Great — I reviewed your PowerPoint file **“Bullying: Young ones & Adults”** and can build a set of **Questions & Answers (Q&A)** to go along with the video segment inside it. Here’s a structured Q&A resource you can use for discussion or worksheets:

**Bullying: Young ones & Adults**

**Bullying Q&A for Video Discussion**

**Q1. What is a bully?**
**A:** A bully is someone who intentionally hurts another person on purpose. This can include physical harm, threats, stealing belongings, spreading rumors, name-calling, teasing, or even ignoring someone.

**Q2. Can anyone be a bully, or is it only kids at school?**
**A:** Anyone can be a bully—young or old, including strangers, friends, siblings, adults, or coworkers.

**Q3. What are some common reasons why people bully others?**
**A:** Bullies may feel like they don’t fit in, face problems at home, want to seem tough, feel insecure, struggle with anger or low self-worth, or be influenced by peer pressure.

**Q4. What are different types of bullies?**
**A:** Examples include:

* The Name Caller
* The Brute
* The Friend (who betrays trust)
* The Crowd (group bullying)
* The Jokester (who hides meanness behind “jokes”)

**Q5. In the scenario of Michael being bullied at school, what choices does he have to respond without using violence?**
**A:** Michael could:

* Stay calm and not react emotionally
* Avoid the bullies and unsafe situations
* Use humor or unexpected responses
* Walk away
* Work on self-confidence
* Tell someone he trusts (teacher, parent, counselor)

**Q6. What are some different forms of bullying besides physical attacks?**
**A:** Verbal bullying (insults, threats), social isolation (excluding or ignoring), and cyberbullying (online threats, rumors, or harassment).

**Q7. True or False: Bullying is just harmless teasing and isn’t serious.**
**A:** False. Bullying can cause long-term emotional harm, social isolation, and even dangerous situations.

**Q8. How can witnesses make a difference in bullying situations?**
**A:** Witnesses hold the key. If they step in, speak up, or show that bullying won’t be tolerated, the bullying often stops.

**Q9. What are five ways adults may bully each other?**
**A:**

1. Physical bullying (threats, intimidation, violence)
2. Tangible/material bullying (using power or resources unfairly)
3. Verbal bullying (insults, shaming, constant criticism)
4. Passive-aggressive/covert bullying (sarcasm, gossip, exclusion)
5. Cyberbullying (online harassment, identity theft, harmful messages)

**Q10. Why is bullying costly in workplaces and schools?**
**A:** It reduces productivity, increases stress-related illnesses, creates unsafe environments, and costs billions of dollars in lost efficiency and healthcare.