**The Empowerment Program, Inc.**
1600 York Street ~ 303-320-1989
www.empowermentprogram.org

# NOVEMBER 2026 CALENDAR

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|---|---|---|---|
| Monday | Nov. 2 | 10:30-Noon | Budgeteers |
| Wednesday | Nov. 4 | 10:30-Noon | TREM for Women |
| Friday | Nov. 6 | 10:30-Noon | Space to Stand |
| Monday | Nov. 9 | 10:30-Noon | Budgeteers |
| Wednesday | Nov. 11 | CLOSED – Veterans Day | |
| Friday | Nov. 13 | 10:30-Noon | Space to Stand |
| Monday | Nov. 16 | 10:30-Noon | Budgeteers |
| Wednesday | Nov. 18 | 10:30-Noon | TREM for Women |
| Thursday | Nov. 19 | 10-11:30am | Participant Voice Council |
| Friday | Nov. 20 | 10:30-Noon | Space to Stand |
| Monday | Nov. 23 | 10:30-Noon | Budgeteers |
| Wednesday | Nov. 25 | ~~10:30-Noon~~ | ~~TREM for Women~~ Cancelled |
| Thursday & Friday | Nov. 26 & Nov. 27 | CLOSED for Thanksgiving | |
| Monday | Nov. 30 | 10:30-Noon | Budgeteers |

## Group Descriptions

- ***PARTICIPANT VOICES ADVISORY COUNCIL** Provides a space to amplify the voices of our participants regarding programs and services at Empowerment. Participants and staff welcome. Meets on the 3rd Thursday
- **BUDGETEERS!** will help you create a plan that outlines how you spend your money and track your income and expenses to become self-sufficient.
- **NO PERFECT LINES** – A recovery art group focused on healing, self-expression, connection, and empowerment through creativity. Meets on the 2nd and 4th Thursday
- **SPACE TO STAND** is a peer support group - a safe, non-judgmental space for individuals to explore and strengthen their sense of self-worth, personal rights, and healthy boundaries.
- **TREM for Women – Trauma, Recovery, & Empowerment** is a comprehensive group intervention designed to help people who have experienced trauma and substance addiction.

**FREE and Confidential HIV, HepC & STI Testing**

Wednesdays 10am-Noon & 1-3pm + Thursdays 1-3pm

(No testing in the afternoon on the 3rd Wednesday of the month)