



EMPOWERMENT NEWSLETTER

2025 Q2
April - June



The CHAPP Team recently attended the HIV Biomedical Conference in Atlanta, Georgia in April, 2025, where the focus was on PrEP navigation, retention, and outreach. It was an inspiring and informative experience! Through workshops and collaborative sessions, our very own Zoey and Mick came away energized with fresh, innovative ideas to revitalize the PrEP portion of our grant. They're now more equipped than ever to educate individuals, improve engagement, and provide well-rounded support in all areas of PrEP.

This conference was not just about learning—it was about leveling up our commitment to HIV prevention and community empowerment. We're excited to implement these new strategies and continue making a positive impact. Stay tuned—big things are coming!

We were honored to be a part of the **Healing and Wellness Event** hosted by the Denver Indian Center—a truly powerful day rooted in community, culture, and care. The event brought together a wide range of community resources in a welcoming, safe space that fostered both healing and relaxation. It was an incredible opportunity to connect with over 150 community members and offer meaningful support.



We shared resources including swag bags, condoms, lube, and information focused on Empowerment and Wellbeing—all with the goal of promoting informed choices and holistic health. There was a strong sense of unity and purpose in the air, and we're grateful to have been part of a gathering that centered Indigenous voices, resilience, and wellness.



Recovery Summer Jam is a dynamic and inclusive event that brings the community together to celebrate recovery, promote mental health awareness, and connect individuals with essential supportive services. Hosted by CrossPurpose, this event fosters inclusivity, expands access to vital resources, advances health equity, and challenges the stigma surrounding addiction and mental health. Through music, connection, and celebration, Recovery Summer Jam demonstrated that recovery is not just possible; it is transformative, empowering, and fun.



In June, Commerce City Community Well-Being hosted a garden workshop at our Empowerment Apartments at Greyhound Park where we discovered **Three Sisters Planting** which is basically planting with a vegetable and herbs in the same pot. Residents joined in as we learned about this Native American method of gardening which emphasizes synergy between the plants.



On a sunlit June 19th, our community came together in a vibrant celebration of freedom, resilience, and unity as we proudly participated in the annual **Juneteenth Parade**. With banners held high and spirits even higher, our group joined a powerful procession that honored the emancipation of enslaved African Americans and celebrated the enduring contributions of Black communities across the nation.



From the rhythmic beat of marching bands to the colorful floats and joyful cheers from the crowd, the parade was a living tapestry of culture and history. Walking alongside fellow community members, we felt the deep significance of the day—commemorating not just a moment in history, but a continuing journey toward justice and equality. We were honored to represent our organization and to stand with others in remembrance and hope.

This year's **Denver PRIDE** celebration was bursting with color, joy, and community—and we were thrilled to be part of it! Our booth, themed "Get Your Ducks in a Row" brought together education, empowerment, and a whole lot of fun.



With a flock of rubber ducks and a welcoming team, we created a space where attendees could learn about PrEP (pre-exposure prophylaxis)—a powerful tool in HIV prevention. Whether folks were already familiar with PrEP or just hearing about it for the first time, we were there to answer questions, share resources, and help everyone feel confident about taking charge of their sexual health.

We believe that knowledge is power, and PRIDE was the perfect place to spread awareness in a way that was approachable, inclusive, and fun. Thank you to everyone who stopped by to visit our booth and asked questions! If you missed us at PRIDE or want to learn more about PrEP, visit our website.



WISH LIST

Items on our Wish List can be found on our Amazon Wish List, click [HERE](#).

We are currently not taking donations of clothing.

- Reading Glasses
- Backpacks
- Hand & Body Warmers
- Sleeping Bags
- Laundry Detergent Sheets
- Trash Bags
- 2 person Tents & Tarps
- Thermal Blankets
- Cup of Soups / Oatmeal
- Adult Incontinence Briefs
- New Bras & Underwear
- Feminine Hygiene Products

The Empowerment Program's
**40th Anniversary
Ruby Celebration**



SAVE THE DATE
Wednesday
October 15, 2025
5:30pm-8pm

CHIPOTLE FUNDRAISER FOR
THE EMPOWERMENT PROGRAM
25% OF EVENT SALES GET DONATED TO THE CAUSE

TUESDAY, AUGUST 12TH | 4-8PM
2500 E COLFAX AVE, DENVER, CO, 80206

ORDER ONLINE FOR PICKUP USING CODE **FVLT8ZD**
OR SHOW THIS FLYER IN RESTAURANT



CLICK HERE FOR MORE INFORMATION!

www.empowermentprogram.org/40years

OUR MISSION: To holistically help individuals build healthier lives from the inside out.

OUR VISION: Empowering participants to make healthy and safe decisions through trauma, gender, and culturally responsive holistic public health services.

