



423-472-4700

Life. Love. Legacy.™

2255 Candies Lane NW

Cleveland, TN 37312

legacycleveland.net

Administrative Team

Destiny Helms
Executive Director

Abbi Cox, BSN, RN
Resident Services Director

Emily Tallant, RN
Assistant Resident Services Director

Logan Manning
Sales & Marketing Director

Ashley Mitchell
Life Enrichment Director

Crystal Walkup
Business Office Manager

Abbey Ferguson
Director of Culinary Services

Sam Hollars
Director of Physical Plant

Heather Gennarini, LPN
Staffing Development Coordinator



**LEGACY
VILLAGE
OF CLEVELAND**

Assisted Living • Memory Care

LEGACY VILLAGE NEWSLETTER | NOVEMBER 2024

Inside this edition:

Message from the ED | Pictures of Our Residents | Calendar & Events
Chaplain's Corner | Monthly Puzzle | Resident of the Month

Life. Love. Legacy.™

 Pending Life was hard in the New Land and the Pilgrims needed and received help to survive from their Native American friends. And in honor of their survival and friendship, the Pilgrims celebrated the first Thanksgiving with a three-day harvest feast in 1621. The Governor of Massachusetts, William Bradford, invited the Wampanoag Chief Massasoit and other Native American friends to the feast. It was a celebration of friendship, gratitude, and God's favor.

I am sure that the Pilgrims never expected all the hardship they encountered as they followed their vision of a better world. The same goes for us. The reason is that life never warns us of the hardships we may encounter. And like the Pilgrims, we may need help from our friends – even from those who we may have just met. Yet, it is our relationships that provide added strength, allowing us to endure hardship, change, and new beginnings.

I see a parallel with the story of the Pilgrims and the story of seniors who are aging and their families. You may have had a recent hardship or having need of some assistance and may feel like you just landed in a brave New World. At Legacy Village, we consider ourselves as friends. We are here to lend a

hand, offer advice, or give a hug. Just like the Native Americans assisted the Pilgrims, we want you to succeed in this new adventure as we understand the struggles that may come with it.

In John 16:33, we find these words of Jesus, *"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world."* Jesus was telling his disciples that life will be hard but because of their relationship with him, even in the hard times, they may have peace. Jesus is a friend to sinners and offers his hand to each one of us. And because he has overcome this world, he is our strength so we too will overcome. What a great word of encouragement!

So, in this season, may you stop and give thanks for all the blessings you have received throughout this year. Celebrate God's goodness and the friends around you. Come to the table, together, and give thanks. *"Enter His gates with thanksgiving and His courts with praise; give thanks to Him and praise His name. For the Lord is good and His love endures forever; His faithfulness continues through all generations."* Psalms 100:4-5. May you and your family have a blessed and grateful Thanksgiving!

Q Helms

Happy Birthday!



Joel Patterson
November 12



Elizabeth Wilson
November 13

VETERANS DAY
NOVEMBER 11

Those of us who have not served will never fully understand the sacrifices you've made both in times of peace and war. We will never fully understand what you were required to do or how you were able to do it. We will never fully understand the depth of your scars.

But what we *can* offer you is this: We see you. We recognize your humanity. And we send you love that is gentle, patient and healing.

With blessings and gratitude, we ask that you remember you are loved.

Thank you.

We Voted
with the
Bradley
County
Election
Commission



If you love what we do, please leave a review!



legacycleland.net

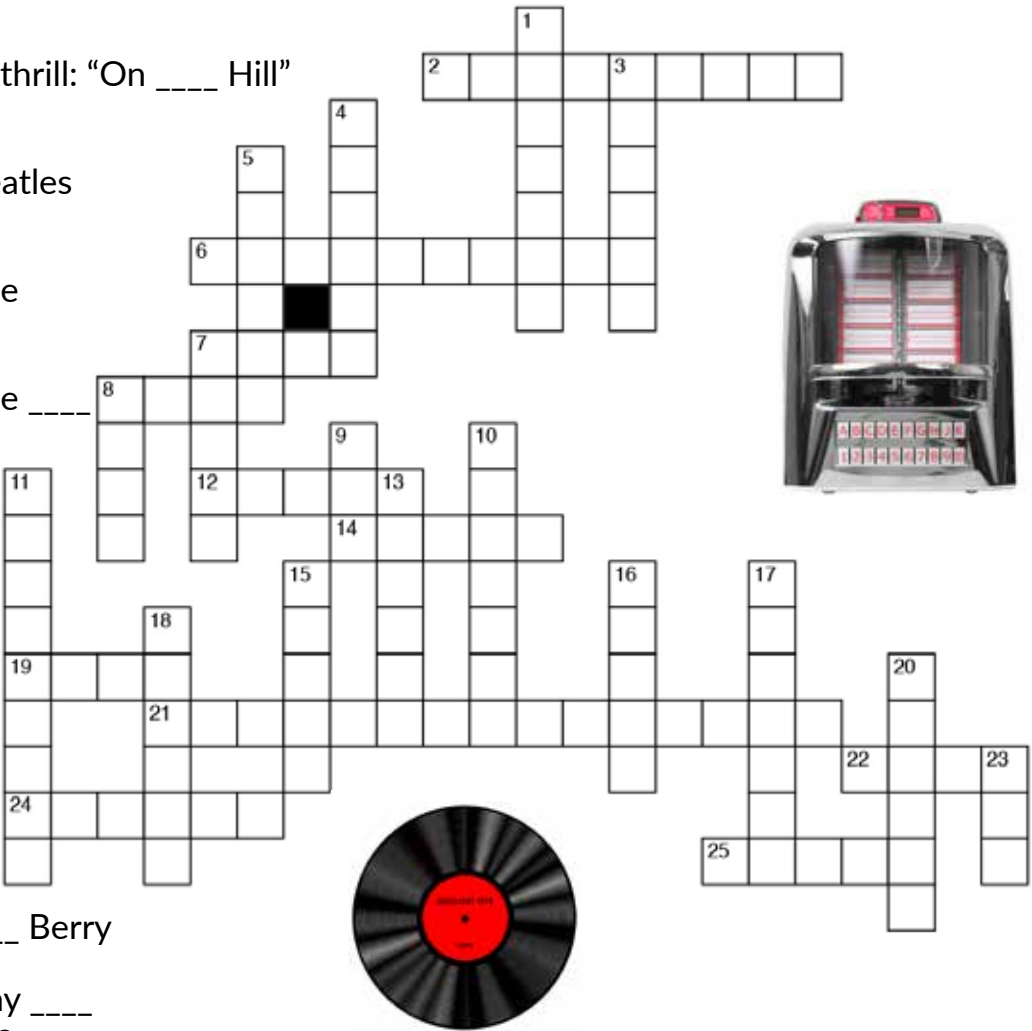


ACROSS

- 2. Where Fats Domino found his thrill: "On ____ Hill"
- 6. Singer's need
- 7. Guitar with a deep sound
- 8. Number of members in The Beatles
- 12. Ringo Starr's instrument
- 14. Little Richard's instrument
- 19. When the guitarist plays alone
- 21. Wearable souvenir
- 22. Hard on the ears
- 24. Bill Haley's backing group: The ____
- 25. An LP's flip side

DOWN

- 1. Machine for playing music
- 3. J. P. Richardson Jr., better known as "The Big ____"
- 4. Repeated song part
- 5. Carlos Santana's instrument
- 7. "Peggy Sue" singer: ____ Holly
- 8. Rock band admirers
- 9. Sound booster
- 10. Arena event
- 11. Noted 1969 music festival
- 13. Vocalist
- 15. "Johnny B. Goode" singer: ____ Berry
- 16. Chubby Checker's dance
- 17. "Hit the Road Jack" singer: Ray ____
- 18. Radio station personality; disc ____
- 20. Mick Jagger's group: The Rolling ____
- 23. Elvis' song: "Hound ____"



50s & 60s Rock & Roll

American Bandstand

The words listed below can be found vertically, horizontally, diagonally, forward, and backward.



- | | | |
|------------|---------------|---------------|
| BOP | MUSIC | ROCK AND ROLL |
| CHARTS | NATIONAL | STROLL |
| CULTURE | PERFORMANCE | TEENAGERS |
| DANCING | PHILADELPHIA | TELEVISED |
| DICK CLARK | POPULAR | TRENDS |
| FASHION | RATE-A-RECORD | TWIST |

Resident Spotlight

Beverly Davis



Beverly was born in Cleveland, TN, to George and Frankie Brown. George was a foreman at American Lava and Frankie was a homemaker and later worked at Dixie Foundry. Beverly has one sister, Maxine. She loved Christmas as a child and her favorite memory was when she received an extra-large burgundy tricycle when she was eight. She enjoyed watching her dad ride around the neighborhood on her new shiny tricycle! Beverly attended Blythe Avenue Elementary, Arnold School, and Bradley High School. She played basketball as a young child and was in a variety of clubs in school.

During her time at Bradley High School, her best friend Paula introduced her to Alvin Davis, and Beverly and Alvin began dating. They were married during her senior year of high school and Alvin was in the Navy. After graduation, she moved to Norfolk, VA, where Alvin was stationed. She began working at Norfolk Paint Company in the office doing clerical work. Alvin went to the Panama Canal for four months, returned home and stayed in the Navy for sixteen more months. After

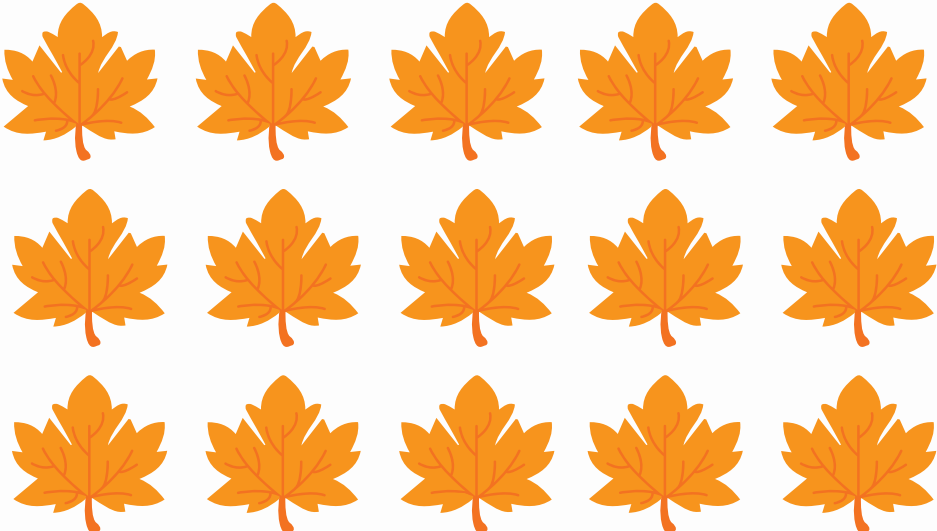
the Navy, Alvin and Beverly moved back to Cleveland. They became parents to two children Keith (Linda) and Kristi (Wes). Today they have five grandchildren, Noah, Syndey, Will, Andy and Jack. Alvin and Beverly have been married for 61 wonderful years.

While Keith and Kristi were younger, Beverly was a stay-at-home mother. She enjoyed watching Keith play basketball and wrestle and never missed a dance recital for Kristi. Beverly was also a room mother while her children were in elementary school. Alvin opened Davis Heating and Air and Beverly maintained the books and managed the office. After 34 years of running their business they both retired.

Beverly is a lifelong member of Westwood Baptist Church and was a Sunday school teacher. She enjoyed traveling with her family throughout the years, with some of her favorite trips being to Hawaii, Ireland, Brazil and Mexico. She loves working in the yard, gardening, cooking, and attending church functions. Beverly shared that her favorite thing to do is to spend time with her family; she loves her grandchildren and uses every opportunity to spend time with them. We are blessed to have Alvin and Beverly here at Legacy Village, where Beverly enjoys playing Bingo and making new friends.

Just One!

Find the one leaf that is unlike any other!



TEAM MEMBER Anniversaries

- 5 years of service
Heather Gennarini
- 1 year of service
Brylee Clements
Tabitha Land
Alice McDaniel

Thank You!

FALL FESTIVAL FUN



Chaplain's Corner

David Riggs



Do Prayers Help?

When any tragic event hits our nation, social media lights up with words like, "our thoughts and prayers are with you who are affected by this event." As we approach the Thanksgiving, I want you, the reader, to consider the question above. Do prayers help? From the responses I have read by many politicians, to the phrase "our prayers are with you", it appears that they either do not believe in prayer or consider it ineffective to help. One political figure posted an angry response that said, "we don't need or want your prayers, we want action." To view prayer as inaction and ineffective, is to totally misunderstand the nature of God and His involvement in this world, and especially His love for all people. That's right, God loves people! For people of faith, prayer is central to

our understanding of God. Volumes of books have been written to help us understand the value of this spiritual discipline in our lives. There is an often-overlooked passage in the Bible which I believe signals a turning point for humanity. It reads like this, "*Seth also had a son, and he named him Enosh. At that time people began to call on the name of the Lord*" (Genesis 4:26). This question about the value of prayer cannot be answered without asking another very important question. Does God care? I can answer that question with one word...Jesus! God cares so much that He entered into our suffering to help us deal with it. Whether you believe in prayer or not, the fact that someone, somewhere, is taking the time to think about you is both beneficial and therapeutic. So, this month of Thanksgiving, let's give thanks to God for reminding us that "men ought always to pray and not give up" (Luke 18:1).

Visit to
Mercier Apple
Orchard and



APPLE
FACTS

- Apple juice, apple flesh, and apple cider vinegar all have high malic acid content. This beneficial compound is helpful in treating conditions like fibromyalgia, chronic fatigue syndrome, and gallstones.
- Some studies have shown that consuming apples regularly may reduce your risk of cancer. Apples contain pectin, quercetin, procyanidins, and Vitamin C, which are all beneficial in the prevention of disease and cancer.

Having a Hoot of a Time Crafting with Debbie



DID YOU KNOW?

...we offer a complimentary service to loved ones caring for someone with Alzheimer's or other forms of dementia? Legacy's Alzheimer's Support Services is available to YOU or anyone you know in need. Dr. Harvard has been where you are and can offer support and guidance.

Visit legacysl.net/Alzheimers-support to read about his experience and to schedule your one-on-one meeting with Dr. Ron Harvard.



Alzheimer's Support Services
with Dr. Ron Harvard



WINNER, WINNER! CHILI DINNER!



The winners of the Chili Cookoff are:

- 1st Sam Hollars
Maintenance Director
- 2nd Crystal Walkup
Business Office Manager
- 3rd Ashley Mitchell
Life Enrichment Director



Did You Know?

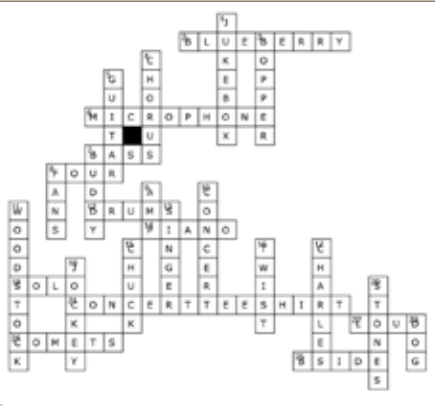
Coloring can be beneficial for adults! It can aid in reducing one's stress response, ease feelings of anxiety & depression, and increase relaxation leading to improved sleep! Grab your pencils & wake up your inner artist!

Cooking Demo with Chef Abbey

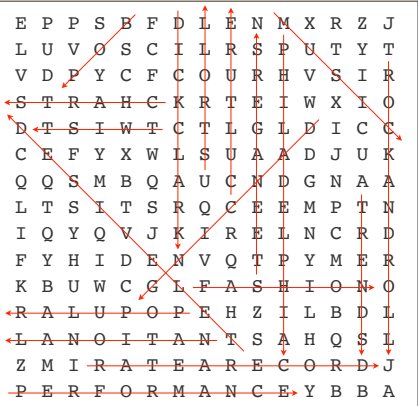


"Oh that men would praise the Lord for his goodness, and for his wonderful works to the children of men! For he satisfieth the longing soul, and filleth the hungry soul with goodness." Psalm 107:8-9, KJV

Puzzle Solutions



Just One: Row 3, Number 3



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div> <div>November 2024</div> <div>Assisted Living</div> </div>					<div> <div>9:30 Devotions with Chaplain</div> <div>10:45 Dominoes w/ Ginger</div> <div>1:30 Tennis Ball Darts</div> <div>2:30 Word Scramble</div> <div>3:30 Documentary & Popcorn</div> <div>4:00 One on One Visits</div> <div>Diwali (Hindu)</div> </div>	<div> <div>9:30 Westwood Bapt. Online</div> <div>10:30 Resident Led Games</div> <div>1:30 The Waltons</div> <div>2:30 Resident Led Walking</div> <div>3:30 Fireside Chats</div> </div>
<div> <div>9:30 Westmore COG</div> <div>10:30 Resident Led Games</div> <div>1:30 LVC Church Service: David Riggs</div> <div>2:30 Resident Led Walking</div> <div>3:30 Fireside Chats</div> <div>Daylight Saving Time Ends</div> </div>	<div> <div>9:00 First Baptist Online</div> <div>10:30 Resident Led Walking</div> <div>1:30 Kings in the Corner</div> <div>2:30 Chicken Foot</div> <div>3:30 Guess the Tune</div> <div>4:00 One on One Visits</div> </div>	<div> <div>9:30 Devotions with Chaplain</div> <div>10:30 Rummy</div> <div>1:30 Bingo</div> <div>2:30 Cooking Demo and Food Committee Meeting</div> <div>3:30 National Geographic</div> <div>4:00 One on One Visits</div> </div>	<div> <div>9:00 North Cleveland COG</div> <div>10:00 Resident Led Walking</div> <div>10:30 Fall Color Run with Destiny</div> <div>1:30 Coloring for Clarity & Word Puzzles</div> <div>2:30 Farkle or Yahtzee</div> <div>3:30 Blurt Trivia</div> <div>4:00 One on One Visits</div> </div>	<div> <div>9:30 Devotions w/ Wendell Smith</div> <div>10:30 Chair Exercises</div> <div>1:00 Nails with Michelle</div> <div>2:30 Sorry</div> <div>3:30 Fireside Chats</div> <div>4:00 One on One Visits</div> <div>5:30 Dementia Support Group</div> </div>	<div> <div>9:30 Devotions with Chaplain</div> <div>10:45 Dominoes w/ Ginger</div> <div>1:30 Tennis Ball Darts</div> <div>2:30 Word Scramble</div> <div>3:30 Documentary & Popcorn</div> <div>4:00 One on One Visits</div> </div>	<div> <div>9:30 Westwood Bapt. Online</div> <div>10:30 Resident Led Games</div> <div>1:30 The Waltons</div> <div>2:30 Resident Led Walking</div> <div>3:30 Fireside Chats</div> </div>
<div> <div>9:30 Westmore COG</div> <div>10:30 Resident Led Games</div> <div>1:30 LVC Church Service: Wendell Smith</div> <div>2:30 Resident Led Walking</div> <div>3:30 Fireside Chats</div> </div>	<div> <div>9:00 First Baptist Online</div> <div>10:30 Resident Led Walking</div> <div>2:00 Veteran's Day Program with DAR</div> <div>3:30 Kings in the Corner</div> <div>4:00 One on One Visits</div> <div>Veterans Day Remembrance Day (Canada)</div> </div>	<div> <div>9:30 Devotions with Chaplain</div> <div>10:30 Rummy</div> <div>1:30 Bingo</div> <div>2:30 Afternoon Walk</div> <div>3:15 Matt Parks Singing</div> <div>4:00 One on One Visits</div> </div>	<div> <div>9:00 North Cleveland COG</div> <div>10:30 Resident Led Walking</div> <div>1:30 Trousdale School Art Show with Destiny</div> <div>2:30 Farkle or Yahtzee</div> <div>3:30 Blurt Trivia</div> <div>4:00 One on One Visits</div> </div>	<div> <div>9:30 Devotions w/ Joyce Cook</div> <div>10:30 Chair Exercises</div> <div>1:00 Nails with Michelle</div> <div>2:30 Sorry</div> <div>3:30 Fireside Chats</div> <div>4:00 One on One Visits</div> </div>	<div> <div>9:30 Devotions with Chaplain</div> <div>10:45 Dominoes w/ Ginger</div> <div>1:30 Tennis Ball Darts</div> <div>2:30 Westwood Baptist Choir</div> <div>3:30 Afternoon Walk</div> <div>4:00 One on One Visits</div> </div>	<div> <div>9:30 Westwood Bapt. Online</div> <div>10:30 Resident Led Games</div> <div>1:30 The Waltons</div> <div>2:30 Resident Led Walking</div> <div>3:30 Fireside Chats</div> </div>
<div> <div>9:30 Westmore COG</div> <div>10:30 Resident Led Games</div> <div>1:30 LVC Church Service: David Taylor</div> <div>2:30 Resident Led Walking</div> <div>3:30 Fireside Chats</div> <div>6:15 Westmore Church Children Choir</div> </div>	<div> <div>9:00 First Baptist Online</div> <div>10:30 Resident Led Walking</div> <div>1:30 Kings in the Corner</div> <div>2:30 Ahlberg Hearing Aid</div> <div>2:30 Walker/WC Clinic</div> <div>3:30 Chicken Foot</div> <div>4:00 One on One Visits</div> <div>6:00 Foster Dance Group</div> </div>	<div> <div>9:30 Devotions with Chaplain</div> <div>10:30 Rummy</div> <div>1:30 Bingo</div> <div>2:30 Health Talk with LHG</div> <div>3:30 Afternoon Walk</div> <div>4:00 One on One Visits</div> <div>5:00 Family Thanksgiving Dinner</div> </div>	<div> <div>9:00 North Cleveland COG</div> <div>10:30 Resident Led Walking</div> <div>1:30 Farkle or Yahtzee</div> <div>2:30 Nov. Birthday Party</div> <div>3:30 Blurt Trivia</div> <div>4:00 One on One Visits</div> </div>	<div> <div>9:30 Devotions w/ AGLOW</div> <div>10:30 Chair Exercises</div> <div>1:00 Nails with Michelle</div> <div>2:30 Dr. Cardin Banjo</div> <div>3:30 Fireside Chats</div> <div>4:00 One on One Visits</div> </div>	<div> <div>9:30 Devotions with Chaplain</div> <div>10:45 Dominoes w/ Ginger</div> <div>1:30 Tennis Ball Darts</div> <div>2:30 Word Scramble</div> <div>3:30 Documentary & Popcorn</div> <div>4:00 One on One Visits</div> </div>	<div> <div>9:30 Westwood Bapt. Online</div> <div>10:30 Resident Led Games</div> <div>1:30 The Waltons</div> <div>2:30 Resident Led Walking</div> <div>3:30 Fireside Chats</div> </div>
<div> <div>9:30 Westmore COG</div> <div>10:30 Resident Led Games</div> <div>1:30 Westwood Baptist Church Service</div> <div>2:30 Resident Led Walking</div> <div>3:30 Fireside Chats</div> </div>	<div> <div>9:00 First Baptist Online</div> <div>10:30 Resident Led Walking</div> <div>1:30 Kings in the Corner</div> <div>2:30 Paws of Love</div> <div>3:30 Chicken Foot</div> <div>4:00 One on One Visits</div> </div>	<div> <div>9:30 Devotions with Chaplain</div> <div>10:30 Rummy</div> <div>1:30 Bingo</div> <div>2:30 Afternoon Walk</div> <div>3:30 Resident Council Meeting</div> <div>4:00 One on One Visits</div> </div>	<div> <div>9:00 North Cleveland COG</div> <div>10:30 Resident Led Walking</div> <div>1:30 Coloring for Clarity & Word Puzzles</div> <div>2:30 Farkle or Yahtzee</div> <div>3:30 Blurt Trivia</div> <div>4:00 One on One Visits</div> </div>	<div> <div>9:00 Gaither Gospel Hour</div> <div>10:00 Macy's Thanksgiving Day Parade</div> <div>1:30 Charlie Brown's Thanksgiving</div> <div>2:30 Afternoon Walk</div> <div>3:30 Fireside Chats</div> <div>Thanksgiving Day</div> </div>	<div> <div>9:30 Devotions with Chaplain</div> <div>10:45 Dominoes w/ Ginger</div> <div>1:30 Tennis Ball Darts</div> <div>2:30 Word Scramble</div> <div>3:15 Lenae Simmons Flutist</div> <div>4:00 One on One Visits</div> </div>	<div> <div>9:30 Westwood Bapt. Online</div> <div>10:30 Resident Led Games</div> <div>1:30 The Waltons</div> <div>2:30 Resident Led Walking</div> <div>3:30 Fireside Chats</div> </div>

ALL ACTIVITIES ARE SUBJECT TO CHANGE

**Baking Days in The Harbor: Delicious
Homemade Cinnamon
Bread and Chocolate
Covered Pretzels**



Resident Spotlight

Ann Haaser



This month we are featuring Anna Barth Haaser as our resident of the month. Ann was born in Upper Sandusky, OH. Ann's parents, Maxine and James "Jimmy" Barth had a large mixed family with Ann being the oldest, her siblings were Helen, James "Jimmy", Carol, Sue, Sharon and Deborah. Her mother Maxine worked at the GE plant in Ohio and her father worked at the GM plant in Michigan. When he left the plant, he started his own very successful business, Barth Motor Homes. As a child Ann enjoyed writing poetry and crafts.

Ann met her future spouse, Urban Haaser, through her Aunt Alma. Urban was a WWII member of the Army Air Corp (which would become the Air Force). They married on December 7, 1963. During their marriage Urban was an owner/operator OTR trucker. He traveled all over and hauled a lot of steel to the site that would become Walt Disney World in Florida. They have one daughter, Athena. Over the years Ann operated what would now be called a day care, in their large home in Republic, Ohio; she did this for over 50 years. Her daughter says the home was always full of children of all ages. Ann continued to write poetry and has poems published in several

books. She also developed a love of ceramics. Ann's grandchildren spent summers with them in Ohio for at least five years. They have fond memories of painting ceramics with Grandma, the parties she would have for them and the children she watched, and that the parties even included water balloons. Republic was a small town of 400 so the grandchildren remember walking to the fairs held in town and shopping on Saturdays. Ann began clogging as a hobby as well and taught lessons. She held recitals and gave performances when invited. Later she became a member of the All Ohio Clogging Group and performed with them as well. They enjoyed traveling together and took group trips to Disney, Hawaii, and Georgia. The family has taken a couple of vacations to Disney World over the years, too.

Some of Ann's ceramic creations have become family heirlooms. Every year at Christmas time they set up the nativity scene that Ann created and painted. Over the years many friends received ceramic Christmas trees and other pieces.

Ann has four grandchildren, Kate, David, Jill and Brandy, and nine great-grandchildren, Chloe, Austin, Paige, Izeyah, Adyson, Jocelyn, Roman, Kaia, and Kenai. She has moved to Tennessee to be closer to her family and has quickly become involved in the daily activities of Legacy Village. We are thankful to have Ann here.

**DID YOU
KNOW?**

...we offer a **complimentary** service to loved ones caring for someone with Alzheimer's or other forms of dementia? **Legacy's Alzheimer's Support Services** is available to YOU or anyone you know in need. Dr. Harvard has been where you are and can offer support and guidance.

Visit legacysl.net/Alzheimers-support to read about his experience and to schedule your **one-on-one** meeting with Dr. Ron Harvard.

**Alzheimer's
Support Services**

with
**Dr. Ron
Harvard**




Happy Birthday!



Barbara Malliet
November 9

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						9:00 Exercise & Hydrate 1 10:00 Devotions & Hymns 11:00 On This Day 1:00 Bowling 2:00 Snack and Hydration 3:00 Movie Time 4:00 Simple C-Interactive 5:00 TV Land Diwali (Hindu)
9:00 Stretch & Hydrate 3 10:00 Devotion & Hymns 11:00 The Daily Chronicle 1:00 Balloon Tennis 2:00 Church Service 2:30 Snack and Hydrate 3:00 Table Games 4:00 Trivia Fun 5:00 Gaither Gospel Hour Daylight Saving Time Ends	9:00 Exercise & Hydrate 4 10:00 Devotions & Hymns 11:00 Candy Trivia 1:00 Bean Bag Toss 2:00 Snack and Hydration 3:00 Puzzle Time 4:00 Musical Monday 5:00 Andy Griffith	9:00 Exercise & Hydrate 5 10:00 Devotions & Hymns 11:00 The Daily Chronicle 1:00 Balloon Tennis 2:00 Snack and Hydration 3:00 Dominoes 4:00 Simple C 5:00 Lawrence Welk	9:00 Exercise & Hydrate 6 10:00 Devotions & Hymns 11:00 The Daily Chronicle 1:00 Beachball Toss 2:00 Snack and Hydration 3:00 Bingo 4:00 Alphabet Triva 5:00 I Love Lucy	9:00 Exercise & Hydrate 7 10:00 Devotions & Hymns 10:15 Nails with Michelle 11:00 The Daily Chronicle 1:00 Circle Ball 2:00 Snack and Hydration 3:00 Uno 4:00 Learn the State 5:00 Wheel of Fortune 5:30 Dementia Support Group	9:00 Exercise & Hydrate 8 10:00 Devotions & Hymns 11:00 On This Day 1:00 Bowling 2:00 Snack and Hydration 3:00 Movie Time 4:00 Simple C-Interactive 5:00 TV Land	9:00 Exercise & Hydrate 9 10:00 Devotions & Hymns 11:00 The Daily Chronicle 1:00 Kickball 2:00 Snack and Hydration 3:00 Card Games 4:00 Simple C- Trivia 5:00 The Waltons
9:00 Stretch & Hydrate 10 10:00 Devotion & Hymns 11:00 The Daily Chronicle 1:00 Balloon Tennis 2:00 Church Service-Online 2:30 Snack and Hydrate 3:00 Table Games 4:00 Trivia Fun 5:00 Gaither Gospel Hour	9:00 Exercise & Hydrate 11 10:00 Devotions & Hymns 11:00 On This Day 1:00 Bean Bag Toss 1:30 Snack and Hydration 2:00 Veterans Day Program 3:00 Puzzle Time 4:00 Musical Monday 5:00 Andy Griffith Veterans Day Remembrance Day (Canada)	9:00 Exercise & Hydrate 12 10:00 Devotions & Hymns 11:00 The Daily Chronicle 1:00 Balloon Tennis 2:00 Snack and Hydration 2:45 Matt Parks Singing 3:00 Dominoes 4:00 Simple C 5:00 Lawrence Welk	9:00 Exercise & Hydrate 13 10:00 Devotions & Hymns 11:00 The Daily Chronicle 1:00 Beachball Toss 2:00 Snack and Hydration 3:00 Bingo 4:00 Alphabet Triva 5:00 I Love Lucy	9:00 Exercise & Hydrate 14 10:00 Devotions & Hymns 10:15 Nails with Michelle 11:00 The Daily Chronicle 1:00 Circle Ball 1:30 Men's Group w/Adam 2:00 Snack and Hydration 3:00 Uno 4:00 Learn the State 5:00 Wheel of Fortune	9:00 Exercise & Hydrate 15 10:00 Devotions & Hymns 11:00 On This Day 1:00 Bowling 2:00 Snack and Hydration 3:00 Movie Time 4:00 Simple C-Interactive 5:00 TV Land	9:00 Exercise & Hydrate 16 10:00 Devotions & Hymns 11:00 The Daily Chronicle 1:00 Kickball 2:00 Snack and Hydration 3:00 Card Games 4:00 Simple C- Trivia 5:00 The Waltons
9:00 Stretch & Hydrate 17 10:00 Devotion & Hymns 11:00 The Daily Chronicle 1:00 Balloon Tennis 2:00 Church Service 2:30 Snack and Hydrate 3:00 Table Games 4:00 Trivia Fun 5:00 Gaither Gospel Hour	9:00 Exercise & Hydrate 18 10:00 Devotions & Hymns 11:00 Who is Mickey Mouse 1:00 Jan and Bear Visit 2:00 Snack and Hydration 3:00 Puzzle Time 4:00 Musical Monday 5:00 Andy Griffith	9:00 Exercise & Hydrate 19 10:00 Devotions & Hymns 11:00 The Daily Chronicle 1:00 Balloon Tennis 2:00 PB Fudge Day 3:00 Thanksgiving Craft 4:00 Simple C 5:00 Lawrence Welk	9:00 Exercise & Hydrate 20 10:00 Devotions & Hymns 11:00 The Daily Chronicle 1:00 Beachball Toss 2:00 Nov. Birthday Party 3:00 Bingo 4:00 Alphabet Triva 5:00 I Love Lucy	9:00 Exercise & Hydrate 21 10:00 Devotions & Hymns 10:15 Nails with Michelle 11:00 The Daily Chronicle 1:00 Circle Ball 2:00 Dr. Cardin Banjo 2:30 Snack and Hydration 3:00 Uno 4:00 Music Time 5:00 Family Thanksgiving Dinner	9:00 Exercise & Hydrate 22 10:00 Devotions & Hymns 11:00 On This Day 1:00 Bowling 2:00 Snack and Hydration 3:00 Movie Time 4:00 Simple C-Interactive 5:00 TV Land	9:00 Exercise & Hydrate 23 10:00 Devotions & Hymns 11:00 The Daily Chronicle 1:00 Kickball 2:00 Snack and Hydration 3:00 Card Games 4:00 Simple C- Trivia 5:00 The Waltons
9:00 Stretch & Hydrate 24 10:00 Devotion & Hymns 11:00 The Daily Chronicle 1:00 Balloon Tennis 2:00 Church Service 2:30 Snack and Hydrate 3:00 Table Games 4:00 Trivia Fun 5:00 Gaither Gospel Hour	9:00 Exercise & Hydrate 25 10:00 Devotions & Hymns 11:00 On This Day 1:00 Bean Bag Toss 2:00 Paws of Love 2:30 Snack and Hydration 3:00 Puzzle Time 4:00 Musical Monday 5:00 Andy Griffith	9:00 Exercise & Hydrate 26 10:00 Devotions & Hymns 11:00 The Daily Chronicle 1:00 Balloon Tennis 2:00 Snack and Hydration 3:00 Dominoes 4:00 Simple C 5:00 Lawrence Welk	9:00 Exercise & Hydrate 27 10:00 Devotions & Hymns 11:00 Jukebox Day 1:00 Beachball Toss 2:00 Snack and Hydration 3:00 Bingo 4:00 Alphabet Triva 5:00 I Love Lucy	9:00 Exercise & Hydrate 28 9:30 Devotions & Hymns 10:00 Macy's Thanksgiving Day Parade 11:00 The Daily Chronicle 1:00 Circle Ball 2:00 Thanksgiving Snack 3:00 Charlie Brown Thanksgiving 4:00 Learn the State 5:00 Wheel of Fortune Thanksgiving Day	9:00 Exercise & Hydrate 29 10:00 Devotions & Hymns 11:00 On This Day 1:00 Bowling 2:00 Snack and Hydration 2:45 Lenae Simmons Flutist 3:00 Movie Time 4:00 Simple C-Interactive 5:00 TV Land	9:00 Exercise & Hydrate 30 10:00 Devotions & Hymns 11:00 The Daily Chronicle 1:00 Kickball 2:00 Snack and Hydration 3:00 Card Games 4:00 Simple C- Trivia 5:00 The Waltons

ALL ACTIVITIES ARE SUBJECT TO CHANGE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>   <h1>November 2024</h1> <h2>The Harbor Plus</h2> </div>						
9:00 Stretch and Hydrate 10:00 Devotions & Hymns 11:00 Would You Rather? 1:00 Balloon Tennis 2:15 Church Service 2:30 Snack and Hydrate 3:00 Hands on Activities 4:00 Simple C-Trivia 5:00 Gaither Gospel <small>Daylight Saving Time Ends</small>	9:00 Exercise & Hydrate 10:00 Devotions & Hymns 11:00 Simple C-Candy Day 1:00 Hockey 2:00 Snack and Hydration 3:00 Bingo 4:00 Musical Monday 5:00 I love Lucy	9:00 Exercise & Hydrate 10:00 Devotions & Hymns 11:00 Alphabet Trivia 1:00 Storytime with Shelly 2:00 Snack & Hydrate 3:00 Kickball 4:00 Simple C 5:00 I Love Lucy	9:00 Exercise & Hydrate 10:00 Devotions & Hymns 11:00 This N That Trivia 1:00 Balloon Tennis 2:00 Snack & Hydrate 3:00 Dominoes 4:00 Insp. Reading & Hymns 5:00 The Waltons	9:00 Exercise & Hydrate 10:00 Devotions & Hymns 10:15 Nails with Michelle 11:00 Scattergories 1:00 Puzzle Time 2:00 Snack & Hydrate 3:00 Basketball 4:00 Learn About Series 5:00 Grand Ole Opry 5:30 Dementia Support Group	<small>Diwali (Hindu)</small> 9:00 Exercise & Hydrate 10:00 Devotions & Hymns 11:00 Learn the State 1:00 Beachball Toss 2:00 Movie and Popcorn 3:00 Coloring for Clarity 4:00 Trivia Fun 5:00 Andy Griffith	9:00 Exercise & Hydrate 10:00 Devotions & Hymns 11:00 Mind Joggers 1:00 Circle Ball 2:00 Snack & Hydrate 3:00 Table Games 4:00 Simple C- Interactive 5:00 Wild Kingdom
9:00 Stretch and Hydrate 10:00 Devotions & Hymns 11:00 Would You Rather? 1:00 Balloon Tennis 2:15 Church Service-Online 2:30 Snack and Hydrate 3:00 Hands on Activities 4:00 Simple C-Trivia 5:00 Gaither Gospel	9:00 Exercise & Hydrate 10:00 Devotions & Hymns 11:00 Brain Games 1:00 Hockey 1:30 Snack and Hydration 2:00 Veterans Day Program 3:00 Bingo 4:00 Patriotic Music 5:00 I love Lucy <small>Veterans Day Remembrance Day (Canada)</small>	9:00 Exercise & Hydrate 10:00 Devotions & Hymns 11:00 Alphabet Trivia 1:00 Storytime with Shelly 2:00 Snack & Hydrate 3:00 Matt Parks Singing 3:30 Kickball 4:00 Simple C 5:00 I Love Lucy	9:00 Exercise & Hydrate 10:00 Devotions & Hymns 11:00 This N That Trivia 1:00 Balloon Tennis 2:00 Snack & Hydrate 3:00 Dominoes 4:00 Insp. Reading & Hymns 5:00 The Waltons	9:00 Exercise & Hydrate 10:00 Devotions & Hymns 10:15 Nails with Michelle 11:00 Scattergories 1:00 Puzzle Time 1:30 Men's Group w/ Adam 2:00 Snack & Hydrate 3:00 Basketball 4:00 Learn About Series 5:00 Grand Ole Opry	9:00 Exercise & Hydrate 10:00 Devotions & Hymns 11:00 Learn the State 1:00 Beachball Toss 2:00 Movie and Popcorn 3:00 Coloring for Clarity 4:00 Trivia Fun 5:00 Andy Griffith	9:00 Exercise & Hydrate 10:00 Devotions & Hymns 11:00 Mind Joggers 1:00 Circle Ball 2:00 Snack & Hydrate 3:00 Table Games 4:00 Simple C- Interactive 5:00 Wild Kingdom
9:00 Stretch and Hydrate 10:00 Devotions & Hymns 11:00 Would You Rather? 1:00 Balloon Tennis 2:15 Church Service 2:30 Snack and Hydrate 3:00 Hands on Activities 4:00 Simple C-Trivia 5:00 Gaither Gospel	9:00 Exercise & Hydrate 10:00 Devotions & Hymns 11:00 Brain Games 1:00 Hockey 1:30 Jan and Bear Visit 2:00 Snack and Hydration 3:00 Bingo 4:00 Mickey Mouse Day 5:00 I love Lucy	9:00 Exercise & Hydrate 10:00 Devotions & Hymns 11:00 Cooking with Shelly 1:00 Storytime with Shelly 2:00 PB Fudge Day 3:00 Kickball 4:00 Simple C 5:00 I Love Lucy	9:00 Exercise & Hydrate 10:00 Devotions & Hymns 11:00 This N That Trivia 1:00 Balloon Tennis 2:00 Nov. Birthday Party 3:00 Dominoes 4:00 Insp. Reading & Hymns 5:00 The Waltons	9:00 Exercise & Hydrate 10:00 Devotions & Hymns 10:15 Nails with Michelle 11:00 Scattergories 1:00 Puzzle Time 2:00 Snack & Hydrate 2:15 Dr. Cardin Banjo Player 3:00 Basketball 4:00 Music Time 5:00 Family Thanksgiving Dinner	9:00 Exercise & Hydrate 10:00 Devotions & Hymns 11:00 Learn the State 1:00 Beachball Toss 2:00 Movie and Popcorn 3:00 Coloring for Clarity 4:00 Trivia Fun 5:00 Andy Griffith	9:00 Exercise & Hydrate 10:00 Devotions & Hymns 11:00 Mind Joggers 1:00 Circle Ball 2:00 Snack & Hydrate 3:00 Table Games 4:00 Simple C- Interactive 5:00 Wild Kingdom
9:00 Stretch and Hydrate 10:00 Devotions & Hymns 11:00 Would You Rather? 1:00 Balloon Tennis 2:15 Church Service 2:30 Snack and Hydrate 3:00 Hands on Activities 4:00 Simple C-Trivia 5:00 Gaither Gospel	9:00 Exercise & Hydrate 10:00 Devotions & Hymns 11:00 Brain Games 1:00 Hockey 2:00 Snack and Hydration 2:15 Paws of Love 3:00 Bingo 4:00 Musical Monday 5:00 I love Lucy	9:00 Exercise & Hydrate 10:00 Devotions & Hymns 11:00 Alphabet Trivia 1:00 Storytime with Shelly 2:00 Snack & Hydrate 3:00 Kickball 4:00 Simple C 5:00 I Love Lucy	9:00 Exercise & Hydrate 10:00 Devotions & Hymns 11:00 Jukebox Day 1:00 Balloon Tennis 2:00 Snack & Hydrate 3:00 Dominoes 4:00 Insp. Reading & Hymns 5:00 The Waltons	9:00 Exercise & Hydrate 10:00 Devotions & Hymns 10:30 Macy's Thanksgiving Day Parade 1:00 Balloon Tennis 2:00 Thanksgiving Snack 3:00 Simple C-Thanksgiving 4:00 Charlie Brown's Thanksgiving 5:00 The Waltons <small>Thanksgiving Day</small>	9:00 Exercise & Hydrate 10:00 Devotions & Hymns 11:00 Learn the State 1:00 Beachball Toss 2:00 Movie and Popcorn 3:00 Lenae Simmons Flutist 3:15 Coloring for Clarity 4:00 Trivia Fun 5:00 Andy Griffith	9:00 Exercise & Hydrate 10:00 Devotions & Hymns 11:00 Mind Joggers 1:00 Circle Ball 2:00 Snack & Hydrate 3:00 Table Games 4:00 Simple C- Interactive 5:00 Wild Kingdom

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