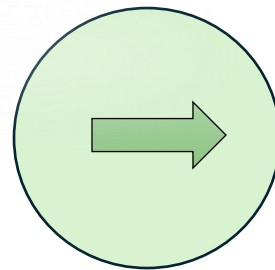


Madison County Office for the Aging



ANNUAL REPORT

April 2023 - March 2024



Funded by the US Administration on Aging under Title III of the Older American Act, New York State office for the Aging, Madison County Board of Supervisors, and local contributions.

This institution is an equal opportunity provider and employer.

A Message from the Executive Director

The Madison County Office for the Aging 2023-24 year was filled with continued growth in community awareness of programs serving older adults with maintaining their independence and the community with gaining access to food.

The MCOFA team worked hard to serve all eligible community residents with its nutrition programs. By far, this program has seen the most transition through recent years. To reach more clients, work continues expanding our Dine Out opportunities as congregate dining has encountered a change in how older adults feel about where, when and with who they prefer to eat. More flexible choices to meet their needs are a constant consideration. Additionally, with the continued increase in the cost of groceries, MCOFA remains committed to providing county residents with access to the Food Sense Program to help stretch their food budget dollars.

Continuing with nutrition, we successfully distributed 900 Farmers Market Coupon booklets to eligible county residents. That's \$22,500 available to purchase locally grown fresh fruits and vegetables.

I am proud of our team and their efforts every day to assist others in maintaining their independence. It's a mission we all rise up to meet despite the challenges and ever-changing times, we look forward to a new year of working together to serve older adults in our community.

Julie Harney

Executive Director

Madison County Office for the Aging

Serving Older Adults since 1977

Meet the Service Staff

Executive Director - Julie Harney
Deputy Director -Inez DeGroat
Fiscal Manager - Sandra Peck
Account Clerk – Bambi Pantalia
RSVP Director -Annette Clark
Care Giver Coordinator- Melanie Liess
Transportation & HIICAP - Constance Brown
Case Manager -Sierra Abrams
Case Manager -Laura Brahmer
Case Manager - Suzanne Geer
NY Connects & Intake Coordinator - Patty Middleton
NY Connects Coordinator- Jennifer Parker
I & A Specialist – Chris Wheeler
RSVP Program Coordinator – Judy Durant
Receptionist – Shirley Allen
Maintenance -Tim Joy

Meet The Nutrition Staff

Nutrition Program Director - Lisa DeHimer
Kitchen Supervisor – Mya Ray Halpin
SNACK Food Service – Tami Fox
SNACK Food Service – Heather Hannan
SNACK Food Service – Ronda Lanz
SNACK Food Service – Linda Tornberg
SNACK Food Service - Adrienne Tompkins
SNACK Driver – Paul Catello
SNACK Driver – Dan Daley
SNACK Driver – Charlie Franklin
SNACK Driver – John Ryan
SNACK Driver – Anthony Mascari
SNACK Driver – Robert Peck
SNACK Driver – Robert White
Sub SNACK Driver - Bruce Quackenbush
Sub SNACK Driver – Andy Meachum
SNACK Site Manager - Victoria Cain
SNACK Site Manager - Sally Hall
SNACK Site Manager- Jeanette Krol
SNACK Site Manager – Karen Carpenter



2023-24 Board of Directors

Officers

Mike Fitzgerald, President
Commissioner
Madison County Department of Social Services

Robert Napoli, Vice-President
Executive Director
Stoneleigh Housing, Inc.

T. Charles Chambers, Secretary/Treasurer
Gustafson & Wargo

Members

Donna Bonfardeci
Kinderhook Development, LLC

Joy Canning
Cedar Homes of Distinction

Robin McCombie
Town of Sullivan Parks & Recreation

Grace Rapasadi
Town of Lenox and Manager Village
of Canastota Justice

Judith Straub
Hamilton

Lori Torrey
Canastota Community Bank

Tom Ward
Cazenovia

2023-24 Advisory Council

The purpose and mission of the council is to serve in an advisory capacity to the Director of the Office for the Aging in order to ensure that older adults of the County have an influence and a direct voice in the activities of the Office for the Aging.

Elvira Sullivan
Stoneleigh Housing

Diane Myers
Senior

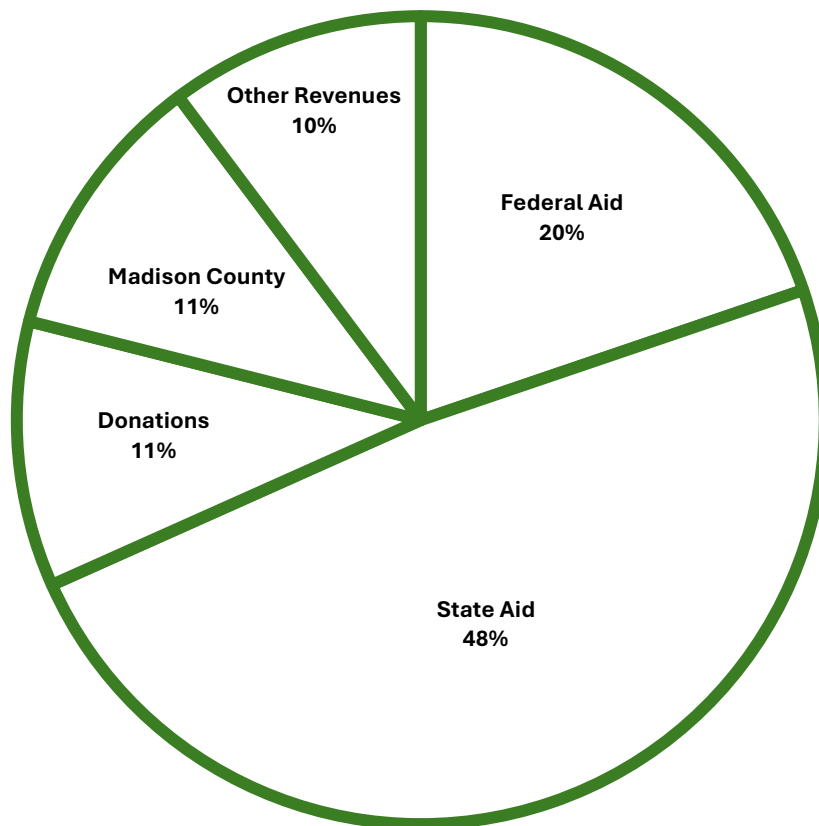
Maureen Fox
Senior

Betty Liebl
A Senior Place

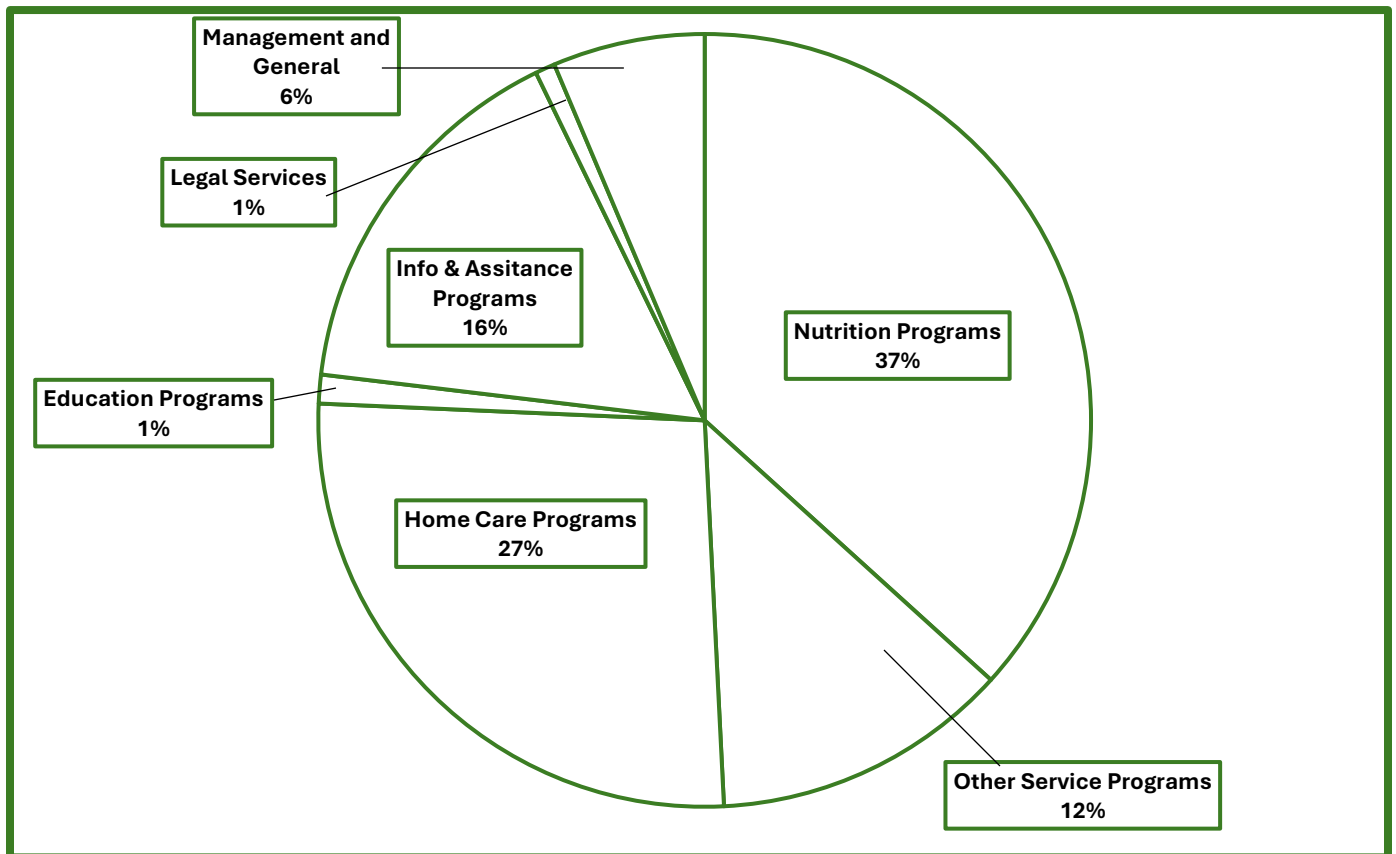
Madison County Office for the Aging, Inc
Sources of Funding 2023-2024

Revenues

Federal Aid	\$434,784.00	20%
State Aid	\$1,066,518.00	48%
Donations	\$233,383.00	11%
Madison County	\$238,045.00	11%
Other Revenues	\$224,936.00	10%
Total Revenues	<u>\$2,197,666.00</u>	100%



Nutrition Programs	\$827,713.00	37%
Other Service Programs	\$299,729.00	12%
Home Care Programs	\$597,156.00	26%
Education Programs	\$27,068.00	1%
Info & Assistance Programs	\$358,634.00	16%
Legal Services	\$18,712.00	1%
Management and General	\$143,430.00	6%
Total Expenditures	<u>\$2,254,138.00</u>	100%



IMPACT FOR THE YEAR BY THE NUMBERS

Another incredible year!

Nutrition Programs

Home Delivered Meals/Congregate Sites

The Senior Nutrition Program and County Kitchen Program (SNACK) offers meals to older adults (60+) in their own homes, and at congregate dining sites in Madison County. In addition to providing nutritious meals, nutrition support is provided through free nutrition education and counseling. A resource available to assist older adults to remain independent and in their communities.



80,237 Meals
Were Provided
to Older Adults



2626 Food
Sense
Packages
Ordered

Food Sense

The Office for the Aging partners with the Food Bank of CNY to provide individuals the ability to stretch their food budget with the purchase of food through the Food Sense Program. Each month a box of fresh fruits, vegetables, meats, and additional grocery staples can be purchased at a discount and picked up at a nearby location.



2023
Senior Picnic
Chapman Park

Bingo with prizes!



**Smiles were
free!**

800 coupons were distributed resulting in **\$20,000** to support local farmers & NYS fruit & vegetable growers

Farmer's Market Coupons

Partnering with the USDA, OFA provides Farmer Market Coupons to individuals 60+ years. This program provides older adults with access to locally grown fruits, vegetables, and herbs. A program that while providing nutritious food opportunities to older adults, also supports local farmers in the community.

Dine Out Program

This program is designed to provide older adults the opportunities of socialization, community activity, and ensure nutritional needs are met while supporting locally owned and operated restaurants in the community.

2418 Dine Out tickets were utilized



Services to Assist Older Adults to Age in Place

Older adults prefer to “age in place”, meaning to safely stay in the comfort of their own home for as long as possible. OFA programs support individuals to maintain their independence and dignity.

84 older adults received **5,337** hours of service in their home

Expanded In-home Services for the Elderly Program (EISEP)

EISEP provides help to older adults with non-medical in-home services. Services may include housekeeping, shopping, preparing meals, etc. and/or assist with bathing, grooming, dressing, and toileting.

91 Older Adults received PERS assistance

Personal Emergency Response System (PERS)

A PERS can provide older adults that live alone a sense of security should they experience a fall or medical emergency. PERS will ensure that immediate help can be alerted of their need for assistance and on the way to help.

Additional Impact Numbers

2023 IMPACT

152

Number of
times Older
adults accessed
the OFA Food
Pantry

953

Individuals
utilized
HIICAP
services

58

Caregivers
received
support so they
can continue to
carry out their
caregiving
roles and
responsibilities



65

Older adults accessed the
OFA loan closet

318

Individuals that received
tele-friend calls to
combat social isolation

Dementia is caused by a number of diseases that affect the brain. The most common is Alzheimer's but diseases also include vascular dementia, dementia with Lewy bodies and Pick's disease.

People with dementia sometimes need a helping hand to go about their daily lives and feel included in their local community. To provide this helping hand, Dementia Friends aims to give people an understanding of dementia and the small things that they can do to make a difference. From helping someone to find the right bus, to spreading the word about dementia on social media – every action counts!

See OFA Staff below that became “Dementia Friends”

