

# (423) 472-4700

Life. Love. Legacy.™
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Cleveland, TN 37312
legacycleveland.net

# **Administrative Team**

Sierra Cannon Executive Director

Nova Nahill, LPN Resident Services Director

Emily Tallant, RN Assistant Resident Services Director

Logan Manning
Sales & Marketing Director

Ashley Mitchell
Life Enrichment Director

Crystal Walkup Business Office Manager

Abbey Ferguson
Director of Culinary Services

Sam Hollars
Director of Physical Plant

Heather Gennarini, LPN Staffing Development Coordinator



# Message from your Executive Director

# NEWSLETTER | SEPTEMBER 2025



I truly cannot express how thrilled I am to have joined our wonderful community here at Legacy Village of Cleveland. Over the past few weeks, it has been an absolute pleasure getting to know each of you. I've had the opportunity to meet many of our residents, connect with your amazing families, and work alongside the dedicated staff who make Legacy such a special place.

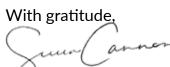
While Legacy Village is undoubtedly a beautiful building, it is evident that it is the people here who make it truly extraordinary. I remember when Legacy first opened—I had already been serving in the senior living industry in the Chattanooga area, and I felt such pride that my hometown of Cleveland would now be home to such a remarkable community. Even then, I thought to myself, What an honor it would be to be a part of that one day.

Now, after over ten years in this field, it brings me immense joy to finally plant my roots and serve in the place I've always called home. I can't fully express how honored I am to be here and serve each of you.

Throughout my time in senior living, I've experienced many profound moments—from navigating the challenges of the 2020 pandemic as a new Executive Director, to walking with families through seasons of loss, celebrating the arrival of new great-grandchildren with beaming residents, and supporting our staff in striving for excellence each day.

One moment I'll never forget happened during that difficult first pandemic year. A resident came into my office at Christmastime and gave me a small ornament with the word "JOY" on it. She said, "Sierra, every time you see this ornament on your tree, remember what it means. It's all you need as a leader: Jesus first, Others second, and Yourself last." That wisdom has stuck with me ever since, and it continues to shape how I lead. At the heart of my leadership is a deep desire for God to guide and direct our work—that we would seek His wisdom in all we do, serve others compassionately, and trust that our own needs will be met as we give of ourselves.

Thank you, Legacy family, for welcoming me with such open arms. It has already been a joy to serve you, and I look forward to many wonderful days ahead. Please know I am here for you, however you need me.











# THE JONES FAMILY SINGERS

# Music THAT Moves Us One Song AT A Time















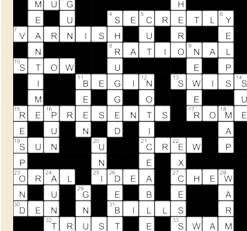








# **Puzzle Solutions**







# Average Joe? Not in God's Eyes

# **Chaplain David Riggs**



My granddaughter, Laura, began a four-year journey today to become a veterinarian. Throughout her undergraduate studies, she focused intently on her grade point average in a highly competitive environment. With a great deal of anxiety and long waiting periods, she finally

received her letter of acceptance to vet school. Someone finally recognized her hard work and diligence and said, "You are worthy." The jubilation when she called us two months ago was electrifying.

Last week, as she was attending orientation before today's classes, a very wise presenter said to the 120 students who are on this four-year journey together, "I want all of you to shoot for an A, but if you get a C, you will still be a DVM when you graduate." In other words, just do your best! When Laura told me this story, I wondered how many C students have impacted this world profoundly. I know of one who did. Her name is synonymous with compassion for the poor

and hurting of this world. She is referred to lovingly as Mother Teresa. She never possessed a traditional college degree, but she sure knew how to love people!

As you look in the mirror today, you might be one of those high achievers or just average. But remember this: the legacy of your life will not be a review of your grade point average. Your value to yourself and others is the reality that you are uniquely you! You are one of a kind. You are valuable to this world.

There is a prayer that I keep in my phone which goes like this: "God, I am humbled that You carefully consider my life. Even though I am only here on earth for a moment, You care deeply about that moment. Show me how to consider others like You have considered me."

There is no such thing as just an "average joe" in God's eyes. You are extraordinary. Now, in the words of a famous philosopher, Sheriff Andy Taylor of the Andy Griffith Show: "Go out there and act like SOMEBODY!"

# Sugar and Cheer when Nova's Here—Candy Lane Delights Appear!





















# Helen Ballard Portman: Heart of Home & Community



Helen Ballard Portman's story begins in Augusta, Georgia, but her true roots took hold in Rome, Georgia, where her family settled when she was just four. The third of six lively siblings, Helen's childhood was filled with the warmth

of a bustling household, the gentle ticking of her father's clocks, and the everyday lessons her parents quietly taught by example.

Her father, Robert M. Ballard, spent his career at the Georgia Power Company, but he was best known around town as "Grandaddy Tick Tock"—the beloved local clock doctor whose kindness was as dependable as his repairs. Helen's mother, Lena Scott Ballard, was the steady center of the family, raising six children while volunteering as a Grey Lady at the hospital and serving with the Junior Service League at the Chieftains Museum.

Helen and her siblings—Bobby, Sissy, Judy, Dixie, and Jack—filled their home with energy and laughter. She attended East Rome Grammar School, Rome Junior High, and Rome High School, where her spirited personality made her a favorite among classmates. She was a cheerleader, Homecoming Queen, and Class Favorite, known for her bright smile and generous heart as much as her beauty.

After high school, Helen attended Shorter College in Rome for two years. Though she promised her father she'd earn her degree, fate intervened one summer at the YMCA Blue Ridge Assembly in Black Mountain, North Carolina. There, she met William "Bill" Madison Portman—a youth group leader with striking blue eyes—and the connection was instant. They married in June of 1955 and shared 55 years together until Bill's passing in 2014.

Their journey together took them to Danville, Virginia, Charleston, South Carolina, and finally Hendersonville, Tennessee, where Bill dedicated his life to youth ministry through the YMCA. Over 37 years, he rose to Senior Vice President of the YMCA of Middle Tennessee and continued to support struggling branches in retirement. Helen, ever his partner, built a home centered on

faith, family, and creativity.

The Portmans loved exploring the country with family and friends, filling their lives with music, adventure, and tradition. They attended concerts—Elvis and Celine Dion were favorites—and cheered for the University of Kentucky basketball team, traveling to Rupp Arena for games and joining friends for Kentucky Oaks and Derby parties in Louisville.

Helen and Bill raised two daughters: Pamela Quinn and Jodi Tillotson, who has been married to Rodney Tillotson for over thirty years. Helen's legacy shines brightly through her six grandchildren—Reid, Ashlyn, and Parker Tillotson, and Sarah, Laura, and Kelli Quinn Schwartz—and three great-grandchildren: Ruthie, Whitsun, and Revere Schwartz.

Helen balanced family and work with quiet strength. She spent years shaping young minds as a kindergarten teacher before moving into banking, where she worked in bookkeeping and as a teller at Citizens Bank of Hendersonville until retirement. Her commitment extended to her church as well. Once a member of Rome First United Methodist Church, she became deeply involved with First Baptist Church of Hendersonville—leading the kindergarten program, arranging sanctuary flowers, and sharing her warmth in countless ways.

Throughout her adult life, Helen has treasured friendships—none more so than the "BeBop Gang," a group of lifelong friends (including one she's known since age four). Though time and distance have changed their gatherings, their laughter and love continue to brighten her days.

Some of Helen's happiest moments are the annual Christmas gatherings at her parents' home, where generations come together to celebrate family and tradition. These joyful reunions are a testament to her belief in the power of connection—a love that continues to inspire all who know her.

Helen Ballard Portman's life is a tapestry of kindness, resilience, and generosity—a legacy woven not only into her family, but into the hearts of everyone lucky enough to call her a friend.

# NEWSLETTER | SEPTEMBER 2025

# Dress for the Day!

National Assisted Living Week Theme Calendar September 7<sup>th</sup>-12<sup>th</sup>

Let's Make Every Day Special Together



Social

MONDAY

Wear your 50s attire!

505 Dan



10

WEDNESDAY

Western Day

Don your western wear!



THURSDAY
Hawaiian
Wacky
Tourist Day

Lei'd back fun



Wear your favorite

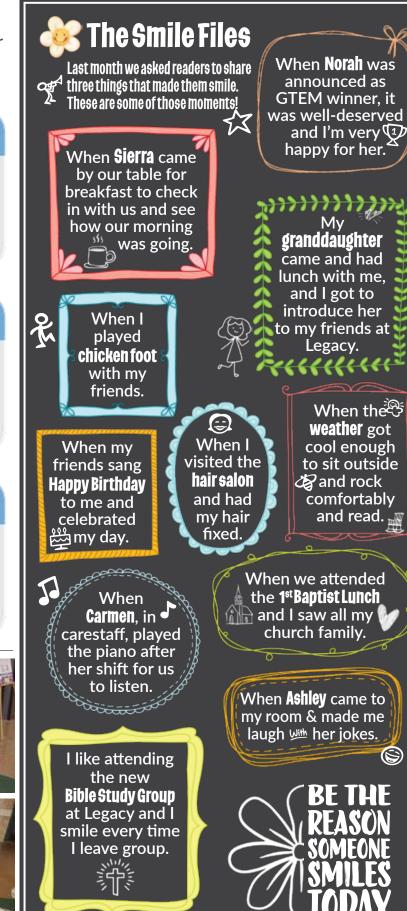
team's colors!

# Luncheon at First Baptist Church









### **ACROSS**

- 1. The picture taken when arrested is called a \_\_\_ shot.
- 4. Covertly
- 7. Glossy wood coating
- 8. Sensible
- 10. Pack away
- 11. Start
- 13. Cheese choice
- 15. Symbolizes, stands for
- 17. Where the Vatican is
- 19. Overhead light?
- 21. Workers on a boat or film set
- 23. Word-of-mouth
- 25. Concept
- 27. Prepare to swallow
- 30. Animal house
- 31. Invoices to pay
- 32. Believe in
- 33. Did laps, say

### **DOWN**

- 1. Until then, in the
- 2. "Glue" or "staple" follower
- 3. "My \_\_\_!" (said to one who saved your kitten)
- 4. Raised shoulders to show lack of interest
- 5. Film director's cry
- 6. Reacts to a stubbed toe
- 9. More modern

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   16

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   21

   21
   22

   23
   24

   29

   30
   31

   32
   33
- 11. "\_\_\_ there, done that"
- 12. Conspicuous, easily seen
- 14. Take to court
- 15. Give an answer
- 16. "Lettuce pray" is one
- 18. Navigator's need

- 20. Prefix for "verse" or "corn"
- 22. Surplus
- 24. Em, to Dorothy
- 26. Chapter 11 issue
- 28. Welcoming
- 29. African antelope

# Sojourn in Sweden

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.





HLREWOLFNIWTNNG

# NEWSLETTER | SEPTEMBER 2025

# © Wess

# 

Thank you all for your support and patience during our recent floor remodel at Legacy Village of Cleveland.

Your understanding truly made the process smoother, and I hope you're enjoying the fresh new look around our community!

As we head into September, just a quick reminder: Fall is a season, not an activity! Please help us keep everyone safe by keeping apartments and shared spaces free of clutter to prevent trips and falls. Your safety is always our top priority. Let's enjoy this beautiful season safely—together!

Warmly,

Sam Hollars Director of Physical Plant

# **Leaf it to Science: Fun Fall Facts**

Bird Migration Superhighways: Many birds use the autumnal equinox as a trigger to begin—or hit a major milestone in—their long migrations. Some species, like the ruby-throated hummingbird, will cross the Gulf of Mexico in a single nonstop flight right around the equinox.

The "Manhattenhenge" Effect: On the equinox, the sun aligns nearly perfectly with the street grid in some cities (most famously New York). You get a dazzling sunset that runs straight down the avenues—an accidental modern stonehenge.

Leaves don't "turn" because it gets colder: Those gorgeous reds, oranges, and yellows? They're always in the leaves—chlorophyll just masks them during summer. As days shorten, chlorophyll fades, and the hidden colors finally show.

# Fall Equinox Folklore

Open your doors to good spirits: Folklore from parts of Europe claims that spirits wander freely on the equinox, so people would open their doors and windows to let good energy in—or sweep the thresholds to drive bad energy out.

Plant garlic for protection: In some rural traditions, planting garlic bulbs on the autumn equinox is believed to keep your household safe from evil over the winter. Plus, you get tasty garlic in the spring—win-win.

"I'm not superstitious, but I am a little stitious."



Michael Scott, The Office

# EXTRA MILE AWARD

"If anyone forces you to go one mile, go with them two miles." Matthew 5:41



**Lisa** ≉ August 2025 Winner

Submit your nominations in the lobby!

# **COOKING WITH ASHLEY: FUNFETTI CHEX MIX**











# Birthday Bash Bonanza

Birthdays are meant to be celebrated—no matter how many candles are on the cake! We believe every year is worth cheering, so we gather monthly for laughter, sweet treats, and special moments with friends. Here's to making every birthday feel special, at every age!

















Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Sept. 4th at 5:30 Dementia Support Group  Sept. 7 <sup>th</sup> – 12 <sup>th</sup> Assisted Living Week	2:30 Labor Day Movie and Popcorn 3:30 Rummy	David Riggs 10:30 Bible Study Group 1:30 Bingo 2:30 Food Committee	9:00 North Cleveland COG 10:00 National Geo Travel 1:30 Farkle <b>2:30 Painting with Ashley</b> 3:30 Trivia Time 4:00 One on One Visits	1:30 Color Cubed 2:30 Sorry Board Game <b>3:30 Nails with Catie</b>	9:30 Devotions w/ David Taylor 10:45 Dominoes 1:30 Scrabble 2:30 Balloon Tennis 3:30 A to Z Trivia on Patio 4:00 One on One Visits	9:00 Westwood Bapt. Online 10:30 Reminisce Reading 1:30 Heartland 2:30 Resident Led Walking 3:30 Wordsearch & Puzzles	
Grandparents Day Social	Earl Cameron 2:30 Barkey Bryant Music 3:30 Walking with Ashley	David Riggs 10:30 Reminisce Chats 1:30 Bingo 2:30 Novelty Ice Cream Day 3:15 Matt Parks Singing	9:30 David King Devotion 10:00 National Geo Travel 1:30 Brownie Day 2:30 Jason Blevins Music Johnny and Hank Tunes 3:30 Trivia Time 4:00 One on One Visits Western Day	Joyce Cook 10:30 Chair Exercises 1:30 Color Cubed 2:30 Mocktails with Rachel 3:30 Water Balloon Toss with LHG	9:30 Devotions w/ David Taylor 10:45 Dominoes 1:45 Pong Toss Residents vs. Staff 3:00 Candy Lane with Nova 4:00 One on One Visits	9:00 Westwood Bapt. Online 10:30 Reminisce Reading 1:30 Heartland 2:30 Resident Led Walking 3:30 Wordsearch & Puzzles	
9:30 Westmore COG 10:30 Resident Led Games 1:30 1 <sup>ST</sup> Baptist Church of Cleveland 2:30 Resident Led Walking	<b>2:30 Walker/WC Clinic</b> 3:30 Walking with Ashley	9:30 Devotions w/ David Riggs 10:30 Reminisce Chats 1:30 Bingo 2:30 Word Scramble	9:00 North Cleveland COG 10:00 National Geo Travel 1:30 Farkle 2:30 Sept. Birthday Party 3:30 Trivia Time 4:00 One on One Visits	9:30 Devotions w/ AGLOW 10:30 Chair Exercises 1:30 Color Cubed 2:30 Dr. Cardin Banjo 3:30 Nails with Catie	9:30 Devotions w/ David Taylor 10:45 Dominoes 1:30 Scrabble	9:00 Westwood Bapt. Online 10:30 Reminisce Reading 1:30 Heartland 2:30 Resident Led Walking 3:30 Wordsearch & Puzzles	
9:30 Westmore COG 10:30 Resident Led Games 1:30 LVC Church Service: David Taylor 2:30 Resident Led Walking	<b>Pet Therapy</b> 3:30 Walking with Ashley 4:00 One on One Visits	David Riggs 10:30 Reminisce Chats 1:30 Bingo 2:30 Word Scramble 3:15 Adam Burgher	9:00 North Cleveland COG 10:00 National Geo Travel 1:30 Farkle 2:30 Painting with Ashley 3:30 Trivia Time 4:00 One on One Visits 6:30 Westmore Kids Choir Singing	9:30 Devotions w/ Adam Jones 10:30 Chair Exercises 1:30 Color Cubed 2:30 Sorry Board Game 3:15 Lenae Simmons Flutist	9:30 Devotions w/ David Taylor 10:45 Dominoes 1:30 Scrabble 2:30 Balloon Tennis		
10:30 Resident Led Games 1:30 Westwood Baptist Church Service 2:30 Resident Led Walking	9:00 First Baptist Online 10:30 Bible Study Group 1:30 Rummy 2:30 Baking with Ashley 3:30 Walking with Ashley	9:30 Devotions w/ David Riggs 10:30 Reminisce Chats 1:30 Bingo 2:30 Word Scramble 3:30 You be the Judge 4:00 One on One Visits	September 2025 Assisted Living				
*ALL ACTIVITIES ARE SUBJECT TO CHANGE*							



























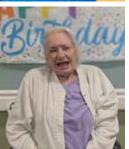


















# Joyce Corbett: Stitching Together Family, Friendship, and Joy



Joyce's story begins in York, Pennsylvania, where she was born to Dean and Doris Snyder. Growing up in the North York school system with her brother, Bruce, Joyce filled her days with the kinds of memories that last a lifetime—playing outside for hours with neighborhood

friends, staying busy with the Y-Club and Girl Scouts, and soaking up the simple joys of smalltown life.

Her father, Dean, ran his own exterminating business, with Joyce's mom, Doris, right by his side as secretary. While their parents built the family business together, Joyce and Bruce found their own adventures just outside the front door, surrounded by the laughter and camaraderie of childhood friends.

After graduating from Central High School, Joyce began working at the local 5 and Dime Store. She soon moved on to jobs at Woolworths and McCrory's, where she not only gained valuable experience but also made friendships that would last decades.

It was through one of these dear friends that Joyce met James Corbett. Their introduction was serendipitous—just a visit that turned into something so much more. A quick connection led to dating, then to engagement, and now, nearly sixty years later, their love story is still going strong. Joyce and James have two sons, Scott

(married to Jennifer) and Brian, three cherished grandchildren—Taylor, Haley, and Ryan—and three great-grandchildren: Cassie, Avia, and Clair, with another baby girl joining the family soon.

While James built his career at Peach Bottom Power Plant, Joyce poured her heart into being a homemaker. She loved raising their sons, cheering them on at baseball and soccer games, and supporting them in archery competitions. Joyce was a devoted den mom during their Boy Scouts days, always there with encouragement and a helping hand.

When James retired after 26 years, the couple took the chance to travel and spend time together in the mountains. But James missed working, so the family made the move to Tennessee, where he joined TVA until his second retirement.

Joyce has always found ways to be involved and make a difference. She's been a faithful member of Mt. Zion Baptist Church and has a passion for quilting, gardening, and crocheting. She's also enjoyed many happy hours with her social club friends, especially when a good game was involved.

Today, Joyce's warmth and positivity continue to shine here at Legacy Village. She's the first to greet you with a smile, always up for a game of bingo or dominoes, and never misses daily devotions. Joyce lifts the spirits of those around her, and we're truly grateful she chose Legacy Village as her home.

# HAPPY BIRTHDAY!

## **RESIDENTS**

Marilyn Kirland 19<sup>th</sup> Alton Flynn 19<sup>th</sup> **James Owens** Jean Clouse Jovce Corbett  $27^{th}$ David Gooch **Bonnie Wicker**  $30^{th}$ Daniel Hall

# WHEN A PHOTO'S TOO CUTE FOR WORDS (SO WE ADDED A BUNCH!)

I'm just saying, this level of precision should win some kind of award.

If the shoe fits... but for cupcakes

Well that's one less thing to worry about.

I appreciate a dessert that understands spatial efficiency.



Plato spoke of perfect forms—this must be what he meant.

If only my socks fit this well.

Cupcake containment level: expert.

In a chaotic world, this cupcake & cup remind me: sometimes things just work out.

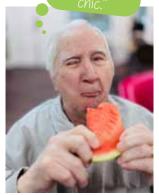
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Balloon Tennis 2:00 Labor Day Social 3:00 Trivia on the Patio 4:00 Simple C- Interactive 5:00 Beverly Hillbillies	10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Chair Soccer 2:00 Snack and Hydration 3:00 Pictionary 4:00 This N That Trivia	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Bean Bag Toss 2:00 Snack and Hydration 3:00 Puzzle Time 4:00 Scattergories 5:00 Andy Griffith	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Horseshoes 2:00 Snack and Hydration 3:00 Trivia on the Patio 4:00 LTS-New Hampshire 5:00 Lassie 5:30 Dementia Support Group	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Painting Class 2:00 Snack and Hydration 3:00 Mini Mani's 4:00 LTA-Tacos 5:00 Touched by an Angel	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Basketball 2:00 Snack and Hydration 3:00 Saturday Cinema 4:00 Simple C- Interactive 5:00 Gunsmoke
9:00 Exercise and Hydrate 7 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Ball Toss 2:00 Church Service 2:15 Grandparents Day 3:00 Trivia Time 4:00 Simple C- Interactive 5:00 Gaither Gospel	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Jan and Bear Visit 2:00 Root Beer Floats 3:00 Trivia on the Patio 4:00 Simple C- Interactive 5:00 Beverly Hillbillies 50's Day	10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Chair Soccer	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Bean Bag Toss 2:00 Brownie Day 3:00 Puzzle Time 4:00 Scattergories 5:00 Andy Griffith Western Day	9:00 Exercise and Hydrate 1/10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Horseshoes 2:00 Mocktails with Rachel 3:00 Trivia on the Patio 4:00 LTS-Virginia 5:00 Lassie Hawaiian Wacky Tourist Day	10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Tic Tac Toss 2:00 Candy Lane with Nova 3:00 Mini Mani's 4:00 LTA- Sealife 5:00 Touched by an Angel	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Basketball 2:00 Snack and Hydration 3:00 Saturday Cinema 4:00 Simple C- Interactive 5:00 Gunsmoke
9:00 Exercise and Hydrate 14 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Ball Toss 2:00 Church Service 2:30 Snack and Hydration 3:00 Trivia Time 4:00 Simple C- Interactive 5:00 Gaither Gospel	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Flower Arrangements 2:00 Snack and Hydration 3:00 Trivia on the Patio 4:00 Simple C- Interactive 5:00 Beverly Hillbillies	10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Chair Soccer 2:00 Snack and Hydration 3:00 Pictionary	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Bean Bag Toss 2:00 Sept. Birthday Party 3:00 Puzzle Time 4:00 Scattergories 5:00 Andy Griffith	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Horseshoes 2:00 Dr. Cardin Banjo 2:30 Snack and Hydration 3:00 Trivia on the Patio 4:00 LTS-New York 5:00 Lassie	10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Tic Tac Toss 2:00 Snack and Hydration 3:00 Mini Mani's	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Basketball 2:00 Snack and Hydration 3:00 Saturday Cinema 4:00 Simple C- Interactive 5:00 Gunsmoke
10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Ball Toss 2:00 Church Service	9:00 Exercise and Hydrate 22 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Balloon Tennis 2:00 Paws of Love 2:30 Snack and Hydration 3:00 Trivia on the Patio 4:00 Simple C- Interactive 5:00 Beverly Hillbillies Autumn Begins	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Chair Soccer 2:00 Snack and Hydration 3:00 Pictionary	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Bean Bag Toss 2:00 Snack and Hydration 3:00 Puzzle Time 4:00 Scattergories 5:00 Andy Griffith	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Baking Class 2:00 White Chocolate Macadamia Cookies 2:45 Lenae Simmons Flutist 3:00 Trivia on the Patio 4:00 LTS- North Carolina 5:00 Lassie	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Tic Tac Toss 2:00 Snack and Hydration	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Basketball 2:00 Snack and Hydration 3:00 Saturday Cinema 4:00 Simple C- Interactive 5:00 Gunsmoke
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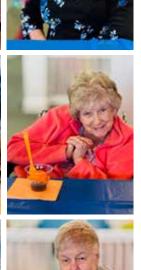














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In a chaotic world, this cupcake & cup remind me: sometimes things just work out.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 This N That Trivia 1:00 Nat. Geo. Travel 2:00 Labor Day Social 3:00 Ring Toss 4:00 Musical Monday 5:00 Shirley Temple	10:00 Devotion and Hymns 11:00 Reminisce Chats 1:00 Uno 2:00 Snack and Hydration 3:00 Beachball Toss 4:00 LTA-Coffee	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Simple C- Trivia 1:00 Balloon Tennis 2:00 Snack and Hydration 3:00 Bingo 4:00 Bible Trivia 5:00 The Walton's	11:00 Alphabet Trivia 1:00 Dominos 2:00 Snack and Hydration 3:00 Bean Bag Toss	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 LTS-New Hampshire 1:00 Mini Mani's 2:00 Snack and Hydration 3:00 Ring Toss	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Mind Joggers 1:00 Saturday Cinema 2:00 Snack and Hydration 3:00 Balloon Tennis 4:00 Name That Trivia 5:00 Doris Day Show
10:00 Devotion and Hymns 11:00 Bible Stories 1:00 Circle Ball 2:00 Church Service 2:15 Grandparents Day 3:00 Hands on Games	10:00 Devotion and Hymns 11:00 This N That Trivia 1:00 Nat. Geo. Travel 1:30 Jan and Bear Visit 2:00 Root Beer Floats	10:00 Devotion and Hymns 11:00 Reminisce Chats 1:00 Uno 2:00 Novelty Ice Cream 3:00 Matt Parks Singing 3:00 Beachball Toss	9:00 Exercise and Hydrate <b>1</b> 10:00 Devotion and Hymns 11:00 Simple C- Trivia 1:00 Balloon Tennis <b>2:00 Brownie Day</b> 3:00 Bingo 4:00 Bible Trivia 5:00 The Walton's Western Day	10:00 Devotion and Hymns 11:00 Alphabet Trivia 1:00 Dominos 2:00 Mocktails with Rachel 3:00 Bean Bag Toss 4:00 Animal Antics	11:00 LTS-Virginia 1:00 Mini Mani's <b>2:00 Candy Lane with Nova</b> 3:00 Ring Toss 4:00 Coloring and Painting 5:00 TV Land	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Mind Joggers 1:00 Saturday Cinema 2:00 Snack and Hydration 3:00 Balloon Tennis 4:00 Name That Trivia 5:00 Doris Day Show
11:00 Bible Stories 1:00 Circle Ball 2:15 Church Service 2:30 Snack and Hydration 3:00 Hands on Games 4:00 Simple C-Interactive		10:00 Devotion and Hymns 11:00 Reminisce Chats 1:00 Uno 2:00 Snack and Hydration 3:00 Beachball Toss 4:00 LTA-Embroidery	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Simple C- Trivia 1:00 Balloon Tennis 2:00 Sept. Birthday Party 3:00 Bingo 4:00 Bible Trivia 5:00 The Walton's	10:00 Devotion and Hymns 11:00 Alphabet Trivia 1:00 Dominos 2:00 Snack and Hydration	10:00 Devotion and Hymns 11:00 LTS-New York 1:00 Mini Mani's 2:00 Snack and Hydration 3:00 Ring Toss 4:00 Coloring and Painting	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Mind Joggers 1:00 Saturday Cinema 2:00 Snack and Hydration 3:00 Balloon Tennis 4:00 Name That Trivia 5:00 Doris Day Show
10:00 Devotion and Hymns 11:00 Bible Stories 1:00 Circle Ball 2:15 Church Service 2:30 Snack and Hydration 3:00 Hands on Games 4:00 Simple C-Interactive 5:00 Gaither Gospel	11:00 This N That Trivia 1:00 Nat. Geo. Travel 2:00 Snack and Hydration 2:15 Paws of Love 3:00 Ring Toss 4:00 Musical Monday 5:00 Shirley Temple Autumn Begins Autumn Begins	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Reminisce Chats 1:00 Uno 2:00 Snack and Hydration 3:00 Beachball Toss 4:00 LTA-Football History	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Simple C- Trivia 1:00 Balloon Tennis 2:00 Snack and Hydration 3:00 Bingo 4:00 Bible Trivia 5:00 The Walton's	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Alphabet Trivia 1:00 Baking Class 2:00 White Chocolate Macadamia Cookies	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 LTS-North Carolina 1:00 Mini Mani's 2:00 Snack and Hydration 3:00 Ring Toss 4:00 Coloring and Painting	
•	9:00 Exercise and Hydrate	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Reminisce Chats		tembe	r 2025	

# September 2025



**The Harbor Plus** 

1:00 Nat. Geo. Travel

4:00 Musical Monday

5:00 Shirley Temple

3:00 Ring Toss

2:00 String Cheese Day

1:00 Uno

2:00 Snack and Hydration

3:00 Beachball Toss

5:00 Beverly Hillbillies

4:00 LTA-Pizza

2:15 Church Service

5:00 Gaither Gospel

2:30 Snack and Hydration

4:00 Simple C-Interactive

3:00 Hands on Games