☘ March 2026 ☘

Madison County Office for the Aging – Senior Nutrition Program
SNACK - Senior Nutrition and County Kitchen
315-697-5700

Suggested Meal Contribution is **$3.50** Actual Meal Cost is $9.25

If you have a food allergy, please notify us and allergen information is available for prepared food items.

Monday	Tuesday	Wednesday	Thursday	Friday
2. Baked Ham Au Gratin Potatoes Corn & Black Bean Salad Chocolate Chip Cookie	**3. Sausage, Peppers & Onions** WW Long Roll Tator Tots Apricots	**4. Sweet & Sour Chicken** over Rice Southwestern Blend Veggie Hot Asian Slaw Pears	**5. Mexican Taco** Green Beans Berry Crisp	**6. Philly Chicken** with Mushrooms, Peppers, Onion & Cheese on a Bun Sweet Potato Wedges Pears Fig Bar
9. Soup and Sandwich Butternut Squash Soup ½ Turkey & Swiss Sandwich on Rye Mixed Veggie Tropical Fruit (Cold-Sites, Hot-HDM)	**10 Cranberry Chicken Breast** Oven Roasted Potatoes California Blend Veggie Oatmeal Raisin Cookie WW Bread	**11. Goulash** Green Beans Pineapple Tidbits WG Roll	**12. Chicken Alfredo** Pasta Broccoli Spiced Pears (Cold-Sites, Hot-HDM) WW Bread	**13. Macaroni and Cheese** Stewed Tomatoes Tossed Salad Brownie w/ PB Frosting
16. Teriyaki Chicken Brown Rice Spinach Carrots Peanut Butter Cookie	**17. Ham Dinner** Cabbage & Carrots Potatoes Applesauce WW Bread Green Frosted Cookie	**18. Hearty Beef Stew** Wax Beans Biscuit Clementine	**19. Cheese Ravioli** Brussel Sprouts Tossed Salad Fruit Cup WW Bread	**20. Roast Turkey & Gravy** WW Stuffing Butternut Squash Green Bean Salad Pumpkin Cookie
23. Baked Chicken Fillet Stuffing with Country Gravy Capri Blend Veggies Mixed Fruit Fig Bar	**24. Chili Dog** WW Bun California Blend Vegetable Banana	**25. Breakfast for Dinner:** Scramble Egg & Turkey Sausage Bake Potatoes O'Brien Cinn Apple Slices (Cold-Sites, Hot-HDM) Good Morning Muffin	**26. Salisbury Steak w/Gravy** Mashed Potatoes Peas Fruited Yogurt WW Bread	**27. Kielbasa Casserole** Creamed Corn Cookie Coleslaw
30. **Chicken Salad w/ Cran-Mayo** on a Croissant Pickled Beets Cottage Cheese Pineapple	31. **Mushroom Swiss Burger** WW Bun Coleslaw Sweet Peas Applesauce		**1% Milk Served Daily** **Menu Subject to Change** **Approved by:** **Renae C. Brown, MS, RD**	***For SNACK Drivers' Safety,*** ***Please keep driveways and walkways free of snow and ice.*** ***Thank You!***