministers and People greet one another in the name of the Lord.

WELCOME AND ANNOUNCEMENTS *The People sit.*

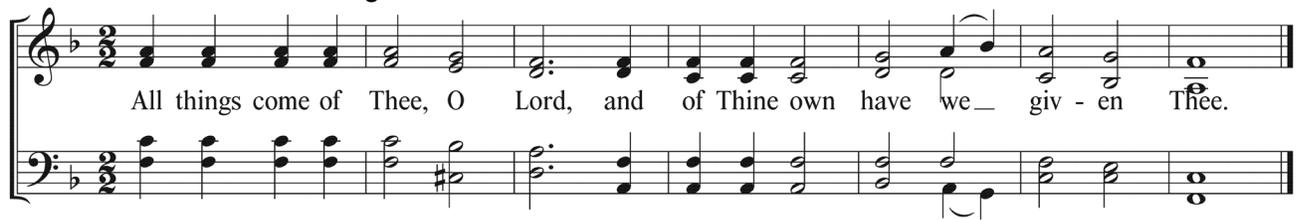
THE HOLY COMMUNION

OFFERTORY ANTHEM "Surely He Hath Borne Our Grievs" from *Messiah* GEORGE FRIDRICH HÄNDEL

Surely he hath borne our griefs, and carried our sorrows: he was wounded for our transgressions,
he was bruised for our iniquities: the chastisement of our sins was upon him.

Please stand as you are able. All sing.

PRESENTATION HYMN "All things come of Thee" LUDWIG VAN BEETHOVEN



All things come of Thee, O Lord, and of Thine own have we_ giv - en Thee.

Please stand as you are able.

EUCCHARISTIC PRAYER B

SURSUM CORDA

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Lift up your hearts.

People **We lift them to the Lord.**

Celebrant Let us give thanks to the Lord our God.

People **It is right to give God thanks and praise.**

Celebrant It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because you sent your beloved Son to redeem us from sin and death, and to make us heirs in him of everlasting life; that when he shall come again in power and great triumph to judge the world, we may without shame or fear rejoice to behold his appearing.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

The People remain standing.

SANCTUS AND BENEDICTUS "Holy, holy, holy Lord" (*Eucharist of the Soul*) LENA MCLIN *All sing.*

Ho - ly, ho - ly, ho - ly, Lord, God of power and
might, hea - ven and earth are full of your glo - ry. Ho - san-na in the high-est.
Bless-ed is he who comes in the name of the Lord. Ho - san-na in the high - est.

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Celebrant We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

MEMORIAL ACCLAMATION

All **We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

Celebrant And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with St. Richard and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

All **Amen.**

Celebrant As our Savior Christ has taught us, we now pray,

THE LORD'S PRAYER

All

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.

BREAKING OF THE BREAD

Celebrant

Christ our Passover is sacrificed for us.

People

Therefore let us keep the feast.

AGNUS DEI S161 "Fraction Anthem: Lamb of God" (*Eucharist of the Soul*) LENA MCLIN *All sing.*

Cue: Organ

Lamb of God, you take a-way the sins of the world: have mer-cy on us.

Lamb of God, you take a-way the sins of the world: have mer-cy on us.

Lamb of God, you

take a - way the sins_ of the world: grant_____ us_____ peace.

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Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

COMMUNION HYMNS

658 "As long the deer for cooling streams" (*Martyrdom*) *All sing.*

1 As longs the deer for cool - ing streams in
 2 For thee, my God, the liv - ing God, my
 3 Why rest - less, why cast down, my soul? Hope
 4 To Fa - ther, Son, and Ho - ly Ghost, the

parched and bar - ren ways, so longs my soul, O
 thirst - y soul doth pine: O when shall I be -
 still, and thou shalt sing the praise of him who
 God whom we a - dore, be glo - ry, as it

God, for thee and thy re - fresh - ing grace.
 hold thy face, thou Ma - jes - ty di - vine?
 is thy God, thy health's e - ter - nal spring.
 was, is now, and shall be ev - er - more.

685 "Rock of ages, cleft for me" (Topaldy) All sing.

1 Rock of a - ges, cleft for me, let me hide my - self in thee;
 2 Should my tears for ev - er flow, should my zeal no lan - guor know,
 3 While I draw this fleet - ing breath, when mine eye - lids close in death,

let the wa - ter and the blood from thy wound - ed side that flowed,
 all for sin could not a - tone: thou must save, and thou a - lone;
 when I rise to worlds un - known and be - hold thee on thy throne,

be of sin the dou - ble cure, cleanse me from its guilt and power.
 in my hand no price I bring, sim - ply to thy cross I cling.
 Rock of a - ges, cleft for me, let me hide my - self in thee.

POST COMMUNION PRAYER

Celebrant

Let us pray.

All

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

BLESSING

Celebrant

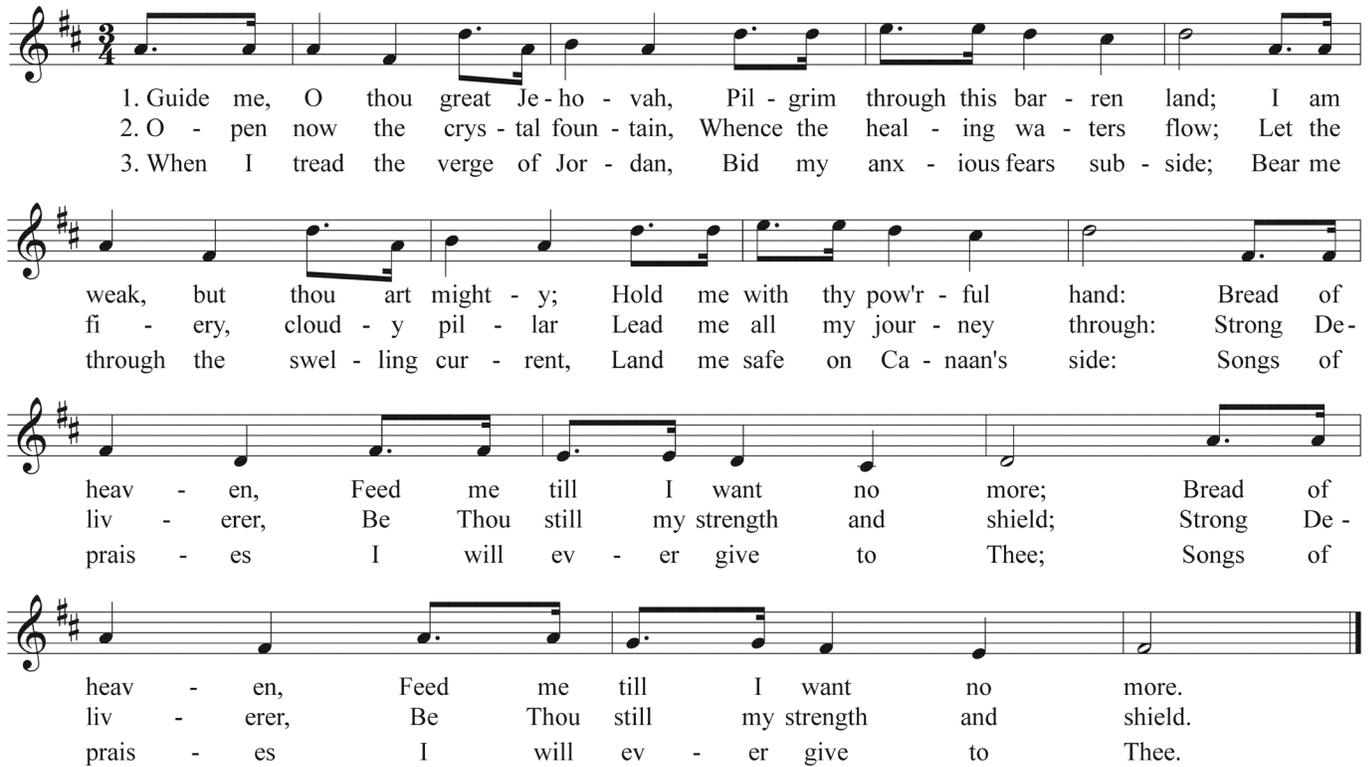
The Peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever.

All

Amen.

Please stand as you are able.

CLOSING HYMN & PROCESSION 690 "Guide me, O thou great Jehovah" (Zion)



1. Guide me, O thou great Je - ho - vah, Pil - grim through this bar - ren land; I am
2. O - pen now the crys - tal foun - tain, Whence the heal - ing wa - ters flow; Let the
3. When I tread the verge of Jor - dan, Bid my anx - ious fears sub - side; Bear me
weak, but thou art might - y; Hold me with thy pow'r - ful hand: Bread of
fi - ery, cloud - y pil - lar Lead me all my jour - ney through: Strong De -
through the swel - ling cur - rent, Land me safe on Ca - naan's side: Songs of
heav - en, Feed me till I want no more; Bread of
liv - erer, Be Thou still my strength and shield; Strong De -
prais - es I will ev - er give to Thee; Songs of
heav - en, Feed me till I want no more.
liv - erer, Be Thou still my strength and shield.
prais - es I will ev - er give to Thee.

DISMISSAL

Celebrant Let us bless the Lord.
People **Thanks be to God.**

PERMISSIONS

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"Come, thou fount of every blessing" (*Nettleton*)
"All things come of Thee," Ludwig van Beethoven
"Surely He Hath Borne Our Grievs" from *Messiah*, George Fridrich Händel
"As long the deer for cooling streams" (*Martyrdom*)
"Rock of ages, cleft for me" (*Topaldy*)
"Guide me, O thou great Jehovah" (*Zion*)



Group Experience to Process Recent Distress

Next Session: Saturday, April 4, 2026, 10:00 AM – 12:00 PM
Location: Conference Room
Register: Text 407-443-3497 or email mjmchaneylmft@gmail.com

Wednesday Morning Prayer Leaders Needed

We are seeking volunteers to lead Wednesday Morning Prayer on Facebook Live. This ministry reaches people within and beyond St. Richard's, especially those who are unable to attend in person. No experience is necessary—training is provided! If you are interested, please contact Harry or Dale.



The Awakening Walkers Group

Join us Saturdays at 10:00 AM, meeting in the breezeway for a gentle walk focused on healing and support.

For information, call the church office at 407-671-4211 and leave your contact details.

Christian Education

Sunday Adult Education

Sunday Mornings at 9:30 am in the Parish Hall.

Children's Education

Sunday Mornings at 9:30 am in the Conference Room.

Tuesday Night Bible Study, 6:30 pm

"The Little Letters." We will cover Galatians, 1 and 2 Thessalonians, 1 and 2 Timothy, Titus, Philemon, 1, 2, 3 John, and Jude. We meet online via Zoom. Meeting ID 987 9473 5512
Passcode: 031992

Wednesday Morning Bible Classes

Wednesday Morning Bible Class!
10 AM in the Conference Room
Taught by Rev. Dr. Dale Truscott, Adjunct Professor of World Religion, Philosophy and Ethics, Valencia College and assisting clergy at St. Richard's since 2011.

Sacred Time, Contemplative Prayer

Tuesdays at 10:30 a.m. in the Lady Chapel at St. Richard's. Join us for an hour of contemplative prayer, silence, and gentle guidance in a peaceful setting. All are welcome; no prior experience is needed.

Fear and Grief in Anxious Times, Poetry and Other Topics

Our own Lisa Grant will be presenting the program at our Wednesday Soup Suppers each week.

As we share supper, we will view videos from the Southern Lights Conference from Epworth By The Sea in St Simon's Island GA, which Lisa attended.

Here are two of the titles: "How I am Coping with Fear in Anxious Times," and "How I am Coping with Anger and Grief in Anxious Times." Poetry readings by Rosemary Wahtola Trommer. Rabbi Rose will speak about Abraham Joshua Heschel, his writings and his influence in the civil rights movement.

Some of these topics sound like they were prepared with us in mind. They were not, of course, but this promises to be a great Lenten experience for St Richard's. Do plan to come. Discussion will follow the suppers after we have watched the video for each Wednesday.

Delight yourself in the Lord,
and he will give you the desires of your heart.

- PSALM 37:4 -



the Sharing center

WE NEED DONATIONS!

YOURS COULD MAKE A DIFFERENCE.

Donate purses, shoes, appliances, furniture and other household goods. Every donated item supports our mission

600 N. Highway 17 - 92
Longwood, FL 32750



SUNDAY, MARCH 8, 2026

8:00 AM Holy Eucharist Rite I (Church)
9:00 AM Childcare available in the Nursery
9:30 AM Adult Education in the Parish Hall
10:30 AM Holy Eucharist Rite II (Church/Online)
5:00 PM *Evening Prayer*

MONDAY, MARCH 9, 2026

9:00 AM Morning Prayer Facebook Live
9:30 AM Orlando Bridge Club - Private (Parish Hall)
6:30 PM Handbell Choir Rehearsal (Office)

TUESDAY, MARCH 10, 2026

9:00 AM Morning Prayer Facebook Live
9:30 AM Orlando Bridge Club - Private (Parish Hall)
10:00 AM Pastoral Care Commission (Conf. Rm.)
10:30 AM Sacred Time (Lady Chapel)
6:30 PM Tuesday Night Bible Study on ZOOM

WEDNESDAY, MARCH 11, 2026

9-11:00 AM Food Pantry
9:00 AM Morning Prayer Facebook Live
10:00 AM Wednesday Morning Bible Study (Conf. Rm.)
11:00 AM Pastoral Counseling By Appointment
11:00 AM Orlando Bridge Club - Private (Parish Hall)
11:30 AM ACA (St. Richard's Rm)
12:00 PM Healing Service (Lady Chapel)
1:00 PM Dream Group (Conf. Rm.)
3:00 PM Violin Lessons (Conf. Rm.)
6:00 PM Lenten Supper (Parish Hall)

THURSDAY, MARCH 12, 2026

9:00 AM Morning Prayer Facebook Live
10:00 AM Tai-Chi (Parish Hall)
10:00 AM OBC Meeting (Conf. Rm.)
11:00 AM Orlando Bridge Club - Private (Parish Hall)
12:00 PM AA (St. Richard's Rm)
2:00 PM Organist in the Church
6:00 PM Good Grief Group (Conf. Rm.)
6:00 PM Scouts (Conf. Rm.)
7:00 PM Schola Rehearsal

FRIDAY, MARCH 13, 2026

9:00 AM Home of Bright Choices (Conf. Rm.)
9:00 AM Morning Prayer Facebook Live
10:30 AM Home of Bright Choices (Kitchen)
11:00 AM Orlando Bridge Club - Private (Parish Hall)
6:00 PM Stations of the Cross (Memorial Garden)

SATURDAY, MARCH 14, 2026

9:00 AM Altar Guild (Church)
9:00 AM OA (St. Richard's Rm)
10:00 AM Eating Disorder Anonymous (St. Richard's Rm)
10:00 AM The Awakening Walkers Group
11:00 AM ACA (Men Group) (St. Richard's Rm)
12:00 PM ACoA (St. Richard's Rm)
2:00 PM Home of Bright Choices (Conf. Rm.)
2:00 PM Organist in the Church

SUNDAY, MARCH 15, 2026

8:00 AM Holy Eucharist Rite I (Church)
9:00 AM Childcare available in the Nursery
9:30 AM Children Education (Godly Play Room)
9:30 AM Adult Education in the Parish Hall
10:30 AM Holy Eucharist Rite II (Church/Online)
5:00 PM *Evening Prayer*

Pasta Donations Needed!

Please help support the food pantry at For Seasons Ministries by donating pasta for families in need.

Requested items:
Dry pasta
(spaghetti, penne, macaroni, etc.)

Unopened packages
Non-expired items only

Donations will help provide meals for local families in our community.

Donations may be dropped off at the office.



MEMBER MINISTRIES STRICHARDS.ORG

For Seasons Ministries

"Our mission is to serve the community in Jesus' name through a community food pantry and other community outreach efforts." Open Wednesdays, 9 AM – 11 AM www.forseasonsministries.org

Music Lessons with Willie Rast

For information on percussion lessons at St. Richard's, contact J. Willis Music, Willie Rast, Owner, willie.rast@gmail.com, or call 407-928-1270.

Children's Violin Studio with Andrea Williams

407-670-4557

The Orlando Bridge Club

offers ACBL Sanctioned games everyday, Monday through Friday at 12:00 noon. Please come and learn or play this fun and mentally stimulating game and bring a friend. We also offer beginner bridge lessons. 321-246-2715

Pet Academy Training & Behavior Modification

Lisa Lovell 321-396-7900 | email@petacademyllc.com

Artist: Drucila Mundo Ferrer

mundoavantgarde.com Instagram/Facebook: @mundoavantgarde

Artist and Iconographer: Sayaka Kamakari

Talented icon writer and professional artist. You can see many of her gorgeous icons around St. Richard's. A limited number of her paintings and prints are for sale in St. Richard's church office. Available for commissions.

Website: sayacons.com Instagram: www.instagram.com/sayakareyes

Facebook: www.facebook.com/sayasartstudio

Email: sayakareyes@gmail.com

The Church of the Messiah

www.churchofthemessiah.com



St Richard's
Episcopal Church

Staff:

The Rev. Dr. A. Dale Truscott,
Interim Priest-in-Charge

The Rev. Dr. Harry Coverston,
The Rev. Dr. Thomas A. Downs,
Assisting Clergy

Dr. Carl MaulsBy
Director of Music /Organist
organist@strichards.org

Drucila Mundo,
Parish Administrator
drucila@strichards.org

David Kellogg,
Assistant to the Administrator
david@strichards.org

Scott Schuerman
Sexton

Vestry Members

Michael Dey
Stephen O'Connell
Melissa Youngman
Lisa Grant
Justin Graham
Debbie Sponsler
Steven McConnell
Luis Pagan
Jacky Rodriguez
John King
Linda Jakubisin
Bob Cochrane
Bonnie Danner
Leslie Poole

5151 Lake Howell Rd.
Winter Park, FL 32792
www.strichards.org
(407) 671-4211 - Office

Office Hours: Mon-Thurs
9:00 am - 4:00 pm

Sunday 5:00 p.m. Worship *Schedule*

First Sunday of the Month:
Evening Prayer

Second Sunday of the Month:
Contemplative Eucharist in the Celtic Tradition, the Rev. Dale Truscott.

Third Sunday of the Month:
Evening Prayer

Fourth Sunday of the Month:
Taizé, the Rev. Dr. Harry Coverston.
Taize is a contemplative service with prayers & chanting.

Sunday Evening Worship

It is the practice of St. Richard's parish to offer three services every Sunday, an 8 AM Rite I Eucharist, a 10:30 AM Rite II Eucharist with music, and a 5 PM evening worship service.

On the second Sunday of each month, a Celtic Eucharist is held in the Lady Chapel. On the fourth Sunday of each month, a contemplative Taizé service is held with chants and prayers around the cross. On the first, third and occasional fifth Sunday of each month, our parishioners gather for Evening Prayer and Compline. This is a lay-led service of readings and prayers.

These services are intimate, quiet, offering peaceful worship at the end of long weeks and the beginning of the next. Everyone is invited to attend.

Pastoral Care Counseling Office

Gail Hencken, RN, LMHC, will be in the Pastoral Care Counseling Office from 11:00 am- 3:00 pm on Wednesdays to provide consultation for individuals, couples, families or groups of any age/stage of life, by appointment only. For further information please contact Gail directly.
phone/text 407-718-9128
email wehgh44@yahoo.com



TAI CHI, COMMUNITY,
WELLNESS, AND
GENTLE MOVEMENTS

Thursdays at 10:00 a.m.
St. Richard's Parish Hall
Join instructor Carol Alves for a gentle Tai Chi class designed for all ages and fitness levels. *Discover peace, balance, and strength through mindful movement and community connection.*

Birthdays and Anniversaries

Birthdays: Fernanda Arnay 3/1, Kathy Stockman 3/2, Serena Fisher 3/3, Charlie Wilson 3/3, Brenda Lutter 3/5, Connie Munroe 3/8, Mary Nan Johnson 3/9, Andrew Lisa 3/9, Judy Delsanter 3/10, Michael Dey 3/14, Hazel Elliott 3/15, Felix Rodriguez 3/16, Tom Irish 3/18, Claire Thompson 3/18, Bruce Wiley 3/19, Bill Platt 3/20, Sheila Geha 3/22, Bob Cochrane 3/23, Barth Engert 3/30

Anniversaries: Andrew & Kat Lisa 3/10

Prayer REQUEST

— we want to stand with you —

We pray for Karen Nelson, Carol Alves, Emma Haw, Savanna, Linda K., Stuart, Kathy S., Seamone, and Priscilla. For our members who are unable to attend in-person worship: Molly, Faith, Hazel, Ruth, Val, Bill, Tom, Sandra, Tom, Serena, and Ruth.

And family, friends, for the whole St. Richard's Community, the clergy, the vestry, the staff and volunteers.

JANUARY REPORT

Plate and Pledge/Loose Plate Offerings in January: \$25,691.00

Total Revenues: \$ 42,935.85

Total Expenses: \$ 36,058.18

Ending January Cash Flow: \$ 6,877.67

Year-to-date Cash Flow: \$ 6,877.67

If you have not yet made a pledge for 2026, we encourage you to do so.

Family Promise

Thank You to the amazing Family Promise volunteers who last week supported local families in need of shelter, compassion, and hospitality. Feeding and caring for our neighbors is at the core of this mission and St. Richard's stepped up again! The volunteers provided much needed love and care for four parents and ten children. If you want to make a difference, our next host week is May 3 - 10. Look for more information in April.



Keeping our Planet Green and our Costs Down: Consider viewing the Sunday Bulletin on your mobile device on Sunday Mornings.



#strichardsepiscopalchurch



StRichardsWinterPark



GUEST

Password: Access5151



Scan the QR Code to
Give Online or visit
strichards.org

"...for God loves a cheerful giver." 2 Corinthians 9:7

zelle

treasurer@strichards.org

We are a church on a mission to discover God's grace, change our lives and change the world. Whoever you are, and wherever you may be on the journey of the Spirit, St. Richard's Episcopal Church welcomes you.