

December 2025

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY			
1		2		3		4		5			
Room 202 10:30-Noon	<b>Budgeteers!</b> Dominique	Offices at 1600 York Street are <b>CLOSED TUESDAY MORNINGS</b>  OPEN at 1pm		Room 202 10:30-Noon	<b>TREM</b> Roxy Davis	Room 202 10:30-Noon	<b>Shame Resilience</b> Laura Schneider	<del>Room 108 11am-12:30</del>	<del>Step Forward</del> <b>CANCELLED</b>		
<b>IN PERSON</b> Noon – 1pm	<b>Walk the City</b> Meet at agency at noon *weather permitting			<b>IN PERSON</b> 10:00-Noon & 1-3pm	FREE & Confidential HIV, HepC, & STI DROP-IN Testing	<b>IN PERSON</b> 1-3pm	FREE & Confidential HIV, HepC, & STI DROP-IN Testing				
8		9		10		11		12			
Room 202 10:30-Noon	<b>Budgeteers!</b> Dominique	Offices at 1600 York Street are <b>CLOSED TUESDAY MORNINGS</b>  OPEN at 1pm		Room 202 10:30-Noon	<b>TREM</b> Roxy Davis	Room 202 10:30-Noon	<b>Shame Resilience</b> Laura Schneider	<div style="border: 2px solid green; padding: 10px; text-align: center;">                     Empowerment Offices at 1600 York St. are <b>CLOSED at NOON</b> </div>			
<b>IN PERSON</b> Noon – 1pm	<b>Walk the City</b> Meet at agency at noon *weather permitting			<b>IN PERSON</b> 10:00-Noon & 1-3pm	FREE & Confidential HIV, HepC, & STI DROP-IN Testing	Room 108 1:30-3pm	<b>Empowerment Women for Nonviolence</b>				
						<b>IN PERSON</b> 1-3pm	FREE & Confidential HIV, HepC, & STI DROP-IN Testing				

- **\*EMPOWERMENT WOMEN FOR NONVIOLENCE** meets on the 2<sup>nd</sup> Thursday - meaningful discussions to promote nonviolence, with its links to mental, spiritual, and physical health. Participant lead. All are welcome.
- **\*PARTICIPANT VOICES ADVISORY COUNCIL** meets on the 3<sup>rd</sup> Thursday to provide a space to amplify the voices of our participants regarding programs and services at Empowerment. Participants and staff welcome.
- **BUDGETEERS!** will help you create a plan that outlines how you spend your money and track your income and expenses to become self-sufficient.
- **LIFE SKILLS** is on hold until the new year.
- **SHAME RESILIENCE** involves developing strategies to manage shame, reduce its impact, and maintain a sense of self-worth.
- **STEP FORWARD** is cancelled.
- **TREM – Trauma, Recovery, & Empowerment** is a comprehensive group intervention designed to help people who have experienced trauma and substance addiction.
- **WALK THE CITY** participants and staff get out and MOVE! We walk around City Park and/or the neighborhood.

**The Empowerment Program, Inc.**

1600 York Street, Denver, CO 80206

Phone: 303-320-1989

Website: empowermentprogram.org



**TO ENROLL:** CALL: 720-850-7500

E-MAIL: intake@empowermentprogram.org

WEBSITE: empowermentprogram.org/get-started

December 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
15	16	17	18	19
<p><b>Santa's Elves Shopping Day!</b> 10am – 1pm Room 202</p> 	<p>Offices at 1600 York Street are <b>CLOSED TUESDAY MORNINGS</b></p> <p>OPEN at 1pm</p>	<p>Room 108 10:30-Noon</p> <p><b>TREM</b> Roxy Davis</p> <p><b>IN PERSON</b> 10:00-Noon &amp; 1-3pm</p> <p>FREE &amp; Confidential HIV, HepC, &amp; STI DROP-IN Testing</p>	<p>Room 108 10-11:30am</p> <p><b>Participant Voices Council</b> (Advisory Council)</p> <p>Room 108 10:30-Noon</p> <p><b>Shame Resilience</b> Laura Schneider</p> <p><b>IN PERSON</b> 1-3pm</p> <p>FREE &amp; Confidential HIV, HepC, &amp; STI DROP-IN Testing</p>	
<p><del>Room 202</del> 10:30-Noon</p> <p><b>Budgeteers!</b> Cancelled Today</p>	ñ			
22	23	24	25	26
<p>Room 202 10:30-Noon</p> <p><b>Budgeteers!</b> Dominique</p> <p><b>IN PERSON</b> Noon – 1pm</p> <p><b>Walk the City</b> Meet at agency at noon *weather permitting</p>	<p>Offices at 1600 York Street are <b>CLOSED TUESDAY MORNINGS</b></p> <p>OPEN at 1pm</p>	 <p><b>We will be Closed for the Holidays</b></p>		
29	30	31	*CLOSED NEW YEAR'S DAY*	
<p>Room 202 10:30-Noon</p> <p><b>Budgeteers!</b> Dominique</p> <p><b>IN PERSON</b> Noon – 1pm</p> <p><b>Walk the City</b> Meet at agency at noon *weather permitting</p>	<p>Offices at 1600 York Street are <b>CLOSED TUESDAY MORNINGS</b></p> <p>OPEN at 1pm</p>	<p><del>Room 202</del> 10:30-Noon</p> <p><del>TREM</del> Cancelled Today</p> <p><b>IN PERSON</b> 10:00-Noon &amp; 1-3pm</p> <p>FREE &amp; Confidential HIV, HepC, &amp; STI DROP-IN Testing</p>	 <p>EMPOWERMENT</p> <p>Book a Testing &amp; PrEP Appointment Online!</p>	
			 <p>EMPOWERMENT</p> <p>VISIT OUR WEBSITE!</p>	