OCTOBER FOOD ENE

WHAT'S IN A FOOD SENSE PACKAGE?

Food sense is a monthly food co-op for anyone looking to strech their grocery dollar. each package contains 12-15 staple grocery items for $20.50. There are no qualifications, no subscriptions, and no requirements to participate in food sense.

Pick-up date: Friday October 30th

Please remember sites **CANNOT** hold any packages after the scheduled pickup time. If you have a conflict, please plan for someone else to pick it up.

Any items that are not picked up will be donated

Orders and payments are due Thursday, October 15th

Contact Madison County Office for the Aging to order a package at (315) 697-5700.

Cash or checks made out to Madison County Office for the Aging, 138 Dominic Bruno Blvd.,Canastota, NY 13032

OCTOBER PACKAGE

Chicken Breast, 1.5 lb. (Avg) Ground Beef, 1 lb.
Pollock Fillets, 1 lb.
Marinated Pork, 1 lb.
Hamburger Helper, 5.8 oz.
Corn, 1 lb.
Strawberries, 1 lb.
Macaroni & Cheese, 7.25 oz.
Applesauce, 15 oz.
Fruit Salad, 15 oz.
Fresh Produce #1
Fresh Produce #2

OCTOBER SPECIALS

Chicken Nuggets, 5 lbs. for $11.00: The chicken nuggets are fully cooked and are ready for the oven or fryer.
Mozzarella Sticks, 3 lbs. for $12.00: The mozzarella sticks are par-cooked and ready for the oven.
Pulled Pork, 1 lb. for $6.50: The pulled pork is fully cooked and in a Carolina BBQ sauce.
Pantry Box, 8 items for $11.50: The pantry box includes baking mix (40 oz.), quick oats (14 oz.), pears (15 oz.), ziti (1 lb.), strawberry spread (19 oz.), macaroni & cheese (7.25 oz.), scalloped potatoes (4.7 oz.), and peanut butter (16 oz.).
Shrimp, 2 lb. for $10.50: These shrimp are farm-raised, individually quick frozen, and are E-Z peel.
Meatloaf Mix, 2 lbs. for $12.00: This traditional meatloaf mix is made with only ground beef, veal, and pork.

DRIVE THRU LOCATIONS

Canastota 2PM-3PM: 138 Dominic Bruno Blvd

Morrisville 2:15PM-2:30PM: 3824 Swamp Road

Hamilton 2:45PM-3PM: 4000 Wings Way

Cazenovia 3PM-3:15PM: St. James Church parking Lot (Sullivan Street entrance)

You can place your Food ene order online in three easy steps!

- Visit foodsense.foodbankcny.org and select your participating pick-up location.
- Select the items you would like to purchase.
- Pay with your EBT, credit or debit card.

Food Bank of Central New York

Funded by the U.S. Administration of Aging under Title III of the Older Americans Act, New York State Office for the Aging, Madison County Board of Supervisors, and local contributions.
This institution is an equal opportunity provider and employer.

Madison County Office For The Aging