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Life. Love. Legacy.™

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LEGACY VILLAGE NEWSLETTER | OCTOBER 2025

Inside this edition:

Message from the ED | Pictures of Our Residents | Calendar & Events
Chaplain's Corner | Monthly Puzzle | Resident of the Month

Life. Love. Legacy.™



Dear Legacy Family,

I can hardly believe fall is here! This is my favorite time of year. The hot summer air is finally replaced with a crisp, cool breeze. The trees begin to turn beautiful shades of yellow, orange and red, and all the wonderful fall festivities fill our calendars.

I remember when my husband and I bought our first home as newlyweds. There was a large tree in the front yard of our tiny country farmhouse, and every fall it turned a beautiful, bright yellow. One cool October day, I noticed how the leaves had changed so beautifully, having just read about God's faithfulness to keep His promises, as described in Genesis 8:22: "Seedtime and harvest, cold and heat, summer and winter, day and night, shall not cease." Tears filled my eyes as I looked at this beautiful, physical reminder of God's unwavering faithfulness. The predictable changes in the seasons demonstrate God's commitment to His promises. Just as the earth continues to turn through its seasons, God remains faithful to His word and His people.

Life is full of changing seasons, joy and hardship, constancy and transition, but what peace we find in the faithfulness of God. This fall, I'm especially grateful for the new season of serving our wonderful Legacy Village of Cleveland. Though change is not always easy, the dedication, kindness, faith, and love within our Legacy community have made this transition as joyful as the beauty of autumn itself. I'm confident we have many great days ahead, and I'm deeply thankful for the opportunity to be part of this team. Together, we'll continue to make Legacy not only a wonderful place to work, but an even better place to call home for our residents. Thank you for entrusting our team to care for you.



Blessings this season,

Susan Cannon



LIST 3 THINGS THAT MADE YOU SMILE THIS WEEK!

Drop your list with Ashley and we'll share them next month!

Celebrations & Milestones

Welcome to our newest residents!

- James & Lone Battles
- Robert & Nancy Erwin



Let's celebrate everyone marking a special moment this month!

RESIDENT BIRTHDAYS

- Oct. 7: Jackie Corley
- Oct. 12: Sarah Alexander
- Oct. 16: Betty Humbert
- Oct. 23: Jerry Dietz

TEAM MEMBER BIRTHDAYS

- Oct. 8: Nei Nei Liwy
- Oct. 16 Bick Johnson
- Oct. 17 Autumn Yawn
- Oct. 20 Maria Coppick
- Oct. 20 Lindsay Garcia



RESIDENT ANNIVERSARIES

- Betty Gallaher – 7 years
- Susan Osborn – 1 year

TEAM ANNIVERSARIES

- Logan Manning – 7 years
- Erin Bledsoe – 5 years
- Faith Macumber – 3 years
- Tina Cook – 3 years
- Alisha Short – 1 year
- Lisa Turrubiates – 1 year
- DeLanei Cash – 1 year



Here's to new friends, special milestones, & more memories together!



Seasons Change, Legacies Remain Chaplain David Taylor

How do you like these crisp, cool mornings and the not-so-hot afternoons? Fall is not only in the air, but everywhere. Something else that seems to be everywhere during this season is pumpkin spice. Coffee shops, restaurants, grocery stores, billboards—no matter where you look, there it is, daring you not to buy it. Tell me this: where does pumpkin spice go after Thanksgiving?

On a more serious note, since we are all involved with Legacy Village, I thought we ought to spend a few moments talking about our legacy. The first definition says: a gift by will, especially of money or other personal property. The second: something transmitted or received from an ancestor. In our situation, we are the ancestors. If we are fortunate enough to have material possessions to pass on, I am quite certain our descendants will welcome the opportunity to accept such gifts. But even if we have nothing of great monetary value to pass on, we will leave a legacy of some sort for those we leave behind. What legacy can I leave?

A legacy of character: being remembered for who you are—integrity, kindness, courage, compassion. This can be done by treating others with dignity, living out your values, owning your mistakes, and growing from them. Another way is through the lives we favorably touch.

A legacy of contribution: Did I share my time, talent, gifts, resources, and knowledge with others?

A legacy of love: being present and available, emotionally and mentally. Being a strong and supportive example, consistently.

A legacy of my story: What will people remember about me? Do they see me as I see myself? Do I have an inflated opinion of myself, or maybe a deflated opinion of who God made me?

Since Legacy Village is a faith-based company, I have identified three core values that I believe are important to all of us—honesty, integrity, and most importantly, trust in Jesus Christ. These are more than values; they are guiding principles that permeate every facet of who we are, how we speak, and how we serve. These are important for our families, as well as those who walk alongside us in faith.

As I continue to age, I sometimes wonder: What will they say at my funeral? My 10th grade science teacher, after drawing something on the board, backed up and declared, "Good, very good." The whole class laughed at his assessment of his artistic talent. He turned to us and said, "Sometimes, if you don't toot your own horn, it doesn't get tooted." When this life is over, I won't be the one tooting—nor the one not tooting—my horn. That will be up to those I have influenced, positively or negatively. Either way, my legacy will speak...

Pong Toss Show Down & a Sweet Stroll Down Candy Lane with Nova



**NA
LW** **TROPICAL MISCHIEF:**
Raise a Mocktail with Rachel, Soak Graicyn & Sam!



NALW
HOWDY & BROWNIES:
WESTERN FUN!



The Smile Files (Little moments that made someone smile.)

Barkey was wonderful today & I smiled through his whole performance. 🎵

David Riggs prayed for me and my family.

I threw water balloons at Sam & it made me laugh.

I visited our new residents today & they are sweet.

Tina sat with me at lunch and I enjoyed our conversation.

We sang my favorite hymns today in church.

New books were added to our library.

My family threw me a birthday celebration with all my friends & family. 🎂

I met my great-grandbaby for the first time.

BE THE REASON SOMEONE SMILES TODAY 



Gwyn Leimbach: An English Rose Blossoms at LVC

If you ever find yourself captivated by an English accent and a twinkle in the eye during Bingo at Legacy Village of Cleveland, you’ve likely already met Gwynfa “Gwyn” Leimbach. With a life story that spans continents, war eras, and

family adventures, Gwyn’s presence brings a sense of history—and heart—to our community.

Gwyn was born the youngest of nine spirited children in Colchester, England, to Ernest and Elizabeth (“Bessie”) Fairweather. Her childhood was filled with laughter, the loyal companionship of her dog Spot, and the kind of mischief only a house full of siblings can stir up. Even as a young girl, Gwyn found joy in friendship: she met her lifelong best friends, Brenda and Thelma, in elementary school—a bond that would last a lifetime.

School days were happy ones for Gwyn, especially when she was learning Spelling, Music, and Geography at East Ward High. She and Thelma once hopped on their bicycles with a local cycling club and rode all the way to Newmarket racetrack—an astonishing 110-mile journey powered by youthful energy and curiosity.

After high school, Gwyn’s days were split between working in a Colchester clothing factory office and studying business at night at Northeast Essex College of Arts and Science. She graduated with a business degree, then set off for London, where she became secretary to the manager at Fat Stock Marketing in Knightsbridge. London was bustling, exciting, and full of opportunity—but fate had something unforgettable in store.

One evening, during her night school years, Gwyn went to a dance at The Corn Exchange, a lively local hall. There she met Gil Leimbach, a young American Fighter Pilot stationed at Shepherd’s Grove US Air Force Base. Sparks flew. The two began a courtship that spanned three and a half years, countless train rides between Colchester and London, and a flurry of letters and phone calls after Gil returned to the States. Nine months later, Gil came back to England with a question—and Gwyn said yes.

They married in Baltimore, Maryland, honeymooned there, and soon found themselves on the move: first to Oklahoma City, then Arizona’s Luke Air Force Base, and eventually all the way to Japan for three remarkable years. With every new posting came adventure, and along the way Gwyn and Gil welcomed three children—Jim, Jayne, and Robert. Family grew to include one beloved grandchild, Nicole.

After Japan, Tampa, Florida became home while Gil served at MacDill Air Force Base and then completed two tours in Vietnam before retiring from the Air Force after 21 years. Gwyn embraced her role as a stay-at-home mother and threw herself into community work with the Air Force Officer’s Wife Club, always finding ways to bring people together and support her neighbors.

Retirement brought more family travels—especially to the Great Smoky Mountains, back to England, and, best of all, to the beach, Gwyn’s favorite destination. She’s always loved a good book (Bill O’Reilly is a favorite author) and has a steadfast faith, first as a member of Lutheran Church of Our Savior in Tampa, and now at First Lutheran Church of Cleveland.

After losing her beloved Gil in 2020, Gwyn moved to Tennessee to be closer to her family. Here at Legacy Village, she has become a cherished part of our community—never missing a chance to play Bingo, quick to spark up a conversation, and always eager to share stories about her English roots and the love of her life, Gil.

We’re grateful every day for Gwyn’s warmth, wisdom, and gentle humor. Her journey reminds us all that home is less about a place and more about the people you share it with. We’re truly blessed to have Gwyn as part of our Legacy Village family.

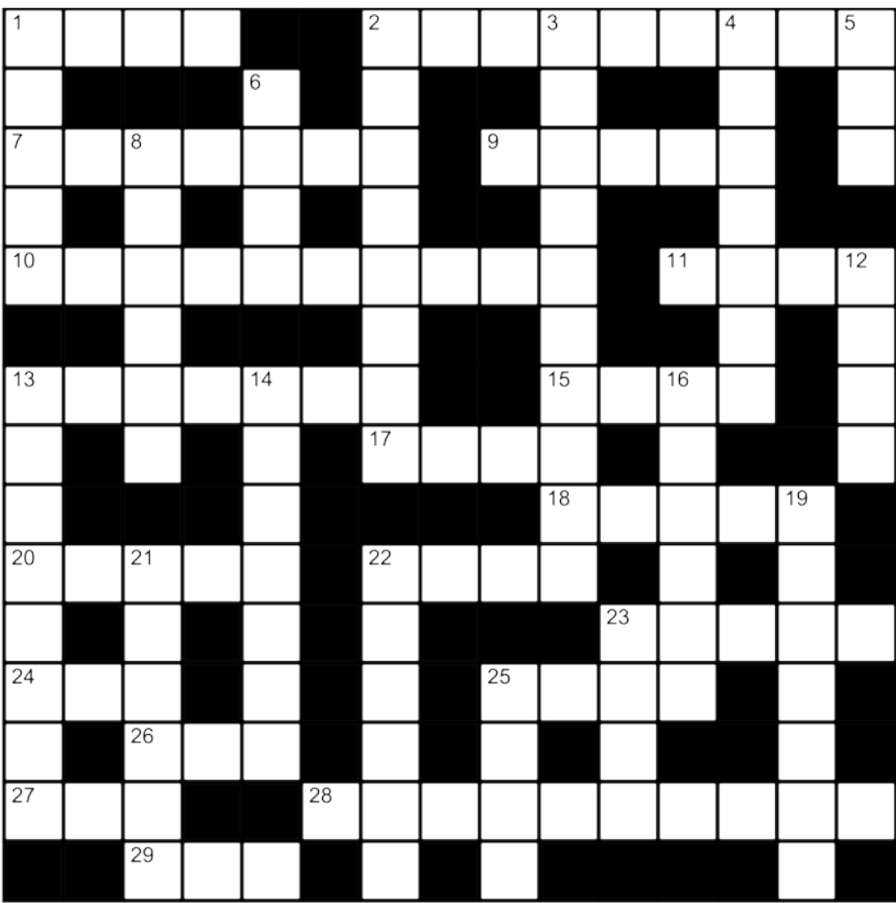


ACROSS

- 1. Make over
- 2. “Seeing is _____.”
- 7. Team captains are some
- 9. Vision-related
- 10. Hand out; dispense
- 11. Needed to ignite dynamite
- 13. Common Broadway offering with lots of singing
- 15. “I have ____ muscles after my workout.”
- 17. ____ Strauss & Co. (jeans magnate)
- 18. Popeye’s gal
- 20. ____ the knot; marrying
- 22. Piggy bank jingler
- 23. “That ____ shivers up my spine!”
- 24. North Celestial Pole, abbrev.
- 25. Felines
- 26. Peculiar
- 27. Knight’s title
- 28. An untouched forest
- 29. Pub fixture

DOWN

- 1. 1. Reign
- 2. Sport at which Willie Mays excelled
- 3. Comedic imitation
- 4. “Please ____ payment with your order.”
- 5. Generation ____ (difference between ages)
- 6. Burn the surface of



- 8. Provide help
- 12. Test
- 13. Encounters
- 14. Cleared one’s throat
- 16. Elevates
- 19. Infinite
- 21. Ship in from abroad
- 22. Straightforward in speech
- 23. “When You Wish Upon a _____”
- 25. Secret message

California Dreamin’

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.

- | | | |
|-------------|---------------|-------------|
| BIG SUR | GRIFFITH PARK | NUTS |
| BODIE | GRIZZLY | RODEO DRIVE |
| DISNEYLAND | HOLLYWOOD | SUNGLASSES |
| EARTHQUAKES | LAKE TAHOE | SUN-MAID |
| EUREKA | LEVI’S | SURFBOARD |
| FRUITS | LOS ANGELES | WEST COAST |
| GOLD RUSH | MISSIONS | WINE |





ROCKIN' THE 50s: ROOT BEER FLOATS & GOOD TIMES



"If anyone forces you to go one mile, go with them two miles."
Matthew 5:41



Nikita September 2025 Winner

Submit your nominations in the lobby!



WHAT IF WE APPROACHED THIS MONTH LIKE A KID JUMPING INTO A LEAF PILE—FULL OF ENERGY, NO HESITATION, AND A BIG LAUGH AT THE END?



GET TO KNOW SIERRA: 20 Questions Edition

Ever wonder what makes Sierra tick? In honor of **National Boss's Day**, we put her in the hot seat and asked 20 fun and revealing questions. Whether you've known Sierra for years or you're just joining our community, here's your chance to get to know the person behind the job title!

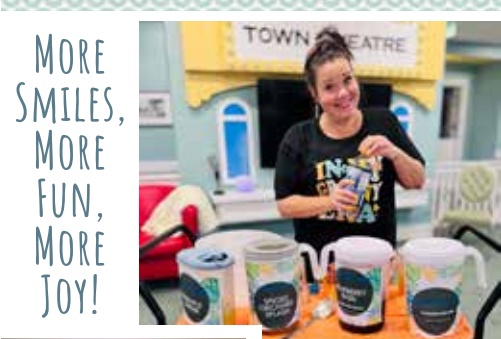


Sierra & Zach Cannon

1. If you could only eat one food for the rest of your life, what would it be? *Japanese! Tako Yaki in Cleveland is my favorite.*
2. Do you have any "useless" talents or party tricks? *Drawing funny cartoons – comes in handy from time to time. Ha!*
3. What's the most unusual item in your wallet or purse right now? *Screws/Nails – you never know when and where you might need to hang something. LOL*
4. If you could have dinner with any fictional character, who would it be? *Michael Scott from The Office*
5. What's the worst haircut you've ever had? *A shag haircut with baby bangs. Never again! Thankfully, there's not too much photo evidence.*
6. Which emoji do you use way too much? *The crying-laughter emoji – my sister tells me that is apparently a millennial thing. Ha!*
7. What's a fashion trend you secretly (or not-so-secretly) miss? *The big hair and bright colors from the 80s!*
8. What song always makes you dance or sing along? *Everything by Michael Bublé*
9. Morning person or night owl? *Morning person – the day is fresh and new and full of hope for what it can be!*
10. What's your favorite way to relax on the weekend? *I love to put on music, light candles, and draw and paint. I also love porch parties with my family. We live on a "family compound" and will walk to each other's homes and sit on the porch and have coffee. I so enjoy that!*
11. If you could instantly master any skill, what would it be? *Illustration and graphic design.*
12. Who was your childhood hero? *My parents. They always made us feel safe, cared for, loved, and that we could be and do anything. They gave us such a happy childhood and are now amazing grandparents. They love people so well and most, always sought to follow Christ in all they did – and still do.*
13. What's one thing you can't live without? *God's Word!*
14. What's your go-to comfort food? *Coffee*
15. Do you have any pets? Tell us all about them! *I have a beagle named Moose. He is the funniest little guy! He loves to chase squirrels and birds, and his whole life's purpose is to eat.*
16. What movie or TV show do you never get tired of, or can recite line by line? *The Office*
17. What's a book you think everyone should read? *Holes by Louis Sachar.*
18. If you could time travel, would you go to the past or the future and why? *Past – what I would give to relive the holidays in the 90s and be a kid again!*
19. What's the best gift you've ever received? *When I turned 20, my parents surprised me with a special scavenger hunt. They told me where to be at a certain time, and each stop I got to had someone from my life that had made an impact on my life, including teachers from my younger days. It meant so much to me! They each presented me a small gift, words of encouragement, and prayers for the future. It was so special.*
20. What's something that always makes you laugh? *My family – they are all goofy in the best way and love to laugh.*

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 2025 Assisted Living			1 9:00 North Cleveland COG 10:00 History Biography 1:30 Painting with Ashley 2:30 Trivia for Seniors 3:30 Farkle 4:00 One on One Visits Chattanooga Zoo Outing Yom Kippur Begins	2 9:30 Devotions w/ Joyce Cook 10:30 Walking with Ashley 1:30 Color Cubed 2:30 Sorry Board Game 3:30 Nails with Catie 4:00 One on One Visits	3 9:30 Devotions w/ David Riggs 10:45 Dominoes 1:30 Rummy 2:30 Friday Matinee with Popcorn 3:30 A to Z Trivia on Patio 4:00 One on One Visits	4 9:00 Westwood Bapt. Online 10:30 Reminisce Reading 1:30 I Love Lucy 2:30 Resident Led Walking 3:30 Wordsearch & Puzzles
5 9:30 Westmore COG 10:30 Resident Led Games 1:30 Legacy Church Service with David Riggs 2:30 Resident Led Walking 3:30 Patio Chats	6 9:00 First Baptist Online 10:30 52 Weeks in the Bible 1:30 Chicken Foot 2:30 Finish the Line 3:30 Walking with Ashley 4:00 One on One Visits Sukkot Begins	7 9:30 Devotions w/ David Riggs 10:30 Reminisce Chats 1:30 Bingo 2:30 Barkey Bryant Music Music Through the Decades 3:30 You be the Judge 4:00 One on One Visits	8 9:00 North Cleveland COG 10:00 History Biography 1:30 Puzzles with Ashley 2:30 Devotion and Apple Cider with Lauryn 3:30 Farkle 4:00 One on One Visits	9 9:30 Devotions w/ Wendell Smith 10:30 Walking with Ashley 1:30 Color Cubed 2:30 Food Committee Meeting 3:30 Nails with Catie 4:00 One on One Visits	10 9:30 Devotions w/ David Taylor 10:45 Dominoes 1:30 Rummy 2:30 Legacy Healthcare Group- Health Talk 3:30 A to Z Trivia on Patio 4:00 One on One Visits	11 9:00 Westwood Bapt. Online 10:30 Reminisce Reading 1:30 Gunsmoke 2:30 Resident Led Walking 3:30 Wordsearch & Puzzles
12 9:30 Westmore COG 10:30 Resident Led Games 1:30 1ST Baptist Church of Cleveland 2:30 Resident Led Walking 3:30 Patio Chats	13 9:30 Devotion w/ Bob Varner 10:30 52 Weeks in the Bible 1:30 Chicken Foot 2:30 Finish the Line 3:30 Walking with Ashley 4:00 One on One Visits Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)	14 9:30 Devotions w/ David Riggs 10:30 Reminisce Chats 1:30 Bingo 2:30 Puzzles with Ashley 3:15 Matt Parks Singing 4:00 One on One Visits Simchat Torah Begins	15 9:00 North Cleveland COG 10:00 History Biography 1:30 Resident Led Walking 2:30 Trivia for Seniors 3:30 Farkle 4:00 One on One Visits Mercier Orchard Outing	16 9:30 Devotions w/ AGLOW 10:30 Walking with Ashley 1:30 Color Cubed 2:30 Dr. Cardin Banjo 3:30 Nails with Catie 4:00 One on One Visits	17 9:30 Devotions w/ David Taylor 10:45 Dominoes 1:30 Rummy 2:30 Friday Matinee with Popcorn 3:30 A to Z Trivia on Patio 4:00 One on One Visits	18 9:00 Westwood Bapt. Online 10:30 Reminisce Reading 1:30 The Walton's 2:30 Resident Led Walking 3:30 Wordsearch & Puzzles
19 9:30 Westmore COG 10:30 Resident Led Games 1:30 Legacy Church Service with David Taylor 2:30 Resident Led Walking 3:30 Patio Chats	20 9:00 First Baptist Online 10:30 52 Weeks in the Bible 1:30 Devotional Time with Carol Fulbright 2:30 Ahlberg Hearing Aid 2:30 Walker/WC Clinic 3:30 Walking with Ashley 4:00 One on One Visits	21 9:30 Devotions w/ David Riggs 10:30 Reminisce Chats 1:30 Bingo 2:30 Baking with Ashley Pumpkin Cookies 3:30 You be the Judge 4:00 One on One Visits	22 9:00 North Cleveland COG 10:00 History Biography 1:30 Trivia for Seniors 2:30 Sept. Birthday Party 3:30 Farkle 4:00 One on One Visits	23 9:30 Devotions w/ Adam Jones 10:30 Walking with Ashley 1:30 Color Cubed 2:30 Sorry Board Game 3:30 Nails with Catie 4:00 One on One Visits	24 9:30 Devotions w/ David Taylor 10:45 Dominoes 1:30 Rummy 2:30 Legacy Healthcare Group- Pong Toss 3:30 A to Z Trivia on Patio 4:00 One on One Visits	25 9:00 Westwood Bapt. Online 10:30 Reminisce Reading 1:30 Heartland 2:30 Resident Led Walking 3:30 Wordsearch & Puzzles
26 9:30 Westmore COG 10:30 Resident Led Games 1:30 Westwood Baptist Church Service 2:30 Resident Led Walking 3:30 Patio Chats	27 9:00 First Baptist Online 10:30 52 Weeks in the Bible 1:30 Chicken Foot 2:30 Paws of Love Pet Therapy 3:30 Walking with Ashley 4:00 One on One Visits	28 9:30 Devotions w/ David Riggs 10:30 Reminisce Chats 1:30 Bingo 2:30 Resident Council Meeting 3:30 Lenae Simmons Flutist 4:00 One on One Visits	29 9:30 Devotion w/ David King 10:00 History Biography 1:30 Trivia for Seniors 2:30 Painting with Ashley 3:30 Farkle 4:00 One on One Visits	30 9:00 Gaither Gospel Hour 10:30 Walking with Ashley 1:30 Color Cubed 2:30 Singing Along with Sierra 3:30 Nails with Catie 4:00 One on One Visits	31 9:30 Devotions w/ David Taylor 10:45 Dominoes 1:30 Rummy 2:30 Fall Harvest Social: Caramel Apple Day 4:00 One on One Visits Halloween	Thursday, October 5th 5:30 Dementia Support Group with Dr. Ron Harvard

NATIONAL ASSISTED LIVING WEEK HIGHLIGHTS



*Celebrations
& Milestones*

Welcome to our newest residents!

- Daniel Hall
- Mary Stamper
- Pam Healy

Let's celebrate special moments this month!

RESIDENT BIRTHDAYS

- Oct. 7: Robert Wilson
- Oct. 11: Josephine Baker

RESIDENT ANNIVERSARIES

- Judy Armstrong – 7 years
- Betty Brodes – 7 years
- Paul Duncan – 1 year
- David Gooch – 1 year
- Gladys Hunley – 4 years

*Here's to new friends,
special milestones, &
more memories together!*



A Life in Harmony: Martha Lessig

Some lives unfold like a beautiful symphony, each movement shaped by adventure, faith, and quiet strength. That's certainly true for Martha Lessig, whose story spans continents, cultures, and decades of devotion.

Martha was born in Nashville, Tennessee, on March 30, 1933. Her earliest adventures began far from home, as she spent her childhood in Chile while her parents served as missionaries. Surrounded by both Spanish and English, Martha's world grew wide and colorful. These early experiences gave her a deep appreciation for language, culture, and faith.

At sixteen, Martha made a courageous leap and returned alone to the United States for college. She bravely settled in with an aunt she had never met, showing remarkable independence for someone so young. Her journey carried her from Memphis to Chattanooga, where she met her future husband, George Lessig. Together, they built a life rooted in love and service, sharing sixty-three remarkable years side by side.

Music was a constant thread in Martha's life. For over fifty years, she played piano and organ in churches and at community gatherings, using her talents to bring people together and create moments of joy. She found friendship and fellowship in her local music club, always eager to celebrate the arts with others.

Later, Martha took on a new calling as a social worker, offering compassion and strength to those who needed support. Through her work, she touched countless lives, always with a gentle spirit and an open heart.

Martha is the proud mother of two children and grandmother to two grandchildren. She retired in her early 80s in 2018, having spent decades uplifting others with quiet strength and unwavering generosity. Whether through a warm smile, a gentle word, or the memory of a favorite hymn, Martha's legacy is a testament to courage, faith, and the enduring power of compassion.

Her story reminds us that a life filled with music, love, and service leaves echoes that last, often long after the final note is played.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2025			1 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Bean Bag Toss 2:00 Snack and Hydration 3:00 Scattergories 4:00 Sing Along Songs 5:00 Andy Griffith Yom Kippur Begins	2 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Balloon Tennis 2:00 Snack and Hydration 3:00 Bingo 4:00 Simple C- Name That 5:00 TV Land 5:30 Dementia Support Group	3 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Horseshoes 2:00 Snack and Hydration 3:00 Coloring/Painting 4:00 Finish the Line Trivia 5:00 Touched by an Angel	4 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Movie and Mini Mani's 2:00 Snack and Hydration 3:00 Dominoes 4:00 Would you Rather? 5:00 Gunsmoke
5 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Balloon Tennis 2:00 Church Service 3:00 Trivia Time 4:00 Simple C- Interactive 5:00 Gaither Gospel	6 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Basketball 2:00 Snack and Hydration 3:00 Mind Joggers 4:00 LTC- Peru 5:00 I Love Lucy Sukkot Begins	7 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Horseshoes 2:00 Snack and Hydration 3:00 Flower Arrangements 4:00 Simple C- Travel 5:00 Leave it to Beaver	8 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Bean Bag Toss 2:00 Chocolate Covered Pretzels 3:00 Scattergories 4:00 Sing Along Songs 5:00 Andy Griffith	9 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Balloon Tennis 2:00 Snack and Hydration 3:00 Bingo 4:00 Simple C- Name That 5:00 TV Land	10 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Horseshoes 2:00 Snack and Hydration 3:00 Coloring/Painting 4:00 Finish the Line Trivia 5:00 Touched by an Angel	11 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Movie and Mini Mani's 2:00 Snack and Hydration 3:00 Dominoes 4:00 Would you Rather? 5:00 Gunsmoke
12 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Balloon Tennis 2:00 Church Service 3:00 Trivia Time 4:00 Simple C- Interactive 5:00 Gaither Gospel	13 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Basketball 2:00 Jan and Bear Visit 2:30 Snack and Hydration 3:00 Mind Joggers 4:00 LTC- Australia 5:00 I Love Lucy Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)	14 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Horseshoes 2:00 Snack and Hydration 2:45 Matt Parks Singing 3:00 Puzzle Time 4:00 Simple C- Travel 5:00 Leave it to Beaver Simchat Torah Begins	15 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Bean Bag Toss 2:00 October Birthday Celebration 3:00 Scattergories 4:00 Sing Along Songs 5:00 Andy Griffith	16 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Balloon Tennis 2:00 Dr. Cardin Banjo 2:15 Snack and Hydration 3:00 Bingo 4:00 Simple C- Name That 5:00 TV Land	17 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Horseshoes 2:00 Snack and Hydration 3:00 Coloring/Painting 4:00 Finish the Line Trivia 5:00 Touched by an Angel	18 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Movie and Mini Mani's 2:00 Snack and Hydration 3:00 Dominoes 4:00 Would you Rather? 5:00 Gunsmoke
19 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Balloon Tennis 2:00 Church Service 3:00 Trivia Time 4:00 Simple C- Interactive 5:00 Gaither Gospel	20 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Basketball 2:00 Snack and Hydration 3:00 Mind Joggers 4:00 LTC- Canada 5:00 I Love Lucy	21 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Horseshoes 2:00 Apple Cider Day 3:00 Pumpkin Craft 4:00 Simple C- Travel 5:00 Leave it to Beaver	22 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Bean Bag Toss 2:00 Snack and Hydration 3:00 Scattergories 4:00 Sing Along Songs 5:00 Andy Griffith	23 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Balloon Tennis 2:00 Snack and Hydration 3:00 Bingo 4:00 Simple C- Name That 5:00 TV Land	24 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Horseshoes 2:00 Candy Corn Day 3:00 Coloring/Painting 4:00 Finish the Line Trivia 5:00 Touched by an Angel	25 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Movie and Mini Mani's 2:00 Snack and Hydration 3:00 Dominoes 4:00 Would you Rather? 5:00 Gunsmoke
26 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Balloon Tennis 2:00 Church Service 3:00 Trivia Time 4:00 Simple C- Interactive 5:00 Gaither Gospel	27 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Basketball 2:00 Paws of Love 2:00 Snack and Hydration 3:00 Mind Joggers 4:00 LTC- Italy 5:00 I Love Lucy	28 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Horseshoes 2:00 Snack and Hydration 3:00 Puzzle Time 4:00 Simple C- Travel 5:00 Leave it to Beaver	29 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Bean Bag Toss 2:00 Snack and Hydration 3:00 Scattergories 4:00 Sing Along Songs 5:00 Andy Griffith	30 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Balloon Tennis 2:00 Snack and Hydration 3:00 Bingo 4:00 Simple C- Name That 5:00 TV Land	31 9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 The Daily Chronicle 1:00 Horseshoes 2:00 Fall Harvest: Caramel Apple Day 3:00 Coloring/Painting 4:00 Finish the Line Trivia 5:00 Touched by an Angel Halloween	The Harbor

NATIONAL ASSISTED LIVING WEEK HIGHLIGHTS

WESTERN DAY FUN!



Western Day Fun collage featuring residents wearing cowboy hats, mustaches, and holding props like a cowboy boot and a lasso.

BRAIN FREEZE, BIG SMILES, ZERO REGRETS



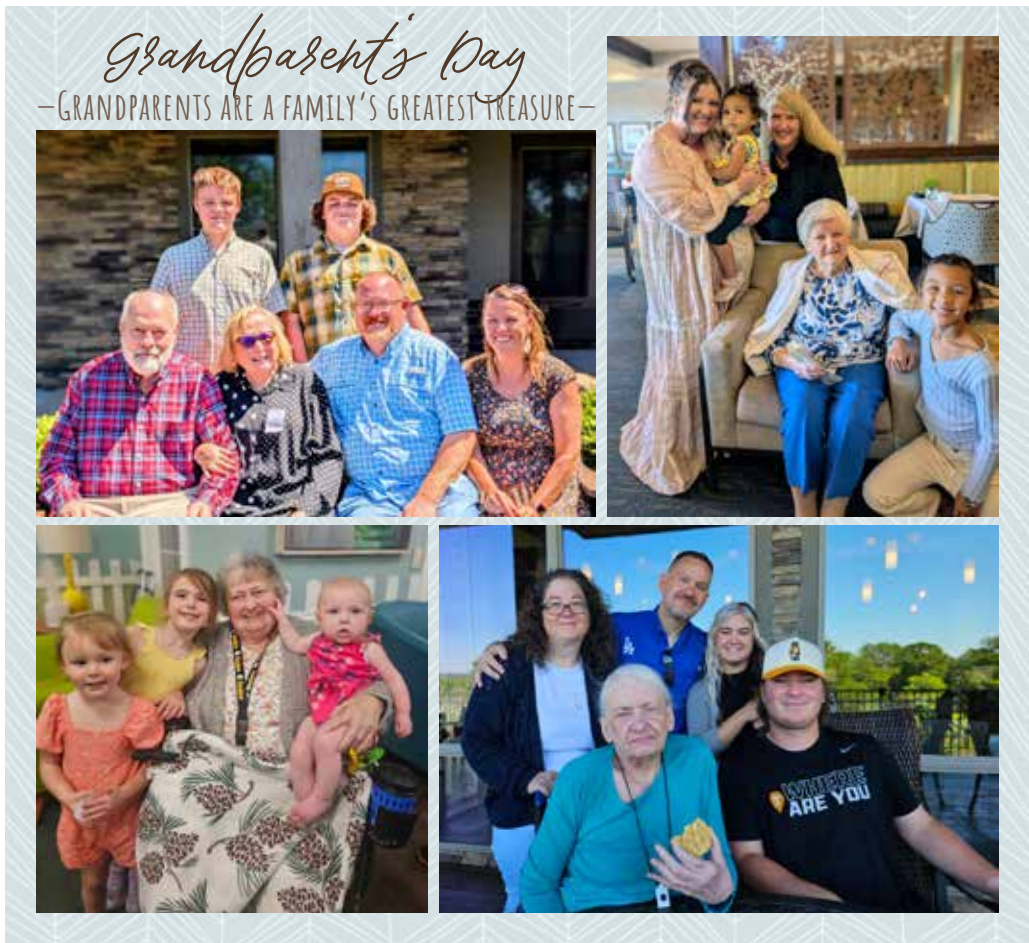
Brain Freeze collage showing residents enjoying ice cream and socializing.

TWINNING ON TWINS DAY



Twinning on Twins Day collage featuring two women dressed as twins.

Grandparent's Day
—GRANDPARENTS ARE A FAMILY'S GREATEST TREASURE—



Grandparent's Day collage featuring residents with their families and grandchildren.

MORE SMILES, MORE FUN, MORE JOY!



More Smiles collage featuring residents playing games and socializing.

Celebrations & Milestones

Welcome to our newest residents!

- Daniel Hall
- Mary Stamper
- Pam Healy

Let's celebrate special moments this month!

RESIDENT BIRTHDAYS

- Oct. 7: Robert Wilson
- Oct. 11: Josephine Baker

RESIDENT ANNIVERSARIES

- Judy Armstrong – 7 years
- Betty Brodes – 7 years
- Paul Duncan – 1 year
- David Gooch – 1 year
- Gladys Hunley – 4 years

Here's to new friends, special milestones, & more memories together!

Wacky Tacky Tourist Day



Wacky Tacky Tourist Day collage featuring residents wearing leis and holding drinks.



A Life in Harmony: Martha Lessig

Some lives unfold like a beautiful symphony, each movement shaped by adventure, faith, and quiet strength. That's certainly true for Martha Lessig, whose story spans continents, cultures, and decades of devotion.

Martha was born in Nashville, Tennessee, on March 30, 1933. Her earliest adventures began far from home, as she spent her childhood in Chile while her parents served as missionaries. Surrounded by both Spanish and English, Martha's world grew wide and colorful. These early experiences gave her a deep appreciation for language, culture, and faith.

At sixteen, Martha made a courageous leap and returned alone to the United States for college. She bravely settled in with an aunt she had never met, showing remarkable independence for someone so young. Her journey carried her from Memphis to Chattanooga, where she met her future husband, George Lessig. Together, they built a life rooted in love and service, sharing sixty-three remarkable years side by side.

Music was a constant thread in Martha's life. For over fifty years, she played piano and organ in churches and at community gatherings, using her talents to bring people together and create moments of joy. She found friendship and fellowship in her local music club, always eager to celebrate the arts with others.

Later, Martha took on a new calling as a social worker, offering compassion and strength to those who needed support. Through her work, she touched countless lives, always with a gentle spirit and an open heart.

Martha is the proud mother of two children and grandmother to two grandchildren. She retired in her early 80s in 2018, having spent decades uplifting others with quiet strength and unwavering generosity. Whether through a warm smile, a gentle word, or the memory of a favorite hymn, Martha's legacy is a testament to courage, faith, and the enduring power of compassion.

Her story reminds us that a life filled with music, love, and service leaves echoes that last, often long after the final note is played.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Alphabet Trivia 1:00 Balloon Tennis 2:00 Snack and Hydration 3:00 Dominoes 4:00 Bible Trivia 5:00 The Walton's Yom Kippur Begins	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 This N That Trivia 1:00 Ring Toss 2:00 Snack and Hydration 3:00 Word Scramble 4:00 Sing Along Songs 5:00 Shirley Temple 5:30 Dementia Support Group	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Name that Trivia 1:00 Basketball 2:00 Snack and Hydration 3:00 Movie and Mini Mani's 4:00 Fall Trivia 5:00 Price is Right	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Mind Joggers 1:00 Kickball 2:00 Snack and Hydration 3:00 Coloring for Clarity 4:00 Simple C- Trivia 5:00 Lassie
9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Bible Stories 1:00 Beachball Toss 2:15 Church Service 2:30 Snack and Hydration 3:00 Puzzle Time 4:00 Nat. Geo Travel Doc. 5:00 Gaither Gospel	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 This N That Trivia 1:00 Circle Ball 2:00 Snack and Hydration 3:00 Uno 4:00 American History Trivia 5:00 Dick Van Dyke Sukkot Begins	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Simple C- Trivia 1:00 Bean Bag Toss 2:00 Snack and Hydration 3:00 Hands on Games 4:00 LTC- Peru 5:00 I Love Lucy	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Alphabet Trivia 1:00 Balloon Tennis 2:00 Chocolate Covered Pretzels 3:00 Dominoes 4:00 Bible Trivia 5:00 The Walton's	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 This N That Trivia 1:00 Ring Toss 2:00 Snack and Hydration 3:00 Flower Arrangements 4:00 Sing Along Songs 5:00 Shirley Temple	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Name that Trivia 1:00 Basketball 2:00 Snack and Hydration 3:00 Movie and Mini Mani's 4:00 Simple C- Music 5:00 Price is Right	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Mind Joggers 1:00 Kickball 2:00 Snack and Hydration 3:00 Coloring for Clarity 4:00 Simple C- Trivia 5:00 Lassie
9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Bible Stories 1:00 Beachball Toss 2:15 Church Service 2:30 Snack and Hydration 3:00 Puzzle Time 4:00 Nat. Geo Travel Doc. 5:00 Gaither Gospel	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 This N That Trivia 1:00 Circle Ball 2:00 Snack and Hydration 2:30 Jan and Bear Visit 3:00 Uno 4:00 American History Trivia 5:00 Dick Van Dyke Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (U.S.)	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Simple C- Trivia 1:00 Bean Bag Toss 2:00 Snack and Hydration 3:00 Hands on Games 4:00 LTC- Australia 5:00 I Love Lucy Simchat Torah Begins	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Alphabet Trivia 1:00 Balloon Tennis 2:00 October Birthday Celebration 3:00 Dominoes 4:00 Bible Trivia 5:00 The Walton's	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 This N That Trivia 1:00 Ring Toss 2:00 Snack and Hydration 2:15 Dr. Cardin Banjo 3:00 Word Scramble 4:00 Sing Along Songs 5:00 Shirley Temple	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Name that Trivia 1:00 Basketball 2:00 Snack and Hydration 3:00 Movie and Mini Mani's 4:00 Simple C- Music 5:00 Price is Right	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Mind Joggers 1:00 Kickball 2:00 Snack and Hydration 3:00 Coloring for Clarity 4:00 Simple C- Trivia 5:00 Lassie
9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Bible Stories 1:00 Beachball Toss 2:15 Church Service 2:30 Snack and Hydration 3:00 Puzzle Time 4:00 Nat. Geo Travel Doc. 5:00 Gaither Gospel	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 This N That Trivia 1:00 Circle Ball 2:00 Snack and Hydration 3:00 Uno 4:00 American History Trivia 5:00 Dick Van Dyke	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Simple C- Trivia 1:00 Bean Bag Toss 2:00 Apple Cider 3:00 Pumpkin Craft 4:00 LTC-Canada 5:00 I Love Lucy	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Alphabet Trivia 1:00 Balloon Tennis 2:00 Snack and Hydration 3:00 Dominoes 4:00 Bible Trivia 5:00 The Walton's	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 This N That Trivia 1:00 Ring Toss 2:00 Snack and Hydration 3:00 Word Scramble 4:00 Sing Along Songs 5:00 Shirley Temple	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Name that Trivia 1:00 Basketball 2:00 Candy Corn Day 3:00 Movie and Mini Mani's 4:00 Simple C- Music 5:00 Price is Right	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Mind Joggers 1:00 Kickball 2:00 Snack and Hydration 3:00 Coloring for Clarity 4:00 Simple C- Trivia 5:00 Lassie
9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Bible Stories 1:00 Beachball Toss 2:15 Church Service 2:30 Snack and Hydration 3:00 Puzzle Time 4:00 Nat. Geo Travel Doc. 5:00 Gaither Gospel	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 This N That Trivia 1:00 Circle Ball 2:00 Snack and Hydration 2:15 Paws of Love 3:00 Uno 4:00 American History Trivia 5:00 Dick Van Dyke	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Simple C- Trivia 1:00 Bean Bag Toss 2:00 Snack and Hydration 2:45 Lenae Simmons Flutist 3:00 Hands on Games 4:00 LTC-Italy 5:00 I Love Lucy	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Alphabet Trivia 1:00 Balloon Tennis 2:00 Snack and Hydration 3:00 Dominoes 4:00 Bible Trivia 5:00 The Walton's	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 This N That Trivia 1:00 Ring Toss 2:00 Snack and Hydration 3:00 Word Scramble 4:00 Sing Along Songs 5:00 Shirley Temple	9:00 Exercise and Hydrate 10:00 Devotion and Hymns 11:00 Name that Trivia 1:00 Basketball 2:00 Fall Harvest: Caramel Apple Day 3:00 Movie and Mini Mani's 4:00 Simple C- Music 5:00 Price is Right Halloween	