

# First Sunday in Lent

Holy Eucharist Rite II, Year A, Revised Common Lectionary  
Sunday, February 22, 2026, 10:30 AM



St Richard's  
Episcopal Church  
Winter Park, Florida

5151 Lake Howell Rd.  
Winter Park, FL 32792  
407-671-4211  
[www.strichards.org](http://www.strichards.org)

*We are a church on a mission  
to discover God's grace,  
change our lives and change  
the whole world.*

*St. Richard's is an inclusive,  
open and affirming  
congregation that welcomes  
all people to participate fully  
in the sacraments of the  
church, no exceptions.*

## MINISTERS SERVING TODAY

### **Preacher:**

The Rev. Dr. Tom Downs

### **Celebrant:**

The Rev. Dr. Tom Downs

**Subdeacon:** Art pini

**Organist:** Dr. Carl MaultsBy

**Cantor:** Brenda Lutter

**Reader:** Art Pini,

Barbie Elder

**LEM:** Kat Lisa

**Crucifer:** Lisa Nugent

**Flowers:** Kin Xuxa



*Temptation of Christ on the Mount, 1308-1311  
Duccio, di Buoninsegna*

On the sounding of the bell at the entry of the procession, please stand as you are able.

## PROCESSION

### THE GREAT LITANY JOHN MERBECKE

*Officiant*  
O God the Father, Creator of heaven and earth, *People*  
Have mer - cy up - on us.

*Officiant*  
O God the Son, Redeemer of the world, *People*  
Have mer - cy up - on us.

*Officiant*  
O God the Holy Ghost, Sanctifier of the faith - ful, *People*  
Have mer - cy up - on us.

*Officiant*  
O holy, blessed, and glorious Trinity, one God, *People*  
Have mer - cy up - on us.

*Officiant*  
Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy

*People*  
preserve us for ev - er. Spare us, good Lord.

*Officiant*  
From all evil and wickedness; from sin; from the crafts and assaults of the

devil; and from everlast - ing dam - na - tion,

*People*  
Good Lord, de - liv - er us.

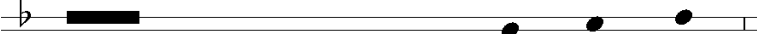
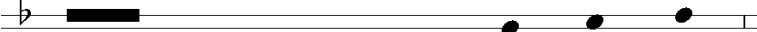
*(This same response is sung after the petitions that follow)*

*Officiant* From all blindness of heart; from pride, vainglory, and hypocrisy; from envy, hatred, and malice; and from all want of charity,

*People* **Good Lord, deliver us.**

*Officiant* From all inordinate and sinful affections; and from all the deceits of the world, the flesh, and the devil,

*People*  
Good Lord, de - liv - er us.

|           |  |
|-----------|--|
| Officiant | From all false doctrine, heresy, and schism; from hardness of heart, and contempt of thy Word and commandment,   |
| People    | <b>Good Lord, deliver us.</b>  |
| Officiant | From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine,   |
| People    | <b>Good Lord, deliver us.</b>  |
| Officiant | From all oppression, conspiracy, and rebellion; from violence, battle, and murder; and from dying suddenly and unprepared,   |
| People    | <b>Good Lord, deliver us.</b>  |
| Officiant | By the mystery of thy holy Incarnation; by thy holy Nativity and submission to the Law; by thy Baptism, Fasting, and Temptation,   |
| People    | <b>Good Lord, deliver us.</b>  |
| Officiant | By thine Agony and Bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial; by thy glorious Resurrection and Ascension; and by the Coming of the Holy Ghost,  |
| People    | <b>Good Lord, deliver us.</b>  |
| Officiant | In all time of our tribulation; in all time of our prosperity; in the hour of death, and in the day of judgment,   |
| People    | <b>Good Lord, deliver us.</b>  |
| Officiant | We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,  |
| People    | <p><i>People</i></p>  <p>We beseech thee to hear us, good Lord.</p> <p><i>(This same response is sung after the petitions that follow)</i></p> |
| Officiant | That it may please thee to illumine all bishops, priests, and deacons, with true knowledge and understanding of thy Word; and that both by their preaching and living, they may set it forth, and show it accordingly,             |
| People    | <b>We beseech thee to hear us, good Lord.</b>  |
| Officiant | That it may please thee to bless and keep all thy people,  |
| People    | <b>We beseech thee to hear us, good Lord.</b>  |
| Officiant | That it may please thee to send forth laborers into thy harvest, and to draw all hu into thy kingdom,  |
| People    | <b>We beseech thee to hear us, good Lord.</b>  |
| Officiant | That it may please thee to give to all people increase of grace to hear and receive thy Word, and to bring forth the fruits of the Spirit,   |
| People    | <p><i>People</i></p>  <p>We beseech thee to hear us, good Lord.</p> <p><i>(This same response is sung after the petitions that follow)</i></p> |

|           |  |
|-----------|--|
| Officiant | That it may please thee to bring into the way of truth all such as have erred, and are deceived,   |
| People    | <b>We beseech thee to hear us, good Lord.</b>  |
| Officiant | That it may please thee to give us a heart to love and fear thee, and diligently to live after thy commandments,   |
| People    | <b>We beseech thee to hear us, good Lord.</b>  |
| Officiant | That it may please thee so to rule the hearts of thy servants, the President of the United States, and all others in authority, that they may do justice, and love mercy, and walk in the ways of truth, |
| People    | <b>We beseech thee to hear us, good Lord.</b>  |
| Officiant | That it may please thee to make wars to cease in all the world; to give to all nations unity, peace, and concord; and to bestow freedom upon all peoples,  |
| People    | <b>We beseech thee to hear us, good Lord.</b>  |
| Officiant | That it may please thee to show thy pity upon all prisoners and captives, the homeless and the hungry, and all who are desolate and oppressed,   |
| People    | <b>We beseech thee to hear us, good Lord.</b>  |
| Officiant | That it may please thee to give and preserve to our use the bountiful fruits of the earth, so that in due time all may enjoy them,   |
| People    | <b>We beseech thee to hear us, good Lord.</b>  |
| Officiant | That it may please thee to inspire us, in our several callings, to do the work which thou givest us to do with singleness of heart as thy servants, and for the common good,                             |
| People    | <b>We beseech thee to hear us, good Lord.</b>  |
| Officiant | That it may please thee to preserve all who are in danger by reason of their labor or their travel,  |
| People    | <b>We beseech thee to hear us, good Lord.</b>  |
| Officiant | That it may please thee to preserve, and provide for, all women in childbirth, young children and orphans, the widowed, and all whose homes are broken or torn by strife,                                |
| People    | <p><i>People</i></p> <p>We beseech thee to hear us, good Lord.</p> <p><i>(This same response is sung after the petitions that follow)</i></p>  |
| Officiant | That it may please thee to visit the lonely; to strengthen all who suffer in mind, body, and spirit; and to comfort with thy presence those who are failing and infirm,                                  |
| People    | <b>We beseech thee to hear us, good Lord.</b>  |
| Officiant | That it may please thee to support, help, and comfort all who are in danger, necessity, and tribulation,   |
| People    | <b>We beseech thee to hear us, good Lord.</b>  |
| Officiant | That it may please thee to have mercy upon all humankind,  |
| People    | <b>We beseech thee to hear us, good Lord.</b>  |

*Officiant* That it may please thee to give us true repentance; to forgive us all our sins, negligences, and ignorances; and to endue us with the grace of thy Holy Spirit to amend our lives according to thy holy Word,

*People* **We beseech thee to hear us, good Lord.**

*Officiant* That it may please thee to forgive our enemies, persecutors, and slanderers, and to turn their hearts,

*People* **We beseech thee to hear us, good Lord.**

*Officiant* That it may please thee to strengthen such as do stand; to comfort and help the weak-hearted; to raise up those who fall; and finally to beat down Satan under our feet,

*People* **We beseech thee to hear us, good Lord.**

*Officiant* That it may please thee to grant to all the faithful departed eternal life and peace,

*People* **We beseech thee to hear us, good Lord.**

*Officiant* That it may please thee to grant that, in the fellowship of St. Richard and all the saints, we may attain to thy heavenly kingdom,

*People* **We beseech thee to hear us, good Lord.**



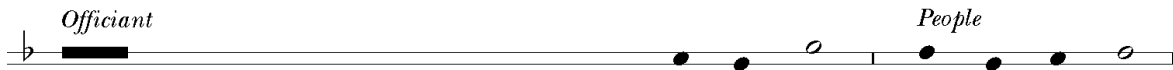
*Officiant* Son of God, we beseech thee to hear us.

*People* Son of God, we beseech thee to hear us.

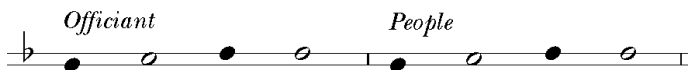


O Lamb of God, that takest away the sins of the world, Have mer-cy up-on us.

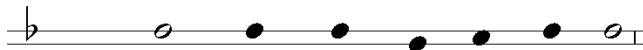
O Lamb of God, that takest away the sins of the world, Have mer-cy up-on us.



O Lamb of God, that takest away the sins of the world, Grant us thy peace.



O Christ, hear us. O Christ, hear us.



*Officiant* Lord, have mer - cy up - on us.

*People* Christ, have mer - cy up - on us.

*Officiant* Lord, have mer - cy up - on us.

## SALUTATION

*Please stand as you are able.*

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Let us pray.

## COLLECT OF THE DAY

*Celebrant* Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

*People*      **Amen.**

*The People sit.*

## **THE WORD OF GOD**

### **THE FIRST READING Genesis 2:15-17; 3:1-7**

*Reader*      A reading from Genesis.

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die."

Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden'?" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

*Reader*      The Word of the Lord.

*People*      **Thanks be to God.**

**PSALM 32** *Beati quorum* Music: ED. BRUCE E. FORD

First, the cantor sings the **Refrain**. The congregation repeats the **Refrain**. The cantor sings the psalm verses. The congregation sings the **Refrain** where indicated.

Brenda Lutter, cantor

Mode 2

**Refrain**

Hap - py are they whose trans - gres - sions are for - giv - en,  
and whose sin is put a - way!

from *Gradual Psalms for the RCL*, ed. Bruce E. Ford, Church Publishing Incorporated

**Verses**

- 1 Happy are they whose transgressions are forgiven, \*  
and whose sin is put away!
- 2 Happy are they to whom the Lord imputes no guilt, \*  
and in whose spirit there is no guile! **[Refrain.]**
- 3 While I held my tongue, my bones withered away, \*  
because of my groaning all day long.
- 4 For your hand was heavy upon me day and night; \*  
my moisture was dried up as in the heat of summer. **[Refrain.]**
- 5 Then I acknowledged my sin to you, \*  
and did not conceal my guilt.
- 6 I said, "I will confess my transgressions to the Lord." \*  
Then you forgave me the guilt of my sin.
- 7 Therefore all the faithful will make their prayers to you in time of trouble; \*  
when the great waters overflow, they shall not reach them.
- 8 You are my hiding-place;  
you preserve me from trouble; \*  
you surround me with shouts of deliverance. **[Refrain.]**
- 9 "I will instruct you and teach you in the way that you should go; \*  
I will guide you with my eye.
- 10 Do not be like horse or mule, which have no understanding; \*  
who must be fitted with bit and bridle,  
or else they will not stay near you." **[Refrain.]**
- 11 Great are the tribulations of the wicked; \*  
but mercy embraces those who trust in the Lord.
- 12 Be glad, you righteous, and rejoice in the Lord; \*  
shout for joy, all who are true of heart. **[Refrain.]**

## THE EPISTLE READING Romans 5:12-19

*Reader* A reading from Romans.

As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-- sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

*Reader* Hear what the Spirit is saying to God's people.  
*People* **Thanks be to God.**



Please stand as you are able.

**SEQUENCE HYMN 150** "Forty days and forty nights" (*Aus der Tiefe rufe ich*)

The musical score is written for two staves, treble and bass clef, in a key with one flat (B-flat). It consists of two systems of music. Each system has five numbered vocal parts (1-5) with lyrics underneath. The first system covers the first verse, and the second system covers the second verse. The music is a simple, hymn-like melody with chords.

1 For - ty days and for - ty nights thou wast fast - ing in the wild;  
2 Should not we thy sor - row share and from world - ly joys ab - stain,  
3 Then if Sa - tan on us press, Je - sus, Sa - vior, hear our call!  
4 So shall we have peace di - vine: ho - lier glad - ness ours shall be;  
5 Keep, O keep us, Sa - vior dear, ev - er con - stant by thy side;

1 for - ty days and for - ty nights tempt - ed, and yet un - de - filed.  
2 fast - ing with un - ceas - ing prayer, strong with thee to suf - fer pain?  
3 Vic - tor in the wil - der - ness, grant we may not faint nor fall!  
4 round us, too, shall an - gels shine, such as min - is - tered to thee.  
5 that with thee we may ap - pear at the e - ter - nal Eas - ter - tide.

Words: George Hunt Smyttan (1822-1870), alt.

Music: *Aus der Tiefe rufe ich*, melody att. Martin Herbst (1654-1681), alt.; harm. William Henry Monk (1823-1889)

**THE HOLY GOSPEL Matthew 4:1-11**

*Gospeller* The Holy Gospel of our Lord Jesus Christ according to Matthew.  
*People* **Glory to you, Lord Christ.**

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written,

'One does not live by bread alone,  
but by every word that comes from the mouth of God.'

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written,

'He will command his angels concerning you,'  
and 'On their hands they will bear you up,  
so that you will not dash your foot against a stone.'

Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'"

Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you

will fall down and worship me.” Jesus said to him, “Away with you, Satan! for it is written,

‘Worship the Lord your God,  
and serve only him.’”

Then the devil left him, and suddenly angels came and waited on him.

*Gospeller*      The Gospel of the Lord.  
*People*          **Praise to you, Lord Christ.**

*The People sit.*

## **SERMON**

*Please stand as you are able.*

## **NICENE CREED**

*All*              **We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man.**

**For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

*The People stand or kneel.*

## **PRAYERS OF THE PEOPLE**

*Leader*          God of love: hear the cry of those who yearn for love; fractured families, broken homes neglected, unwanted, alone.

*People*          God of love,  
**hear our prayer.**

*Leader*          God of justice: hear the cry of those who yearn for justice; persecuted and oppressed, exploited, ill-treated, broken. God of justice,

*People*          **hear our prayer.**

*Leader*          God of peace: hear the cry of those who yearn for peace; in battle zones and broken states, frightened, fearful, anxious. God of peace,

*People*          **hear our prayer.**

*Leader*          God of healing: hear the cry of those who yearn for healing; physical and spiritual hurting, weakened, depressed. God of healing,

*People*          **hear our prayer.**

*Leader* God of mercy: hear the cry of those who yearn for mercy; convicted, in need of your Grace, contrite, humbled, bowed down, God of mercy,

*People* **hear our prayer.**

*Leader* God who hears: We pray for our own needs and the needs of others.  
For the special needs and concerns of this congregation:  
Karen, Carol, Emma H., Savanna, Linda K., Stuart, Kathy S., Seamone, and Priscilla.

For those unable to attend in-person worship:  
Molly, Faith, Hazel, Ruth, Val, Bill, Tom, Sandra, Tom, Serena, and Ruth.

*People* And for those whom we name before you now either aloud or in silence.  
**hear our prayer.**

*Celebrant* May you know the peace of God, the love of God, the justice of God, the healing and mercy of God this day and all day.  
*All* **Amen.**

## PEACE

*Celebrant* The peace of the Lord be always with you.  
*People* **And also with you.**

*The Ministers and People greet one another in the name of the Lord.*

## WELCOME AND ANNOUNCEMENTS *The People sit.*

## OFFERTORY ANTHEM "It Is Well with My Soul" ARR. JOHN NESS BECK

*Please stand as you are able. All sing.*

## PRESENTATION HYMN "All things come of Thee" LUDWIG VAN BEETHOVEN

All things come of Thee, O Lord, and of Thine own have we giv - en Thee.

## THE HOLY COMMUNION

*Please stand as you are able.*

### **EUCCHARISTIC PRAYER B**

### **SURSUM CORDA**

*Celebrant* The Lord be with you.  
*People* **And also with you.**

*Celebrant* Lift up your hearts.  
*People* **We lift them to the Lord.**

*Celebrant* Let us give thanks to the Lord our God.  
*People* **It is right to give God thanks and praise.**

*Celebrant* It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because you sent your beloved Son to redeem us from sin and death, and to make us heirs in him of everlasting life; that when he shall come again in power and great triumph to judge the world, we may without shame or fear rejoice to behold his appearing.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

*The People remain standing.*

**SANCTUS AND BENEDICTUS** "Holy, holy, holy Lord" (*Eucharist of the Soul*) LENA McLIN *All sing.*

Ho - ly, ho - ly, ho - ly, Lord, God of power and  
might, hea - ven and earth are full of your glo - ry. Ho - san-na in the high-est.  
Bless-ed is he who comes in the name of the Lord. Ho - san-na in the high - est.

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**Celebrant** We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me." After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**MEMORIAL ACCLAMATION**

**All** Christ has died.  
Christ is risen.  
Christ will come again.

**Celebrant** And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with St. Richard and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever.

*All* **Amen.**

*Celebrant* As our Savior Christ has taught us, we now pray,

## THE LORD'S PRAYER

*All* **Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. Amen.**

## BREAKING OF THE BREAD

*Celebrant* Christ our Passover is sacrificed for us.

*People* **Therefore let us keep the feast.**

## AGNUS DEI S161 "Fraction Anthem: Lamb of God" (*Eucharist of the Soul*) LENA MCLIN *All sing.*

*Cue: Organ*

Lamb of God, you take a-way the sins of the world: have mer-cy on us.

Lamb of God, you take a-way the sins of the world: have mer-cy on us.

Lamb of God, you

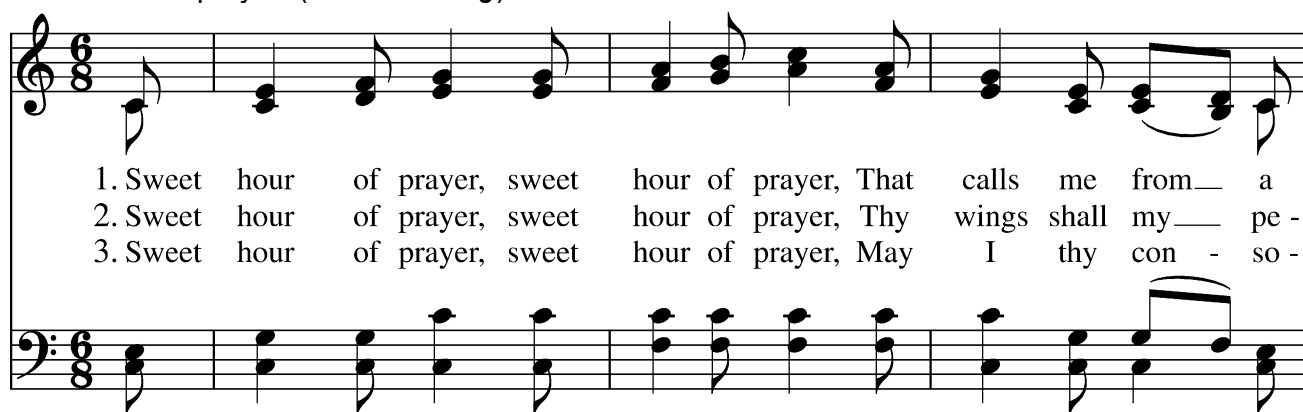
take a - way the sins of the world: grant us peace.

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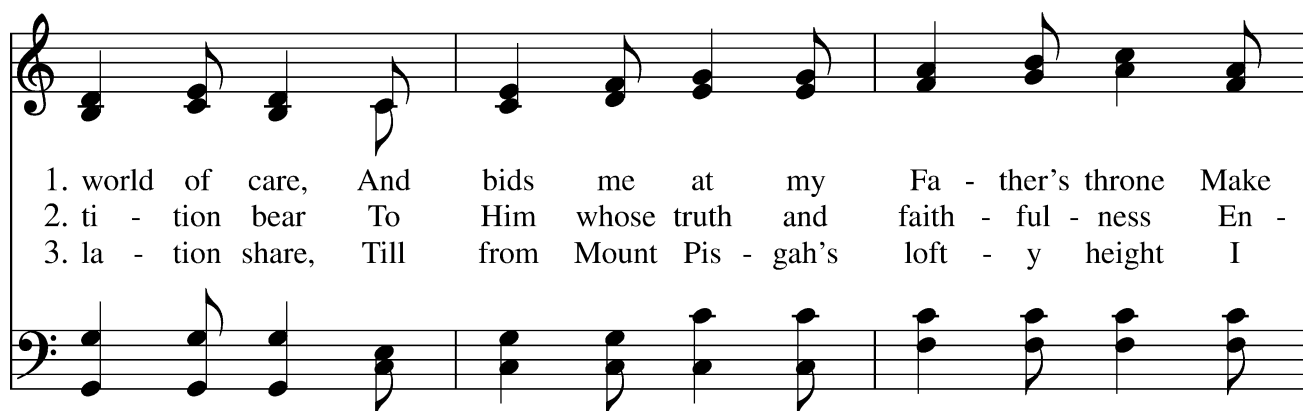
*Celebrant* The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

# COMMUNION HYMNS

"Sweet hour of prayer" (St. Petersburg)



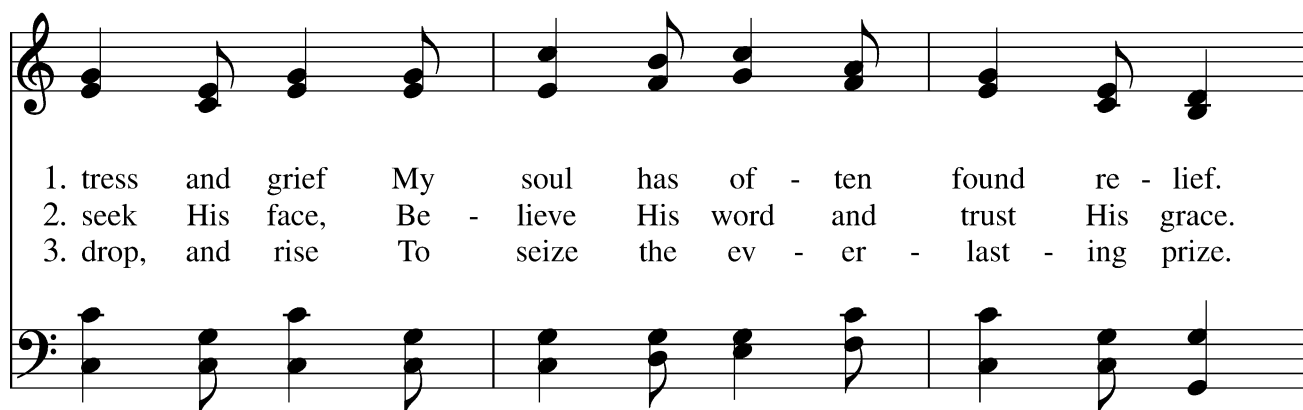
1. Sweet hour of prayer, sweet hour of prayer, That calls me from— a  
 2. Sweet hour of prayer, sweet hour of prayer, Thy wings shall my— pe -  
 3. Sweet hour of prayer, sweet hour of prayer, May I thy con - so -



1. world of care, And bids me at my Fa - ther's throne Make  
 2. ti - tion bear To Him whose truth and faith - ful - ness En -  
 3. la - tion share, Till from Mount Pis - gah's loft - y height I



1. all my wants— and wish - es known. In sea - sons of dis -  
 2. gage the wait - ing soul to bless; And since He bids me  
 3. view my home— and take my flight: This robe of flesh I'll



1. tress and grief My soul has of - ten found re - lief.  
 2. seek His face, Be - lieve His word and trust His grace.  
 3. drop, and rise To seize the ev - er - last - ing prize.

1. And oft es - caped the tempt - er's snare By  
 2. I'll cast on Him my ev - 'ry care, And  
 3. And shout, while pass - ing through the air, "Fare -

1. thy re - turn, sweet hour of prayer.  
 2. wait for thee, sweet hour of prayer.  
 3. well, fare - well, sweet hour of prayer!"

Words: William Walford (1772-1850). Music: William B. Bradbury (1816-1868).

"Bonum est confidere (It is good to trust)"

*Schola St. Richard's sings the Refrain twice in Latin. Then all sing the Refrain in English.*

Ostinato Refrain

Bo-num est con - fi - de - re in Do - mi - no,  
*It is good to trust in the Lord our God,*

bo - num spe - ra - re in Do - mi - no.  
*trust and hope in the Lord our God.*

Text: Psalm 118; Taizé Community

Tune: Jacques Berthier, 1923-1994

© 1982, 1983, 1984, Les Presses de Taizé, GIA Publications, Inc., agent

## POST COMMUNION PRAYER

*Celebrant*

Let us pray.

*All*

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

## BLESSING

*Celebrant*

The Peace of God, which passes all understanding, keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord; and the blessing of God Almighty, the Father, the Son, and the Holy Spirit, be upon you and remain with you for ever.

*All*

**Amen.**

*Please stand as you are able.*

## CLOSING HYMN & PROCESSION “Yield not to temptation” HORATIO R. PALMER

*The hymn is found on page 17.*

## DISMISSAL

*Celebrant*

Let us bless the Lord.

*People*

**Thanks be to God.**

## PERMISSIONS

### Streaming and reprinted under OneLicense.Net#A722955

“Holy, Holy, Holy Lord,” and “Lamb of God” from *New Plainsong*, © 1972 Meil A. Kjos Music Company, Music: Lena McLin

“Bonum est confidere (It is good to trust)” Words: Psalm 118; Taizé; Music: Jacques Berthier © 1982, 1983, 1984, Les Presses de Taizé, GIA Publications, Inc., agent.

### Streaming and reprint by permission of the Composer

“Psalm 32” from *Gradual Psalms for the RCL*, Music: Ed. Bruce Ford. ©2007 Church Publishing Incorporated.

### Public Domain

“Forty days and forty nights” (*Aus der Tiefe rufe ich*)

“Yield not to temptation” by Horatio R. Palmer

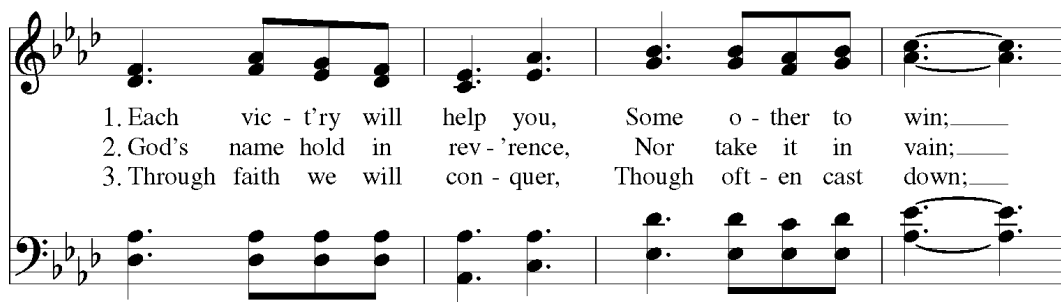
“Sweet hour of prayer” (*St. Petersburg*)



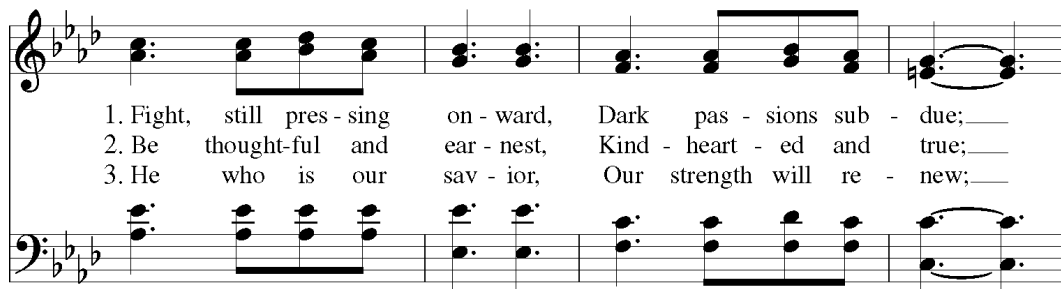
# "Yield not to temptation"



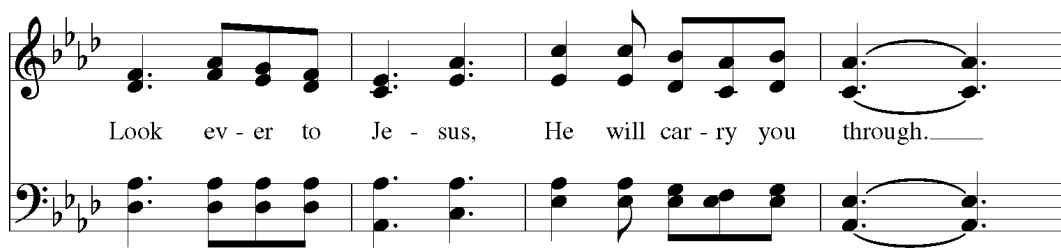
1. Yield not to temp - ta - tion, For yield - ing is sin; \_\_\_\_\_  
 2. Shun e - vil com - pan - ions, Bad lan - guage dis - dain; \_\_\_\_\_  
 3. To him that o'er - com - eth, God giv - eth a crown; \_\_\_\_\_



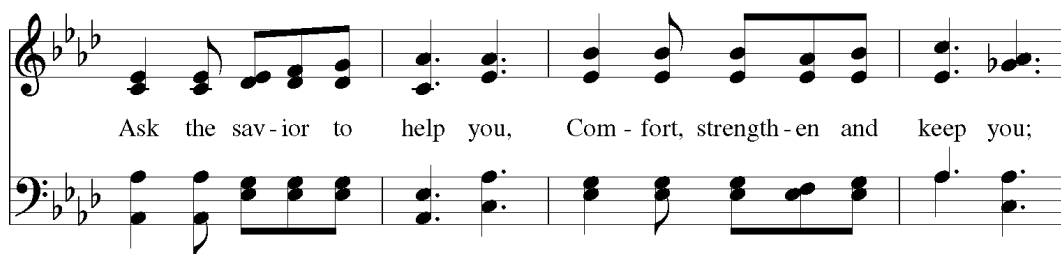
1. Each vic - t'ry will help you, Some o - ther to win; \_\_\_\_\_  
 2. God's name hold in rev - 'rence, Nor take it in vain; \_\_\_\_\_  
 3. Through faith we will con - quer, Though oft - en cast down; \_\_\_\_\_



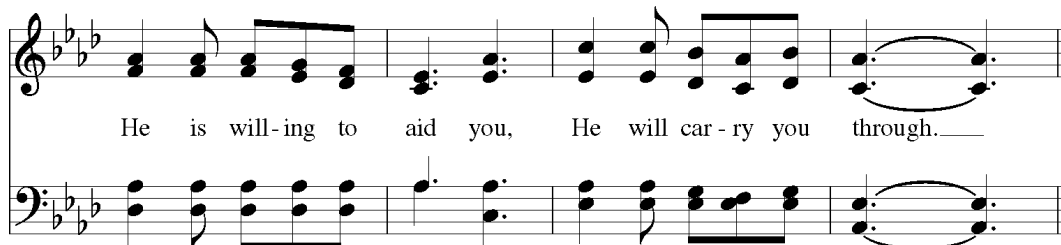
1. Fight, still pres - sing on - ward, Dark pas - sions sub - due; \_\_\_\_\_  
 2. Be thought - ful and ear - nest, Kind - heart - ed and true; \_\_\_\_\_  
 3. He who is our sav - ior, Our strength will re - new; \_\_\_\_\_



Look ev - er to Je - sus, He will car - ry you through. \_\_\_\_\_



Ask the sav - ior to help you, Com - fort, strength - en and keep you;



He is will - ing to aid you, He will car - ry you through. \_\_\_\_\_

# Divine Dinners

**Tibbys New Orleans Kitchen**  
2203 Aloma Ave. Winter Park 32792  
Wear your Mardi Gras beads and join us  
for a night of friendship and great food !!!  
**Sunday, March 1, 2026 | 6 o'clock RSVP call or Text**  
**Tim Maurer 321-297-1847**

Join the Union of Black Episcopalians, Chapter of Central Florida, for the Annual Absalom Jones Celebration on Saturday, February 28, 2026, at St. Richard's Episcopal Church in Winter Park. This year's theme, "Rise in the Power of the Spirit, Walk in Grace: A Call for Justice, Healing, and Hope," invites us into worship, reflection, and conversation. Lunch is \$40 for adults and \$15 for youth. Registration and details are available at AbsalomJonesCFLUBE. eventbrite.com.

## Group Experience to Process Recent Distress

Next Session: Saturday, March 7, 2026, 10:00 AM – 12:00 PM  
Location: Conference Room  
Register: Text 407-443-3497 or email mjmchaneylmft@gmail.com

PLEASE SIGN UP!



# DONATE BLOOD

**St. Richard's Episcopal Church**  
**Sunday, March 1**  
9:00 AM - 2:00 PM

All donors will receive\*:  
- **\$20 eGift Card**  
- **St. Patrick's Day T-shirt**  
- **Wellness Checkup** including blood pressure, pulse, temperature, iron count, and cholesterol screening.

Fact: Only 3% of those who are eligible actually donate blood.



Appointments are encouraged, please visit [oneblood.org/donate-now](https://oneblood.org/donate-now) and use **sponsor code 7229**

Donors Receive



- PLUS -



- PLUS -



PLEASE SIGN UP!



## Christian Education

### Sunday Adult Education

Sunday Mornings at 9:30 am in the Parish Hall.

### Children's Education

Sunday Mornings at 9:30 am in the Conference Room.

### Tuesday Night Bible Study, 6:30 pm

"The Little Letters." We will cover Galatians, 1 and 2 Thessalonians, 1 and 2 Timothy, Titus, Philemon, 1, 2, 3 John, and Jude. We meet online via Zoom. Meeting ID 987 9473 5512  
Passcode: 031992

### Wednesday Morning Bible Classes

Wednesday Morning Bible Class!

10 AM in the Conference Room

Taught by Rev. Dr. Dale Truscott, Adjunct Professor of World Religion, Philosophy and Ethics, Valencia College and assisting clergy at St. Richard's since 2011.

### Sacred Time, Contemplative Prayer

Tuesdays at 10:30 a.m. in the Lady Chapel at St. Richard's. Join us for an hour of contemplative prayer, silence, and gentle guidance in a peaceful setting. All are welcome; no prior experience is needed.

### Fear and Grief in Anxious Times, Poetry and Other Topics

Our own Lisa Grant will be presenting the program at our Wednesday Soup Suppers each week beginning this Wednesday, Feb. 25 at 6:00 p.m.

As we share supper, we will view videos from the Southern Lights Conference from Epworth By The Sea in St Simon's Island GA, which Lisa attended. Video talks are from



Diane Butler Bass,



Brian McLeran,



Rabbi Or Rose.

Here are two of the titles: "How I am Coping with Fear in Anxious Times," and "How I am Coping with Anger and Grief in Anxious Times." Poetry readings by Rosemary Wahtola Trommer. Rabbi Rose will speak about Abraham Joshua Heschel, his writings and his influence in the civil rights movement.

Some of these topics sound like they were prepared with us in mind. They were not, of course, but this promises to be a great Lenten experience for St Richard's. Do plan to come. Discussion will follow the suppers after we have watched the video for each Wednesday.

## LENTEN PROGRAMS

Feb. 25 through April 1.

Stations of the Cross —

Feb. 20 through April 3 at 6 pm.

Good Grief Group —

Feb. 19 through March 19, 6-7pm

## **SUNDAY, FEBRUARY 22, 2026**

8:00 AM Holy Eucharist Rite I (Church)  
9:00 AM Childcare available in the Nursery  
9:30 AM Children's Bible Class (Conf. Rm.)  
10:30 AM Holy Eucharist Rite II (Church/Online)  
5:00 PM *Taize*

## **MONDAY, FEBRUARY 23, 2026**

9:00 AM Morning Prayer Facebook Live  
9:30 AM Orlando Bridge Club - Private (Parish Hall)  
6:30 PM Handbell Choir Rehearsal (Office)

## **TUESDAY, FEBRUARY 24, 2026**

9:00 AM Morning Prayer Facebook Live  
9:30 AM Orlando Bridge Club - Private (Parish Hall)  
10:30 AM Sacred Time (Lady Chapel)  
6:30 PM Tuesday Night Bible Study on ZOOM

## **WEDNESDAY, FEBRUARY 25, 2026**

9-11:00 AM Food Pantry  
9:00 AM Morning Prayer Facebook Live  
10:00 AM Wednesday Morning Bible Study (Conf. Rm.)  
11:00 AM Pastoral Counseling By Appointment  
11:00 AM Orlando Bridge Club - Private (Parish Hall)  
11:30 AM ACA (St. Richard's Rm)  
12:00 PM Healing Service (Lady Chapel)  
3:00 PM Violin Lessons (Conf. Rm.)  
6:00 PM Lenten Supper

## **THURSDAY, FEBRUARY 26, 2026**

9:00 AM Morning Prayer Facebook Live  
10:00 AM Tai-Chi (Parish Hall)  
11:00 AM Orlando Bridge Club - Private (Parish Hall)  
12:00 PM AA (St. Richard's Rm)  
2:00 PM Organist in the Church  
6:00 PM Good Grief Group (Conference Rm.)  
6:00 PM Scouts (Conference Rm.)  
7:00 PM Schola Rehearsal

## **FRIDAY, FEBRUARY 27, 2026**

9:00 AM Home of Bright Choices (Conference Rm.)  
9:00 AM Morning Prayer Facebook Live  
10:30 AM Home of Bright Choices (Kitchen)  
11:00 AM Orlando Bridge Club - Private (Parish Hall)  
3:30 PM UBE Chapter of Central Florida (Parish Hall)  
6:00 PM Stations of the Cross (Memorial Garden)

## **SATURDAY, FEBRUARY 28, 2026**

9:00 AM Altar Guild (Church)  
9:00 AM OA (St. Richard's Rm)  
10:00 AM Eating Disorder Anonymous (St. Richard's Rm)  
10:00 AM The Awakening Walkers Group  
10:30 AM Annual Absalom Jones Celebration  
12:00 PM ACoA (St. Richard's Rm)  
2:00 PM Organist in the Church

## **SUNDAY, MARCH 1, 2026**

8:00 AM Holy Eucharist Rite I (Church)  
9:00 AM Childcare available in the Nursery  
9:30 AM Adult Education in the Parish Hall  
10:30 AM Holy Eucharist Rite II (Church/Online)  
5:00 PM *Evening Prayer*



## **The Awakening Walkers Group**

St. Richard's will start a Grief Walking Group this January. Join us every Saturday at 10:00 AM. We will start in front of the church door in the breezeway. We will walk a path on the church grounds with the intention and purpose of healing and supporting one another in this time of transition. If interested, call the church office at 407-671-4211 and leave your contact information.

## **MEMBER MINISTRIES**

STRICHARDS.ORG

### **For Seasons Ministries**

"Our mission is to serve the community in Jesus' name through a community food pantry and other community outreach efforts." Open Wednesdays, 9 AM – 11 AM [www.forseasonsministries.org](http://www.forseasonsministries.org)

### **Music Lessons with Willie Rast**

For information on percussion lessons at St. Richard's, contact J. Willis Music, Willie Rast, Owner, [willie.rast@gmail.com](mailto:willie.rast@gmail.com), or call 407-928-1270.

### **Children's Violin Studio with Andrea Williams**

407-670-4557

### **The Orlando Bridge Club**

offers ACBL Sanctioned games everyday, Monday through Friday at 12:00 noon. Please come and learn or play this fun and mentally stimulating game and bring a friend. We also offer beginner bridge lessons. 321-246-2715

### **Pet Academy Training & Behavior Modification**

Lisa Lovell 321-396-7900 | [email@petacademyllc.com](mailto:email@petacademyllc.com)

### **Artist: Drucila Mundo Ferrer**

Access Dru's online store to see and buy her paintings. A limited number of her paintings are available at the Church office.  
[mundoavantgarde.com](http://mundoavantgarde.com) Instagram/Facebook: @mundoavantgarde

### **Artist and Iconographer: Sayaka Kamakari**

Talented icon writer and professional artist. You can see many of her gorgeous icons around St. Richard's. A limited number of her paintings and prints are for sale in St. Richard's church office. Available for commissions.

Website: [sayacons.com](http://sayacons.com) Instagram: [www.instagram.com/sayakareyes](http://www.instagram.com/sayakareyes)  
Facebook: [www.facebook.com/sayasartstudio](http://www.facebook.com/sayasartstudio)  
Email: [sayakareyes@gmail.com](mailto:sayakareyes@gmail.com)

### **The Church of the Messiah**

[www.churchofthemessiah.com](http://www.churchofthemessiah.com)





St Richard's  
Episcopal Church

## Staff:

The Rev. Dr. A. Dale Truscott,  
Interim Priest-in-Charge

The Rev. Dr. Harry Coverston,  
The Rev. Dr. Thomas A.  
Downs,  
Assisting Clergy

Dr. Carl MaulsBy  
Director of Music /Organist  
organist@strichards.org

Drucila Mundo,  
Parish Administrator  
drucila@strichards.org

David Kellogg,  
Assistant to the Administrator  
david@strichards.org

Scott Schuerman  
Sexton

## Vestry Members

Michael Dey  
Stephen O'Connell  
Melissa Youngman  
Lisa Grant  
Justin Graham  
Debbie Sponsler  
Steven McConnell  
Luis Pagan  
Jacky Rodriguez  
John King  
Linda Jakubisin  
Bob Cochrane  
Bonnie Danner  
Leslie Poole

5151 Lake Howell Rd.  
Winter Park, FL 32792  
www.strichards.org  
(407) 671-4211 - Office

Office Hours: Mon-Thurs  
9:00 am - 4:00 pm

## Sunday 5:00 p.m. Worship Schedule

**First Sunday of the Month:**  
Evening Prayer

**Second Sunday of the Month:**  
Contemplative Eucharist in the Celtic  
Tradition, the Rev. Dale Truscott.

**Third Sunday of the Month:**  
Evening Prayer

**Fourth Sunday of the Month:**  
Taizé, the Rev. Dr. Harry Coverston.  
Taize is a contemplative service  
with prayers & chanting.

## Sunday Evening Worship

It is the practice of St. Richard's parish to offer  
three services every Sunday, an 8 AM Rite I Eucha-  
rist, a 10:30 AM Rite II Eucharist with music, and a  
5 PM evening worship service.

On the second Sunday of each month, a Celtic  
Eucharist is held in the Lady Chapel. On the fourth  
Sunday of each month, a contemplative Taizé  
service is held with chants and prayers around the  
cross. On the first, third and occasional fifth Sunday  
of each month, our parishioners gather for Evening  
Prayer and Compline. This is a lay-led service of  
readings and prayers.

These services are intimate, quiet, offering peaceful  
worship at the end of long weeks and the beginning  
of the next. Everyone is invited to attend.

## Pastoral Care Counseling Office

Gail Hencken, RN, LMHC, will be in the  
Pastoral Care Counseling Office from  
11:00 am- 3:00 pm on Wednesdays to pro-  
vide consultation for individuals, couples,  
families or groups of any age/stage of life,  
by appointment only. For further informa-  
tion please contact Gail directly.  
**phone/text 407-718-9128**  
**email wehggh44@yahoo.com**



Thursdays at 10:00 a.m.  
St. Richard's Parish Hall

Join instructor Carol Alves for a gentle  
Tai Chi class designed for all ages and  
fitness levels. *Discover peace, balance,  
and strength through mindful move-  
ment and community connection.*

## Birthdays and Anniversaries

**Birthdays:** Michelle Christoph 2/6, Deborah Davis 2/7,  
Phil Fox 2/14, Gail Hencken 2/26, Stephen O'Connell  
2/26, Tom Griffin 2/24, Ronald Brown 2/24, Jane Lout-  
tit 2/17, David Kellogg 2/18, Sayaka Kamakari 2/23,  
Nestor Vera 2/22

**Anniversaries:** Bob Cochrane & Felix Rodriguez  
2/16, James & Connie LaGalle 2/18, Nestor & An-  
namaria Vera 2/7

## Prayer REQUEST

— we want to stand with you —  
We pray for Karen Nelson, Carol Alves, Emma Haw,  
Savanna, Linda K., Stuart, Kathy S., Seamone, and  
Priscilla. For our members who are unable to attend  
in-person worship: Molly, Faith, Hazel, Ruth, Val, Bill,  
Tom, Sandra, Tom, Serena, and Ruth.

And family, friends, for the whole St. Richard's Commu-  
nity, the clergy, the vestry, the staff and volunteers.

## JANUARY REPORT

Plate and Pledge/Loose Plate O/erings in  
November: \$25,691.00

Total Revenues: \$ 42,935.85

Total Expenses: \$ 36,058.18

Ending November Cash Flow: \$ 6,877.67

Year-to-date Cash Flow: \$ 6,877.67

If you have not yet made a pledge for 2026,  
we encourage you to do so.

## 2026 Pledge

While this year's pledge response has been  
encouraging, we are still behind last year's  
total. We invite you to make your pledge to-  
day. In addition to regular parish expenses,  
the budget will include a three-month sever-  
ance for Rev. Harritty and compensation for  
an Interim Priest-in-Charge. Your generosity  
helps sustain our ministries during this tran-  
sition.



Keeping our Planet Green and  
our Costs Down: Consider  
viewing the Sunday Bulletin on  
your mobile device on Sunday  
Mornings.



Scan the QR Code to  
Give Online or visit  
strichards.org

**zelle**

treasurer@strichards.org

"...for God loves a cheerful giver." 2 Corinthians 9:7



#strichardsepiscopalchurch



StRichardsWinterPark



**GUEST**

Password: Access5151



*We are a church on a mission to discover God's grace, change our lives and change the world. Whoever you are, and  
wherever you may be on the journey of the Spirit, St. Richard's Episcopal Church welcomes you.*