

AAAsports Championships & Presentation Ceremony **Saturday 5th July & Sunday 6th July 2025**

Venues

The AAAsports Championships will be held on Saturday 5th July 2025 at AAAsports Sunderland, Shakespeare Street, Sunderland, SR5 2JF – free parking is available in the surrounding streets and the Sunderland Council parking permit zone will not be in operation that day.

The AAAsports Presentation Ceremony will be held on Sunday 6th July 2025 at Sunderland Live (formally known as the Rainton Arena), Mercentile Road, Houghton-Le-Spring, DH4 5PH. Free parking is available in the car park at the Arena.

Clothing Collection & Presentation Tickets

All T-Shirts and Hoodies can be collected from AAAsports Sunderland on Saturday 5th July. Presentation Tickets will be available in your myAAA account – please make sure to download your QR code before arrival at Sunderland Live Arena to speed up the entry process – there will be no admission without your QR code!

What To Wear

Members taking part in our Championships event can wear anything that they would normally wear to their weekly classes. We encourage Members to wear correct attire if they have it – training leotards can be purchased in advance from AAAsports Sunderland, from our website or at the Championships event itself. All Members taking part in our Pre-Intermediate, Intermediate, Development and Elite Events must wear full AAAsports competition attire.

Our Presentation Ceremony is a more formal affair – we recommend smart casual for the big moment on stage and the After Party! Parents too – we want to see your party outfits!

What's Happening At The Championships Event?

The AAAsports Championships provides AAAsports Members from across our locations the opportunity to demonstrate what they have achieved over the last year. The Championships will see Members from all disciplines taking part, with the emphasis on fun and participation! Our more proficient Members will be competing in our Showcase, where they will battle it out to be crowned one of our 'Elite Champions' in front of the whole crowd! We encourage all Members to show their support throughout the day from our viewing areas, but we remind Members that seating is limited at the event!

Food and refreshments will be available at the Championships, along with your chance to purchase your very own AAAsports clothing, leotards, shoes and more!

What's Happening At The Presentation Ceremony?

Doors will open for the AAAsports Presentation Ceremony at 2:30pm on Sunday 6th July. There will be plenty to see and do, including videos, photo opportunities and a Marketplace! Food and drink will be available to purchase directly from Sunderland Live – please note that this is a family event and alcohol is not permitted. All guests will be subject to bag searches on arrival at the arena.

During the Ceremony all of our Members will join us on stage to receive their awards – the top 3 Members from each event will be presented with plaques, while all other Members will receive medals and certificates. We ask that you help us to celebrate the achievement and success of all of our Members throughout the evening, staying with us until the end of the event, before staying to party the night away at our After Party!

Approximate Timetable – 5th July 2025

The AAAsports Championships is a busy and complex event with groups spread across the day. Please pay particular attention to which group Members are competing in, especially Members performing in more than one event.

Start lists can be found on the following pages and Members can leave the event once they have finished performing if they wish. Remember – the Gymnastics events include performances on both Floor and Vault across the day and Trampoline includes the performance of two routines each.

Events can run up to 1 hour ahead of schedule, except events starting at 8:45am which will begin on time. Upon arrival, please check in at Reception and collect your Programme and Presentation Tickets before finding a seat in our spectator area. Please listen out for announcements at the event to ensure Members are ready to take part. Don't forget to check out our Showcase at 2:15pm with our more experienced Members competing to become a AAAsports Champion for 2025!

| Time | Trampoline Area | Floor Area 1 | Floor Area 2 | Vault Area |
|-------|---|---|---|---|
| 08:45 | | Pre-School Display | | DMT Warm-Up |
| 09:00 | | | | DMT Compete Q1 & Q2 |
| 09:15 | | Advanced Age 9&U & Advanced Age 10&O | Tumbling Warm-Up | Showcase Final Elite DMT |
| 09:30 | | | Tumbling Compete | |
| 09:45 | | | | |
| 10:00 | | Aspire Age 6 & Under | Fundamentals Age 8 & Over | Advanced Age 9 & Under & Advanced Age 10 & Over |
| 10:15 | Aspire Trampoline Age 10 & Under & Aspire Trampoline Age 11 & Over | Aspire Age 7 | Fundamentals Age 7 & Disability Gymnastics | Aspire Age 6 & Under & Fundamentals Age 8 & Over |
| 10:30 | | Aspire Age 8 | Fundamentals Age 6 | Aspire Age 7, Disability & Fundamentals Age 7 |
| 10:45 | | Aspire Age 9 | Fundamentals Age 5 & Under | Aspire Age 8 & Fundamentals Age 6 |
| 11:00 | Fundamentals Trampoline Age 8 & Over | Aspire Age 10 | Aspire Age 11 & Over | Aspire Age 9 & Fundamentals Age 5 & Under |
| 11:15 | | | | |
| 11:30 | | Cheerleading Level 1, Level 2 & Level 3 | | Aspire Age 10 & Aspire Age 11 & Over |
| 11:45 | | | | Elite Gymnastics |
| 12:00 | | | | |
| 12:15 | | | | |
| 12:30 | | | | |
| 12:45 | | | | |
| 13:00 | | | | |
| 13:15 | | | | |
| 13:30 | Elite Warm-Up | Elite Warm-Up | | |
| 13:45 | Elite Trampoline | Elite Cheerleading | | |
| 14:00 | | Elite Gymnastics | | |
| 14:15 | Display Cheerleading & Showcase March On | | | |
| 14:30 | Showcase Final | Showcase Final | Showcase Final | |
| 14:45 | Elite Trampoline | Elite Cheerleading | Elite Gymnastics | |
| 15:00 | | | | |
| 15:15 | Intermediate Trampoline | Development Gymnastics | | Intermediate Age 9 & Under |
| 15:30 | | | | |
| 15:45 | | Intermediate Age 9 & Under | | Development Gymnastics |
| 16:00 | | | | |
| 16:15 | Adults Trampoline | Pre-Intermediate & Adults | | Intermediate Age 10 & Over |
| 16:30 | | | | |
| 16:45 | Synchro Trampoline | Intermediate Age 10 & Over | | Pre-Intermediate & Adults |
| 17:00 | | | | |
| 17:15 | END OF EVENT | | | |

WITH THE EXCEPTION OF EVENTS STARTING AT 8:45AM, ALL EVENTS MAY RUN UP TO 1 HOUR AHEAD

CHECK THE START LISTS ON THE NEXT PAGES TO CONFIRM YOUR EVENT TIME

PLEASE MAKE SURE YOU ARE READY TO BEGIN YOUR ACTIVITY

Approximate Timetable – 6th July 2025

The AAAsports Presentation Ceremony is a fun and exciting event which celebrates the last year in AAAsports. All Members who take part in the AAAsports Championships will receive their medal and certificate on stage, whilst the Presentation Ceremony itself will see performances from our Cheerleaders, videos, special effects and much more!

Entry to the Presentation Ceremony is strictly by ticket only – every Member who takes part in the AAAsports Championships automatically receives their ticket included in their entry! Additional tickets can be purchased for £27 per person however availability is limited. Tickets can be purchased from the AAAsports website or at the Championships event, subject to availability.

Each ticket includes admission to Sunderland Live Arena to enjoy our Presentation Ceremony, then immediately after we invite our Members to join us for our After Party, which will include plenty of sweet treats, games and prizes to win! Food and drink are available to purchase before and after the Ceremony itself. Please note that this is a family event and alcohol is not permitted – all guests will be subject to security checks on arrival at the arena.

An approximate timetable of events can be found below:

| Time | Details |
|--------|--|
| 2:30pm | Doors Open & Food Available For Purchase |
| 3:15pm | Food Service Ends & Ceremony Begins |
| 5:30pm | Ceremony Ends (approx.) & After Party Begins |
| 7:30pm | End of Event |

ENTRY IS STRICTLY BY TICKET ONLY

PLEASE READ CAREFULLY!

This year's Presentation Ceremony is completely sold out! Therefore to ensure seats are available for everyone, seating will be allocated on a **FIRST-COME-FIRST-SERVED** basis and will include the use of the upstairs balconies at the venue.

Your tickets are stored through your myAAA account, therefore you must have your QR code in order to sign in and gain access to the arena. Please make sure you have downloaded your QR code through the AAAsports App to speed up the check-in process.

You **MUST** arrive with your entire party to ensure that you are able to be seated together. It will not be possible to reserve seats for late arrivals. Spectators who arrive late will be seated at alternative locations.

All spectators will require their own ticket – babies on laps do not need a ticket but will not have a seat at the event – pushchairs and prams will not be permitted. Please note that not all seats are fully accessible at the venue. If you have any accessibility issues, please make sure to notify us at least 1 week in advance so that appropriate seating can be allocated.

Start Lists – Cheerleading (1)

Cheerleading – Display

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor |
|----|------------------------------------|-------------------------|---------------------------------|
| 1 | Ava Galloway | 1:15pm | 2:15pm |
| 2 | Emmie Sutton | 1:15pm | 2:15pm |
| 3 | Halle Lewis | 1:15pm | 2:15pm |
| 4 | Hana Hmida | 1:15pm | 2:15pm |
| 5 | Harlow Lawson | 1:15pm | 2:15pm |
| 6 | Imogen Yemm | 1:15pm | 2:15pm |
| 7 | Isabelle Chaytor | 1:15pm | 2:15pm |
| 8 | Jessica Mills | 1:15pm | 2:15pm |
| 9 | Katherine Rogers | 1:15pm | 2:15pm |
| 10 | Modesireoluwa Imman- Ikhaobomeh | 1:15pm | 2:15pm |
| 11 | Renesmee Callan | 1:15pm | 2:15pm |
| 12 | Sienna Hatton | 1:15pm | 2:15pm |
| 13 | Yasmin Metcalfe Haq | 1:15pm | 2:15pm |

Cheerleading – Level 1

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor |
|----|-------------------|-------------------------|---------------------------------|
| 1 | Penelope Smith | 11:45am | 12:30pm |
| 2 | Charlotte Dorothy | 11:45am | 12:30pm |
| 3 | Lucy Lynch | 11:45am | 12:30pm |
| 4 | Eden Salt | 11:45am | 12:30pm |
| 5 | Sophia Lynch | 11:45am | 12:30pm |
| 6 | Holly Flaxen | 11:45am | 12:30pm |
| 7 | Kara Price | 11:45am | 12:30pm |
| 8 | Charlotte Cairns | 11:45am | 12:30pm |
| 9 | Lucy Hawley | 11:45am | 12:30pm |
| 10 | Alanna Avery | 11:45am | 12:30pm |
| 11 | Eva Swinhoe | 11:45am | 12:30pm |

Cheerleading – Level 2

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor |
|---|-----------------|-------------------------|---------------------------------|
| 1 | Katherine Dolan | 11:45am | 12:30pm |
| 2 | Emily Byers | 11:45am | 12:30pm |
| 3 | Maisie Palmer | 11:45am | 12:30pm |
| 4 | Ellena Barnes | 11:45am | 12:30pm |
| 5 | Ameerah Akhtar | 11:45am | 12:30pm |
| 6 | India Og | 11:45am | 12:30pm |
| 7 | Lillie Watson | 11:45am | 12:30pm |

REMEMBER

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Start Lists – Cheerleading (2)

Cheerleading – Level 3

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor |
|---|--------------------|-------------------------|---------------------------------|
| 1 | Freya Cameron | 11:45am | 12:30pm |
| 2 | Ella Calvert | 11:45am | 12:30pm |
| 3 | Lucy Preece | 11:45am | 12:30pm |
| 4 | Freya Cruickshanks | 11:45am | 12:30pm |
| 5 | Kitty Gregory | 11:45am | 12:30pm |
| 6 | Rubie Rose Calvert | 11:45am | 12:30pm |
| 7 | Pippa Lucas | 11:45am | 12:30pm |
| 8 | Isla Parker | 11:45am | 12:30pm |

Cheerleading – Elite

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor |
|---|-------------------|-------------------------|---------------------------------|
| 1 | Annabel Hunter | 12:30pm | 1:30pm |
| 2 | Lana Royal | 12:30pm | 1:30pm |
| 3 | Charlotte Bibby | 12:30pm | 1:30pm |
| 4 | Aubree Devlin | 12:30pm | 1:30pm |
| 5 | Alexandra Denny | 12:30pm | 1:30pm |
| 6 | Scarlett Musgrove | 12:30pm | 1:30pm |

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Start Lists – DMT

DMT – Intermediate

| # | Name | Arrive No Later Than | Scheduled Start Time – DMT |
|---|--------------------|-------------------------|-------------------------------|
| 1 | Charlotte Rounsell | 8:30am | 8:45am |
| 2 | Esmee Smith | 8:30am | 8:45am |
| 3 | Isobelle Parker | 8:30am | 8:45am |
| 4 | Effie-Jayms Brown | 8:30am | 8:45am |
| 5 | Emily Adamson | 8:30am | 8:45am |
| 6 | Lola Patterson | 8:30am | 8:45am |
| 7 | Elizabeth Wood | 8:30am | 8:45am |

DMT – Ladies Elite

| # | Name | Arrive No Later Than | Scheduled Start Time – DMT | Scheduled Start Time – Final |
|---|------------------|-------------------------|-------------------------------|---------------------------------|
| 1 | Niamh Clark | 8:30am | 8:45am | 9:30am |
| 2 | Grace Egan | 8:30am | 8:45am | 9:30am |
| 3 | Penny Patterson | 8:30am | 8:45am | 9:30am |
| 4 | Callie Robertson | 8:30am | 8:45am | 9:30am |

DMT – Mens Elite

| # | Name | Arrive No Later Than | Scheduled Start Time – DMT | Scheduled Start Time – Final |
|---|---------------|-------------------------|-------------------------------|---------------------------------|
| 1 | Fraser Mathie | 8:30am | 8:45am | 9:30am |
| 2 | Lucas Gray | 8:30am | 8:45am | 9:30am |

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Start Lists – Gymnastics (1)

Pre-School Gymnastics – Display

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor |
|---|-------------------|-------------------------|---------------------------------|
| 1 | Alba Smith | 8:30am | 8:45am |
| 2 | Chloe Ross | 8:30am | 8:45am |
| 3 | Esmé Allen | 8:30am | 8:45am |
| 4 | Isabelle Stafford | 8:30am | 8:45am |
| 5 | Taran Yemm | 8:30am | 8:45am |
| 6 | Theia Rhodes | 8:30am | 8:45am |
| 7 | Theo Talbot | 8:30am | 8:45am |
| 8 | William Westgate | 8:30am | 8:45am |

Fundamentals Gymnastics – Age 5 & Under (Born in 2020 or after)

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor | Scheduled Start Time – Vault |
|----|-----------------------|-------------------------|---------------------------------|---------------------------------|
| 1 | Matylda Bowmaker | 10:45am | 11:30am | 12:00pm |
| 2 | Holly Flaxen | 10:45am | 11:30am | 12:00pm |
| 3 | Arla Jones | 10:45am | 11:30am | 12:00pm |
| 4 | Emilia Hughes-Carrick | 10:45am | 11:30am | 12:00pm |
| 5 | Eve Atkinson | 10:45am | 11:30am | 12:00pm |
| 6 | Mara Bell | 10:45am | 11:30am | 12:00pm |
| 7 | Charlotte Dobson | 10:45am | 11:30am | 12:00pm |
| 8 | Harriet Gilpin | 10:45am | 11:30am | 12:00pm |
| 9 | Grayson Rich | 10:45am | 11:30am | 12:00pm |
| 10 | Mazie McKenzie | 10:45am | 11:30am | 12:00pm |
| 11 | Penelope Harding | 10:45am | 11:30am | 12:00pm |
| 12 | Lyla Devlin | 10:45am | 11:30am | 12:00pm |

Fundamentals Gymnastics – Age 6 (Born in 2019)

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor | Scheduled Start Time – Vault |
|----|------------------|-------------------------|---------------------------------|---------------------------------|
| 1 | Isla Colman | 10:15am | 11:00am | 11:30am |
| 2 | Felicity Cooper | 10:15am | 11:00am | 11:30am |
| 3 | Phoebe Davidson | 10:15am | 11:00am | 11:30am |
| 4 | Maisie Mellish | 10:15am | 11:00am | 11:30am |
| 5 | Jessica Green | 10:15am | 11:00am | 11:30am |
| 6 | Mason Fletcher | 10:15am | 11:00am | 11:30am |
| 7 | Erin Deakin | 10:15am | 11:00am | 11:30am |
| 8 | Jaxon Haynes | 10:15am | 11:00am | 11:30am |
| 9 | Aoife Cooper | 10:15am | 11:00am | 11:30am |
| 10 | Annie-Mae Arnett | 10:15am | 11:00am | 11:30am |
| 11 | Grace Constable | 10:15am | 11:00am | 11:30am |
| 12 | Anya Dawson | 10:15am | 11:00am | 11:30am |
| 13 | Aria Crawford | 10:15am | 11:00am | 11:30am |
| 14 | Alice Hardy | 10:15am | 11:00am | 11:30am |

REMEMBER

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Start Lists – Gymnastics (2)

Fundamentals Gymnastics – Age 7 (Born in 2018)

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor | Scheduled Start Time – Vault |
|---|---------------------|-------------------------|---------------------------------|---------------------------------|
| 1 | Phoebe Johnson | 9:45am | 10:30am | 11:00am |
| 2 | Nancy Belle Higgins | 9:45am | 10:30am | 11:00am |
| 3 | Aurora Rochester | 9:45am | 10:30am | 11:00am |
| 4 | Ava-Grace Boreland | 9:45am | 10:30am | 11:00am |
| 5 | Jessica Liddle | 9:45am | 10:30am | 11:00am |
| 6 | Annie Oxley | 9:45am | 10:30am | 11:00am |
| 7 | Ivy Cullerton | 9:45am | 10:30am | 11:00am |
| 8 | Isabella Waddle | 9:45am | 10:30am | 11:00am |

Fundamentals Gymnastics – Age 8 & Over (Born in 2017 or before)

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor | Scheduled Start Time – Vault |
|----|------------------------|-------------------------|---------------------------------|---------------------------------|
| 1 | Jessica Maidment-Clark | 9:30am | 10:00am | 10:30am |
| 2 | Divineblessing Solomon | 9:30am | 10:00am | 10:30am |
| 3 | Holly Lee | 9:30am | 10:00am | 10:30am |
| 4 | Diana Solomon | 9:30am | 10:00am | 10:30am |
| 5 | Chloe Clark | 9:30am | 10:00am | 10:30am |
| 6 | Aziz Hassan | 9:30am | 10:00am | 10:30am |
| 7 | Emelia Hudson | 9:30am | 10:00am | 10:30am |
| 8 | Aylah Woodward | 9:30am | 10:00am | 10:30am |
| 9 | Laurie Collins | 9:30am | 10:00am | 10:30am |
| 10 | Grace Laing | 9:30am | 10:00am | 10:30am |
| 11 | Olivia Townsley | 9:30am | 10:00am | 10:30am |
| 12 | Joseph Tobin | 9:30am | 10:00am | 10:30am |
| 13 | Sadie Hunt | 9:30am | 10:00am | 10:30am |
| 14 | Elliot Hudson | 9:30am | 10:00am | 10:30am |
| 15 | Lily Tokell-Orme | 9:30am | 10:00am | 10:30am |

Fundamentals Gymnastics – Disability Gymnastics

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor | Scheduled Start Time – Vault |
|---|---------------|-------------------------|---------------------------------|---------------------------------|
| 1 | Siena Squires | 9:45am | 10:30am | 11:00am |
| 2 | Isla Newmarch | 9:45am | 10:30am | 11:00am |

Gymnastics – Adults

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor |
|---|-----------|-------------------------|---------------------------------|
| 1 | Amy Hardy | 3:15pm | 4:15pm |

REMEMBER

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Start Lists – Gymnastics (3)

Aspire Gymnastics – Age 6 & Under (Born in 2019 or after)

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor | Scheduled Start Time – Vault |
|---|-----------------|-------------------------|---------------------------------|---------------------------------|
| 1 | Charlotte Moore | 9:30am | 10:00am | 10:30am |
| 2 | Emily Pescod | 9:30am | 10:00am | 10:30am |
| 3 | Teddy Storey | 9:30am | 10:00am | 10:30am |
| 4 | Rosie Fletcher | 9:30am | 10:00am | 10:30am |
| 5 | Imogen Yemm | 9:30am | 10:00am | 10:30am |
| 6 | Arthur Piper | 9:30am | 10:00am | 10:30am |
| 7 | Renesmee Callan | 9:30am | 10:00am | 10:30am |
| 8 | Mila Capeling | 9:30am | 10:00am | 10:30am |
| 9 | Hattie Ridley | 9:30am | 10:00am | 10:30am |

Aspire Gymnastics – Age 7 (Born in 2018)

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor | Scheduled Start Time – Vault |
|----|------------------|-------------------------|---------------------------------|---------------------------------|
| 1 | Nolah Thomas | 9:45am | 10:30am | 11:00am |
| 2 | Riya Vimal | 9:45am | 10:30am | 11:00am |
| 3 | Una O'Reilly | 9:45am | 10:30am | 11:00am |
| 4 | Rosie Robinson | 9:45am | 10:30am | 11:00am |
| 5 | Daisy Hammond | 9:45am | 10:30am | 11:00am |
| 6 | Charlotte Madine | 9:45am | 10:30am | 11:00am |
| 7 | Hana Hmida | 9:45am | 10:30am | 11:00am |
| 8 | Mila Williams | 9:45am | 10:30am | 11:00am |
| 9 | Kathryn Wood | 9:45am | 10:30am | 11:00am |
| 10 | Miyah Hodgson | 9:45am | 10:30am | 11:00am |
| 11 | Lucy Hawley | 9:45am | 10:30am | 11:00am |

Aspire Gymnastics – Age 8 (Born in 2017)

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor | Scheduled Start Time – Vault |
|----|------------------------|-------------------------|---------------------------------|---------------------------------|
| 1 | Freya Le Quesne | 10:15am | 11:00am | 11:30am |
| 2 | Lailly Charters | 10:15am | 11:00am | 11:30am |
| 3 | Charlotte Hall | 10:15am | 11:00am | 11:30am |
| 4 | Isabella-Rose Thompson | 10:15am | 11:00am | 11:30am |
| 5 | Esme MacGeever | 10:15am | 11:00am | 11:30am |
| 6 | Freya Roberts | 10:15am | 11:00am | 11:30am |
| 7 | Sienna Hatton | 10:15am | 11:00am | 11:30am |
| 8 | Jasmine Moralee | 10:15am | 11:00am | 11:30am |
| 9 | Lily Watson | 10:15am | 11:00am | 11:30am |
| 10 | Thea Williams | 10:15am | 11:00am | 11:30am |
| 11 | Emma Boyle | 10:15am | 11:00am | 11:30am |
| 12 | Emma Wilkinson | 10:15am | 11:00am | 11:30am |

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Start Lists – Gymnastics (4)

Aspire Gymnastics – Age 9 (Born in 2016)

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor | Scheduled Start Time – Vault |
|---|---------------------|-------------------------|---------------------------------|---------------------------------|
| 1 | Jersey-Leigh Knight | 10:45am | 11:30am | 12:00pm |
| 2 | Autumn Henderson | 10:45am | 11:30am | 12:00pm |
| 3 | Ekin Deniz Kus | 10:45am | 11:30am | 12:00pm |
| 4 | Charlotte Boddy | 10:45am | 11:30am | 12:00pm |
| 5 | Aya Bahrami | 10:45am | 11:30am | 12:00pm |
| 6 | Sienna Coates | 10:45am | 11:30am | 12:00pm |
| 7 | Julia Grzybczak | 10:45am | 11:30am | 12:00pm |
| 8 | Abigail Tatters | 10:45am | 11:30am | 12:00pm |
| 9 | Harriet Wilson | 10:45am | 11:30am | 12:00pm |

Aspire Gymnastics – Age 10 (Born in 2015 or before)

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor | Scheduled Start Time – Vault |
|----|---------------------|-------------------------|---------------------------------|---------------------------------|
| 1 | Lyla-Rose Kitson | 11:15am | 12:00pm | 12:30pm |
| 2 | Isabella Cooney | 11:15am | 12:00pm | 12:30pm |
| 3 | Lydia Hudson | 11:15am | 12:00pm | 12:30pm |
| 4 | Yasmin Metcalfe Haq | 11:15am | 12:00pm | 12:30pm |
| 5 | Lilly-May Austin | 11:15am | 12:00pm | 12:30pm |
| 6 | Everly Carney | 11:15am | 12:00pm | 12:30pm |
| 7 | Charlotte Rounsfell | 11:15am | 12:00pm | 12:30pm |
| 8 | Lucy Green | 11:15am | 12:00pm | 12:30pm |
| 9 | Harper Whelan | 11:15am | 12:00pm | 12:30pm |
| 10 | Lola Patterson | 11:15am | 12:00pm | 12:30pm |

Aspire Gymnastics – Age 11 & Over (Born in 2014 or before)

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor | Scheduled Start Time – Vault |
|----|-------------------|-------------------------|---------------------------------|---------------------------------|
| 1 | Grace Makinde | 11:15am | 12:00pm | 12:30pm |
| 2 | Alexis Hilton | 11:15am | 12:00pm | 12:30pm |
| 3 | Marta Boyle | 11:15am | 12:00pm | 12:30pm |
| 4 | Yoshni Vimal | 11:15am | 12:00pm | 12:30pm |
| 5 | Evelyn Burnicle | 11:15am | 12:00pm | 12:30pm |
| 6 | Isla Ciaraldi | 11:15am | 12:00pm | 12:30pm |
| 7 | Emily Meldrum | 11:15am | 12:00pm | 12:30pm |
| 8 | Alexandra Tippins | 11:15am | 12:00pm | 12:30pm |
| 9 | Anna Graham | 11:15am | 12:00pm | 12:30pm |
| 10 | Amelia Mills | 11:15am | 12:00pm | 12:30pm |

REMEMBER

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Start Lists – Gymnastics (5)

Advanced Gymnastics – Age 9 & Under (Born in 2016 or after)

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor | Scheduled Start Time – Vault |
|----|------------------|-------------------------|---------------------------------|---------------------------------|
| 1 | Charlotte Salt | 8:45am | 9:15am | 9:45am |
| 2 | Eliora Gana | 8:45am | 9:15am | 9:45am |
| 3 | Grace Bevans | 8:45am | 9:15am | 9:45am |
| 4 | Abigail Cox | 8:45am | 9:15am | 9:45am |
| 5 | Indi Hindmarsh | 8:45am | 9:15am | 9:45am |
| 6 | Tessa Henderson | 8:45am | 9:15am | 9:45am |
| 7 | Laurie Duncan | 8:45am | 9:15am | 9:45am |
| 8 | Poppy Merchant | 8:45am | 9:15am | 9:45am |
| 9 | Frankie Oliver | 8:45am | 9:15am | 9:45am |
| 10 | Charlotte Cairns | 8:45am | 9:15am | 9:45am |
| 11 | Macey-Rae French | 8:45am | 9:15am | 9:45am |

Advanced Gymnastics – Age 10 & Over (Born in 2015 or after)

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor | Scheduled Start Time – Vault |
|---|-----------------------|-------------------------|---------------------------------|---------------------------------|
| 1 | Louie Oliver | 8:45am | 9:15am | 9:45am |
| 2 | Amelia Clark | 8:45am | 9:15am | 9:45am |
| 3 | Jake Givens | 8:45am | 9:15am | 9:45am |
| 4 | Lily Hedley | 8:45am | 9:15am | 9:45am |
| 5 | Ellie-Mae Chamberlain | 8:45am | 9:15am | 9:45am |
| 6 | Eloise Hoggett | 8:45am | 9:15am | 9:45am |
| 7 | Amelie Cousen | 8:45am | 9:15am | 9:45am |
| 8 | Annabelle Foster | 8:45am | 9:15am | 9:45am |
| 9 | Ella Calvert | 8:45am | 9:15am | 9:45am |

Pre-Intermediate Gymnastics

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor | Scheduled Start Time – Vault |
|---|------------------|-------------------------|---------------------------------|---------------------------------|
| 1 | Blossom Atcheson | 3:15pm | 4:15pm | 4:45pm |
| 2 | Edie Rhodes | 3:15pm | 4:15pm | 4:45pm |
| 3 | Hallie Lowther | 3:15pm | 4:15pm | 4:45pm |
| 4 | Vera Chernomor | 3:15pm | 4:15pm | 4:45pm |
| 5 | Libby Royal | 3:15pm | 4:15pm | 4:45pm |
| 6 | Alice Corkhill | 3:15pm | 4:15pm | 4:45pm |

REMEMBER

- Events can run as early as the suggested arrival time listed above
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Start Lists – Gymnastics (6)

Intermediate Gymnastics – Age 9 & Under (Born in 2016 or after)

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor | Scheduled Start Time – Vault |
|----|-----------------------|-------------------------|---------------------------------|---------------------------------|
| 1 | Charlotte Cummings | 2:15pm | 3:45pm | 3:15pm |
| 2 | Ava Galloway | 2:15pm | 3:45pm | 3:15pm |
| 3 | Eva Calvert | 2:15pm | 3:45pm | 3:15pm |
| 4 | Mila Coyne | 2:15pm | 3:45pm | 3:15pm |
| 5 | Maisie Graham | 2:15pm | 3:45pm | 3:15pm |
| 6 | Gracie Lawson | 2:15pm | 3:45pm | 3:15pm |
| 7 | Lillie Watson | 2:15pm | 3:45pm | 3:15pm |
| 8 | Charlotte Hudson | 2:15pm | 3:45pm | 3:15pm |
| 9 | Lillie Byrne | 2:15pm | 3:45pm | 3:15pm |
| 10 | Ida Lamb | 2:15pm | 3:45pm | 3:15pm |
| 11 | Charlotte Swan | 2:15pm | 3:45pm | 3:15pm |
| 12 | Ember Cousen | 2:15pm | 3:45pm | 3:15pm |
| 13 | Heidi Schindler | 2:15pm | 3:45pm | 3:15pm |
| 14 | Ada-Grace Fitzpatrick | 2:15pm | 3:45pm | 3:15pm |

Intermediate Gymnastics – Age 10 & Over (Born in 2015 or before)

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor | Scheduled Start Time – Vault |
|----|------------------------|-------------------------|---------------------------------|---------------------------------|
| 1 | Ruby Thubron | 3:15pm | 4:45pm | 4:15pm |
| 2 | Katie Taylor | 3:15pm | 4:45pm | 4:15pm |
| 3 | Maddie Wilkinson | 3:15pm | 4:45pm | 4:15pm |
| 4 | Indie Ray | 3:15pm | 4:45pm | 4:15pm |
| 5 | Rebecca Stewart | 3:15pm | 4:45pm | 4:15pm |
| 6 | Isabelle Jukes | 3:15pm | 4:45pm | 4:15pm |
| 7 | Jayla Davies | 3:15pm | 4:45pm | 4:15pm |
| 8 | Jazmine Synan | 3:15pm | 4:45pm | 4:15pm |
| 9 | Scarlet Rose Nettleton | 3:15pm | 4:45pm | 4:15pm |
| 10 | Isla-Mae Hewitson | 3:15pm | 4:45pm | 4:15pm |
| 11 | Evie Thirkle | 3:15pm | 4:45pm | 4:15pm |

REMEMBER

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Start Lists – Gymnastics (7)

Development Gymnastics

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor | Scheduled Start Time – Vault |
|----|----------------------|-------------------------|---------------------------------|---------------------------------|
| 1 | Mia Thompson | 2:15pm | 3:15pm | 3:45pm |
| 2 | Abbie Murray | 2:15pm | 3:15pm | 3:45pm |
| 3 | Leah Tobin | 2:15pm | 3:15pm | 3:45pm |
| 4 | Emma-Lilli Ann Hardy | 2:15pm | 3:15pm | 3:45pm |
| 5 | Millie Howe | 2:15pm | 3:15pm | 3:45pm |
| 6 | Jessica Mills | 2:15pm | 3:15pm | 3:45pm |
| 7 | Lucy Moffat | 2:15pm | 3:15pm | 3:45pm |
| 8 | Charlotte Brown | 2:15pm | 3:15pm | 3:45pm |
| 9 | Lucy Preece | 2:15pm | 3:15pm | 3:45pm |
| 10 | Freya Cruickshanks | 2:15pm | 3:15pm | 3:45pm |
| 11 | Alice Oxley | 2:15pm | 3:15pm | 3:45pm |
| 12 | Eleanor Brown | 2:15pm | 3:15pm | 3:45pm |
| 13 | Grace Angell | 2:15pm | 3:15pm | 3:45pm |
| 14 | Harlow Lawson | 2:15pm | 3:15pm | 3:45pm |

Elite Gymnastics – Ladies

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor | Scheduled Start Time – Vault | Scheduled Start Time – Final |
|---|---------------------|-------------------------|---------------------------------|---------------------------------|---------------------------------|
| 1 | Rubie Rose Calvert | 12:15pm | 1:30pm | 1:00pm | 2:15pm |
| 2 | Elizabeth Wood | 12:15pm | 1:30pm | 1:00pm | 2:15pm |
| 3 | Pippa Lucas | 12:15pm | 1:30pm | 1:00pm | 2:15pm |
| 4 | Mia Hewitt | 12:15pm | 1:30pm | 1:00pm | 2:15pm |
| 5 | Elisse Cruickshanks | 12:15pm | 1:30pm | 1:00pm | 2:15pm |
| 6 | Lucy Rutherford | 12:15pm | 1:30pm | 1:00pm | 2:15pm |
| 7 | Isla Parker | 12:15pm | 1:30pm | 1:00pm | 2:15pm |

Elite Gymnastics – Mens

| # | Name | Arrive No Later Than | Scheduled Start Time – Floor | Scheduled Start Time – Vault | Scheduled Start Time – Final |
|---|-----------------|-------------------------|---------------------------------|---------------------------------|---------------------------------|
| 1 | Matthew Lakeman | 12:15pm | 1:30pm | 1:00pm | 2:15pm |
| 2 | Blake Newmarch | 12:15pm | 1:30pm | 1:00pm | 2:15pm |
| 3 | William Hudson | 12:15pm | 1:30pm | 1:00pm | 2:15pm |
| 4 | Max Mason | 12:15pm | 1:30pm | 1:00pm | 2:15pm |
| 5 | Eli Samuels | 12:15pm | 1:30pm | 1:00pm | 2:15pm |

REMEMBER

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Start Lists – Trampoline (1)

Fundamentals Trampoline – Age 7 & Under (Born 2017 or after)

| # | Name | Arrive No Later Than | Scheduled Start Time - Trampoline |
|----|-----------------------|-------------------------|--------------------------------------|
| 1 | Penelope Harding | 11:45am | 12:30pm |
| 2 | Grace Constable | 11:45am | 12:30pm |
| 3 | Nour Hassan | 11:45am | 12:30pm |
| 4 | Alice Corkhill | 11:45am | 12:30pm |
| 5 | Phoebe Davidson | 11:45am | 12:30pm |
| 6 | Emilia Hughes-Carrick | 11:45am | 12:30pm |
| 7 | Iyla Clithero | 11:45am | 12:30pm |
| 8 | Ava-Grace Boreland | 11:45am | 12:30pm |
| 9 | Elliott Fenwick | 11:45am | 12:30pm |
| 10 | Mason Fletcher | 11:45am | 12:30pm |
| 11 | Annie Oxley | 11:45am | 12:30pm |

Fundamentals Trampoline – Age 8 & Over (Born 2016 or before)

| # | Name | Arrive No Later Than | Scheduled Start Time - Trampoline |
|----|--------------------|-------------------------|--------------------------------------|
| 1 | Heidi Hodgson | 10:45am | 11:30am |
| 2 | Ellie Hourigan | 10:45am | 11:30am |
| 3 | Amber Harvey | 10:45am | 11:30am |
| 4 | Amelie Cousen | 10:45am | 11:30am |
| 5 | Aubree Devlin | 10:45am | 11:30am |
| 6 | Rubie Rose Calvert | 10:45am | 11:30am |
| 7 | Isla Knowles | 10:45am | 11:30am |
| 8 | Aziz Hassan | 10:45am | 11:30am |
| 9 | Kai Howard | 10:45am | 11:30am |
| 10 | Robyn Miller | 10:45am | 11:30am |
| 11 | Jake Givens | 10:45am | 11:30am |

Adults Trampoline

| # | Name | Arrive No Later Than | Scheduled Start Time - Trampoline |
|---|-------------------|-------------------------|--------------------------------------|
| 1 | Jamie Mason | 3:15pm | 4:15pm |
| 2 | Emma Lynch | 3:15pm | 4:15pm |
| 3 | Ershy Islam | 3:15pm | 4:15pm |
| 4 | Melanie Robertson | 3:15pm | 4:15pm |
| 5 | Zoe Clarke | 3:15pm | 4:15pm |

REMEMBER

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Start Lists – Trampoline (2)

Aspire Trampoline – Age 10 & Under (Born in 2015 or after)

| # | Name | Arrive No Later Than | Scheduled Start Time - Trampoline |
|---|---------------------|-------------------------|--------------------------------------|
| 1 | Aoife Og | 9:45am | 10:30am |
| 2 | Clodagh Frazier | 9:45am | 10:30am |
| 3 | Isaac Fenwick | 9:45am | 10:30am |
| 4 | Melissa Jukes | 9:45am | 10:30am |
| 5 | Christopher Johnson | 9:45am | 10:30am |
| 6 | Amelia Cowell | 9:45am | 10:30am |
| 7 | Leo Malkin Saunders | 9:45am | 10:30am |
| 8 | Lyla Hodgkinson | 9:45am | 10:30am |

Aspire Trampoline – Age 11 & Over (Born in 2014 or after)

| # | Name | Arrive No Later Than | Scheduled Start Time - Trampoline |
|---|-----------------|-------------------------|--------------------------------------|
| 1 | Anna Raine | 9:45am | 10:30am |
| 2 | Jasmine Brown | 9:45am | 10:30am |
| 3 | Frankie Dixon | 9:45am | 10:30am |
| 4 | Lucy Rutherford | 9:45am | 10:30am |
| 5 | Ellie Stubbs | 9:45am | 10:30am |
| 6 | Isla Ciaraldi | 9:45am | 10:30am |
| 7 | Amelia Clark | 9:45am | 10:30am |

Intermediate Trampoline

| # | Name | Arrive No Later Than | Scheduled Start Time - Trampoline |
|---|---------------------|-------------------------|--------------------------------------|
| 1 | Violetta Chernomor | 2:15pm | 3:15pm |
| 2 | Esmee Smith | 2:15pm | 3:15pm |
| 3 | Kara McGlen | 2:15pm | 3:15pm |
| 4 | Isobelle Parker | 2:15pm | 3:15pm |
| 5 | Effie-Jayms Brown | 2:15pm | 3:15pm |
| 6 | Lola Patterson | 2:15pm | 3:15pm |
| 7 | Charlotte Rounsfall | 2:15pm | 3:15pm |

REMEMBER

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Start Lists – Trampoline (3)

Elite Trampoline – Ladies

| # | Name | Arrive No Later Than | Scheduled Start Time – Trampolines | Scheduled Start Time - Final |
|---|-----------------|-------------------------|---------------------------------------|---------------------------------|
| 1 | Jessica Mills | 12:30pm | 1:30pm | 2:15pm |
| 2 | Amelia Mills | 12:30pm | 1:30pm | 2:15pm |
| 3 | Niamh Clark | 12:30pm | 1:30pm | 2:15pm |
| 4 | Grace Egan | 12:30pm | 1:30pm | 2:15pm |
| 5 | Penny Patterson | 12:30pm | 1:30pm | 2:15pm |

Trampoline – Elite Mens

| # | Name | Arrive No Later Than | Scheduled Start Time – Trampolines | Scheduled Start Time - Final |
|---|---------------|-------------------------|---------------------------------------|---------------------------------|
| 1 | Fraser Mathie | 12:30pm | 1:30pm | 2:15pm |
| 2 | Lucas Gray | 12:30pm | 1:30pm | 2:15pm |

REMEMBER

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Start Lists – Trampoline Synchro

Trampoline Synchro – Intermediate

| # | Name | Arrive No Later Than | Scheduled Start Time – Trampolines |
|---|--|-------------------------|---------------------------------------|
| 1 | Charlotte Rounsfell & Effie-Jayms Brown | 3:45pm | 4:45pm |
| 2 | Kara McGlen & Violetta Chernomor | 3:45pm | 4:45pm |
| 3 | Esmee Smith & Lola Patterson | 3:45pm | 4:45pm |
| 4 | Isabelle Parker & Jessica Mills | 3:45pm | 4:45pm |

Trampoline Synchro – Elite

| # | Name | Arrive No Later Than | Scheduled Start Time – Trampolines | Scheduled Start Time - Final |
|---|----------------------------------|-------------------------|---------------------------------------|---------------------------------|
| 1 | Grace Egan & Lucas Gray | 3:45pm | 4:45pm | 5:10pm |
| 2 | Amelia Mills & Fraser Mathie | 3:45pm | 4:45pm | 5:10pm |
| 3 | Niamh Clark & Penny Patterson | 3:45pm | 4:45pm | 5:10pm |

REMEMBER

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Start Lists – Tumbling

Tumbling – Level 1

| # | Name | Arrive No Later Than | Scheduled Start Time - Trampoline |
|---|-----------------|-------------------------|--------------------------------------|
| 1 | Grace Bevans | 8:45am | 9:15am |
| 2 | Abigail Tatters | 8:45am | 9:15am |
| 3 | Holly Mullen | 8:45am | 9:15am |
| 4 | Sienna Coates | 8:45am | 9:15am |
| 5 | Ivy Waller | 8:45am | 9:15am |

Tumbling – Level 2

| # | Name | Arrive No Later Than | Scheduled Start Time - Trampoline |
|---|--------------------|-------------------------|--------------------------------------|
| 1 | Max Mason | 8:45am | 9:15am |
| 2 | Matthew Lakeman | 8:45am | 9:15am |
| 3 | Eli Samuels | 8:45am | 9:15am |
| 4 | Blake Newmarch | 8:45am | 9:15am |
| 5 | India Og | 8:45am | 9:15am |
| 6 | Constantine Murphy | 8:45am | 9:15am |

REMEMBER

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Any Problems?

If you have any questions regarding the AAAsports Championships and Presentation Ceremony, please contact us on 03335 776787 or email member.services@AAAsports.co.uk.

We hope you have a fantastic time – good luck everyone!