

# Tower Talk

## April 2026



## Lutheran Towers Staff

**Executive Director**

*Karon Nixon*

**Director of Operations**

*Cristina Lopez*

**Business Services Manager**

*Nicole Porter*

**Resident Relations Specialist**

*Ursula Hodge*

**Front Desk Receptionist****Evening/Weekend Concierge**

*Kevin Dunn*

*Ty'Rese Floyd*

**Director of Supportive Programs  
and Services**

*Josie Jangdhari*

**Supportive Service Coordinators**

*Tawanda Searcy*

*Sylvia Robinson*

**Community Chaplain**

*Angela Wyatt*

**Life Enrichment Coordinator**

*Candice Cox*

**Program Assistant**

*Ramel Pearson*

**Director of Physical Plant**

*Rodney Williams*

**Manager of Physical Plant**

*Joe Burns*

**Physical Plant Specialist**

*Harry Osayimwen*

**Maintenance Technician**

*Paul Reeves, Jr.*

**OUR MISSION: "To provide safe, quality, and affordable independent living, within a caring community, for low-income seniors with evidence-based supportive services that allows them to thrive as they age."**

Access church through the Lutheran Tower's bridge on the 3rd Floor.



*Lutheran Church of the Redeemer*  
ATLANTA

*Holy Week Schedule 2026 (Atlanta)*  
731 PEACHTREE ST NE | ATLANTA, GA

**Palm Sunday (March 29):**  
11:00 AM Service with Organ.

**Maundy Thursday (April 2):**  
7:00 PM Service (6:30 PM Individual Absolution on Zoom)

**Good Friday (April 3):**  
12:00 PM: Way of the Cross.  
7:00 PM: Choral Tenebrae.

**Holy Saturday (April 4):**  
10:00 AM: Family Vigil (on Zoom).  
7:00 PM: Easter Vigil.

**Easter Sunday (April 5):**  
9:00 AM & 11:00 AM: Easter Worship.

**Wednesday Order of Healing (April 1)**  
7 pm—word and individual anointing for healing.

[www.redeemer.org](http://www.redeemer.org)

*Come walk through the journey from Palm Sunday to the Resurrection*

## LT Store/Pantry

April 2026

### Store Hours

Wednesday—4/1 - Easter Food Boxes

12pm—1pm

Wednesday - 4/8— Commodity Food Box pick up

(NO Shopping)

11 am—1 pm

Wednesday 4/29—Mobile Produce Market

12 pm— 4 pm

Thursday 4/ 30— Pantry Shopping Day

For additional help with food insecurities, please see Josie or a Service Coordinator.

Items are provided by the Atlanta Community Food Bank, food grants, and donations from various partners and neighbors. - Thank You!

Discover the benefits of what it means to ground.



A JOSH AND REBECCA TICKELL FILM

## THE EARTHING MOVIE

THE REMARKABLE SCIENCE OF GROUNDING

LEE HALL

Tuesday, April 7, 2026 - 3 pm

60 min

# Earth Day

## Word Search Puzzle



- |           |             |            |
|-----------|-------------|------------|
| APRIL     | ENVIRONMENT | PLANET     |
| CLEAN AIR | GLOBAL      | POLLUTION  |
| CLIMATE   | GREEN       | RAINFOREST |
| COMPOST   | HABITAT     | RECYCLE    |
| CONSERVE  | LITTER      | TREES      |
| EARTH     | NATURE      | VOLUNTEER  |
| ECOLOGY   | OCEAN       | WATER      |
| ENERGY    | OZONE       | WILDLIFE   |



# April

**Sunday**

**Monday**

**Tuesday**

**Wednesday**

			<p><b>1</b></p> <p>10:00-2:00 Haircuts          10:30 QiGong Class          11:00-1:00 LT Store          1:00 Bible Study          5:00 Redeemer Dinner \$3</p> <p><b>Easter Box Pick Up</b></p>
<p><b>5</b></p> <p>10:20 Transportation to Free Chapel</p>  <p><b>Rent Due</b></p>	<p><b>6</b></p> <p>8:00 -10:00 Bistro Coffee          11:30 Golden Corral &amp; Walmart          6:00 BINGO</p>	<p><b>7</b></p> <p>11:30 Fitness w/ DaShaun          3:00 The Earthing Movie</p>	<p><b>8</b></p> <p>10:30 QiGong Class          11:00-1:00 LT Store          1:00 Bible Study          5:00 Redeemer Dinner \$3</p> <p><b>Commodity Food Box Pick Up</b></p>
<p><b>12</b></p> <p>10:20 Transportation to Free Chapel</p>	<p><b>13</b></p> <p>8:00-10:00 Bistro Coffee          2:00 Bowling</p>	<p><b>14</b></p> <p>9:00 K-9 Inspections          10:00 Chair Massages (by appointment)          11:30 Fitness w/ DaShaun          1:00 Grocery</p>	<p><b>15</b></p> <p>9:00 K-9 Inspections          10:30 QiGong Class          1:00 Bible Study          4:00 LTRA Meeting          5:00 Redeemer Dinner \$3</p> <p><b>LT Store Closed</b></p>
<p><b>19</b></p> <p>10:20 Transportation to Free Chapel          2:00-6:00 Atlanta Streets Alive</p>	<p><b>20</b></p> <p>9:30 Let's Go Senior Expo!          6:00 BINGO</p>	<p><b>21</b></p> <p>10:00 Table Massages (by appointment)          11:30 Fitness w/ DaShaun          1:00 Margaret Mitchell House</p>	<p><b>22</b></p> <p>10:30 QiGong Class          11:00-2:00 Spiritual Grounding to the Earth          1:00 Bible Study          5:00 Redeemer Dinner \$3          6:00 Moonlight &amp; Melodies</p> 
<p><b>26</b></p> <p>10:20 Transportation to Free Chapel</p>	<p><b>27</b></p> <p>8:00-10:00 Bistro Coffee          11:30 Grocery          2:00 Community Circle w/ Dr. Wyatt</p>	<p><b>28</b></p> <p>11:30 Fitness w/ DaShaun          2:00 Words in a Word</p>	<p><b>29</b></p> <p>10:30 QiGong Class          12:00-4:00 Mobile Produce Market          1:00 Bible Study          3:00 Book Club          5:00 Redeemer Dinner \$3</p>


# 2026

## Thursday

## Friday

## Saturday

## Notes:

<p><b>2</b>              8:00-10:00 Bistro Coffee              11:30 K&amp;G Fashion Superstore              3:00 Massage Sign Ups              4:00 Chess Club              7:00 Worship  <b>LT Store Closed</b></p>	<p><b>3</b>              10:30 Tech Support    <b>Offices Closed</b></p>	<p><b>4</b>              3:00 Board Games</p>
<p><b>9</b>              8:00-10:00 Bistro Coffee              12:00 Grocery              4:00 Chess Club              7:00 Worship  <b>LT Store Closed</b></p>	<p><b>10</b>              9:30-10:30 Breakfast &amp; Wellness Presentation              2:00-3:30 Voter Education &amp; Outreach</p>	<p><b>11</b></p>
<p><b>16</b>              8:00-10:00 Bistro Coffee              11:00 Trader Joe's              4:00 Chess Club              7:00 Worship  <b>LT Store Closed</b></p>	<p><b>17</b>              2:00 Birthday Reception</p>	<p><b>18</b>              7:00 Movie Night</p>
<p><b>23</b>              12:00 Dekalb Farmer's Market              4:00 Chess Club              7:00 Worship  <b>LT Store Closed</b></p>	<p><b>24</b>              10:00 Thrift Shopping &amp; Lunch</p>	<p><b>25</b>              7:00 Movie Night</p>
<p><b>30</b>              8:00-10:00 Bistro Coffee              11:00-1:00 LT Store              4:00 Chess Club              7:00 Worship</p>		

### Resident Association Meeting

April 15  
 4pm, Lee Hall



Save The Date:

**Lutheran Towers Sunday**

**May 3rd**

at

**Lutheran Church of the Redeemer**

Service Times:

**9:00 AM**

&

**11:00 AM**

We hope to see you there!



# Supportive Services at a Glance



## Fitness with DaShuan - Lee Hall

- Tuesdays, 11:30am



## QiGong Class with Kofi. Wednesdays, 10:30am in Lee Hall.

An 8 weeks class to a better You!



**Chiropractic Services** - Dr. Darin Kourajian will be out on medical leave and will resume with his clients in the month of May.



**Tech Support with Chris, Friday, April 3, 10:30am in Lee Hall**- Chris can help you with your phone, computer, laptop, and more.



## Shelley Fondren, Sign up with deposit Thursday, April 2, 3:00pm-3:30pm in Lee Hall

- Chair massages = \$5 cost share. **Tuesday, April 14, 10:00am In the Wellness Center**
- Table massages = \$20 cost share. **Tuesday, April 21, 10:00am Table massages** will be at the **spa location** located at: **741 Piedmont Ave. NE, Suite 300 (side door on Piedmont & 4<sup>th</sup> Street). Call Shelley at (404) 822-6295 with questions.** All massages by appointment only.



**Haircuts with Michael - \$10. Wednesday, April 1, 10:00am-2:00pm in the Wellness Center.** Please sign up for your appointment. Pay barber directly.



**Breakfast & Wellness Presentation, Friday, April 10, 9:30am-10:30am in Lee Hall.** Breakfast is sponsored by Passion to Care.



## Bible Study & Dinner, Wednesdays, 4:00pm, Lutheran Church of the Redeemer - Join the

Redeemer Community for dinner and bible study every Wednesday. (Use the 3rd floor bridge to go to the church.) A small donation of \$3 is appreciated.



**Community Circle with Dr. Angela Wyatt Monday, April 27, 2:00pm in the Blue Room on the 3rd floor.**

**Contact Angela Wyatt to schedule a One - on - One appointment at (404) 873-6087 press 5.**



## Food Program:

- Commodity Food Box delivery, **Wednesday, April 8, LT Store** between 11:00am-1:00pm.
- Daily lunch program, **Monday-Friday, 10:30am-11:30am, Bistro/Lee Hall** (While supplies last.)

# VOTER EDUCATION & OUTREACH

Get assistance with voter registration, absentee ballot applications, address changes and more!

**Friday, April 10, 2026**  
**2 pm — 3:30 - Lee Hall**

Lutheran Towers  
727 Juniper St NE  
Atlanta, GA 30308

Join Us For:

## Fitness with DaShaun

**Tuesdays**  
**11:30am-12:30pm**  
**Lee Hall**

\*The fitness time has changed

# Community Engagement at a Glance

**BINGO** - Mondays, April 6 & 20, 6:00pm in Lee Hall. Free Cards. Great Prizes. (sign up)

**Coffee in the Bistro** - Mondays and Thursdays, 8:00am - 10:00am.

**Grocery Trips** - Weekly. Consult the calendar for dates.

**Chess Club** - Thursdays at 4:00pm in the Game Room on the 3rd floor.

**Worship Night (Music & Encouragement!)** - Thursdays at 7:00pm in Lee Hall.

**Movie Night** - Saturdays, April 18 & 25, 7:00pm in Lee Hall. Bring your own snacks & beverages.

**Board Games** - Saturday, April 4 at 3:00pm in Lee Hall.

**K & G Fashion Superstore** - Thursday, April 2, 1:30pm. (sign up)

**Golden Corral & Walmart** - Monday, April 6, 11:30am. (sign up)

**Bowling** - Monday, April 13, 2:00pm. Come enjoy a complimentary game of bowling provided by Lucky Strike Atlantic Station. (sign up)

**Trader Joe's** - Thursday, April 16, 11:00am. (sign up)

**Let's Go Senior Expo!** - Monday, April 20, 9:30am. Connecting senior citizens to the businesses & services they need while making it a morning of food, fun, & fellowship. (sign up)

**Margaret Mitchell House** - Tuesday, April 21, 1:00pm. Tour the home where *Gone With The Wind* was written. (sign up)

**Moonlight & Melodies** - Wednesday, April 22, 6:00pm in Lee Hall. Come enjoy a night of live music and refreshments. (sign up)

**Dekalb Farmer's Market** - Thursday, April 23, 2:00pm. (sign up)

**Words in a Word Game** - Tuesday, April 28, 2:00pm in Lee Hall. Come enjoy this lively brain game where players take one longer word and create as many smaller words as they can using only its letters. (sign up)

We want to hear from YOU! Do you have an event or activity that you want to see at Lutheran Towers? Please see Candice or Ramel with your ideas. Our office is located on the basement level next to the LT Store.





# Lutheran Towers House Rule Series

## #28. Pest Control

Apartments will be free of insects and rodents when the resident moves in, and apartments will be exterminated as needed by Management at no charge to the resident. Pest control is provided by an insured and bonded company. All residents are required to have Pest Control on a routine basis by completed by management. Residents should notify Management if they are having a pest control problem. Persistent infestation by rodents or insects because of the resident's housekeeping habits is grounds for termination of the lease.

## Welcome Sylvia Robinson!

Hi Everyone,

I am currently completing my Master's degree in Mental Health Counseling and have a background in case management, crisis intervention, and skills-building. My experience has focused on helping individuals connect to resources and build practical tools that support independence and well-being.

I enjoy building meaningful relationships and creating a space where people feel respected and heard. I'm excited to be part of this community and look forward to supporting residents and contributing to a positive, connected environment.



The **April Birthday Reception** is on **Friday, April 17, 2:00-3:00**. We want to celebrate and honor you. Please call the front desk if you are **NOT** able to attend. (404) 873-6087.

**4/3 Cedelia Usher**  
**4/4 Mohanawatti Motee**  
**4/6 Bobby Brown**  
**4/9 Florence Bowser**  
**4/9 Ali Khadivi**  
**4/10 Joel Evans**  
**4/12 Darlene Miles**  
**4/13 Luz Bayona-Pordo**

**4/13 Frances Johnson**  
**4/16 Sandra Finley**  
**4/18 Pamela Powell**  
**4/20 Essie Patterson**  
**4/22 David Thompson**  
**4/23 Ursula Hodge (Staff)**  
**4/25 Ruth Sager**