



The Empowerment Program, Inc.
1600 York Street ~ 303-320-1989
www.empowermentprogram.org



OCTOBER 2026 CALENDAR

Friday	Oct. 2	10:30-Noon	Space to Stand
Monday	Oct. 5	10:30-Noon	Budgeteers
Wednesday	Oct. 7	10:30-Noon	TREM for Women
Thursday	Oct. 8	10-11:30am	No Perfect Lines
Friday	Oct. 9	10:30-Noon	Space to Stand
Monday	Oct. 12	10:30-Noon	Budgeteers
Wednesday	Oct. 14	10:30-Noon	TREM for Women
Thursday	Oct. 15	10-11:30am	Participant Voice Council
Friday	Oct. 16	10:30-Noon	Space to Stand
Monday	Oct. 19	10:30-Noon	Budgeteers
Wednesday	Oct. 21	10:30-Noon	TREM for Women
Thursday	Oct. 22	10-11:30am	No Perfect Lines
Friday	Oct. 23	10:30-Noon	Space to Stand
Monday	Oct. 26	10:30-Noon	Budgeteers
Wednesday	Oct. 28	10:30-Noon	TREM for Women
Friday	Oct. 30	10:30-Noon	Space to Stand

Group Descriptions

- ***PARTICIPANT VOICES ADVISORY COUNCIL** Provides a space to amplify the voices of our participants regarding programs and services at Empowerment. Participants and staff welcome. Meets on the 3rd Thursday
- **BUDGETEERS!** will help you create a plan that outlines how you spend your money and track your income and expenses to become self-sufficient.
- **NO PERFECT LINES** – A recovery art group focused on healing, self-expression, connection, and empowerment through creativity. Meets on the 2nd and 4th Thursday
- **SPACE TO STAND** is a peer support group - a safe, non-judgmental space for individuals to explore and strengthen their sense of self-worth, personal rights, and healthy boundaries.
- **TREM for Women – Trauma, Recovery, & Empowerment** is a comprehensive group intervention designed to help people who have experienced trauma and substance addiction.

FREE and Confidential HIV, HepC & STI Testing

Wednesdays 10am-Noon & 1-3pm + Thursdays 1-3pm

(No testing in the afternoon on the 3rd Wednesday of the month)