


April 2026

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | |
|---|---------|--|---|--|--|
|  | | 1 | 2 | 3 | |
| | | Room 202 10:30-Noon TREM Roxy Davis IN PERSON 10:00-Noon & 1-3pm | Room 202 10-11:30am No Perfect Lines Mikayla Peña FREE & Confidential HIV, HepC, & STI DROP-IN Testing | | |
| | | Room 202 10:30-Noon Budgeteers! Dominique Room 202 12:30-1pm ZUMBA Jenny Footle | Room 202 10:30-Noon TREM Roxy Davis IN PERSON 10:00-Noon & 1-3pm FREE & Confidential HIV, HepC, & STI DROP-IN Testing | Room 202 10-11:30am No Perfect Lines Mikayla Peña FREE & Confidential HIV, HepC, & STI DROP-IN Testing | |
| | | Offices at 1600 York Street are CLOSED TUESDAY MORNINGS OPEN at 1pm | | | |
| | | 8 | 9 | 10 | |

- ***EMPOWERMENT WOMEN FOR NONVIOLENCE** meets on the 2nd Thursday - meaningful discussions to promote nonviolence, with its links to mental, spiritual, and physical health. Participant lead. All are welcome.
- ***PARTICIPANT VOICES ADVISORY COUNCIL** meets on the 3rd Thursday to provide a space to amplify the voices of our participants regarding programs and services at Empowerment. Participants and staff welcome.
- **BUDGETEERS!** will help you create a plan that outlines how you spend your money and track your income and expenses to become self-sufficient.
- **JOB READINESS** meets on the 4th Tuesday of the month - focuses on building practical skills needed to obtain and maintain employment while supporting recovery goals. Participants explore topics such as resume building, interview preparation, workplace communication, and time management. Sagebrush Counseling
- **No Perfect Lines** – Art for recovery
- **Safe & Spicy** is designed to provide accessible, engaging, and judgment-free education on essential health and wellness topics.
- **TREM – Trauma, Recovery, & Empowerment** is a comprehensive group intervention designed to help people who have experienced trauma and substance addiction.
- **ZUMBA** meets on the 1st Monday of the month! – a Latin-inspired dance fitness class, suitable for all skill levels.

The Empowerment Program, Inc.

1600 York Street, Denver, CO 80206

Phone: 303-320-1989

Website: empowermentprogram.org



TO ENROLL: CALL: 720-850-7500

E-MAIL: intake@empowermentprogram.org

WEBSITE: empowermentprogram.org/get-started

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|---|---|---|---|--|
| 13 | 14 | 15 | 16 | 17 |
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| 20 | 21 | 22 | 23 | 24 |
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| 27 | 28 | 29 | 30 | |
| Room 202 10:30-Noon Budgeteers! Dominique | Offices at 1600 York Street are CLOSED TUESDAY MORNINGS OPEN at 1pm Room 202 1:30-3pm Job Readiness Sagebrush | Room 202 10:30-Noon TREM Roxy Davis IN PERSON 10:00-Noon & 1-3pm FREE & Confidential HIV, HepC, & STI DROP-IN Testing | Room 202 10-11:30am Safe & Spicy Zoey Terry IN PERSON 1-3pm FREE & Confidential HIV, HepC, & STI DROP-IN Testing |  <p>Book a Testing & PrEP Appointment Online Or call 720-850-7489</p> |