

☀ **June 2026** ☀

**Madison County Office for the Aging – Senior Nutrition Program**

SNACK - Senior Nutrition and County Kitchen

315-697-5700

Suggested Meal Contribution is **\$3.50**

Actual Meal Cost is \$9.25

If you have a food allergy, please notify us and  
allergen information is available for prepared food items.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>Baked Ham</b> Au Gratin Potatoes Herb Roasted Carrots Pineapple Tidbits WW Bread	<b>2</b> <b>Lemon Garlic Chicken</b> Lemon Orzo Greek Cucumber & Tomato Salad Strawberries & Grapes	<b>3</b> <b>Cold Plate</b> Chef's Salad w/ Chicken, Cheddar Cheese Macaroni Salad 3 Bean Salad Fresh Fruit	<b>4</b> <b>Shepard's Pie</b> Tossed Salad California Blend Veggie Applesauce WW Bread	<b>5</b> <b>French Toast Casserole</b> Turkey Breakfast Sausage Fruited Yogurt Warm Cinnamon Applesauce
<b>8</b> <b>Chicken Riggies</b> Brussel Sprouts Tossed Salad Peaches	<b>9</b> <b>Mexican Chicken Casserole</b> Mexican Rice Seasoned Black Beans Watermelon	<b>10</b> <b>Cold Plate</b> Seafood Salad on a WW Dinner Roll Broccoli Salad Cottage Cheese Mandarin Oranges	<b>11</b> <b>Shaved Beef with Peppers and Onions</b> WW Bun Spinach Fruited Yogurt	<b>12</b> <b>Seasoned Pork Chop</b> Tortellini Pasta Salad Parmesan Brussel Sprouts Pineapple Coleslaw Mandarin Oranges WW Bread
<b>15</b> <b>Baked WG Pasta w/Meat Sauce</b> Peas & Mushrooms WW Bread 1sl Marg Fruit Cup	<b>16</b> <b>Sloppy Joe on a Bun</b> Boiled Potatoes Southwestern Blend Fresh Fruit	<b>17</b> <b>That's a Wrap!</b> Ham & Swiss WW Wrap Pasta-Veggie Salad Carrot Raisin Salad Chocolate Chip Cookie	<b>18</b> <b>Roast Pork Loin w/gravy</b> Mashed Sweet Potato Sliced Zucchini Pears WW Bread	<b>19</b> <b>Trio Cold Plate:</b> Ham Salad, Chicken Salad & Cottage Cheese WW Dinner Roll Marinated Veggie Salad Peaches
<b>22</b>  <b>Juneteenth</b> <b>(Observed)</b>  <b>Office Closed</b>	<b>23</b> <b>Spanish Rice with Beef</b> Capri Blend Veggies Peaches WW Bread	<b>24</b> <b>Pulled Pork on a Bun</b> Baked Beans Corn Strawberry Shortcake	<b>25</b> <b>Soup and Sandwich</b> Hearty Tomato Soup Deluxe Chicken Salad on a WW Roll Berry Trifle	<b>26</b> <b>Macaroni and Cheese</b> Stewed Tomatoes Tossed Salad PB Brownie
<b>29</b> <b>Chicken Spiedie on Bun</b> Peppers & Onions Corn Tomato Salad Banana	<b>30</b> <b>Glazed Meatballs over Brown Rice</b> Peas Fruited Jell-O Graham Crackers			<b>1% Milk Served Daily</b>  <b>Menu Subject to Change</b> <b>Approved by:</b> <b>Jessica Garay,</b> <b>PhD, RDN, CDN</b>