

USEFUL WEBSITES FOR SENIORS

For Credit Scores
www.annualcreditreport.com

Texas Health and Human Services Commission (HHSC)
www.hhs.texas.gov

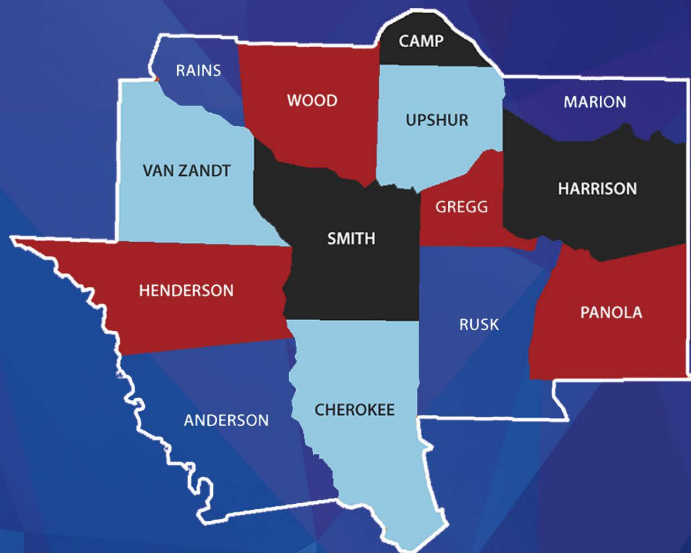
Adult Protective Services (APS)
www.dfs.state.tx.us

Governor's Office
www.governor.state.tx.us

U.S. Department of
Housing and Urban Development (HUD)
www.hud.gov

Medicare
www.medicare.gov

Social Security Administration
www.ssa.gov



Serving a 14-county region

USEFUL HOTLINE NUMBERS

Attorney General
800-621-0508

Consumer Protection
800-621-0508

Texas Health and Human
Services Commission (HHSC)
877-317-2121

East Texas ADRC
877-237-2268

Experience Works
877-750-6037
or **903-572-4483**

Governor's Helpline
800-843-5789

Information and Assistance
2-1-1

Legal Hotline
800-622-2520

Medicare
800-633-4227

Medicare Fraud
800-447-8477

MHMR Consumer Services
800-252-8154

Public Utility Commission
888-782-8477

Report Elder Abuse (APS)
800-252-5400

Nursing Home Complaints
800-458-9858
or **800-252-2412**

Social Security
800-772-1213

Transportation (GoBus)
800-590-3371

Veterans Hotline
800-252-8387



1501 Pentecost Road
Kilgore, Texas 75662

903-218-6500 (phone) • 903-984-4482 (fax)
800-442-8845 (toll free) • 800-735-2989 (TDD)

www.EastTexasAAA.org

Funded by the Texas Health and Human Services Commission



1501 Pentecost Road
Kilgore, Texas 75662

800-442-8845

Dedicated to Serving East Texas, One Senior at a Time!

The Area Agency on Aging of East Texas provides the following services directly to clients:

BENEFITS COUNSELING

The Benefits Counseling Program is designed to answer questions and assist seniors 60 years of age or older, caregivers and individuals receiving Medicare, regardless of age, concerning public benefits.

CARE COORDINATION

Arrangement and coordination of in-home services for older individuals in the most efficient and economical way.

CAREGIVER SUPPORT PROGRAM

The Caregiver Support Program provides both respite and supplemental services to caregivers on a short-term basis, which allows temporary relief from caregiving responsibilities.

EMERGENCY RESPONSE SERVICE

Services for an older person who is homebound or frail to establish an automatic monitoring system which links to emergency medical services when the person's life or safety is in jeopardy.

HEALTH AND WELLNESS CLASSES

The Area Agency on Aging of East Texas provides evidence-based classes proven to help older adults improve their overall health in Living Better with Chronic Conditions Self-Management, Diabetes Self-Management, Chronic Pain Management, A Matter of Balance, and Tai Chi for Arthritis and Fall Prevention.

HOME REPAIR/MODIFICATION

Provides minor home modifications that address energy efficiency, structural integrity or the health and safety of individuals 60 and older.

INFORMATION, REFERRAL AND ASSISTANCE

Provides the public with information on various programs and resources available to seniors and their caregivers to help make informed choices on what assistance is needed. Referrals are made to the appropriate agency based on the inquirer's needs.

LONG-TERM CARE OMBUDSMAN

Specially trained and certified staff and volunteers to ensure quality care in Texas long-term care facilities. They provide information on residents' rights and assist nursing home and assisted living residents, families, friends, and facilities to resolve complaints and difficulties. For complaints call 888-566-2837.

NUTRITION

Provides congregate meals at local senior centers and delivers hot, nutritious meals to eligible homebound seniors in our 14-county region.

TRANSPORTATION

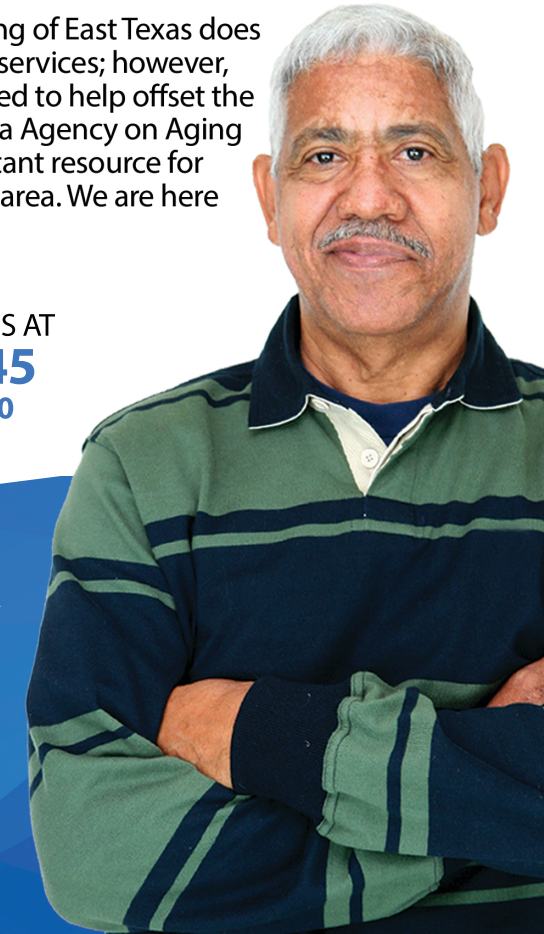
Offers increased accessibility to medical appointments and senior nutrition sites for individuals 60 and older.

The Area Agency on Aging of East Texas is administered by the East Texas Council of Governments and funded by the Texas Health and Human Services Commission in accordance with the Older Americans Act of 1965, as amended. The Area Agency on Aging of East Texas services individuals 60 years of age or older, with particular attention to low-income minority older individuals, older individuals with limited English proficiency and older individuals residing in rural areas. The Area Agency on Aging of East Texas assists clients and their families living in Anderson, Camp, Cherokee, Gregg, Harrison, Henderson, Marion, Panola, Rains, Rusk, Smith, Upshur, Van Zandt and Wood counties.

As our population ages, it is important to provide support services which enable our seniors to live according to their choice, independently and with dignity.

The Area Agency on Aging of East Texas does not require payment for services; however, contributions are accepted to help offset the costs of services. The Area Agency on Aging of East Texas is an important resource for elder services in this area. We are here to help you!

TO VOLUNTEER, CALL US AT
800-442-8845
OR AT **903-218-6500**



The **Area Agency on Aging of East Texas** purchases the following services, on the clients' behalf, from local vendors to enhance the lives of seniors in our 14-county area:

Emergency Response Services

Transportation for
Medical Appointments
and Senior Nutrition Sites

Congregate and
Home-Delivered Meals

Minor Home Repairs
and Modifications

In-Home
Provider Services

Respite Care
for Family Caregivers



Area Agency
on Aging
of East Texas

EastTexasAAA

