SHIVAH MINYAN SIDDUR

שבעה

Sagel Bloomfield Danzansky Goldberg



SHIVAH MINYAN SIDDUR

The grass withers, the flower fades. But the word of our God endures forever.

יָבֵשׁ חָצִיר, נָבל צִיץ, וּדְבר אֱלֹהֵינוּ יָקוּם לְעוֹלָם.

Isaiah 40:8



170 Rollins Avenue Rockville, MD 20852 Phone: 301.340.1400 www.SagelBloomfield.com

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For additional Burial and Mourning Practices see the Sagel Bloomfield website at www.sagelbloomfield.com

INTRODUCTION

When we become mourners, we wonder if there is anything left for us to do for those we've lost. We can speak in their place and pray in their name. We can do what they are incapable of doing and let our lives be an extension of theirs. We can learn since they can no longer learn, comfort others because they can no longer offer solace, be happy since they can no longer laugh, love our children and all children because they can no longer love us, and carry on their memory that our lives and those who come after us will be enriched.

May we honor the memory of our dear ones with their hope.

Rabbi John L. Rosove Temple Israel of Hollywood

Dear Family:

We at Sagel Bloomfield extend our sympathies to you in your time of loss and grief. At Sagel Bloomfield we consider it our sacred responsibility to assist you in every way we can to honor the memory of your loved one and to help you navigate through this difficult mourning period.

This *Shivah Minyan Siddur* is designed to be used by you, your rabbi, cantor, and *Minyan* leaders to assist you during these initial days following the death and burial of your loved one. The afternoon service (*Minchah*) and the evening service (*Ma-ariv*) provide a prayer and meditation framework that you may use at home in the week following the funeral. There is also a Memorial Prayer section that may be included before the saying of Mourner's *Kaddish*. Within this part of the *Minyan* service, family and friends may wish to offer personal reflections about the deceased.

A few words about the *Shivah* period and beyond: *Shivah* (literally "seven") is the first period of mourning and officially begins at the burial or committal of the casket. It is customary during this seven-day period for mourners in the immediate family (i.e. spouses, children, parents, and siblings) to remain at home, grieve and be cared for by extended family and friends. Since no public mourning takes place on *Shabbat* and Jewish Holydays, the mourners are encouraged to attend *Shabbat* services in the synagogue during this first week where they can say *Kaddish*.

There are many traditions during the *Shivah* period that are meant to enable and encourage mourners to grieve heavily and freely. The covering of mirrors, refraining from shaving, or wearing perfume and make-up, jewelry and fine clothing relieve mourners of concern for appearances.

Friends flow in and out of the mourner's home during this period. We recommend that you set specific times when guests visit so that the family may also have time to themselves. At the conclusion of the *Shivah* period it is a custom for the mourners to walk around the block thereby easing out of this intensive home-bound period and slowly returning to and integrating into the outside world.

When the initial seven-day period concludes, the immediate mourners continue mourning during the *Sh'loshim* (literally "thirty" day period). This is a period of reduced mourning. Mourners may return to work and school. Judaism recommends against attending celebrations and entertainment events. One may attend the religious ceremonies for a *brit milah*, a *bar/bat mitzvah* or a wedding during *Sh'loshim*, but should not stay for the celebration. Men customarily do not shave during this period. We recommend that when mourners begin to drive their cars that they be especially careful as accidents are common during this period of grief.

For those mourning parents the saying of the Mourner's *Kaddish* continues for eleven months following burial. An unveiling of the grave-marker takes place following the eleventh month after the burial to conclude the formal period of mourning.

Additional information about Jewish burial and mourning practices may be found on our website: www.sagelbloomfield.com.

All of us at Sagel Bloomfield extend to you our sympathies and sincere condolences on your loss.

Ed Sagel Co-Owner Sagel Bloomfield Danzansky Goldberg Al Bloomfield Co-Owner Sagel Bloomfield Danzansky Goldberg

THE AFTERNOON SERVICE



Opening Meditations

Four things are beautiful beyond belief: The pleasant weakness that comes after pain, The radiant greenness that comes after rain, the deepened faith that follows after grief, and the re-awakening to love again.

Author unknown

When I die
If you need to weep
Cry for someone walking the street beside you.
And when you need me
Put your arms around others
And give them what you need to give me.

You can love me most By letting hands touch hands, And souls touch souls.

You can love me most By sharing your joys And multiplying your good deeds.

You can love me most By letting me live in your eyes And not in your mind.

And when you say *Kaddish* for me Remember what our *Torah* teaches, Love doesn't die, People do.
So when all that's left of me is love Give me away.

Merrit Malloy

Minchah - The afternoon service (the word Minchah refers to the meal offering and recalls the daily sacrifices at the Temple in Jerusalem) includes Ashrei (containing verses from Psalms 84:5, 144:15 and the entire Psalm

145), the Chatzi Kaddish (half-Kaddish) and the Sh'moneh Esreh (or Amidah). This is all followed by the Aleinu and the Mourner's Kaddish.

Ashrei

Chanted responsively

אַשְׁרֵי יוֹשְׁבֵי בֵיתֶדְ, עוֹד יָהַלְלְוּדְ פֶּלָה:

Ash'rei yosh'vei vei-te-cha, od y'ha-le-lu-cha selah.

Ash'rei ha-am she-ka-chah lo, ash'rei ha-am she-Adonai E-lo-hav.

:תְּהָלָה לְדָוִד, אֲרוֹמִמְךְ אֱלוֹהַי הַמֶּלֶךְ, וַאֲבָרְכָה שִׁמְךְ לְעוֹלָם וָעֶד:
T'hi-lah l'David.

Ar-ro-mim'cha E-lo-hai ha-me-lech, va-a-var'cha shim'cha l'ol-lam va-ed.

B'chol yom a-var'che-kah, va-a-hal'lah shim'cha l'o-lam va—ed.

 ${f G}$ a-dol Adonai u-m'hu-lal m'od, V'lig'du-la-to ein chei-ker.

Dor l'dor y'sha-bach ma-a-se-cha, u-g'vu-ro-te-cha ya-gid-du.

 \emph{H} a-dar k'vod ho-de-cha, v'div'rei nif'l'o-te-cha a-si-cha.

Ve-e-zuz no-ro-te-cha yo-mei-ru u-g'du-lat'cha a-sap're-nah.

Ze-cher rav tuv'cha ya-bi-u, v'tid'kat'cha y'ra-nei-nu.

Cha-nun v'ra-chum Adonai, e-rech a-pa-yim u-g'dal cha-sed.

Tov Adonai la-kol, v'ra-cha-mav al kol ma-a-sav.

 \mathbf{Y} o-du-cha Adonai kol ma-a-se-cha, va-cha-si-de-cha y'var'chu-cha.

Ashrei - Ashrei is an alphabetical acrostic in which each verse (beginning with 'Aromim'cha" - 3rd line) starts with a different letter of the aleph-bet. The medieval commentator Abudraham explains that progression from letter to letter helps us praise God with every structure available to the organs of speech. The only letter of the 22 letters of the Hebrew aleph-bet not

included is the *nun*. Commentaries suggest that the *nun* recalls *n'filah* (downfall) and the rabbis did not want to attract the evil eye in using that letter. Others explain that our praise of God can never be perfect because only God is perfect - hence, we deliberately miss one letter.

בּוד מַלְכוּתְד יאמֵרוּ, וּגְבוּרָתְדְ יְדַבֵּרוּ:

K'vod mal'chut'cha yo-meir-ru, u-g'vu-rat'cha y'da-bei-ru.

לְהוֹדִיעַ לִבְנֵי הָאָדָם גְבוּרֹתָיו, וּכְבוֹד הֲדַר מַלְכוּתוֹ:

L'ho-di-a liv'nei ha-a-dam g'vu-ro-tav, u-ch'vod ha-dar mal'chu-to.

בַּלְכוּתְדְּ מַלְכוּת בָּל עוֹלְמִים, וּמֶמְשֵּׁלְתְּדְ בְּכָל דֹר וְדֹר:

Mal'chut'cha mal'chut kol o-la-mim, u-mem'shal't'cha b'chol dor-va-dor.

סוֹמֵך יָיָ לְכָל הַנֹּפִלִים, וְזוֹקֵף לְכָל הַבְּפוּפִים:

So-mech Adonai l'chol ha-nof'lim, v'zo-keif l'chol ha-k'fu-fim.

עַינִי כֹל אֵלֶידְ יְשַּׁבֵּרוּ, וְאַתָּה נוֹתֵן לְהֶם אֶת אָכְלָם בְּעָתוֹ:

Ei-nei chol ei-le-cha y'sa-bei-ru, v'A-tah no-tein la-hem et och'lam b'i-to.

בּוֹתֵחַ אֶת יָדֶדְ, וּמַשְּׁבְּיעַ לְכָל חֵי רְצוֹן:

Po-te-ach et ya-de-cha, u-mas'bi-a l'chol chai ra-tzon.

צַ דִּיק יָיָ בְּכָל דְּרָכִיו, וְחָסִיד בְּכָל מַעֲשָׂיו:

Tza-dik Adonai b'chol d'ra-chav, v'cha-sid b'chol ma-a-sav.

קַרוֹב וְיָ לְכָל קֹרְאָיו, לְכָל אֲשֶׁר יִקְרָאָהוּ בָאֲמֶת:

Ka-rov Adonai l'chol kor'av, l'chol a-sher yik'ra-u-hu ve-e-met.

ָרְצוֹן יְרֵאָיו יַעֲשֶּׁה, וְאֶת שַׁוְעָתָם יִשְּׁמַע וְיוֹשִיעֵם:

R'tzon y'rei-av ya-a-seh, v'et shav'a-tam yish'ma v'yo-shi-eim.

וֹמֵר יָיָ אֶת כָּל אֹהֲבָיו, וְאֵת כָּל הָרְשָׁעִים יַשְּׁמִיד:

Sho-meir Adonai et kol o-ha-vav, v'et kol har'sha-im yash'mid.

ּבָּת יָיָ יְדַבֶּר פִּי, וִיבָרֵךְ כָּל בָּשָּׁר שֵׁם קָדְשׁוֹ, לְעוֹלָם וָעֶד: 🧛 הַלַּת יָיָ יְדַבֶּר

 \pmb{T} 'hi-lat Adonai y'da-beir pi, vi-va-reich kol ba-sar shem kod'sho, l'o-lam va-ed.

וַאָּנַחָנוּ נִבָרֶךְ יָה, מֵעַתָּה וִעַד עוֹלֶם, הַלְלוּיָה:

Va-a-nach'nu n'va-rech Yah, mei-a-tah v'ad o-lam, ha-l'lu-yah!

Happy are they who dwell in Your house, They will praise You forever.

Psalm 84

Happy are they who are near You, happy are they who know You are God.

Psalm 144

A Psalm of David.

I will exalt You, my sovereign God; I will bless Your Name forever.

Great is Adonai and worthy of praise; God's greatness is infinite.

One generation shall acclaim Your work to the next; they shall tell of Your mighty acts.

The glorious majesty of Your splendor, and Your wondrous works will I rehearse.

They shall speak of the might of Your awesome deeds, and I will recount Your greatness.

Adonai is gracious and compassionate, endlessly patient, overflowing with love.

Adonai is good to all; God's compassion shelters all God's creatures.

All Your works, O God, shall praise You, your faithful shall bless You.

They shall speak of the glory of Your dominion, and tell of Your strength;

To reveal Your power to the world, and the glorious splendor of Your realm.

Your realm is an everlasting dominion; Your rule endures through all generations.

Adonai, You support the falling; You raise up all who are bowed down.

The eyes of all are turned to You; You sustain them in time of need.

You open Your hand to fulfill the needs of all the living.

God, You are just in all Your paths, loving in all Your deeds.

Adonai is near to all who call upon God, to all who call upon You in truth.

Adonai will fulfill the hope of all who revere God; God will hear their cry and help them.

Adonai preserves those who love God, but to the lawless, God brings grief.

My lips declare the glory of Adonai; let all flesh bless God's Holy Name forever and ever.

We will bless Adonai now and always. Halleluyah.

Yit'ga-dal v'yit'ka-dash sh'meh ra-ba b'al'ma dee v'ra chir'u-teh. v'yam'leech mal'chu-teh b'cha-yei-chon uv'yo-mei-chon uv'cha-yei d'chol beit Yis'ra-eil, ba-a-ga-la u-viz'man ka-reev v'im'ru a-mein. Y'heh sh'meh ra-ba m'va-rach l'o-lam ul'al'mei al'ma-ya Yit'ba-rach v'yish'ta-bach, v'yit'pa-ar v'yit'ro-mam v'yit'na-seh, v'yit'ha-dar v'yit'a-leh v'yit'ha-lal sh'meh d'kud'sha, b'reech hu, l'ei-la mi-kol bir'cha-ta v'shee-ra-ta tush'h'cha-ta v'ne-che-ma-ta da-a-mee-ran b'al'ma. v'im'ru: Amen! Y'heh sh'la-ma ra-ba min sh'ma-ya v'cha-yeem a-lei-nu v'al kol Yis'ra-eil, v'im'ru: A-men! O-seh sha-lom bim'ro-mav. hu ya-a-seh sha-lom a-lei-nu v'al kol Yis'ra-eil. V'im'ru A-mein.

יָתגַדַל וִיִתקַדַשׁ שְׁמֵה רַבַּא. בעלמא די ברא כרעותה, וימליך מלכותה בחייכון וביומיכון ובחיי דכל בית ישראל. בַעגַלַא ובִוְמַן קַרִיב ואמרו אמן: יָהָא שָׁמֶה רַבַּא מְבַרַדְּ לִעלם ולעלמי עלמיא: יִתְבַּרַךְ וִישְׁתַבַּח, וַיִתְפַּאַר וַיִתְרוֹמַם ויתנשא ויתהדר שְׁמֵה דָקְדִשַּא בַּרִידְ הוּא לעלא מכל בָּרָכַתָא וְשִׁירַתַא, תִּשְׁבַּחַתָא וְנֵחֲמַתָא, דאָמִירן בַּעלִמא, וָאָמָרוּ אַמֶן: יְהֵא שָׁלְמָא רַבַּא מן שמיא וחיים עלינוּ ועל כּל ישראל, ואמרו אמן: עשה שלום בַמַרומיו הוא יעשה שלום עלינוּ ועל כּל ישראל, ואמרו אמן: Let the glory of God be extolled, and God's great name be hallowed in the world whose creation God willed. May God's spirit rule in our own day, in our own lives, and in the life of all Israel, and let us say: Amen.

Let God's great name be blessed forever and ever. Beyond all the praises, songs, and adorations that we can utter is the Holy One, the Blessed One, Whom we glorify, honor, and exalt. And let us say: Amen.

תפילה T'FILAH

אָדֹנָי שִּׁפָתַי תִּפִתָּח וּפִי יַגִּיד תִּהִלֶּתֶדְ:

Adonai s'fa-tai tif'tach u-fi ya-gid t'hi-la-te-cha:

Eternal God, open my lips, that my mouth may declare Your glory.

Psalm 51:17

1. GOD OF THE GENERATIONS

אבות ואמהות

בְּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ, אֱלֹהֵי אַבְרְהָם, אֱלֹהֵי יִצְקֹב, אֱלֹהֵי שָׁרָה, אֱלֹהֵי רִבְקָה, אֱלֹהֵי לֵצְלֹהִי יִצְקֹב, אֱלֹהֵי רָבְקָה, אֱלֹהֵי רַבְּקָה, אֱלֹהֵי לֵאָה, אֱלֹהֵי רָחֵל. הָאֵל הַגְּרוֹל הַגִּבּוֹר וְהַנּוֹרָא, אֵל עֶלְיוֹן, גּוֹמֵל חֲסְרִים טוֹבִים, וְקוֹנֵה הַכּּל, וְזוֹכֵר חַסְרֵי אָבוֹת וְאִמְהוֹת, וּמֵבִיא וְמָבִי לְבִיים טוֹבִים, וְקוֹנֵה הַכּּל, וְזוֹכֵר חַסְרֵי אֶבוֹת וְאִמְהוֹת, וּמִבִיא וְמָגֵן: בְּנִיהֶם לְמַעַן שְׁמוֹ בְּאַהְבָה: מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמְגַן: בְּרִהָם וְעָזְרַת שְׁרָה:

Ba-ruch A-tah Adonai, E-lo-hei-nu vE-lo-hei a-vo-tei-nu v'i-mo-tei-nu: E-lo-hei Av'ra-ham, E-lo-hei Yitz'chak, vE-lo-hei Ya-a-kov. E-lo-hei Sarah, E-lo-hei Riv'kah, E-lo-hei Lei-ah, vE-lo-hei Ra-cheil. Ha-Eil ha-ga-dol ha-gi-bor v'ha-no-ra, Eil El-yon, go-meil cha-sa-dim to-vim, v'ko-nei ha-kol, v'zo-cheir chas'dei a-vot v'i-ma-hot, u-mei-vi g'u-lah li-v'nei v'nei-hem, l'ma-an sh'mo, b'a-ha-vah. Me-lech o-zeir u-mo-shi-a u-ma-gein. Ba-ruch A-tah Adonai, ma-gein Av'ra'ham v'ez'rat Sa-rah.

We praise You, *Adonai* our God, God of our fathers and our mothers, God of Abraham, God of Isaac, God of Jacob, God of Sarah, God of Rebecca, God of Leah, and God of Rachel; great, mighty, and awesome God, supreme Divinity, Who imparts deeds of loving-kindness and fashions all things, Who remembers the faithful love of our ancestors, and in love brings redemption to their children's children, for the sake of God's great Name.

Sovereign One, our Help, our Savior, and our Shield. Praised are You, Shield of Abraham, Help of Sarah.

2. GOD'S POWER

גבורות

אַתָּה גָּבּוֹר לְעוֹלֶם אֲדֹנָי, מְחַיֵּה מֵתִים\הַכּּל אַתָּה, רַב לְהוֹאִיעֵ: (שמיני עצרת לפסח) מַשִּׁיב הָרוּחַ וּמוֹרִיד הַגָּשֶׁם. (פסח לשמיני עצרת) מוֹרִיד הַטָּל.

מְכַלְכֵּל חַיִּים בְּחֶסֶד, מְחַיֵּה מֵתִים/הַכּל בְּרַחֲמִים רַבִּים, סוֹמֵך נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמַתִּיר אֲסוּרִים, וּמְקַיֵּם אֲמוּנְתוֹ לִישֵׁנֵי עָפָר, מִי כָמוֹךְ בַּעַל גְּבוּרוֹת וּמִי דְוֹמֶה לָךְ, מֶלֶךְ מֵמִית וּמְחַיֶּה וּמַצְמִיחַ יְשׁוּעָה? וְנָאֱמֶן אַתָּה לְהַחֲיוֹת מֵתִים/הַכֹּל בָּרוּךְ אַתְּה יִיָּ, מְחַיֵּה מֵתִים/הַכֹּל:

A-tah gi-bor l'o-lam, Adonai, m'cha-yei mei-tim/ha-kol A-tah, rav l'ho-shi-a, (Winter: From Sh'mini Atzeret to Pesach) Ma-shiv ha-ru-ach u-mo-rid ha-ga-shem (Summer: From Pesach to Sh'mini Atzeret) Mo-rid ha-tal.

M'chal-keil cha-yim b'che-sed, m'cha-yei mei-tim/ha-kol b'ra-cha-mim ra-bim, so-meich no-f'lim, v'ro-fei cho-lim, u-ma-tir a-su-rim, u-m'ka-yeim e-mu-na-to li-shei-nei a-far, mi cha-mo-cha ba-al g'vu-rot, u-mi do-meh lach, me-lech mei-mit u-m'cha-ye u-matz-mi-ach y'shu-ah? V'ne-e-man a-tah l'ha-cha-yot mei-tim/ha-kol.

Ba-ruch A-tah Adonai, m'cha-yei mei-tim/ha-kol.

Eternal is Your might, O God; You bring life (to the dead)/(to all things); You are abundant in Your saving acts.

(Winter: From *Sh'mini Atzeret* to *Pesach*) You cause the wind to blow and the rain to fall.

(Summer: From *Pesach* to *Sh'mini Atzeret*) You cause the dew to descend.

You lovingly sustain the living, infusing life into every living thing; with great compassion You uphold those who fall, heal the sick, release the captive, remain faithful to those who sleep in the dust. Who is like You, Almighty God, and who is similar to You, Sovereign over the dead and the living, Who can effect salvation. You are faithful in giving life to the dead/every living thing. Blessed are You, *Adonai*, Who gives and renews life to the dead/all things.

3. SANCTIFICATION OF GOD'S NAME

קדושת השם

אַתָּה קָרוֹשׁ וְשִּׁמְדְ קָרוֹשׁ וּקְרוֹשִׁים בְּכֶל יוֹם יְהַלְּלְוּדְ, פֶּלָה. בָּרוּדְ אֲתָה יִיָ הָאֵל הַקָּרוֹשׁ.

A-tah ka-dosh v'shim-cha ka-dosh u-k'do-shim b'chol yom y'ha-l'lu-cha, Se-lah! Ba-ruch A-tah, A-do-nai, ha-Eil ha-ka-dosh!

You are holy and Your Name is holy and All holy beings hail you each day. Blessed are You, the holy God.

4. KNOWLEDGE

בינה

אַתָּה חוֹנֵן לְאָדָם דַעַת, וּמְלַמֵּד לֶאֲנוֹשׁ בִּינָה. חָנֵנוּ מֵאִהְּדְּ דֵּעָה, בִּינָה וְהַשְּׂבֵּל.

בָּרוּךְ אַתָּה יְיָ, חוֹגֵן הַדְּעַת.

By Your gracious love we have the capacity to gain in knowledge and to learn wisdom. Favor us with knowledge, wisdom and insight, for You are their Source.

Praised are You, Eternal God, gracious Giver of knowledge.

5. REPENTANCE

תשובה

הַשִּׁיבֵנוּ אָבִינוּ לְתוֹרָתֶךְ, וְקָרְבֵנוּ מַלְבֵּנוּ לַעֲבוֹדָתֶךְ, וְהַחֲזִיבֵנוּ בִּתְשׁוּבָה שְׁלֵמָה לְפָנֶיךְ. בָּרוּךְ אַתָּה יָיָ, הָרוֹצֵה בִּתִשׁוּבָה.

Inspire us to return, our God, to Your Torah; draw us near, our Sovereign, to Your service; and return us in complete repentance into Your presence.

Praised are You, Eternal God, Who wills us in repentance.

Shivah MINYAN SIDDUR

6. FORGIVENESS

סְלַח לֵנוּ, אָבִינוּ, כִּי חָטָאנוּ, מְחַל לֵנוּ, מַלְבֵּנוּ כִּי פָשְּׁעְנוּ, כִּי מוֹחֵל וְסוֹלֵחַ אָתָה.

בָּרוּף אַתָּה יָיָ, חַנוּן הַמַּרְבֶּה לִסְלחַ.

Forgive us, our God, when we turn away from Your path; pardon us, our Sovereign, when we transgress; for You wipe clean the slate and forgive.

Praised are You, Eternal One, gracious and magnanimous in forgiving.

7. REDEMPTION

גאולה

רְאֵה בְעָנְיֵנוּ, וְרִיבָה רִיבֵנוּ, וּגְאָלֵנוּ מְהֵרָה לְמַעַן שְּמֶדְ, כִּי גּוֹאֵל חָזָק אֶתָּה.

בָּרוּךְ אַתְּה יִיָּ, גוֹאֵל יִשְׂרָאֵל.

Look upon our affliction and save us speedily for Your Name's sake, for You are a powerful Redeemer.

Praised are You, Redeemer of Israel.

8. HEALTH

רְפָּאֵנוּ. יְיָ, וְגַרָפֵא, הוֹשִׁיעֵנוּ וְנִנְּשֵׁעָה, וְהַעֲלֵה רְפּוּאָה שְׁלֵמָה לְכָל מַבּוֹתֵינוּ. כִּי אֵל מֶלֶךּ רוֹפִּא נָאֶמָן וְרַחֲמָן אָתָה.

בָּרוּךְ אַתָּה יָיָ, רוֹפֵא החוֹלִים.

O God heal us and may we be healed; save us, and may we be saved; Lift up Your healing powers upon all our infirmity. You are the Sovereign God and faithful and compassionate Healer.

We praise You, Eternal One, Healer of the sick.

9. ABUNDANCE

ברכת השנים

בָּרֵדְ עָלֵינוּ, יְיָ אֱלֹהֵינוּ, אֶת הַשָּׁנָה הַזֹּאת וְאֶת כָּל מִינֵי תְבוּאָתָהּ לְטוֹבָה עַל פְּנֵי הָאֲדָמָה, וְשַׂבְּעֵנוּ מִטוּבֶדְ, וּבָרֵדְ שְׁנָתֵנוּ כַּשָּׁנִים הַטוֹבוֹת. בַּרוּדְ אֵתָּה יִיַ, מִבָרֵדְ הַשָּׁנִים.

Bless this year for us, Eternal God: may its produce bring us well-being.

Bestow Your blessing on the earth that all Your children may share its abundance in peace.

We praise You, Eternal One, Who blesses the cycles of the year.

10. FREEDOM

הְקַע בְּשׁוֹפָר גָּדוֹל לְחֵרוּתְנוּ, וְשָׂא נֵס לִפְדוּת עֲשׁוּקַינוּ, וְקוֹל דְּרוֹר יִשְׁמַע מֵאַרְבַּע כַּנְפוֹת הָאָרֶץ.

בָּרוּךְ אַתָּה יְיָ, פּוֹדֶה עֲשׁוּקִים.

משפט

Sound the great shofar to proclaim freedom, and lift up high the banner of liberation for the oppressed, and let the sound of liberty be heard in the four corners of the earth.

We praise You, Eternal One, Redeemer of the oppressed.

11. JUSTICE

עַל שׁוֹפְטֵי אֶרֶץ שְׁפּוֹדְ רוּחֶדְ, וְהַדְרִיכֵם בְּמִשְׁפְּטֵ צִּדְקֶדְ, וּמְלוֹדְ עָלֵינוּ אַתָּה יְיָ, לְבַדְּדְ בְּחֶסֶד וּבְרַחֲמִים. בָּרוּדְ אַתָּה יִיָּ, מֶלֶדְ אוֹהֵב צִדְקָה וּמִשִּׁפָּט.

Pour forth Your spirit upon the rulers of all lands; guide them, that they may govern with justice and righteousness. Then will love and compassion be enthroned among us.

We praise You, Eternal One, The Sovereign God who loves righteousness and justice.

12. ON EVIL על הרשעה

וְלָרשְׁעָה עַל–תְּהִי תִקְּוָה, וְהַתּוֹעִים אֵלֶיךְ יָשׁוּבוּ, וּמַלכוּת זָדוֹן מְהֵרָה תִּשָּׁבֵר. תַּקֵן מַלְכוּתְךְּ בְּתוֹבֵינוּ, בְּקָרוֹב בְיָמֵינוּ לְעוֹלְם וְעֶד. בַּרוּךְ אָתַה יִיַ, הַמַּשִּׁבִּית רֶשֵׁע מִן–הַאָּרֵץ.

Let the reign of evil afflict us no more. May every errant heart find its way back to You. O help us to shatter the dominion of arrogance, to raise up a better world, where virtue will ennoble the life of Your children.

We praise You, Eternal One, Whose will it is that evil vanish from the earth.

13. THE RIGHTEOUS

על צדיקים

עַל הַצַּהִיקִים וְעַל הַחֲסִידִים, וְעַל גַּרֵי הַצֵּדֶק וְעָלֵינוּ, יֶהֶמוּ נָא רַחֲמֶידְּ, יָיָ אֱלֹהֵינוּ, וְתֵן שָּׁכָר טוֹב לְכָל הַבּוֹטְחִים בְּשִּׁמְדְּ בָּאֲמֶת, וְשִּׁים חֶלְקֵנוּ עִמָּהֶם לְעוֹלֶם.

בָּרוּךְ אַתָּה יִיָ, מִשְׁעָן וּמִבְטָח לַצַּדִּיקִים.

For the righteous and faithful of all humankind, for all who join themselves in righteousness to our people, bring Your compassion, *Adonai* our God, and bring goodness to all who put their faith in Your Name of truth, grant that we may always be numbered among them. We praise You, Eternal One, Staff and Support of the righteous.

14. JERUSALEM

בונה ירושלים

וְלִירוּשָׁלַיִם עִירְדְּ בְּרַחֲמִים תָּשׁוּב, וְתִשְׁכּוֹן בְּתוֹכָה, וִיהִי שָׁלוֹם בִּשְׁעֶרֶיהָ, וְשַׁלְוָה בְּלֵב יוֹשְׁבֶיהָ, וְתוֹרְתְדְ מִצִּיוֹן תֵּצֵא, וּדְבָרְדְּ מִירוּשָׁלָיִם.

בְּרוּךְ אַתְּה יְיָ, בּוֹנֵה יְרוּשְׁלְיִם.

Let Your presence return to Your holy city of Jerusalem in compassion. May Your spirit dwell within it. Establish peace within her gates and tranquility in the hearts of all her inhabitants. May Your Torah go forth from Zion, Your word from Jerusalem.

We praise You, Eternal One, Builder of Jerusalem.

אֶת צֶמַח צְדָקָה מְהֵרָה תַצְמִיחַ, וְקֶרֶן יְשׁוּעָה תָּרוּם כִּנְאֶמֶךּ, כִּי לִישׁוּעָתִדְּ קִוִּינוּ כָּל הַיּוֹם.

. בָּרוּךְ אַתָּה יְיָ, מַצְמִיחַ קֶּרֶן יְשׁוּעָה לְעַמֵינוּ וּלְכָל יוֹשְׁבֵי תַּבֶּל

Let the plant of righteousness blossom and flourish, and let the light of deliverance shine forth according to Your word: we await Your deliverance all the day.

We praise You, Eternal One, who will cause the light of deliverance to dawn for our people and all inhabitants of the earth.

16. PRAYER

שומע תפילה

שְׁמַע קוֹלֵנוּ, יְיָ אֱלֹהֵינוּ, חוּס וְרַחֵם עָלֵינוּ, וּתְקַבֵּל בְּרַחֲמִים וּבְרָצוֹן אֶת הְּפִּלְּתֵנוּ, כִּי אֵל שוֹמֵע הְפִלּוֹת וְתַחֲנוּנִים אֶתָּה, וּמִלְּפָנֶיךּ, מַלְבֵנוּ, רֵיקָם אַל הְשִׁיבֵנוּ. כִּי אַתָּה שוֹמֵעַ הְפִלַּת עַמְּדּ יִשְׂרָאֵל בְּרַחַמִים . בַּרוּךְ אַתַּה יִיַ, שוֹמֵעַ תִּפִלָּה.

Hear our voice, *Adonai* our God; have compassion upon us, and accept our prayer and supplications with compassion and favor, and before You, our Sovereign, do not return us empty, for You hear the prayer of Your people Israel with compassion.

We praise You, Eternal One, Who hearkens to prayer.

17. WORSHIP עבודה

רְצֵה, יְיָ אֶלהֵינוּ, בְּעַמְּךּ יִשְּׂרָאֵל וּבִתְפִּלְּתָם, וּתְפִּלְּתָם בְּאַהֲבָה תְקַבֵּל, וּתְהִי לְרָצוֹן הָמִיד עֲבוֹדֵת יִשְׂרָאֵל עַמֶּךְּ. אֵל קָרוֹב לְכָל–קֹרְאָיו, פְּנֵה אֶל עֲבָדֶיךְ וְחָנֵנוּ; שְׁפוֹך רוּחֲדְ עָלֵינוּ, וְתֶחֶזֵינָה עֵינֵינוּ בְּשׁוּבְדְּ לְצִיּוֹן בְּרַחֲמִים.

בָּרוֹדְ אַתָּה יָיָ, הַמַּחֲזִיר שְׁכִינָתוֹ לְצִיוֹן.

Be gracious, *Adonai* our God, with Your people Israel, and receive our prayers with love.

And may the worship of Your people, Israel, be acceptable to You. O God who is close to those who call out to You, turn to those who serve You and be gracious. Pour forth Your spirit upon us, and turn our eyes towards You and to those who dwell in Zion.

We praise You, Eternal One, whose Divine Presence returns to Zion. Shivah MINYAN SIDDUR

מוֹדִים אֲנַחְנוּ לָךְ, שָׁאַתָּה הוּא, יְיָ אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתִינוּ לְעוֹלֶם וָעֶד, צוּר חַיֵּינוּ, מְגֹן יִשְׁעֵנוּ, אַתָּה הוּא לְדוֹר וְדִּינוּ, לְעוֹלֶם וָעֶד, צוּר חַיֵּינוּ, מְגֹן יִשְׁעֵנוּ, אַתָּה הוּא לְדוֹר וְדוֹר. נוֹדֶה לְךְ וּנְסַפֵּר תְּהִלֶּתֶךְ. עַל חַיֵּינוּ הַמְּסוּרִים בְּיָדֶךְ, וְעַל–נִשְׁמוֹתֵינוּ הַפְּקוּדוֹת לַךְ, וְעַל–נִפֶּיךְ שֶׁבְּכָל יוֹם עִמְנוּ, וְעַל–נִפְּלְאוֹתֶיךְ וְטוֹבוֹתֵיךְ שֶׁבְּכָל עת, עֶרֶב וְבְקֶּר וְצְהֲרָיִם, הַטוֹב: כִּי לֹא–כָלוּ רַחֲמֶיך, וְהַמְרַחֵם: כִּי–לֹא תְמוּ חֲסָבֶיך, מֵעוֹלְם קּוְינוּ לְדְ. וְעַל בְּלָם יִתְבָּרַךְ וְיִתְרוֹמֵם שִׁמְךְ, מֵלְבֵנוּ, תָּמִיד לְעוֹלָם וָעֶד. וְכֹל הַחַיִּים יוֹדְוּךְ שֶּלָה, וִיהַלְלוּ אֶת שִׁמְךְ בָּאֶמֶת, הָאֵל יְשׁוּעְתֵנוּ וְלָדְ נַאֶּה לְהוֹדוֹת.

We gratefully acknowledge that You are *Adonai*, our God and God of our ancestors. You are the Rock of our life, our protecting Shield from generation to generation. We thank You and sing Your praises: for our lives which are in Your hands, for our souls, which are in Your keeping, for the signs of Your presence we encounter every day; and for Your wondrous gifts at all times, evening, morning and at noon. You are Goodness: Your compassion never ceases: Your love never ceases. You have always been our Hope.

For all these things, O Sovereign God, let Your Name be forever exalted and blessed.

Let all who live affirm You and praise Your Name in truth. You are The God who saves us and helps us.

We praise You, Adonai, for it is good to offer You gratitude.

19. BLESSING OF PEACE

ברכת שלום

שָׁלוֹם רָב עַל יִשְּׂרָאֵל עַמְדְּ הָּשִּׁים לְעוֹלָם, כִּי אַתָּה הוּא מֶלֶדְ אָדוֹן לְכָל הַשָּׁלוֹם. וְטוֹב בְּעֵינֶידְ לְבָרֵדְ אֶת עַמְּדְ יִשְׂרָאֵל בְּכָל עֵת וּבְכָל שָׁעָה בִּשְׁלוֹמֶךְ.

בָּרוּךְ אַתְּה יְיָ, הַמְבָרֵךְ אֶת עַמוֹ יִשְׂרָאֵל בַּשְּׁלוֹם.

May a great peace be upon Your people Israel, for You are the Sovereign of Peace. It is good in Your sight to bless Your people Israel, in every season and hour with peace.

Blessed are You, Adonai, Who blesses the people of Israel with peace.

אֱלֹהַי, נְצוֹר לְשׁוֹנִי מֵרָע. וּשְּׁפָתֵי מִדַּבֵּר מִרְמָה: וְלִמְקַלְלֵי נַפְּשִׁי תִּדֹּם, וְנַפְשִׁי בֶּעָפֶּר לַכּּל תִּהְיָה. כְּתַח לִבִּי בְּתוֹרָתֶךְ, וּבְמִצְוֹתֶיךְ תִּרְדּוֹף נַפְשִׁי. וְכָל הַחוֹשְׁבִים עָלֵי רָעָה, מְהֵרָה הָפֵּר עֲצָתָם וְקַלְּקֵל מְחְישִׁבְתָּם. עֲשֵׂה לְמַעַן יְמִינֶךְ, עֲשֵׂה לְמַעַן יְמִינֶךְ, עֲשֵׂה לְמַעַן יְמִינֶךְ, עֲשֵׂה לְמַעַן יִמִינֶךְ, וְעֲשֹׁה לְמַעַן הִוֹרְתֶךְ. לַמַעַן יִחְלְצוּן יְדִידֶיךְ, הוֹשִׁיעָה קְבִּעוֹן יִחְלְצוּן יְדִידֶיךְ, הוֹשִׁיעָה יְמִינְךְ וַעֲבְנִי. יִהְיוּ לְרָצוֹן אִמְרֵי פִי וְהָגְיוֹן לִבִּי לְפְנֵיךְ, יְיָ צוּרִי וְגוֹאֲלִי. עְשֶׁה שָׁלוֹם עָלֵינוּ, וְעַל בָּל יִשְׂרָאֵל עָשֶׁה שָׁלוֹם עָלֵינוּ, וְעַל בָּל יִשְׂרָאֵל וִאִּבְיוֹ. וּאִבְיוֹ, הוֹא יִעֲשֶׂה שָׁלוֹם עָלֵינוּ, וְעַל בָּל יִשְׂרָאֵל וִאָּבְיֹן.

Oh God, keep my tongue from evil, my lips from speaking lies. Help me ignore those who slander me. Let me be humble before all. Open my heart to Your Torah, so that I may pursue Your commandments. Frustrate the designs of those who plot evil against me. Make nothing of their schemes. Do so for the sake of Your power, Your holiness and Your Torah. Answer my prayer for the deliverance of Your people. May the words of my mouth and the meditations of my heart be acceptable to You, my Rock and Redeemer. May the One who makes peace in the high heavens, bring peace upon us, to all the people of Israel and to all humankind. Amen.

OSEH SHALOM

עשה שלום

עֹשֶׂה שָׁלוֹם בִּמְרוֹמָיו, הוּא יַעֲשֶׂה שָׁלוֹם עָלֵינוּ, וְעַל כָּל יִשְּׁרָאֵל וִאָּמָרוּ: אַמֵּן.

O-seh sha-lom bim'ro-mav, hu ya-a-seh sha-lom a-lei-nu v'al kol Yis'ra-eil v'im-ru: A-mein!

May the One who causes peace to reign in the high heavens, let peace descend on us, on all Israel. And let us say: Amen!

YI-HI-YU L'RA-TZON

יהיו לרצון

יִהִיוּ לְרָצוֹן אִמְרֵי פִי וְהָגִיוֹן לִבִּי לְפָנֶיךּ, יָיָ צוּרִי וְגוֹאֲלִי.

May the words of my mouth and the meditations of my heart, be acceptable to You, *Adonai*, my Rock and my Redeemer.

Psalm 19:15

Mourning Prayers begin on page 37

THE EVENING SERVICE



Opening Meditations

"And after the fire, a still, small voice." (I Kings 19)

Eternal God - You give meaning to our days, to our struggles and strivings. In the stillness of the night and in the press of the crowd, Yours is the voice within that brings joy and peace.

We do not ask for a life of ease, for happiness without alloy. We ask only to be uncomplaining and unafraid. In our darkness be our light, and in our loneliness help us discover the many souls akin to our own. Give us strength to face life with courage, to draw blessing even from its discords and conflicts. Make us understand that life calls us not merely to enjoy the richness of the earth, but to exult in heights gained after the toil of climbing.

Let our darkness be dispelled by Your love, that we may rise above fear and failure, our steps sustained by faith. You give meaning to our days; You are our support and our trust.

Gates of Prayer for Weekdays and at a House of Mourning

The birds will sing when the storm is over; The rose must know the thorn; The valley makes the mountain tall.

Rose Kennedy

Three things conspire together in my eyes to bring the remembrance of You ever before me: the starry heavens, the broad green earth, the depths of my heart.

Solomon Ibn Gabirol

The best minister is the human heart; the best teacher is time; the best book is the world; the best friend is God.

Yiddish Folk saying

Never succumb to feelings of loneliness. No matter where you are, God is close by.

Rabbi Nachman of Bratzlav

* *

All rise

בָּרְכוּ אֶת יְיָ הַמְבֹרְך:

Bar'chu et Adonai ha-m'vo-rach! Praise the One to Whom praise is due!

בָּרוּךְ יְיָ הַמְבֹרָךְ לְעוֹלָם וְעֶד:

Bar-uch Adonai ha-m'vo-rach l'o-lam va-ed! Praised be the One to Whom praise is due now and forever!

All are seated

MA-ARIV ARAVIM

מעריב ערבים

בָּרוּדְ אַתָּה יְיָ , אֶלהֵינוּ מֶלֶדְ הָעוֹלָם, אֲשֶׁר בִּדְבָרוֹ מַעֲרִים עֲלָבִים, בְּחָכְמָה פּוֹתֵחַ שְׁעָרִים, וּבִתְבוּנָה מְשֵׁנֶּה עִתִּים, וּבִחְבִים, בְּחָבְיִּה מְשֵׁנֶּה עִתִּים, וּמַחֲלִיף אֶת הַוּזְמַנִּים, וּמְסַהֵּר אֶת הַכּוֹכְבִים, בְּמִשְּמְרוֹתֵיהֶם בְּרָקִיעַ כְּרְצוֹנוֹ. בּוֹרֵא יוֹם וְלֵיְלָה, גּוֹלֵל אוֹר מִפְּנֵי חְשֶׁדְ, וְחְשֶׁדְ מִפְנֵי אוֹר. וּמַעֲבִיר יוֹם וּמֵבִיא לְיְלָה, וּמַבְדִּיל בֵּין יוֹם וּבֵין לְיָה מְשָׁבוֹר שִׁמוֹ. אֵל חֵי וְקַיָּם, תָּמִיד יִמְלוֹדְ עָלֵינוּ לְעִלִינוּ לְעוֹלָם וָעֵד. בָּרוּךְ אַתָּה יִיָ, הַמַעַרִיב עַרָבִים:

Praiseworthy are You, our Eternal God, Sovereign of the universe, Whose word brings on the evening. With wisdom You open heaven's gates; With understanding You make the ages pass and the seasons alternate, and order the stars on their appointed paths through heaven's firmament, all according to Your will. Creator of day and night, Who rolls light away from darkness, and darkness from light, Who causes day to pass and brings on the night, separating between day and night; *Adonai* commands the hosts of heaven! May the living and eternal God rule us always, to the end of time! We praise You, O God, whose word makes evening fall.

אַהֲבַת עוֹלָם בֵּית יִשְּׁרָאֵל עַמְּךְּ אָהְבְתָּ, תּוֹרָה וּמִצְּוֹת, חֻקִּים וּמִשְּׁפָּטִים, אוֹתְנוּ לִמַדְתָּ עַל כֵּן יְיָ אֱלֹהֵינוּ, בְּשָׁכְבֵנוּ וּבְקוּמֵנוּ נָשִׂיחַ בְּחָקֶיךְ, וְנִשְּׁמַח בְּדִבְרֵי תוֹרָתֶךְ וּבְמִצְוֹתֶיךְ לְעוֹלָם וָעֶד. כִּי הֵם חַיִּינוּ וְאִרֶךְ יָמֵינוּ, וּבָהֶם נָהְגָּה יוֹמָם וָלֵיְלָה, וְאַהֲבָתְךְּ אַל תַּסִיר מִמֵּנוּ לִעוֹלָמִים.

בָּרוּךְ אַתָּה יָיָ, אוֹהֵב עַמּוֹ יִשְׂרָאֵל:

Unending is Your love for Your people, the House of Israel; Torah and *Mitzvot*, laws and precepts have You taught us. Therefore, *Adonai*, our God, when we lie down and when we rise up, we will reflect on Your laws and rejoice in the words of Your Torah and Your *Mitzvot*, now and always. Day and night we will meditate on them, For they are our life and the length of our days. Then Your love shall never depart from our hearts!

Praised are You, O God, Who loves the people of Israel.

יִשְׁרָאֵל, יִיָ אֱלֹהֵינוּ, יִיָ אֱחָד:

Sh'ma Yis'ra-eil: Adonai E-lo-hei-nu, Adonai E-chad! Listen, O Israel: the Eternal One is our God, the Eternal God alone! (Deuteronomy 6:4)

בָּרוּךְ שֵׁם כִּבוֹד מַלְכוּתוֹ לִעוֹלָם וָעֵד.

Ba-ruch sheim k'vod mal'chu-to l'o-lam va-ed! Blessed is God's glorious majesty forever and ever!

V'a-hav-ta et Adonai Eh-lo-he-cha b'chol l'vav'cha u-v'chol naf'sh'cha u-v'chol m'o-de-cha.

V'ha-yu ha-d'va-reem ha-ei-leh a-sher a-no-chee m'tzav'cha ha-yom al l'va-ve-cha. וְאָהַבְתָּ אֵת יְיָ אֶלהֶידְ, בְּכָל לְבֵבְךְ, וּבְכָל נַפְּשְׁךְ, וּבְכָל מְאֹדֶךְ. וְהָיוּ הַדְּבָרִים הָאֵלֶּה, אֲשֶׁר אָנֹכִי מְצֵוְּךְ הַיּוֹם, עַל לְבָבֶךְ: V'shee-nan'tam l'va-ne-cha
v'di-bar-ta bam
b'shiv't'cha b'vei-te-cha
u-v'lech't'cha va-de-rech
u-v'shoch-b'cha u-v'ku-me-cha.
U-k'shar-tam l'ot al ya-de-cha
v'ha-yu l'to-ta-fot bein ei-ne-cha;
u-ch'tav'tam al m'zu-zot bei-te-cha
u-vish'a-re-cha.

וְשִׁנַּנְתָּם לְבָנֶידּ, וְדִבַּרְתִּ בָּם וִּדְבַּרְתִּ בְּם וּבְעֶּכְהְּדְ בַדֶּרֶדְ וְבְשָׁכְהְּדָ, וּבְקוּמֶדְ. וֹקְשַּרְתָּם לְאוֹת עַל יָדֶדּ, וְהָיוּ לְטֹטָפֹת בֵּין עֵינִידְּ, וּכְתַבְתָּם עַל מְֻזוֹת בֵּיתֶדְּ וּבִשְּעָרֶידְ:

Deuteronomy 6:5-9

L'ma-an tiz'k'ru va-a-see-tem
et kol mitz'vo-tai,
vih'yee-tem k'do-sheem
lei-lo-hei-chem.
Anee Adonai Eh-lo-hei-chem
a-sher ho-tzei-tee et'chem
mei-e-retz mitz'ra-yeem
lih'yot la-chem lei-lo-heem.
Anee Adonai Eh-lo-hei-chem.

לְמַעַן תִּזְכְּרוּ וַעֲשִּׁיתֶם אֶת כָּל מִצְוֹתָי, וִהְיִיתֶם קְדשִים לֵאלְהֵיכֶם: אֲנִי יִי אֱלְהֵיכֶם, אֲשֶׁר הוֹצֵאתִי אֶתְכֶם מֵאֶרֶץ מִצְרַיִם, לִהְיוֹת לָכָם לֵאלֹהִים, אֲנִי יִי אֱלֹהֵיכֶם:

Numbers 15:40-41

You shall love *Adonai* your God with all your mind, with your whole life, and with all you have. These words that I command you today, keep them close to your heart. Teach them to your children, say them over and again. When you are in your homes, wherever you may be, when you lie down at night and when you rise up in the morning. Bind them as a sign on your hand, and let them be visible between your eyes. Write them on the doorposts of your house and on your gates. That you may remember, and do all my *mitzvot*, and be holy to your God. I am *Adonai* your God, who brought you from the land of Egypt, to be your God; I am *Adonai* your God.

Deuteronomy 6:5-9

G'ULAH

מִי כָמִכָה בָּאֵלִים יְיָ, Mee cha-mo-cha ba-ei-leem. Adonai? מי כמכה נאדר בקדש, Mee ka-mo-cha, ne-e-dar ba-ko-desh. נורא תהילת, עשה פלא? no-rah t'hee-lot o-seh fe-leh? מַלְכוּתְדְּ רָאוּ בְנֶידְ, Mal'chu-t'cha ra-u va-ne-cha. בּוֹקֵעַ יָם לִפְנֵי מֹשֵׁה, bo-kei-a yam lif'nei Mo-she, זה אלי ענו ואמרו: zeh Ei-lee a-nu v'am'ru: יי ימלד לעולם ועד. Adonai yim'loch l'o-lam va-ed! ונאמר: V'ne-e-mar: כִּי פַּדָה יִי אֶת יַעַקֹב, Kee fa-da Adonai et Ya-a-kov, וגאלו מיד חזק ממנו. u-g'a-lo mi-yad cha-zak mi-me-nu. בָרוּךְ אַתָּה יִיָ, גָּאַל יִשְׂרָאֵל. Ba-ruch A-tah Adonai, ga-al Yis'ra-eil.

Who is like You, Eternal One, among the gods others worship? Who is like You, majestic in holiness, awesome in splendor, doing wonders.

Exodus 15:11

נאולה

In their escape from the sea, Your children saw Your sovereign might displayed.

"This is my God!" they cried. "The Eternal will reign forever and ever."

Exodus 15:18

Now let all come to say: The Eternal has redeemed Jacob and rescued Israel from a power stronger than our own. You are praised, Eternal One, Who redeemed Israel.

Hash'kee-vei-nu A-do-nai Eh-lo-hei-nu l'sha-lom. v'ha-a-mee-dei-nu mal'kei-nu l'cha-yeem. *U-f'ros a-lei-nu su-kat sh'lo-me-cha,* v'tak'nei-nu h'ei-tzah to-vah mil'fa-ne-cha, v'ho-shee-ei-nu l'ma-an sh'me-cha. v'ha-gein ba-a-dei-nu, v'ha-seir mei-a-lei-nu o-yev, de-ver, v'che-rev v'ra-av v'ya-gon, v'ha-seir sa-tan mil'fa-nei-nu u-mei-a-cha-reinu, u-v'tzeil k'na-fe-cha tas'tee-rei-nu. Kee Eil shom'rei-nu u-ma-tzee-lei-nu a-tah. kee Eil me-lech cha-nun v'ra-chum a-tah. u-sh'mor tzei-tei-nu u-vo-ei-nu. l'cha-yeem ul'sha-lom, me-a-tah v'ad o-lam. U-f'ros a-lei-nu su-kat sh'lo-me-cha. Ba-ruch atah Adonai. ha-po-reis su-kat sha-lom a-lei-nu v'al kol a-mo Yis'ra-eil. v'al Y'ru-sha-la-yeem.

הַשְּׂכִּיבֵנוּ יְיָ אֱלֹהֵינוּ לשלום, והעמידנו מלכנו לחיים וּפְרוֹשׁ עָלֵינוּ סָכַּת שׁלוֹמֵדְּ ותקננו בעצה טובה מלפניד, ּוְהוֹשִּׁיעֵנוּ לְמַעַן שִּׁמֶּךְ, והגן בעדנו, והסר מעלינו אויב, דֶבֶר, וַחֱרֵב,וֹרָעַב וַיַגוֹן, והסר שטן מלפנינו ומאחרנו, וּבְצֵל כִּנַפֵידְ תַּסְתִּירֵנוּ. כי אל שומרנו ומצילנו אתה, כי אל מלך חנון ורחום אתה, ושמור צאתנו ובואנו, לחיים ולשלום, מעתה ועד עולם. ופרש עַלֵינוּ סְכַּת שַׁלוֹמדָ. בָרוּךְ אַתַּה יַיִּ, הַפּוֹרֵשׁ סְכַּת שַׁלוֹם עלֵינוּ ועל כל עמו ישראל ועל ירושלים.

Help us to lie down, Adonai our God, in peace, and let us rise up again, our Sovereign, to life. Spread over us the shelter of Your peace. Guide us with Your good counsel and save us for Your name sake. Shield us, remove from us enemy, plague, war, famine, and anguish; and remove evil from before us and behind us. O God, our Guardian and Helper, our gracious and merciful Sovereign, give us refuge in the shadow of Your wings. O guard our going and coming, that now and always we have life and peace. Spread over us the shelter of Your peace. Praised are You, Eternal One, Who spreads a tent of peace over us, over the people of Israel, and over Jerusalem. Amen!

Meditations

In the beginning, way on high, the light was One, yet descending it parted to become the blessing in the corn in the flow of the lace, a gleam in the eye and a smile on the face, in the muscles strong and in the soul - a song.

Yet when the grain be threshed and the sapling crushed, when the eye shall dim and the smile shall fade and the vigor wilt and the song be stilled, and all the rivers to their source have run — the light on that day shall again be One.

Tzvi Ya'ir

Before I begin to recite my prayers, I pray to be able to pray.

Rabbi Chayim Halberstam of Tzanz

When one stands to pray, one should direct one's eyes downwards as if looking at the ground, and one's heart upwards as if one is standing in heaven.

Talmud, Y'vamot 105b; Maimonides, Hil'chot T'filah 5:4

II. T'FILAH

תפילה

אָדנִי שָׁפַתֵי תִּפְתַח וֹפִי יַגִּיד תְּהָלֶּתֶדְ:

Adonai s'fa-tai tif'tach u-fi ya-gid t'hi-la-te-cha: Eternal God, open my lips, that my mouth may declare Your glory.

Psalm 51:17

1. GOD OF THE GENERATIONS

אבות ואמהות

בָּרוּךְ אַתָּה יְיָ אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ וְאִמּוֹתֵינוּ, אֱלֹהֵי אַבְרָהָם, אֱלֹהֵי יִצְקֹב, אֱלֹהֵי שָׁרָה, אֱלֹהֵי רִבְקָה, אֱלֹהֵי לֵצְלֹהִי יִצְקֹב, אֱלֹהֵי רָבְקָה, אֱלֹהֵי רַבְּקָה, אֱלֹהֵי לֵאָה, אֱלֹהֵי רָחֵל. הָאֵל הַגְּרוֹל הַגִּבּוֹר וְהַנּוֹרָא, אֵל עֶלְיוֹן, גּוֹמֵל חֲסָרִים טוֹבִים, וְקוֹנֵה הַכּּל, וְזוֹכֵר חַסְרֵי אָבוֹת וְאִמָהוֹת, וּמֵבִיא נְּמָגַן שְׁמוֹ בְּאַהְבָה: מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמְגַן: בְּנִיהֶם לְמַעַן שְׁמוֹ בְּאַהְבָה: מֶלֶךְ עוֹזֵר וּמוֹשִׁיעַ וּמְגַן: בְּרוֹךְ אֵבְרָהָם וְעָזְרַת שֶׁרָה:

Ba-ruch A-tah Adonai, E-lo-hei-nu vE-lo-hei a-vo-tei-nu v'i-mo-tei-nu: E-lo-hei Av'ra-ham, E-lo-hei Yitz'chak, vE-lo-hei Ya-a-kov. E-lo-hei Sarah, E-lo-hei Riv'kah, E-lo-hei Lei-ah, vE-lo-hei Ra-cheil. Ha-Eil ha-ga-dol ha-gi-bor v'ha-no-ra, Eil El-yon, go-meil cha-sa-dim to-vim, v'ko-nei ha-kol, v'zo-cheir chas'dei a-vot v'i-ma-hot, u-mei-vi g'u-lah li-v'nei v'nei-hem, l'ma-an sh'mo, b'a-ha-vah. Me-lech o-zeir u-mo-shi-a u-ma-gein. Ba-ruch A-tah Adonai, ma-gein Av'ra'ham v'ez'rat Sa-rah.

We praise You, *Adonai* our God, God of our fathers and our mothers, God of Abraham, God of Isaac, God of Jacob, God of Sarah, God of Rebecca, God of Leah, and God of Rachel; great, mighty, and awesome God, supreme Divinity, Who imparts deeds of loving-kindness and fashions all things, Who remembers the faithful love of our ancestors, and in love brings redemption to their children's children, for the sake of God's great Name.

Sovereign One, our Help, our Savior, and our Shield. Praised are You, Shield of Abraham, Help of Sarah.

T'filah - This section is the second rubric of the service and is a series of blessings also known as Sh'moneh Esreh (lit. "18") and Amidah (i.e. "Standing" Prayer). On weekdays there are 19 blessings (On Shabbat and Holydays there are 7). In Palestine there were originally 18 blessings. In Babylonia one was later split into two,

thus making 19. Whereas the Sh'ma is a philosophical and mystical statement offirming God's Name and Unity, the T'filah is is a series of blessings and personal supplications providing the worshipper the opportunity to meditate on and commune with God.

2. POWER גבורות

אַתָּה גִּבּוֹר לְעוֹלְם אֲדֹנָי, מְחַיֵּה מֵתִים הַכּּל אַתְּה, רַב לְהוֹשִּׁיעֵ: (שמיני עצרת לפסח) מַשִּׁיב הָרוּחַ וּמוֹרִיד הַגָּשֶׁם. (פסח לשמיני עצרת) מוֹרִיד הַטָּל.

מְכַלְכֵּל חַיִּים בְּחֶסֶד, מְחַיֵּה מֵתִים/הַכֵּל בְּרַחֲמִים רַבִּים, סוֹמֵך נוֹפְלִים, וְרוֹפֵא חוֹלִים, וּמַתִּיר אֲסוּרִים, וּמְקַיֵּם אֲמוּנְתוֹ לִישֵׁנֵי עָפֶר, מִי כָמוֹךְ בַּעַל גְּבוּרוֹת וּמִי דְוֹמֶה לָךְ, מֶלֶךְ מֵמִית וּמְי דְּוֹמֶה לְהַחֲיוֹת מֵתִים/הַכֹּל. בְּרַוֹךְ אַתָּה לְהַחֲיוֹת מֵתִים/הַכֹּל. בְּרוֹךְ אַתָּה יְיָ, מְחַיֵּה מֵתִים/הַכֹּל:

A-tah gi-bor l'o-lam, Adonai, m'cha-yei mei-tim/ha-kol A-tah, rav l'ho-shi-a, (Winter: From Sh'mini Atzeret to Pesach) Ma-shiv ha-ru-ach u-mo-rid ha-ga-shem (Summer: From Pesach to Sh'mini Atzeret) Mo-rid ha-tal.

M'chal-keil cha-yim b'che-sed, m'cha-yei mei-tim/ha-kol b'ra-cha-mim ra-bim, so-meich no-f'lim, v'ro-fei cho-lim, u-ma-tir a-su-rim, u-m'ka-yeim e-mu-na-to li-shei-nei a-far, mi cha-mo-cha ba-al g'vu-rot, u-mi do-meh lach, me-lech mei-mit u-m'cha-ye u-matz-mi-ach y'shu-ah? V'ne-e-man a-tah l'ha-cha-yot mei-tim/ha-kol.

Ba-ruch A-tah Adonai, m'cha-yei mei-tim/ha-kol.

Eternal is Your might, O God; You bring life (to the dead)/(to all things); You are abundant in Your saving acts.

(Winter: From *Sh'mini Atzeret* to *Pesach*) You cause the wind to blow and the rain to fall

(Summer: From *Pesach* to *Sh'mini Atzeret*) You cause the dew to descend.

You lovingly sustain the living, infusing life into every living thing; with great compassion You uphold those who fall, heal the sick, release the captive, remain faithful to those who sleep in the dust. Who is like You, Almighty God, and who is similar to You, Sovereign over the dead and the living, Who can effect salvation. You are faithful in giving life to the dead/every living thing. Blessed are You, *Adonai*, Who gives and renews life to the dead/all things.

אַתָּה קָדוֹשׁ וְשִׁמְדְ קָדוֹשׁ וּקְדוֹשִׁים בְּכָל יוֹם יְהַלְלְוּדְ, פֶּלָה. בָּרוּדְ אֵתַּה יִיָ הָאֵל הַקָּדוֹשׁ.

A-tah ka-dosh v'shim-cha ka-dosh u-k'do-shim b'chol yom y'ha-l'lu-cha, Se-lah! Ba-ruch A-tah, A-do-nai, ha-Eil ha-ka-dosh!

You are holy and Your Name is holy and All holy beings hail you each day.

Blessed are You, the holy God.

3. SANCTIFICATION OF GOD'S NAME

קדושת השם

אַתָּה חוֹגֵן לְאָדָם דַּעַת, וּמְלַמֵּד לֶאֶנוֹשׁ בִּינָה. חָנֵנוּ מֵאִתְּדְּ דֵּעָה, בִּינָה וְהַשְּׁבֵּל. בָּרוּךְ אַתָּה יִיָּ, חוֹגֵן הַדְּעַת.

A-tah ka-dosh v'shim-cha ka-dosh u-k'do-shim b'chol yom y'ha-l'lu-cha, Se-lah! Ba-ruch A-tah, A-do-nai, ha-Eil ha-ka-dosh!

You are holy and Your Name is holy and All holy beings hail you each day. Blessed are You, the holy God.

4. KNOWLEDGE

בינה

אַתָּה חוֹגַן לְאָדָם דַעַת, וּמְלַמֵּד לֶאֲנוֹשׁ בִּינָה. חָנֵנוּ מֵאִתְּדְּ דֵּעָה, בִּינָה וְהַשְּׁבֵּל. בַּרוּךְ אַתַּה יָיִ, חוֹגַן הַדֵּעַת.

By Your gracious love we have the capacity to gain in knowledge and to learn wisdom. Favor us with knowledge, wisdom and insight, for You are their Source.

Praised are You, Eternal God, gracious Giver of knowledge.

בָּרוּךְ אַתָּה יְיָ, הָרוֹצֶה בִּתְשׁוּבָה.

Inspire us to return, our Parent/Creator, to Your Torah; draw us near, our Sovereign, to Your service; and return us in complete repentance into Your presence.

Praised are You, Eternal God, Who wills us in repentance.

6. FORGIVENESS

סליחה

תשובה

סְלַח לֶנוּ, אָבִינוּ, פִּי חָטָאנוּ, מְחַל–לֶנוּ, מַלְבֵּנוּ פִּי פָּשְּׁעְנוּ, פִּי מוֹחֵל וְסוֹלֵחַ אָתָּה.

בָּרוּדְ אַתָּה יְיָ, חַנוּן הַמַּרְבֶּה לִסְלְחַ.

Forgive us, our Parent/Creator, when we turn away from Your path; pardon us, our Sovereign, when we transgress; for You wipe clean the slate and forgive.

Praised are You, Eternal One, gracious and magnanimous in forgiving.

7. REDEMPTION

גאולה

רְאֵה בְעָנְיֵנוּ, וְרִיבָה רִיבֵנוּ, וּגְאָלֵנוּ מְהֵרָה לְמַעַן שְּׁמֶךְּ, כִּי גּוֹאֵל חָזָק אֶתָּה.

בָּרוֹךְ אַהָּה יִיָּ, גוֹאֵל יִשְׂרָאֵל.

Look upon our affliction and save us speedily for Your Name's sake, for You are a powerful Redeemer.

Praised are You, Redeemer of Israel.

8. HEALTH

רְפָאֵנוּ. יְיָ, וְנֵרָפֵא, הוֹשִׁיעֵנוּ וְנִנְּשֵׁעָה, וְהַעֲלֵה רְפוּאָה שְׁלֵמְה5 לְכָל מַכּוֹתֵינוּ. כִּי אֵל מֶלֶךְ רוֹפֵא נֶאֶמֶן וְרַחֲמֶן אָתָּה. ברוּך אתה יִי, רוֹפָא החוֹלִים.

O God heal us and may we be healed; save us, and may we be saved; Lift up Your healing powers upon all our infirmity. You are the Sovereign God and faithful and compassionate Healer.

We praise You, Eternal One, Healer of the sick.

9. ABUNDANCE

ברכת השנים

בָּרֵדְ עָלֵינוּ, יְיָ אֱלֹהֵינוּ, אֶת הַשְּׁנָה הַזֹּאת וְאֶת כָּל מִינֵי תְבוּאָתָהּ לְטִוֹבָה

עַל פְּנֵי הָאֲדָמָה, וְשַׂבְּעֵנוּ מִטוּבֶךְ, וּבְרֵךְ שְׁנְתֵנוּ כַּשְּׁנִים הַטוֹבוֹת. בָּרוּךְ אַתָּה יִיָּ, מְבָרֵךְ הַשְּׁנִים.

Bless this year for us, Eternal God: may its produce bring us well-being.

Bestow Your blessing on the earth that all Your children may share its abundance in peace.

We praise You, Eternal One, Who blesses the cycles of the year.

10. FREEDOM

תְּקַע בְּשׁוֹפָר גָּדוֹל לְחֵרוּתֵנוּ, וְשָׂא נֵס לִפְדוּת עֲשׁוּקִינוּ, וְקוֹל דְּרוֹר יִשְּׁמַע מֵאַרְבַּע כַּנְפוֹת הָאֶרֶץ. בַּרוּך אַתָּה יָיָ, פּוֹדָה עֲשׁוּקִים.

Sound the great shofar to proclaim freedom, and lift up high the banner of liberation for the oppressed, and let the sound of liberty be heard in the four corners of the earth.

We praise You, Eternal One, Redeemer of the oppressed.

11. JUSTICE

עַל שׁוֹפְטֵי אֶרֶץ שְּׁפּוֹדְ רוּחֶדְ, וְהַדְרִיכֵם בְּמִשְׁפְּטֵ צִדְקֶדְ, וּמְלוֹדְ עָלֵינוּ אַתָּה יְיָ, לְבַדְּדְ בְּחֶסֶד וּבְרַחֲמִים. בָּרוּדְ אַתָּה יְיָ, מֶלֶדְ אוֹהֵב צְדְקָה וּמִשְׁפָּט.

Pour forth Your spirit upon the rulers of all lands; guide them, that they may govern with justice and righteousness. Then will love and compassion be enthroned among us.

We praise You, Eternal One, The Sovereign God who loves righteousness and justice.

12. ON EVIL

על הרשעה

וְלָרשְׁעָה עַל–הְהִי תִקְוָה, וְהַתּוֹעִים אֵלֶיךְ יָשׁוּבוּ, וּמַלכוּת זְדוֹן מְהֵרָה תִּשָּׁבֵר. תַּקֵן מַלְכוּתְךְּ בְּתוֹבִינוּ, בְּקָרוֹב בְיָמֵינוּ לְעוֹלָם וָעֶד.

בָּרוּךְ אַתָּה יְיָ, הַמַּשְׁבִּית רֶשַׁע מִן–הָאָבֶץ.

Let the reign of evil afflict us no more. May every errant heart find its way back to You. O help us to shatter the dominion of arrogance, to raise up a better world, where virtue will ennoble the life of Your children.

We praise You, Eternal One, whose will it is that evil vanish from the earth.

13. THE RIGHTEOUS

על צדיקים

עַל הַצַּדִּיקִים וְעַל הַחֲסִידִים, וְעַל גַּבֵי הַצֶּדֶק וְעָלֵינוּ, יֶהֶמוּ נָא רַחֲמֶידְּ, יְיָ אֶלהֵינוּ, וְתֵן שָּׁכָר טוֹב לְכָל הַבּוֹטְחִים בְּשִּׁמְדְּ בַּחֲמֶידְ, יְיָ אֶלהֵינוּ, וְתֵן שָּׁכָר טוֹב לְכָל הַבּוֹטְחִים בְּשִּׁמְדְּ בָּאֲמֶת, וְשִּׁים חֶלְקֵנוּ עִמְּהֶם לְעוֹלְם. בָּרוּךְ אַתָּה יִיָ, מִשְּעָן וּמִבְטָח לַצַּדִּיקִים.

For the righteous and faithful of all humankind, for all who join themselves in righteousness to our people, bring Your compassion, *Adonai* our God, and bring goodness to all who put their faith in Your Name of truth, grant that we may always be numbered among them. We praise You, Eternal One, Staff and Support of the righteous.

14. JERUSALEM

וְלִירוּשָׁלַיִם עִירְדְ בְּרַחֲמִים תָּשׁוּב, וְתִשְׁכּוֹן בְּתוֹכָה, וִיהִי שָׁלוֹם בִּשְׁעֶרֶיהָ, וְשַׁלְוָה בְּלֵב יוֹשְׁבֶיהָ, וְתוֹרְתְךְ מִצִּיּוֹן תֵּצֵא, וּדְבָרְךְ מירוּשלים.

בָּרוּךְ אַתְּה יְיָ, בּוֹנֵה יְרוּשְּׁלְיִם.

Let Your presence return to Your holy city of Jerusalem in compassion. May Your spirit dwell within it. Establish peace within her gates and tranquility in the hearts of all her inhabitants. May Your Torah go forth from Zion, Your word from Jerusalem.

We praise You, Eternal One, Builder of Jerusalem.

15. DELIVERANCE

ישועה

אֶת צֶמַח צְדָקָה מְהֵרָה תַצְמִיחַ, וְקֶרֶן יְשׁוּעָה תָּרוּם כִּנְאֶמֶךּ, כִּי לִישׁוּעָתְךְ קִּוְינוּ כָּל הַיּוֹם.

. בָּרוּךְ אַתָּה יְיָ, מַצְמִיחַ קֶּרֶן יְשׁוּעָה לְעֲמֵינוּ וּלְכָל יוֹשְׁבֵי תַּבֶּל

Let the plant of righteousness blossom and flourish, and let the light of deliverance shine forth according to Your word: we await Your deliverance all the day.

We praise You, Eternal One, who will cause the light of deliverance to dawn for our people and all inhabitants of the earth.

16. PRAYER

שומע תפילה

שְּמַע קּוֹלֵנוּ, יְיָ אֶלֹהִינוּ, חוּס וְרַחֵם עָלֵינוּ, וּתְקַבֵּל בְּרַחֲמִים וּבְרָצוֹן אֶת הְפִּלָּתְנוּ, כִּי אֵל שׁוֹמֵע הְפִּלּוֹת וְתַחֲנוּנִים אֶתָּה, וּמְלְפָנֵיך, מַלְבֵּנוּ, רִיקָם אַל הְשִׁיבֵנוּ. כִּי אַתָּה שׁוֹמֵעַ הְפִּלַת עַכְּרָּתִים. עַמְּךְ יִשְׂרָאֵל בְּרַחֲמִים.

בָּרוֹךְ אַתָּה יִיָ, שׁוֹמֵעַ תִּפִּלָה.

Hear our voice, *Adonai* our God; have compassion upon us, and accept our prayer and supplications with compassion and favor, and before You, our Sovereign, do not return us empty, for You hear the prayer of Your people Israel with compassion.

We praise You, Eternal One, Who hearkens to prayer.

17. WORSHIP עבודה

רְצֵה, יָיָ אֶלהֵינוּ, בְּעַמְּךּ יִשְׂרָאֵל וּבִתְפִּלְּתָם, וּתְפִּלְּתָם בְּאַהֲבָה תְקַבֵּל, וּתְהִי לְרָצוֹן הָמִיד עֲבוֹדַת יִשְׂרָאֵל עַמֶּךְ. אֵל קרוֹב לְכָל–קֹרְאָיו, פְּנֵה אֶל עֲבָדֶיךְ וְחָנֵנוּ; שְׁפוֹךְ רוּחֲדְּ עֲלֵינוּ, וְתֶחֶזֶינָה עֵינִינוּ בְּשׁוּבְדְּ לְצִיּוֹן בְּרַחֲמִים. בַּרוּדְ אַתַּה יִיַ, הַמַּחָזִיר שִׁכִינַתוֹ לִצִיוֹן.

Be gracious, *Adonai* our God, with Your people Israel, and receive our prayers with love. and may the worship of Your people, Israel, be acceptable to You. O God who is close to those who call out to You, turn to those who serve You and be gracious. Pour forth Your spirit upon us, and turn our eyes towards You and to those who dwell in Zion.

We praise You, Eternal One, whose Divine Presence returns to Zion.

18. GRATITUDE

הודאה

מוֹדִים אֲנְחְנוּ לָךְ, שָׁאַתָּה הוּא, יְיָ אֱלֹהֵינוּ וֵאלֹהֵי אֲבוֹתֵינוּ, לְעוֹלָם וָעֶד, צוּר חַיֵּינוּ, מְגֹן יִשְׁעֵנוּ, אַתִּה הוּא לְדוֹר וְאָמּוֹתִינוּ, לְעוֹלָם וָעֶד, צוּר חַיִּינוּ, מְגֹן יִשְׁעֵנוּ, אַתִּה הוּא לְדוֹר וְדוֹר. נוֹדֶה לְךְ וּנְסַפֵּר הְּהִלְּתֶךְ. עַל חַיִּינוּ הַמְּסוּרִים בְּיָדֶךְ, וְעַל–נְשְׁמוֹתֵינוּ הַפְּקוּדוֹת לָךְ, וְעַל–נְפֶיךְ שֶׁבְּכָל יוֹם עַמְנוּ, וְעַל– נִפְּלְאוֹתֵיךְ וְטוֹבוֹתֵיךְ שֶּבְּכָל–עֵת, עֶרֶב וְבְקֶר וְצְהָרְיִם, וְעַל– נִפְלְאוֹתֶיךְ וְטוֹבוֹתֶיךְ שֶּבְּכָל–עֵת, עֶרֶב וְבִקּר וְצְהָרִים, הַטוֹב: כִּי לֹא–כָלוּ רַחֲמֶיךְ, וְהַמְרַחֵם: כִּי–לֹא תַמִּוּ חְסְדֶיךְ, מְעוֹלְם קּוְינוּ לְךְ.

וְעַל בָּלֶם יִתְבָּרֵדְ וְיִתְרוֹמֵם שִׁמְדּ, מַלְבֵּנוּ, תָּמִיד לְעוֹלֶם וָעֶד. וְכֹל הַחַיִּים יוֹדְוּדְ פֶּלָה, וִיהַלְלוּ אֶת שִׁמְדְּ בָּאֱמֶת, הָאֵל יִשׁוּעַתֵנוּ וָעַזְרַתֵנוּ סֵלָה.

בָּרוּדְ אַתָּה יְיָ, הַטּוֹב שִׁמְדְּ וּלְדְ נָאֶה לְהוֹדוֹת.

We gratefully acknowledge that You are *Adonai*, our God and God of our ancestors. You are the Rock of our life, our protecting shield from generation to generation. We thank You and sing Your praises: for our lives which are in Your hands, for our souls, which are in your keeping, for the signs of Your presence we encounter every day; and for Your wondrous gifts at all times, evening, morning and at noon.

You are Goodness: Your compassion never ceases: Your love never ceases. You have always been our Hope.

For all these things, O Sovereign God, let Your Name be forever exalted and blessed.

Let all who live affirm You and praise Your Name in truth. You are The God who saves us and helps us.

We praise You, Adonai, for it is good to offer You gratitude.

19. BLESSING OF PEACE

ברכת שלום

שָׁלוֹם רָב עַל יִשְּׂרָאֵל עַמְךּ תָּשִׁים לְעוֹלָם, כִּי אַתָּה הוּא מֶלֶךְ אָדוֹן לְכָל הַשָּׁלוֹם. וְטוֹב בְּעֵינֶיךְ לְבָרֵךְ אֶת עַמְּךְ יִשְׂרָאֵל בְּכָל עַת וּבְכָל שָׁעָה בִּשְׁלוֹמֶךְ.

בָּרוּךְ אַתָּה יְיָ, הַמְבָרֵךְ אֶת עַמּוֹ יִשְׂרָאֵל בַּשָּׁלוֹם.

May a great peace be upon Your people Israel, for You are the Sovereign of Peace. It is good in Your sight to bless Your people Israel, in every season and hour with peace.

Blessed are You, Adonai, Who blesses the people of Israel with peace.

אֶלהַי, נְצוֹר לְשׁוֹנִי מֵרָע. וִשְּׁפֶּתַי מִדַּבֵּר מִרְמָה: וְלִמְקַלְלֵי נַפְשִׁי וֹנַפִּשִּׁי בַּעָפָר לַכּל תִּהְיֶה. פְּתַח לִבִּי בְּתוֹרָתֶךְ, וּבִמִצוֹתֵיך תִּרְדּוֹף נַפִּשִּי. וְכַל הַחוֹשִׁבִים עַלֵי רָעָה, מְהֵרָה הָפֵּר עַצָּתָם וְקַלְקֵל מַחֲשֵׁבְתָּם. עֲשֵׁה לְמַעַן שְּמֶדְ, עֲשֵׂה לְמַעַן יְמִינֶדְ, עֲשֵׂה לְמַעַן קְדָשְּׁתֶדְ. עֲשֵׂה לְמַעַן תּוֹרָתֶדְ. לַמַעַן יַחָלְצוּן יְדִידֶיף, הוֹשִּיעָה יְמִינְדְּ וַעֲנֵנִי. יִהְיוּ לְרָצוֹן אָמִבֵי פִּי וְהֶגְיוֹן לִבִּי לְפָנֶידְ, יְיָ צוּרִי וְגוֹאֲלִי. עֹשֶׁה שָׁלוֹם בִּמְרוֹמָיו, הוּא יַעשה שָׁלוֹם עָלֵינוּ, וְעַל כָּל יִשִּׁרָאֵל וִאִמְרוּ: אָמֵן.

Oh God, keep my tongue from evil, my lips from speaking lies. Help me ignore those who slander me. Let me be humble before all. Open my heart to Your Torah, so that I may pursue Your commandments. Frustrate the designs of those who plot evil against me. Make nothing of their schemes. Do so for the sake of Your power, Your holiness and Your Torah. Answer my prayer for the deliverance of Your people. May the words of my mouth and the meditations of my heart be acceptable to You, my Rock and Redeemer. May the One who makes peace in the high heavens, bring peace upon us, to all the people of Israel and to all humankind. Amen.

OSEH SHALOM

עשה שלום

עֹשֶה שָׁלוֹם בִּמְרוֹמָיו, הוּא יַצַשֶּה שָׁלוֹם עָלֵינוּ, וַעַל כָּל יִשִּׁרְאֵל וָאָמָרוּ: אַמֶן.

O-seh sha-lom bim'ro-mav, hu ya-a-seh sha-lom a-lei-nu v'al kol Yis'ra-eil v'im-ru: A-mein!

May the One who causes peace to reign in the high heavens, let peace descend on us, on all Israel. And let us say: Amen!

YI-HI-YU L'RA-TZON

יהיו לרצון

יִהְיוּ לְרָצוֹן אִמְרֵי פִי וְהָגְיוֹן לִבִּי לְפָנֶידְ, יָיָ צוּרִי וְגוֹאֲלִי.

May the words of my mouth and the meditations of my heart, be acceptable to You, Adonai, my Rock and my Redeemer.

Psalm 19:15

iv. aleinu עלינו

All rise and face East

עָלֵינוּ לְשַּׁבֵּחַ לַאֲדוֹן הַכּּל, לָתֵת גְּדֶלָּה לְיוֹצֵר בְּרֵאשִׁית, שֶׁלֹא עָשֶׂנוּ כְּגוֹיֵי הָאֲרָצוֹת, וְלֹא שְּׁמֶנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה, שֶׁלֹא שָּׁם חֶלִקֵנוּ כָּהֶם, וִגֹּרָלֵנוּ כִּכָל הַמוֹנָם

It is our duty to praise the Source of all, to ascribe greatness to the Creator of everything, for God has not made us like the nations of the world, nor like the families of the earth. God has not made our portion like theirs, nor our destiny like that of their multitudes.

וַאָּנְחְנוּ כּוֹרְעִים וּמִשְּתַּחֲוִים וּמוֹדִים, לִפְנֵי מֶלֶדְ, מַלְבֵי הַמְּלְכִים, הַקָּדוֹשׁ בָּרוּדְ הוּא.

We bend the knee, bow and give thanks before the Sovereign of Sovereigns, the Holy One, Blessed is God.

שֶׁהוּא נוֹטֶה שָׁמַיִם וְיֹסֵד אָרֶץ, וּמוֹשֵׁב יְקְרוֹ בַּשְּׁמַיִם מִמְּעַל, וּשְּׁכִינַת עֻזּוֹ בְּגָבְהֵי מְרוֹמִים, הוּא אֱלֹהֵינוּ אֵין עוֹד. אֱמֶת מַלְבֵּנוּ אֶפֶס זוּלָתוֹ, כַּבְּתוּב בְּתוֹרָתוֹ: וְיָדַעְתָּ הַיּוֹם וַהֲשֵׁבֹתְ אֶל לְבָבֶךְ, כִּי יְיָ הוּא הָאֱלֹהִים בַּשְּׁמֵים מִמְּעַל, וְעַל הָאָרֶץ מִתְּחַת, אֵין עוֹד:

You stretch out the heavens and establish the earth; (Isaiah 51:13). You are our God; there is none else. In truth You alone are our Sovereign God, as it is written: Know this day and take it to heart: the Eternal One is God in the heavens above and on the earth below; there is none else. (Deuteronomy 4:39)

וְנֶאֱמֵר, וְהָיָה יְיָ לְמֶלֶךְ עַל כָּל הָאֶרֶץ, בַּיּוֹם הַהוּא יִהְיֶה יְיָ אֶחְד, וּשִׁמוֹ אֲחַד:

And let us say: The Eternal One will reign over all the earth; On that day, O God, You shall be One and Your Name shall be One. (Zechariah 14:9)

AT A HOUSE OF MOURNING

שׁוּיתִי יְהֹוָה לְנֶגְדִּי תָמִיד וַיָּגֶל כְּבוֹדִי אַף בְּשָׂרִי יִשְׁכֹּן לְבֶטַח. כִּי לֹא תַעֲוֹב נַפְשִׁי לִשְׁאוֹל תוֹדִיעֵנִי אֹרַח חַיִּים שֹבַע שְׁמְחוֹת אָת פָּנֵיךְ נִעְמוֹת בִּימִינְךְ נֵצַח.

I have set the Eternal always before me; God is at my side, I shall not be moved. Therefore does my heart exult and my soul rejoice; my being is secure. For You will not abandon me to death nor let Your faithful ones see destruction. You show me the path of life; Your presence brings fullness of joy; Enduring happiness is Your gift.

Psalm 16:8-11

We turn our thoughts to yesterday...

to a world that lives only in our memory.

As we recall the days gone by, we know the past is irretrievable.

Yet, through the gift of memory we recapture treasured moments and images.

We are thankful for the happiness we knew with those no longer here, with whom we lived and laughed and loved.

We praise the Eternal wellspring of life who links yesterday to tomorrow.

We affirm that despite all the tragedy bound up with living, it is still good to be alive.

We understand that there can be no love without loss, no joy without sorrow.

May we have the courage to accept the all of life, the love and the loss - the joy and the sorrow, as we remember them.

Evelyn Mehlman

If some messenger were to come to us with the offer that death should be overthrown,

but with the one inseparable condition that birth should also cease; if the existing generation were given the chance to live forever, but on the clear understanding that never again would there be a child, or a youth, or first love, never again new persons with new hopes, new ideas, new achievements; ourselves for always and never any others -

We shall not fear the summons of death; we shall remember those who have gone before us, and those who will come after us!

could the answer be in doubt?

"Alas for those who cannot sing, but die with all their music in them."

Let us treasure the time we have and resolve to use it well, counting each moment precious - a chance to apprehend some truth, to experience some beauty, to conquer some evil, to relieve some suffering, to love and be loved, to achieve something of lasting value.

Help us, Adonai, to fulfill the promise that is in each of us, and so to conduct ourselves that, generations hence, it will be true to say of us:

The world is better because, for a brief space, they lived in it.

Gates of Repentance

PSALM 23

מזמור לדוד Miz'mor l'Da-vid: יי רעי לא אַחַסר: Adonai ro-ee, lo ech'sar. בָנָאוֹת דָשֵׁא יַרְבִּיצֵנִי Bin'ot de-she yar'bee-tzei-nee, על מי מנחות al mei m'nu-chot יַנַהַלָנִי: נַפְשִׁי יִשׁוֹבֶב y'na-ha-lei-nee. Naf'shee y'sho-veiv. יַנָחָנִי בִּמַעַגָּלֵי צֵדֶק Yan'chei-nee b'mag'lei tze-dek לִמַעו שִמו: l'ma-an sh'mo. גם כִּי אַלַדְּ בַּגִיא צלְמוַת Gam kee e-lech b'gei tzal'ma-vet לא אַירַא רַע כִּי אַתַּה עַמַּדִי lo ee-ra ra, kee A-tah i-ma-dee; שָׁבִטְדְ וּמִשְׁעַנְתֵּדְ shiv't'cha u-mish'an'te-cha הַמַה יְנַחֲמִנִי: hei-mah y'na-cha-mu-nee. תַעֵרֹךָ לְפַנֵי Ta-a-roch l'fa-nai שָׁלְחָן נֶגֶד צֹרְרָי shul'chan ne-ged tzo-r'rai. דִשַּׂנְתָּ בַשֵּׁמֵן רֹאשִׁי Di-shan'ta va-she-men ro-shee. בּוֹסִי רְוַיַה: ko-see r'va-yah. אַך טוֹב וַחֵסֵד יִרִּדְּפוּנִי Ach tov va-che-sed yir'd'fu-nee כל ימי חיי kol y'mei cha-yai, וְשַׁבִתִּי בְּבֵית יִי v'shav'tee h'veit Adonai לארד ימים: l'o-rech ya-meem.

Adonai is my shepherd, I shall not want.

God makes me lie down in green pastures,
leads me beside still waters, and restores my soul.

You lead me in right paths for the sake of Your Name.

Even when I walk in the valley of the shadow of death
I shall fear no evil, for You are with me;

Your rod and Your staff - they comfort me.

You have set a table before me in the presence of my enemies;

You have anointed my head with oil; my cup overflows.

Surely goodness and mercy shall follow me all the days of my life,
And I shall dwell in the house of God forever.

Psalm 23

PRIVATE MEMORIALS

In Memory of A Father

Your memory, my dear father, fills my heart and soul at this hour. It revives in me thoughts of the love, tenderness, and kindness with which you always loved me. My thoughts of you continue to inspire me to live up to the best that is within me, to a life of similar love and goodness that I might give to others. I hope that I can always be worthy of you and your love. I am grateful for all my memories of you. May God bless your soul and grant you peace. Amen!

In Memory of A Mother

I remember you in this hour, my dear mother. I recall the days when you dwelled on earth, and your tender love watched over me like a guardian angel. You have gone from me, and I miss your concern, your wisdom, and your kind, proud eyes in which I moved through life. The bond that unites our souls can never be severed. Your image lives on within me and the impress of your love and concern fills me with thoughts of tenderness and love. I am grateful for all my memories of you. May God lift up the divine light upon you and grant you peace. Amen!

In Memory of A Spouse or Life Companion

I remember you in this hour, dear companion of my life. How fortunate we were, two stars in an infinite sea of souls to find each other and drink from the cup of passion and love. I remember the happy days we lived together and shared life's joys and sorrows; I remember your loving eyes, your soothing embrace, the tender affection which wedded our hearts, the selflessness we knew while hand in hand we journeyed together through life, when your love and faithfulness were my comfort, and your counsel and friendship were my support. Though death has taken you from me, you live within ever fiber of my being and you are an inspiration to me. I give thanks to God for the gift of our love and the inspiration of your memory. May God keep you and grant you peace. Amen!

In Memory of A Child

I remember you in this hour, my beloved child. For far too little time you were a precious jewel graced to me. I remember the days when I watched you grow and develop. I remember the joy I felt in your every breath, the sparkle in your inquisitive joyful eyes, the softness of your touch, the love we knew together, and all the hopes which I had for your future. Though death has taken you from me, you live on always within my heart and soul. You can never die. May the knowledge that you are sheltered in God's presence now afford me a small measure of comfort. You have taught me to cherish life, to love others as I loved you, and to give selflessly of myself. May God continue to embrace you with Divine love and grant you eternal peace. Amen!

In Memory of A Sister, Brother, or A Friend

I remember you, in this hour, my beloved (sister, brother, friend). I remember the days when we lived together as companions and your loving friendship was my delight and support. Though death has taken you from me, your image abides with me. When I think of you, gratitude for all of our years together fills my heart and I bless your memory for the friendship you once showed me. May God bless you and keep you and grant you peace. Amen!

In Memory of An Unfulfilled Relationship

I remember you now with mixed feelings in this hour. Our lives together, sadly, were troubled. I recall all the times we shared and did not share, the comfort and joy I desired in our relationship that I did not find, the intimacy I yearned for that escaped us. We parted with words left unsaid, with no real reconciliation or healing. I think now of all the potential we had but did not reach. And so, in your memory, I pledge to live my life more honestly and lovingly, with more kindness towards others, using my words to build rather than tear down. I promise to give and receive with an open and full heart. May God bless you and grant you peace. Amen!

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אַר מָרֵא רַחֲמִים שובֵן בַּמְרומִים. הַמְצֵא מְנוּחָה נְכוּנָה תַּחַת
בַּנְפֵי הַשְּׂכִינָה. בְּמַעֲלוֹת קְדוֹשִׁים וּטְהוֹרִים בְּזְהַר ְהָרָקִיעַ
מַזְהִיִרים אֶת נִשְׁמַת שֶׁהָלְכָה לְעוֹלֶמָה.
בַּעַל הָרַחֲמִים יַסְתִּירֶהְ בְּסֵתֶר בְּנָפִיוְ לְעוֹלְמִים. וְיִצְרוֹר בִּצְרוֹר
הַחַיִּים אֶת נִשְּׁמֶתָה. יְיָ הוּא נַחֲלָתָה. וְתָנוּחַ בְּשָּׁלוֹם עַל
מִשְׁכָּבָה. וְנֹאמַר אָמֵן.
Eil ma-lei ra-cha-mim sho-chein bam'ro-mim. Ham'tzei m'nu-chah n'cho- nah ta-chat kan'fei hash'chi-nah. B'ma-a-lot k'do-shim u-t'ho-rim k'zo-har
ha-ra-ki-a maz-hi-rim l'nish'mat she'halchah l'o-
la-mo-l'olamah. Ba-al ha-ra-cha-mim yas'ti-rehah b'sei-ter k'na-fav l'o-la-mim. V'yitz'ror bitz'ror ha-cha-yim et nish'ma-tah. Adonai hu na-cha-la-tah V'ta wasak b'oka law al wish'ka rak V'ta wasa wain'
tah. V'ta-nuach b'sha-lom al mish'ka-vah. V'no-mar a-mein!

The Eil Maleh Rachamim - אַל מְלֵא דְּחַמִּים - known as "The Memorial Prayer", affirms that in the fullness of compassion God has embraced the soul of the departed, the highest reward for a life lived in the spirit of righteousness and lovingkindness.

God's nearness: "God is closest to those whose hearts are broken." (The Kotzker Rebbe)

God remembers: It is written: Zocheir kol nanishkachot ("God remembers all the forgotten.") There is no forgetting before God. Every person, achievement, deed, is touched by eternity. It is a premise of Jewish faith that

there is no lost or wasted word in the unredeemed epic of human history.

Love is Strong as Death: "For love is strong as death, harsh as the grave. Its tongues are flames, a fierce and holy blaze. Endless seas and floods, torrents and rivers never put out love's infinite fires." (Song of Songs 8:6-7)

We are Spiritual Beings: "We are not human beings having a spiritual experience. We are spiritual beings having a human experience." (Tailhard de Chardin - Theologian)

For a Man

O GOD FULL OF COMPASSION

אל מלא

אֵל מָלֵא רַחֲמִים שׁוֹכֵן בַּמְּרוֹמִים. הַמְצֵא מְנוּחָה נְכוֹנָה תַּחַת בַּנְפֵי הַשְּׁכִינָה. בְּמַעֲלוֹת קְדוֹשִׁים וּטְהוֹרִים כְּזְהַר הָרָקִיעַ מַזְהִירִים אֶת נִשְׁמַת ______ שֶׁהָלַךְ לְעוֹלְמוֹ. בַּעַל הָרַחֲמִים יַסְתִּירֵהוּ בְּמֵתֶר כְּנָפִיו לְעוֹלְמוֹ. וְיִצְרוֹר בִּצְרוֹר הַחַיִּים אֶת נִשְּמָתוֹ. יְיָ הוּא נַחֲלָתוֹ. וְיִנְוּחַ בְּשָׁלוֹם עַל מִשְׁבָּבוֹ. וְנֹאמֵר אָמֵן.

Eil ma-lei ra-cha-mim sho-chein bam'ro-mim. Ham'tzei m'nu-chah n'cho-nah ta-chat kan'fei hash'chi-nah. B'ma-a-lot k'do-shim u-t'ho-rim k'zo-har ha-ra-ki-a maz-hi-rim l'nish'mat _______ she'halach l'o-la-mo-l'olamo. Ba-al ha-ra-cha-mim yas'ti-rehu b'sei-ter k'na-fav l'o-la-mim. V'yitz'ror bitz'ror ha-cha-yim et nish'ma-to. Adonai hu na-cha-la-to. V'ya-nu-ach b'sha-lom al mish'ka-vo. V'no-mar a-mein!

O God full of compassion for those You bring into this world, grant complete repose under the wings of Your Presence to our loved one who has entered eternity. Master of motherly

love, sheltered by Your divine wings, may he/she join the company of the holy and pure who shine as bright as heaven. May his/her soul be bound up in the bond of eternal life. The Eternal God is his/her inheritance. May he/she rest in peace. Amen!

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THE MOURNERS KADDISH

קדיש יתום

Yit'ga-dal v'yit'ka-dash sh'meh ra-ba b'al'ma dee v'ra chir'u-teh. v'yam'leech mal'chu-teh b'cha-yei-chon uv'yo-mei-chon uv'cha-yei d'chol beit Yis'ra-eil, ba-a-ga-la u-viz'man ka-reev v'im'ru a-mein. Y'heh sh'meh ra-ba m'va-rach l'o-lam ul'al'mei al'ma-ya Yit'ba-rach v'yish'ta-bach, v'yit'pa-ar v'yit'ro-mam v'yit'na-seh, v'yit'ha-dar v'yit'a-leh v'yit'ha-lal sh'meh d'kud'sha, b'reech hu, l'ei-la mi-kol bir'cha-ta v'shee-ra-ta tush'h'cha-ta v'ne-che-ma-ta da-a-mee-ran h'al'ma. v'im'ru: Amen! Y'heh sh'la-ma ra-ba min sh'ma-ya v'cha-yeem a-lei-nu v'al kol Yis'ra-eil. v'im'ru: A-men! O-seh sha-lom bim'ro-mav. hu ya-a-seh sha-lom a-lei-nu v'al kol Yis'ra-eil. V'im'ru A-mein.

יָתַגִּדּל וַיָּתַקִדשׁ שְּׁמֵה רבּא. בְּעֶלְמָא דִי בִרָא כִּרְעוּתֵהּ, וימליד מלכותה בחייכון וביומיכון וּבְחַיֵּי דְכַל בֵּית יִשְּׂראֵל. בַעַגַלָא ובִומן קריב וָאִמְרוּ אַמֵן: יָהָא שָׁמֵה רבּא מברך לעלם עַלְמֵי עַלְמיא: יתברך וישתבח, תַפַּאַר וִיִתְרוֹמַם שָׁמֵה דָקַדְשַׁא בַּרִידְ הוּא לעלא מכל בָּרְכַתָּא וְשִׁירַתַא, תִּשִּבְחַתָא וְנֵחֲמַתִא, דַאָמִירַן בַּעַלְמַא, ואמרו אמן: יָהֵא שָׁלַמַא רבּא מן שמיא וחיים עלינוּ ועל כּל ישראל, ואמרו אמן: עשה שלום בַמַרומיו הוא יעשה שלום עלינוּ ועל כּל ישראל, ואמרו אמן:

May the Source of peace send peace to all who mourn, and comfort to all who are bereaved. Amen.

Let the glory of God be extolled, and God's great Name be hallowed in the world whose creation God willed. May God's spirit rule in our own day, in our own lives, and in the life of all Israel, and let us say: Amen.

Let God's great Name be blessed for ever and ever. Beyond all the praises, songs, and adorations that we can utter is the Holy One, the Blessed One, Whom we glorify, honor, and exalt. And let us say: Amen.

For us and for all Israel, may the blessing of peace and the promise of life come true, and let us say: Amen.

May the One Who causes peace to reign in the high heavens, also cause peace to descend upon us, upon all Israel, and upon all the world, and let us say: Amen.

(It is customary to conclude the service at a house of mourning with these words)

Hamakom y'nachem et'chem b'toch sh'ar av'lei Tziyon vi'y'rushalayim. May God console you with all who mourn in Zion and in Jerusalem. Amen!

This service booklet and notes were written, compiled and edited by Rabbi John L. Rosove, Senior Rabbi of Temple Israel of Hollywood, Los Angeles. This prayer book has replaced God's holiest name *YHVH* with *yod-yod* so that if, per chance, the booklet is discarded, God's holiest Name is respected. Tradition teaches that any paper or parchment on which this name is written cannot be disposed of casually.