

August 2026

Madison County Office for the Aging – Senior Nutrition Program

SNACK - Senior Nutrition and County Kitchen

315-697-5700

Suggested Meal Contribution is **\$3.50**

Actual Meal Cost is \$9.25

If you have a food allergy, please notify us and
allergen information is available for prepared food items.

Monday	Tuesday	Wednesday	Thursday	Friday
3. Chicken Spiedie on Bun Peppers & Onions Corn Tomato Salad Banana	4. Baked WG Pasta w/Meat Sauce Peas & Mushrooms WW Bread 1sl Marg Fruit Cup	5. SENIOR BBQ! All American Cheeseburger on WW Bun Grilled Chicken and Cheese Sandwich (HDM) Backyard Beans Stars & Stripes Mac Salad Liberty Spinach Salad Red, White & Watermelon Chocolate Chip Cookie	6. Roast Pork Loin w/gravy Mashed Sweet Potato Sliced Zucchini Pears WW Bread	7. Sloppy Joe on a Bun Boiled Potatoes Southwestern Blend Fresh Fruit
10. Chicken Pot Pie Broccoli Tossed Salad Pineapple Tidbits	11. Fish on Bun Tartar Sauce Coleslaw Broccoli Lemon Lime Poke Cake	12. Pulled Pork on a Bun Baked Beans Corn Strawberry Shortcake	13. Soup and Sandwich Hearty Tomato Soup Deluxe Chicken Salad on a WW Roll Berry Trifle	14. That's a Wrap! Ham & Swiss WW Wrap Pasta-Veggie Salad Carrot Raisin Salad Chocolate Chip Cookie
17. BBQ Chicken Breast Baked Beans Spinach Salad Spiced Pears	18. Spanish Rice with Beef Capri Blend Veggies Mandarin Oranges WW Bread	19. Fruit/Cottage Cheese Plate Fresh Fruit Cottage Cheese Hard Boiled Egg WW Roll Apple Crisp	20. Taco Nachos Seasoned Beef Refried Beans and Rice Lettuce, Tomato Salsa, Tortilla Chips Mexican Street Corn Cantaloupe	21. Summer Corn Cowder Tuna Fish Sandwich Asparagus Blueberry Oatmeal Crumb Bar
24. Glazed Meatballs Brown Rice Peas Fruited Jell-O Graham Crackers	25. Baked Ham Au Gratin Potatoes Herb Roasted Carrots Pineapple Tidbits WW Bread	26. Macaroni and Cheese Stewed Tomatoes Tossed Salad PB Brownie	27. Chicken Spaghetti Casserole California Blend Veggie WW Bread	28. Cold Plate Seafood Salad on a WW Dinner Roll Broccoli Salad Cottage Cheese Peaches
31. Seasoned Pork Chop Tortellini Pasta Salad Parmesan Brussel Sprouts Pineapple Coleslaw Mandarin Oranges WW Bread				1% Milk Served Daily Menu Subject to Change Approved by: Jessica Garay, PhD, RDN, CDN