

MASTER PLANNING 2026

THE SPIRITUAL LIFE BLESSED SACRAMENT CATHOLIC CHURCH

Priority = Jesus Christ!

Primary ways to meet this priority as a Parochial Community of Faith...

1. Holy Sacrifice of the Mass

- a. Monday – Friday ✠ 6:30am
- b. Monday – Saturday ✠ 10:00am
- c. Saturday Vigil ✠ 4:00pm
- d. Sunday ✠ 9:00am; 11:00am; 6:30pm
- e. **PROPOSED** Sunday ✠ 7:45am – *Missa Simplex*

2. Sacrament of Penance

- a. Wednesday ✠ 5:00pm
- b. Saturday ✠ 2:30pm
- c. **PROPOSED** ✠ Saturday ✠ 8:30am
- d. **PROPOSED** ✠ First Fridays ✠ 5:00pm (2 priests)
- e. **REMOVE** Thursday before First Friday

3. Divine Office – Liturgy of the Hours

- a. Daily - Morning Prayer ✠ 6:00am ✠ Monday - Friday
- b. 1st Sunday – Sung Vespers ✠ 6:00pm
- c. *O Antiphon* – Sung Vespers ✠ 6:00pm
- d. Lenten Sundays – Sung Vespers ✠ 6:00pm
- e. During 40 Hours – Every Hour ✠ TBD

4. Exposition of the Most Blessed Sacrament

- a. **GOAL** ✠ Perpetual Adoration in separate freestanding chapel
- b. Wednesday ✠ 10:30am – 4:45pm
- c. **UPDATE** ✠ Wednesday ✠ 7:00am – 7:00pm
- d. Remove Nocturnal Adoration (upon completion of freestanding chapel)
- e. 40 Hours Devotion ✠ TBD

5. The Most Holy Rosary

- a. Daily ✠ Monday – Saturday ✠ 9:30am
- b. Saturday ✠ 3:30pm
- c. Sunday ✠ 8:30am; 10:30am
- d. May ✠ Wednesday ✠ 6:00pm
- e. October ✠ Wednesday ✠ 6:00pm
- f. 1st Saturday ✠ Scriptural Rosary 9:00am

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Secondary ways to meet this priority as a Parochial Community of Faith...

*Participation in the Parochial Church will affect
change in the Domestic Church (family) and vice versa.*

Seasonal Practices

1. Advent Practices

- *O Antiphons* – Sung Vespers ✠ 6:00pm
- Jesse Tree – Outdoor ✠ Home
- Advent Wreath – Indoor ✠ Outdoor ✠ Home
- Nativity Scenes & Bambinelli Blessing
- Christmas Tree Blessing
- Saint Nicholas Day
- Las Posadas & Caroling
- Saint Lucy Day
- Rorate Mass – Candlelight Advent Mass
- Advent Baking and Recipe Sharing
- Card Writing – Hospital/Nursing Homes/Jails
- Penance Service

2. Christmas Practices

- 12 Days of Christmas
- Veneration of the Christ Child
- Wigilia (Opłatek)
- Parish Christmas Presents
- Epiphany Home Blessings
- Parade of the Magi
- Baptism of the Lord
 - i. Renewal of Baptismal Promises

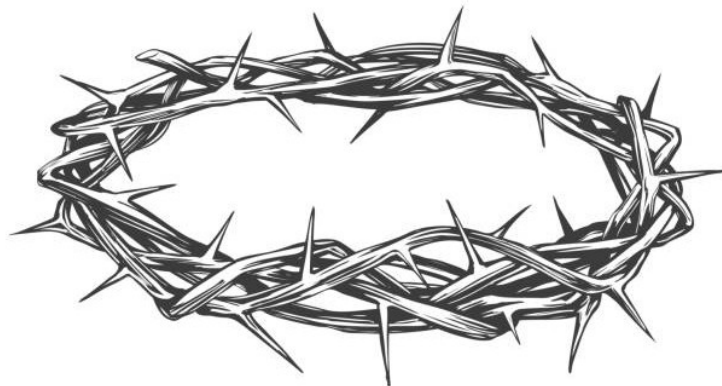
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4. Lenten Practices

- Tuesday before Ash Wednesday ✠ Burning of the Palms
- Ash Wednesday ✠ Mass w/ Ashes ✠ 6:30am; 10:00am; 6:00/6:30pm
- **PROPOSED** ✠ Liturgy of the Word w/ Ashes ✠ 12noon
- First Sunday ✠ Enrollment of Names and Rite of Sending
- Stations of the Cross ✠ Wednesday & Friday
 - i. Indoor
 - ii. Outdoor – setup around campus to make a pilgrimage
- Lenten Spiritual “Exercises” ✠ Challenges
 - i. Prayer
 - 1. Walk Through the Ignatian Exercises
 - ii. Fasting
 - 1. Food
 - 2. Other “good” things
 - iii. Almsgiving
 - 1. Spirituality of Tithing
 - 2. Spirituality of Acts of Charity
 - a. Virtues
- Lenten Physical “Exercises” ✠ Challenges
 - i. Individual
 - ii. Communal
- Teach Me How to Pray – Choose a different way each Week of Lent
- Devotion ✠ Study/Pray a devotion for the full Season
 - i. The Wounds of Christ
 - ii. The Last Words
- Daily Scripture
- Family Altar
- Penance Service
- Passion Play
- Parish Meals – Fish Fries/Spaghetti Dinners



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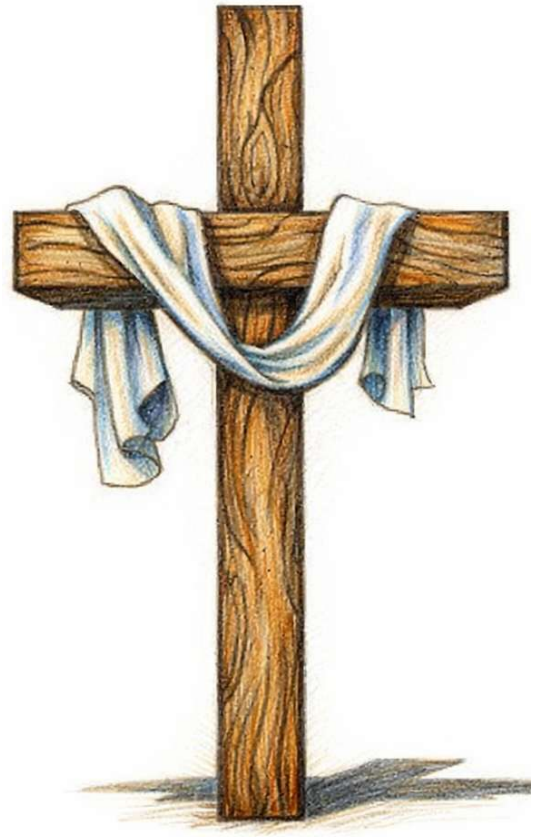
5. Holy Week Practices

- Saturday before Palm Sunday – Diocesan Pilgrimage
- Palm Sunday
- Monday
- Tuesday
- Spy Wednesday
- Holy Thursday – “Stational” Church Pilgrimage
- Good Friday
 - i. Stations
 - ii. Confessions
- Holy Saturday
 - i. Blessing of Easter Baskets/Food
- Easter Sunday

6. Easter Practices

7.

- Easter Octave
- Divine Mercy Sunday
- Easter Water
- Prayers to the Holy Spirit
- The Regina Caeli
- Planting of Flowers
- Family Altar
- Weekly Sunday Celebrations
- Hospitality
- Processions
- Food – Hot Cross Buns; Babka
- Parish Meals



8. Ordinary Time Practices

- This is time to do the ordered things of daily life to form habits.
 - i. Morning Prayers
 - ii. Meal Prayers
 - iii. Family Rosary
 - iv. Night Prayers
- NOTE: Focusing on these during Ordinary Time does not mean they are celebrated during the other “seasons.”

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Secondary ways continued...

Devotionals

1. Devotions

- a. Morning and Evening Offerings
- b. Chaplet of Divine Mercy ✠ Wednesday 3:00pm
 - i. ****REPLACE**** Rosary on Divine Mercy Sunday
- c. Litany of the Month
- d. First Friday Devotion to the Sacred Heart
- e. Celebrate Patronal Name Days
- f. Celebrate the Anniversary of Baptism
- g. Monthly (communal and individual)
 - i. *January – Holy Name of Jesus*
 - 1. January 27 – Feast of the Dedication of the Covington Cathedral
 - 2. Christian Unity
 - 3. Epiphany Water
 - 4. Catholic Schools Week
 - 5. *Novena*
 - ii. *February – Holy Family*
 - 1. Candlemas
 - 2. World Day for Consecrated Religious
 - 3. St. Blasé
 - 4. Our Lady of Lourdes – World Day of Prayer for the Sick
 - 5. *Novena*
 - iii. *March – St. Joseph*
 - 1. St. Patrick
 - 2. Annunciation
 - 3. *Novena*
 - iv. *April – Holy Eucharist*
 - 1. St. Mark
 - 2. World Day of Prayer for Vocations
 - 3. *Novena*



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v. May – Blessed Virgin

1. May Crowning
2. St. Joseph the Worker – Dignity of Work
 - a. Blessing of Tools of the Trade
3. Ascension
4. Our Lady of Fatima
5. Mother's Day
6. May 18 – Anniversary of Pope Leo XIV election
7. Pentecost (2026)
8. Memorial Day
 - a. Visiting a Cemetery
 - b. Placing Flags on the Graves of Veterans
9. *Novena*

vi. June – The Sacred Heart of Jesus

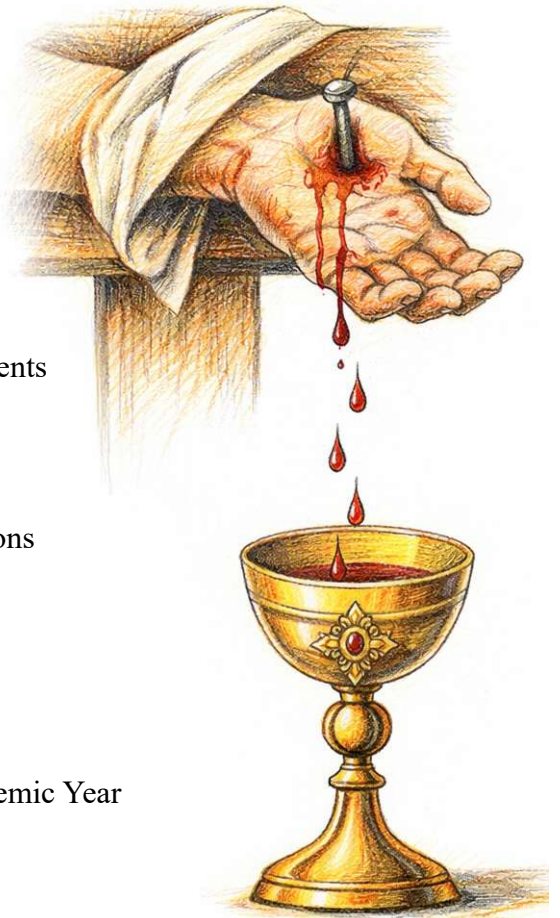
1. Father's Day
2. 40 Hours to coincide with Patronal Feast Day of *Corpus Christi*
3. *Corpus Christi* – Procession
4. World Day of Prayer for the Sanctification of Priests
5. Nativity of St. John the Baptist
6. Solemnity of Sts. Peter and Paul
7. *Novena*

vii. July – The Precious Blood of Jesus

1. Independence Day
2. St. Benedict
3. St. Kateri Tekakwitha
4. **Our Lady of Mt. Carmel**
5. World Day of Prayer for Grandparents
6. *Novena*

viii. August – Immaculate Heart of Mary

1. St. John Vianney – Priestly Vocations
2. Transfiguration
3. St. Dominic
4. St. Lawrence – Deacons
5. Assumption of the BVM
6. Sts. Augustine and Monica
7. Red Mass for the start of the Academic Year
8. *Novena*



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ix. September – Seven Sorrows of Mary

1. World Day of Prayer for the Care for Creation
2. Labor Day
3. Nativity of the Blessed Virgin Mary
4. September 11 – Blue Mass
5. Holy Name of Mary
6. Exaltation of the Most Holy Cross
7. St. Matthew
8. *Novena*

x. October – Holy Angels

1. St. Therese
2. Guardian Angels
3. St. Francis
4. Our Lady of the Rosary
5. World Mission Sunday
6. St. Luke – Healthcare Mass
7. *Novena*



xi. November – Pour Souls

xii.

1. All Saints
2. All Souls – Purgatorial Society
3. St. Martin of Tours
4. St. Frances Xavier Cabrini
5. World Day of the Poor
6. St. Elizabeth of Hungary
7. Christ the King
8. Thanksgiving
9. *Novena*

xiii. December – Immaculate Conception

1. St. Nicholas
2. St. Lucy
3. Our Lady of Guadalupe
4. St. John
5. *Novena*