

ARTISTIC MOTION DANCE ACADEMY 2025 - 2026

MONDAY			TUESDAY			WEDNESDAY		
Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C
			10:30-11:15 Combo Ballet/Tap (3-4 yrs) Emily			10:30-11:15 Creative Movement & Tumble (3-4 yrs) Emily		
						11:15-12:00 Adaptive Dance		
				4:00-4:45 Combo Ballet/Tap (3-4 yrs) Angela			4:00-4:30 COMPANY SOLO REHEARSAL (invitation only) Amanda	
4:15-4:45 Angela's Angels (18 mo. - 3 yrs) Emily		4:15-5:00 Pre-Ballet & Tumble (3-4 yrs) Lana	4:15-4:45 Angela's Angels (18 mo. - 3 yrs) Whitney		4:30-5:00 COMPANY SOLO REHEARSAL (invitation only) Emily	4:30-5:15 Combo Ballet/Tap (3-4 yrs) Emily	4:30-5:15 Ballet III Lana	4:30-5:15 Jazz II Amanda
4:45-5:15 Pre-Jazz/Hip Hop (3-4 yrs) Emily	4:30-5:15 Combo Ballet/Tap (5-6 yrs) Whitney							
		5:00-5:45 Ballet I Angela	4:45-5:15 Hip Hop for Tots (3-4 yrs) Elyce	4:45-5:15 LG CONT/OPEN COMPANY REHEARSAL (invitation only) Angela/Lana			5:15-6:00 Jazz III Emily	5:15-6:00 Ballet II Lana
5:15-6:00 Combo Ballet/Tap (3-4 yrs) Emily	5:15-5:45 SG OPEN COMPANY REHEARSAL (invitation only) Whitney				5:00-5:45 Ballet IV Vanessa/Whitney	5:30-6:00 Angela's Angels (18 mo. - 3 yrs) Elyce		
			5:15-6:00 Combo Ballet/Tap (5-6 yrs) Emily	5:15-6:00 Ballet V Angela/Giovanna		6:00-6:45 Combo Ballet/Tap (5-6 yrs) Emily	6:00-6:30 Tap II/III Lana	6:00-6:45 Ballet I-III Amanda
	5:45-6:30 Full Company Technique (invitation only) Angela/Whitney	5:45-6:30 Jazz I Vanessa	6:00-6:30 Diamond Motionettes (invitation only) Emily	6:00-6:30 Pre-Pointe (must take Ballet V) Angela/Giovanna			6:30-7:15 Hip Hop II/III Clery	6:45-7:30 Beginner Technique Emily
6:00-6:30 Hip Hop for Tots (3-4 yrs) Emily						6:45-7:15 Hip Hop I Amanda		
6:30-7:00 Tap I Emily	6:30-7:30 Ballet VI/VII (11+) Adam	6:30-7:00 COMPANY SOLO REHEARSAL (invitation only) Whitney	6:30-7:15 Combo Ballet/Tap (7-8 yrs) Emily	6:30-7:15 Lyrical VI/VII Whitney	6:30-7:00 SG LYRICAL COMPANY REHEARSAL (invitation only) Amanda	7:15-8:00 Combo Ballet/Tap (7-8 yrs) Amanda	7:15-8:00 Lyrical II/III Clery	7:30-8:15 Acrobatics/Tumbling I/II Emily/Elyce
		7:00-7:30 SG JAZZ COMPANY REHEARSAL (invitation only) Whitney						
7:00-7:30 Hip Hop I Vanessa			7:15-7:45 Ruby Motionettes (invitation only) Emily	7:15-8:00 Jazz VI Amanda	7:00-7:45 Jazz V Giovanna	8:00-8:45 WERQ Adult Fitness Amanda	8:00-8:30 Musical Theatre II/III Clery	8:15-9:00 Acrobatics/Tumbling III/IV Melissa
							8:30-9:00 COMPANY SOLO REHEARSAL (invitation only) Clery	
7:30-8:00 Musical Theatre I Vanessa	7:30-8:00 Pointe (must take Ballet VII) Adam	7:30-8:00 SG JAZZ COMPANY REHEARSAL (invitation only) Emily		8:00-8:45 Hip Hop VI/VII Clery	8:00-8:30 SG OPEN COMPANY REHEARSAL (invitation only) Emily	8:45-9:15 Acting Colte		
8:00-8:45 Adult Ballet Angela	8:00-8:30 Injury Prevention & Strengthening (10+) Whitney	8:00-8:30 LG MT COMPANY REHEARSAL (invitation only) Vanessa					9:00-9:30 SG LYRICAL COMPANY REHEARSAL (invitation only) Clery	9:00-9:30 COMPANY SOLO REHEARSAL (invitation only) Amanda
			8:15-8:45 Adult Ballroom Giovanna		8:30-9:00 SG OPEN/JAZZ COMPANY REHEARSAL (invitation only) Amanda			
		8:30-9:00 SG CONT. COMPANY REHEARSAL (invitation only) Whitney						
8:45-9:30 Adult Bellydancing Vanessa			8:45-9:30 Adult Hip Hop Clery	8:45-9:30 Int/Adv Ballroom/Heels Giovanna	9:00-9:30 COMPANY SOLO REHEARSAL (invitation only) Amanda			
	9:00-9:30 SG CONT. BALLET COMPANY REHEARSAL (invitation only) Adam	9:00-9:30 SG BALLET COMPANY REHEARSAL (invitation only) Angela						

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THURSDAY			FRIDAY			SATURDAY		
Studio A	Studio B	Studio C	Studio A	Studio B	Studio C	Studio A	Studio B	Studio C
			10:15-10:45 Angela's Angels (18 mo - 3 yrs) Giovanna				10:00-6:00 Nutcracker Rehearsals	
			10:45-11:30 Combo Ballet/Tap (3-4 yrs) Giovanna					
			11:30-12:00 Pre-Jazz/Hip Hop (3-4 yrs) Giovanna					
								11:15-6:00 Nutcracker Rehearsals
	4:15-4:45 COMPANY SOLO REHEARSAL (invitation only) Angela			4:30-5:15 Choreo Class (8+) Clery				
4:45-5:30 Combo Ballet/Tap (5-6 yrs) Amanda	4:45-5:30 Advanced Technique Whitney	4:45-5:30 Intermediate Technique Angela	4:45-5:15 Pre-Jazz/Hip Hop (5-6 yrs) Giovanna		4:45-5:15 SG LYRICAL COMPANY REHEARSAL (invitation only) Whitney			
			5:15-6:00 Combo Ballet/Tap (5-6 yrs) Giovanna	5:15-6:00 Lyrical IV/V (9+) Whitney	5:15-5:45 COMPANY SOLO REHEARSAL (invitation only) Clery			
5:30-6:15 Pre-Ballet & Tumble (3-4 yrs) Whitney	5:30-6:15 Progressive Ballet/Pilates/Yoga (7+) Angela/Clery	5:30-6:15 Ballet I Amanda						
6:15-6:45 Lyrical I Amanda	6:15-7:15 Ballet VII Angela	6:15-7:15 Ballet VI Whitney		6:00-6:30 Tap IV/V (9+) Whitney	6:00-6:30 SG BALLROOM COMPANY REHEARSAL (invitation only) Giovanna			
6:45-7:15 Jazz I Clery			6:30-7:15 Assistant Teacher Training Whitney	6:30-7:15 Musical Theatre IV/V (9+) Clery				
7:15-7:45 Injury Prevention & Strengthening (7+) Amanda	7:15-7:45 Pointe (must take Ballet VII) Angela	7:15-7:45 Pointe (must take Ballet VI) Whitney		7:15-8:00 Hip Hop IV/V (9+) Giovanna	7:15-7:45 COMPANY SOLO REHEARSAL (invitation only) Clery			
7:45-8:15 Beginner Pointe (invitation only) Angela	7:45-8:30 Jazz VII Amanda	7:45-8:15 LG MT COMPANY REHEARSAL (invitation only) Clery		8:00-8:30 Beginner Ballroom (7+) Giovanna	8:00-8:30 SG HH COMPANY REHEARSAL (invitation only) Clery			
8:30-9:15 Pom & College Dance Prep Class (9+) Amanda	8:30-9:00 Tap VI/VII Whitney	8:15-9:00 Acrobatics/Tumble V Melissa		8:30-9:00 COMPANY SOLO REHEARSAL (invitation only) Giovanna				
	9:00-9:45 Musical Theatre VI/VII Whitney	9:00-9:45 Acrobatics/Tumbling VI/VII Melissa						