

# MASTER PLANNING 2026

## THE SPIRITUAL LIFE BLESSED SACRAMENT CATHOLIC CHURCH

*Priority = Jesus Christ!*

*Primary ways to meet this priority as a Parochial Community of Faith...*

### 1. Holy Sacrifice of the Mass

- a. Monday – Friday  6:30am
- b. Monday – Saturday  10:00am
- c. Saturday Vigil  4:00pm
- d. Sunday  9:00am; 11:00am; 6:30pm
- e. \*\*PROPOSED\*\* Sunday  7:45am – *Missa Simplex*

### 2. Sacrament of Penance

- a. Wednesday  5:00pm
- b. Saturday  2:30pm
- c. \*\*PROPOSED\*\*  Saturday  8:30am
- d. \*\*PROPOSED\*\*  First Fridays  5:00pm (2 priests)
- e. \*\*REMOVE\*\* Thursday before First Friday

### 3. Divine Office – Liturgy of the Hours

- a. Daily - Morning Prayer  Monday - Friday
- b. 1<sup>st</sup> Sunday – Sung Vespers  6:00pm
- c. *O Antiphon* – Sung Vespers  6:00pm
- d. Lenten Sundays – Sung Vespers  6:00pm
- e. During 40 Hours – Every Hour  TBD

### 4. Exposition of the Most Blessed Sacrament

- a. \*\*GOAL\*\*  Perpetual Adoration in separate freestanding chapel
- b. Wednesday  10:30am – 4:45pm
- c. \*\*UPDATE\*\*  Wednesday  7:00am – 7:00pm
- d. Remove Nocturnal Adoration (upon completion of freestanding chapel)
- e. 40 Hours Devotion  TBD

### 5. The Most Holy Rosary

- a. Daily  Monday – Saturday  9:30am
- b. Saturday  3:30pm
- c. Sunday  8:30am; 10:30am
- d. May  Wednesday  6:00pm
- e. October  Wednesday  6:00pm
- f. 1<sup>st</sup> Saturday  Scriptural Rosary 9:00am

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*Secondary ways to meet this priority as a Parochial Community of Faith...*

*Participation in the Parochial Church will affect  
change in the Domestic Church (family) and vice versa.*

## ***Seasonal Practices***

### **1. Advent Practices**

- *O Antiphons* – Sung Vespers  6:00pm
- Jesse Tree – Outdoor  Home
- Advent Wreath – Indoor  Outdoor  Home
- Nativity Scenes & Bambinelli Blessing
- Christmas Tree Blessing
- Saint Nicholas Day
- Las Posadas & Caroling
- Saint Lucy Day
- Rorate Mass – Candlelight Advent Mass
- Advent Baking and Recipe Sharing
- Card Writing – Hospital/Nursing Homes/Jails
- Penance Service

### **2. Christmas Practices**

- 12 Days of Christmas
- Veneration of the Christ Child
- Wigilia (Opłatek)
- Parish Christmas Presents
- Epiphany Home Blessings
- Parade of the Magi
- Baptism of the Lord
  - i. Renewal of Baptismal Promises

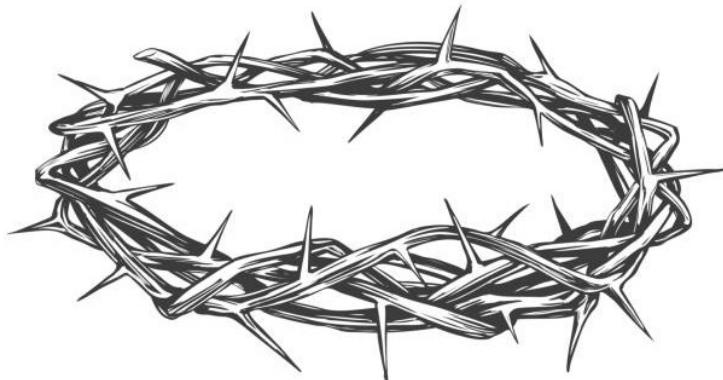
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## 4. Lenten Practices

- Tuesday before Ash Wednesday ✝ Burning of the Palms
- Ash Wednesday ✝ Mass w/ Ashes ✝ 6:30am; 10:00am; 6:00/6:30pm
- \*\*PROPOSED\*\* ✝ Liturgy of the Word w/ Ashes ✝ 12noon
- First Sunday ✝ Enrollment of Names and Rite of Sending
- Stations of the Cross ✝ Wednesday & Friday
  - i. Indoor
  - ii. Outdoor – setup around campus to make a pilgrimage
- Lenten Spiritual “Exercises” ✝ Challenges
  - i. Prayer
    - 1. Walk Through the Ignatian Exercises
  - ii. Fasting
    - 1. Food
    - 2. Other “good” things
  - iii. Almsgiving
    - 1. Spirituality of Tithing
    - 2. Spirituality of Acts of Charity
      - a. Virtues
- Lenten Physical “Exercises” ✝ Challenges
  - i. Individual
  - ii. Communal
- Teach Me How to Pray – Choose a different way each Week of Lent
- Devotion ✝ Study/Pray a devotion for the full Season
  - i. The Wounds of Christ
  - ii. The Last Words
- Daily Scripture
- Family Altar
- Penance Service
- Passion Play
- Parish Meals – Fish Fries/Spaghetti Dinners



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## 5. Holy Week Practices

- Saturday before Palm Sunday – Diocesan Pilgrimage
- Palm Sunday
- Monday
- Tuesday
- Spy Wednesday
- Holy Thursday – “Stational” Church Pilgrimage
- Good Friday
  - i. Stations
  - ii. Confessions
- Holy Saturday
  - i. Blessing of Easter Baskets/Food
- Easter Sunday

## 6. Easter Practices

### 7.

- Easter Octave
- Divine Mercy Sunday
- Easter Water
- Prayers to the Holy Spirit
- The Regina Caeli
- Planting of Flowers
- Family Altar
- Weekly Sunday Celebrations
- Hospitality
- Processions
- Food – Hot Cross Buns; Babka
- Parish Meals



## 8. Ordinary Time Practices

- This is time to do the ordered things of daily life to form habits.
  - i. Morning Prayers
  - ii. Meal Prayers
  - iii. Family Rosary
  - iv. Night Prayers
- NOTE: Focusing on these during Ordinary Time does not mean they are celebrated during the other “seasons.”

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*Secondary ways continued...*

## ***Devotionals***

### **1. Devotions**

- a. Morning and Evening Offerings
- b. Chaplet of Divine Mercy  Wednesday 3:00pm
  - i. \*\*REPLACE\*\* Rosary on Divine Mercy Sunday
- c. Litany of the Month
- d. First Friday Devotion to the Sacred Heart
- e. Celebrate Patronal Name Days
- f. Celebrate the Anniversary of Baptism
- g. Monthly (communal and individual)
  - i. *January – Holy Name of Jesus*
    - 1. January 27 – Feast of the Dedication of the Covington Cathedral
    - 2. Christian Unity
    - 3. Epiphany Water
    - 4. Catholic Schools Week
    - 5. \*Novena\*
  - ii. *February – Holy Family*
    - 1. Candlemas
    - 2. World Day for Consecrated Religious
    - 3. St. Blasé
    - 4. Our Lady of Lourdes – World Day of Prayer for the Sick
    - 5. \*Novena\*
  - iii. *March – St. Joseph*
    - 1. St. Patrick
    - 2. Annunciation
    - 3. \*Novena\*
  - iv. *April – Holy Eucharist*
    - 1. St. Mark
    - 2. World Day of Prayer for Vocations
    - 3. \*Novena\*



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v. May – Blessed Virgin

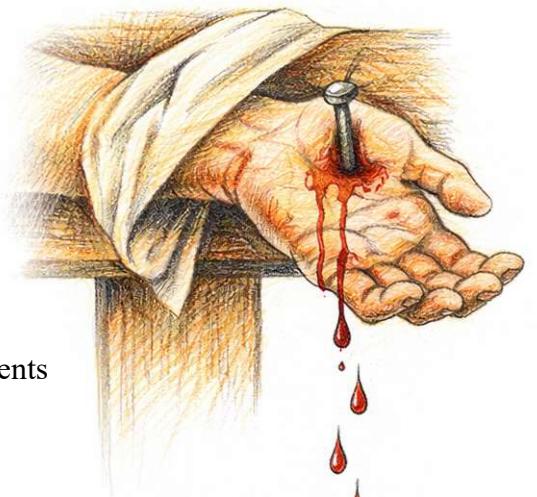
1. May Crowning
2. St. Joseph the Worker – Dignity of Work
  - a. Blessing of Tools of the Trade
3. Ascension
4. Our Lady of Fatima
5. Mother's Day
6. May 18 – Anniversary of Pope Leo XIV election
7. Pentecost (2026)
8. Memorial Day
  - a. Visiting a Cemetery
  - b. Placing Flags on the Graves of Veterans
9. \*Novena\*

vi. June – *The Sacred Heart of Jesus*

1. Father's Day
2. 40 Hours to coincide with Patronal Feast Day of *Corpus Christi*
3. *Corpus Christi – Procession*
4. World Day of Prayer for the Sanctification of Priests
5. Nativity of St. John the Baptist
6. Solemnity of Sts. Peter and Paul
7. \*Novena\*

vii. July – *The Precious Blood of Jesus*

1. Independence Day
2. St. Benedict
3. St. Kateri Tekakwitha
4. \*\*Our Lady of Mt. Carmel\*\*
5. World Day of Prayer for Grandparents
6. \*Novena\*



viii. August – *Immaculate Heart of Mary*

1. St. John Vianney – Priestly Vocations
2. Transfiguration
3. St. Dominic
4. St. Lawrence – Deacons
5. Assumption of the BVM
6. Sts. Augustine and Monica
7. Red Mass for the start of the Academic Year
8. \*Novena\*



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*ix. September – Seven Sorrows of Mary*

1. World Day of Prayer for the Care for Creation
2. Labor Day
3. Nativity of the Blessed Virgin Mary
4. September 11 – Blue Mass
5. Holy Name of Mary
6. Exaltation of the Most Holy Cross
7. St. Matthew
8. \*Novena\*

*x. October – Holy Angels*

1. St. Therese
2. Guardian Angels
3. St. Francis
4. Our Lady of the Rosary
5. World Mission Sunday
6. St. Luke – Healthcare Mass
7. \*Novena\*

*xi. November – Pour Souls*

*xii.*

1. All Saints
2. All Souls – Purgatorial Society
3. St. Martin of Tours
4. St. Frances Xavier Cabrini
5. World Day of the Poor
6. St. Elizabeth of Hungary
7. Christ the King
8. Thanksgiving
9. \*Novena\*

*xiii. December – Immaculate Conception*

1. St. Nicholas
2. St. Lucy
3. Our Lady of Guadalupe
4. St. John
5. \*Novena\*

